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The Cover of this edition of the Transaction Journal featuring a lioness and her cub was painted by Professor Kurt Bütow. He is a passionate Maxillofacial Surgeon who has dedicated his life to treating children with congenital facial deformities. To this end he has performed over 8000 primary Lifet unique numeror with compensate adda terroritines. It in the left in this performed over doub primary cleft surgical procedures and over 5000 secondary cleft surgical procedures during his career Being only the 14th Surgeon in 50 years to receive the world's highest award. The Distinguished Fellow award. The has published more than 300 scientific papers, a number of books and presented nationally and internationally in more than 25 countries. Professor Bütow created and designed 37 original treatment modalities, including surgical procedures, original diagnostic aids and innovative classifications. This clinical work draws on his unique artistic talents, with both requiring a keen eye and appreciation of the beauty of nature. He balances talent, patience, and fine destrity to ensure restoration and functionality as complementary charters. His unique artistic talent makes used n'unit restoration and functionality as complementary features. His unique artistic work makes use of vivid colour combinations and styles and often features animals and nature. He also paints portraits and colour combinations and styles and often teatures animals and nature. He also paints portraits and has the enviable ability of relaying raw emotion through his depiction of the faces. This is depicted so well in his works featuring faces of children with facial deformities where he manages to expresse the sadness transformed to joy on their faces after restoration. His life's mission can be summarised in his own works. "Want our children to have smiles and to maintain the closest to normal life as possible for them. I want to transform sadness to happiness, knowing: our children are our future advantume." rised adults that will lead the world"

Kurt Bütow Emeritus Professor / Emeritus Chief Specialist and Head Department of Maxillofacial and Oral Surgery, University of Pretoria Former Honorary Consultant of the Military No. 1 Hospital in Pretoria Presently - Private Surgical Practice – Life Wilgers Hospital

Instructions to Authors

1.MANUSCRIPTS

- 1.1 All copies should be typewritten with double spacing and wide margins.
- 1.2 In addition to the hard copy, material should also, if possible, be sent on disk (in text only format) to facilitate and expedite the setting of the manuscript.
- 1.3 Abbreviations should be spelt out when first used in the text. Scientific measurements should be expressed in SI units throughout, with two exceptions: blood pressure should be given in mmHg and haemoglobin as g/dl.
- 1.4 All numerals should be written as such (ie not spelt out) except at the beginning of a sentence.
- 1.5 Tables, references and legends for illustrations should be typed on separate sheets and should be clearly identified. Tables should carry Roman numerals, thus: I, II, III, etc and illustrations should have Arabic numerals, thus: 1, 2, 3 etc.
- 1.6 The author's contact details should be given on the title page, ie telephone, mobile, fax numbers, and e-mail address.

2.FIGURES

- 2.1 Figures consist of all material which cannot be set in type, such as photographs, line drawings, etc. (Tables are not included in this classification and should not be submitted as photographs). Photographs should be glossy prints, not mounted, untrimmed and unmarked. Where possible, all illustrations should be of the same size, using the same scale.
- 2.2 Figure numbers should be clearly marked with a sticker on the back and the top of the illustration should be indicated.

2.3 Where identification of a patient is possible from a photograph the author must submit consent to publication signed by the patient, or the parent or guardian in the case of a minor.

3. REFERENCES

- 3.1 References should be inserted in the text as superior numbers and should be listed at the end of the article in numerical order.
- 3.2 References should be set out in the Vancouver style and the abbreviations of journals should conform to those used in Index Medicus. Names and initials of all authors should be given unless there

are more than six, in which case the first three names should be given followed by "et al". First and last page numbers should be given.

3.3 "Unpublished observations" and "personal communications" may be cited in the text, but not as references.

Article References:

•Price NC. Importance of asking about glaucoma. BMJ 1983; 286: 349-350.

Book references:

Jeffcoate N. Principles of Gynaecology. 4th ed. London: Butterworths, 1975: 96
Weinstein L, Swartz MN. Pathogenic properties of invading Micro-organisms. In: Sodeman WA jun, Sodeman WA, eds.
Pathologic Physiology: Mechanisms of Disease. Philadelphia: WB Saunders, 1974: 457-472.

MAURICE WEINBREN AWARD IN RADIOLOGY

The award, which consists of a Medal and Certificate, is offered annually (in respect of a calendar year) by the Senate of The Colleges of Medicine of South Africa for a paper of sufficient merit dealing either with radiodiagnosis, radiotherapy, nuclear medicine or diagnostic ultrasound.

The closing date is 15 January 2024

The guidelines pertaining to the award can be requested from: Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

Professor Leanne Sykes Embracing the Circle of Life



Professor Leanne Sykes

The stunning cover of a lioness with her cub, painted by Prof Kurt Butow, depicts the "Circle of Life". It was chosen for this edition of the Transactions Journal as it fits perfectly with the theme of my editorial. While the circle signifies growth and renewal, we as organizations and educators need to recognise the vital role we play in nurturing and developing the next

generation of doctors and specialists, as well as the importance of succession planning. In this fast-paced and ever-changing world, we have to ensure that our students graduate with the most up to date knowledge, and are skilled and equipped to practice using cuttingedge technology. At the same time we must not forget the value of passing down to the next generation the timeless wisdom and knowledge that has been garnered through years of practice and experience. Such progression needs to be more than just a practical process. It entails a deliberate, planned commitment to secure a thriving future for both the profession and the public we serve. At the heart of the circle of life is the desire and need to ensure continuity and preserve the essence of our specialities, as well as to stimulate and propel progress through research, development and continual professional development. Just as nature transfers its wisdom from one season to the next, educators and organisations must also acknowledge the cyclical nature and the inevitable departure of experienced leaders, academics and clinicians. However, if we are able to recognize this as an opportunity rather than a setback, we will be able to harness the power of succession planning and cultivate a legacy of excellence within the new generation.

Successful succession planning encompasses more than just filling a vacant positions; it is a conscious and purposeful act of mentorship, knowledge transfer, and talent development. It entails identifying and cultivating emerging leaders, providing them with the tools, guidance, and opportunities to thrive, and empowering them to carry the torch forward. 'By investing in the growth and development of our future generation, we honour the timeless tradition of passing down wisdom and ensuring the perpetuation of our collective achievements." ¹ Through effective succession planning, organizations can 'create a robust framework that ensures stability during transitions, mitigates risks associated with leadership gaps, and safeguard the accumulated knowledge and experience'1 that have been garnered over years by those in the field. This will allow us to embrace change with confidence, knowing that the brilliance

of our past will equip us to illuminate the path for our future up and coming health care workers, academics, educators and policy makers.

Embracing the circle of life requires that we recognize the extraordinary potential in the minds and hearts of those who will shape the future, and to nurture them into becoming compassionate, learned, ethical and visionary leaders. By integrating this theme into our teaching institutions and the CMSA, we ensure the perpetuation of our achievements, secure a prosperous future for others, and honour the legacy of those who came before us. Let us unite and embrace the circle together as we embark on an exciting journey that transcends time, so that we too can leave an indelible mark on the world for generations to come.

Profs Fagan and Burch's Update on Assessment of South African Specialist Trainees also speaks to this theme where they discuss the importance of ensuring that our courses and exams address the need to graduate doctors who are equipped with the skills required to serve individual patients, and meet the needs of the community as a whole. At the same time they must be able to recognise when changes are warranted, should know where and how to source new knowledge, have the courage to abandon the old and implement the new (with caution), and the wisdom and humility needed to carry out regular self-reflection.

We, the members of the CMSA must never underestimate the crucial role we play in nurturing our youth, and embark with them on their personal journey of self-development.

References:

1. Chat GPT was purposefully consulted and paraphrased to illustrate the everchanging world that the current generation is functioning in, and the ease with which they can access information on the internet.

Update on Assessment of South African Specialist Trainees Professor Johan Fagan: President, CMSA Professor Vanessa Burch: Executive Director of Education and Assessment, CMSA



The CMSA was established by medical specialists as a not-forprofit organisation in 1955, prior to which all aspirant specialists had to travel to the United Kingdom, or further afield, to take their examinations. Over the past almost 70 years its role has evolved significantly. It used to be a stand-alone body that conferred fellowships with which fellows could register as specialists. Trainees also had a choice of a

Professor Johan Fagan

local university M.Med. examination. In 2011 the HPCSA ruled that all registrars had to write a national unitary examination under the auspices of the CMSA and had to complete an M.Med. research dissertation at their local university to register as a specialist.

National unitary examinations

Unitary examinations are considered best practice internationally and are used in many countries such as Pakistan, USA, and Canada. Some regions have multinational unitary examinations such as Europe, Australia and New Zealand, the West African College of Surgeons and the West African College of Physicians that have single exit examinations that span more than >20 West African countries, and the College of Surgeons of Eastern, Central and Southern Africa that have examinations that include more than >15 African countries. In South Africa, the CMSA and universities are engaged in a close partnership, with universities using the infrastructure and the expertise of the CMSA for their academics to examine their candidates. Having national or multinational exams has many benefits: it supports smaller, understaffed training units whose overstretched specialists cannot be reasonably expected to effectively run a clinical service, teach and train under- and postgraduates, set their own multiple choice examinations, and run their own specialist examinations; it allows universities to set national curricula and standards for specialist training; it permits standard setting; and it is a time and cost saver for universities and their staff. It also protects individual candidates from victimisation or favouritism by their superiors.

Examination format

Like colleges around the world, the CMSA previously used long essay questions, clinical examinations with a limited number of patient encounters and unstructured oral examinations to assess specialist

candidates. The COVID-19 pandemic disrupted this traditional examination format as examination scripts could not be couriered for marking, candidates and examiners could not travel to centralised clinical examination venues, and patients could not participate in clinical examinations in hospitals overburdened by the pandemic. The COVID-19 pandemic therefore hastened the introduction of further quality enhancement measures for the CMSA examinations: paper-based essay questions were replaced with online digital short answer questions / single best answer questions to improve the breadth and psychometric robustness of knowledge assessment and unstructured face-to-face clinical exams were replaced by Structured Oral Examinations (SOEs) conducted on Zoom. The SOEs are multistation online examinations which focus on clinical scenarios with structured questions and memoranda to assess diagnostic reasoning, complex clinical decision making and the provision of comprehensive patient care. Candidates attend local examination centres to participate in SOEs and examiners link in remotely from their workspace at home or in their respective offices.

A survey of candidates taken immediately following the introduction of SOEs in 2020 yielded a high acceptance rate of the new format (manuscript submitted). Preliminary data also suggest that the new examination format has led to improved pass rates. Further work is needed to confirm this observation and better understand what it means for the long term assessment practices of the CMSA. Ongoing projects include building and strengthening question banks and introducing standard setting for written and oral examinations.

Predictably the new digital format of the written and oral examinations has increased the overall cost of running examinations. The CMSA has therefore had to increase examination fees, but there is still a substantial overall cost and time saving for candidates not having to travel and pay for accommodation, and less disruption of clinical services from the perspective of both examiners and candidates.

Clinical competence

Until now, the clinical competence of specialist trainees has traditionally been assessed at the end of training using a limited number of patient encounters with significant reliance placed on time-in-training logbooks and portfolios, and a "sign off" by heads of departments. However, these monitoring and assessment strategies do not necessarily ensure clinical competence or serve as a substitute for determining candidates' overall competence in the workplace.

Workplace Based Assessment (WBA) is currently being designed and phased in to ensure that newly qualified specialists are indeed fit for

purpose in South African practice. WBA falls under the auspices of the South African Committee of Medical Deans, with the CMSA playing an advisory role. A National WBA Task Team is engaging with all specialist disciplines at all universities to facilitate a process of reaching consensus on Entrustable Professional Activities (EPAs) in each specialist discipline. These EPAs will serve as a framework for designing WBA strategies that will be implemented at local universities to ensure that trainees are deemed clinically competent before proceeding to the CMSA exit examinations. WBA pilot studies are being planned for 2023-2024, with wider implementation in 2024-2025.

Accessibility and regional equity

A key objective of the CMSA is to advance regional equity, not only in terms of access to examinations, but also to admission ceremonies. e.g., Eastern Cape training sites make important contributions to the education and training of examination candidates yet the CMSA has never held examinations or admission ceremonies in the Eastern Cape, with candidates and families having to travel to Durban, Bloemfontein, Gauteng, or Cape Town. The map shows how the CMSA has pursued regional equity by offering examinations in 8 centres in South Africa, as well as in other SADEC countries, and recently held its 2nd admission ceremony in Mthatha. Regional admission ceremonies also create an opportunity for the CMSA leadership to listen to the deans, local faculty, and registrars to improve our processes.



Figure 1: CMSA Examination centres

International Diploma Examinations

Annually, the CMSA confers about 1100 Diplomas to non-specialists in 20 different medical fields. Candidates gain 6-12 months' clinical experience in a recognised hospital and write an online CMSA diploma examination. As part of the CMSA's desire to contribute to healthcare beyond our national borders, the CMSA has decided to offer its online diploma examination to trainees in other African countries, so that a trainee can for instance have clinical training in Malawi, write the CMSA diploma exam, and be awarded a Malawian diploma. The College of Anaesthetists is planning to offer its diploma to other African countries in the 2024, and other colleges will hopefully follow their lead.

Summary

The CMSA and the universities are in a close partnership to offer South African registrars the benefits of unitary national examinations. The new CMSA examination formats are in line with best practice internationally and have been accompanied by improved pass rates while maintaining standards. The incorporation of WBA into assessment of specialist trainees during 2023-2025 will ensure that newly qualified specialists entering specialist practice are competent in a nationally agreed upon list of EPAs. Having 8 regional examination centres and 5 regional admission ceremonies has increased our costs, but the benefits in relation to equity and access are extremely important and in keeping with our transformation objectives.

ROBERT McDONALD RURAL PAEDIATRICS PROGRAMME

The late Professor Robert McDonald founded the above programme in 1974 for **"The propagation of Paediatrics in the more remote and underprivileged parts of the Republic of South Africa, by an occasional lecture or visit by someone in the field of the Care of Children".**

Requests for funding are invited from teams of medical practitioners and senior nursing staff to travel to remote centres and areas to promote Paediatrics and child health and the better care of children and to disseminate knowledge in that field, especially in underprivileged communities.

This can also include visits by medical practitioners or nurses working in remote areas, to larger centres or centres of excellence.

Closing dates for applications are 15 July and 15 January of each year.

The guidelines pertaining to the programme can be requested from: Evelyn Chetty: Tel +27 31 261 8213, Tel +27 31 261 8518 E-mail: evelyn.chetty@cmsa.co.za

Admission Ceremonies 15 March 2023, 12 April 2023, 4 May 2023, 31 May 2023 and 14 June 2023

The Admission Ceremonies for the 2022 Diplomates, Fellows and Certificants were held in March, April, May, and June in Cape Town, Mthatha, Durban, Johannesburg, and Bloemfontein respectively.

At the opening of the Cape Town, Mthatha, Durban, Johannesburg, and Bloemfontein ceremonies the President, Professor Johan Fagan asked the audience to observe a moment's silence for prayer and meditation.

54 medallists were congratulated by the President on their outstanding performance in the CMSA examinations.

Medals were awarded in the following disciplines:

Anaesthetics, Clinical Pharmacologists, Dermatologists, Emergency Medicine, Family Physicians, Forensic Pathologists, Paediatricians, Neurologists, Nuclear Physicians, Obstetrics and Gynaecology, Ophthalmology, Pathologists, Psychiatry Physicians, Public Health Medicine, Radiation Diagnostics, Radiation Oncologists, Surgeons and Urologists

The President proceeded with the admission to the CMSA of the new Diplomates/Fellows/Certificants.

The new Diplomates/Fellows/Certificants were announced and congratulated.

The Honorary Registrar–Examinations and Credentials, Professor Victor Mngomezulu and the Chairman – Examinations and Credentials, Professor Mthunzi Ngcelwane announced the candidates, in order, to be congratulated by the President.

The ceremonies were honoured by the attendance and words of congratulations by the Honourable Minister of Health and MECs of the respective provinces.

In total, the President admitted:

Cape Town	30 Certificants	200 Fellows	95 Diplomates
Mthatha	3 Certificants	20 Fellows	23 Diplomates
Durban	9 Certificants	91 Fellows	92 Diplomates
Johannesburg	35 Certificants	295 Fellows	274 Diplomates
Bloemfontein	3 Certificants	26 Fellows	25 Diplomates

SOUTH AFRICAN SIMS FELLOWSHIP SUB-SAHARAN AFRICA

Nominations are invited from Presidents of eligible Colleges for the above Fellowship. The objective of the Fellowship is to establish and maintain educational development programmes in sub-Saharan Africa.

The disciplines of medicine eligible for the South African Sims Fellowship are the same as those eligible for the Sir Arthur Sims Commonwealth Professorship, ie Anaesthesia; Cardio-thoracic Surgery; Medicine; Neurology; Neurosurgery; Ophthalmology; Orthopaedics; Otorhinolaryngology; Paediatrics; Plastic Surgery; Surgery (General) and Urology.

The nomination must be submitted with the CV of the nominee, a motivation from the President of the College (as above) and an outline of the proposed visit.

Further information regarding the fellowship can also be obtained from: Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518 E-mail: evelyn.chetty@cmsa.co.za

Orations

15 March 2023, 12 April 2023, 4 May 2023, 31 May 2023 and 14 June 2023

ORATION AT THE CMSA ADMISSION CEREMONY CAPE TOWN 15 MARCH 2023 Professor Elmi Muller

A few weeks ago, a patient came to see me. He received a transplant from his sister in 2017 and the kidney failed in 2022. I did the transplant. He told me that his graft never really functioned properly. According to him this was most likely the result of how I did his surgery in 2017. He was now coming for a second transplant – a kidney donated by his wife. He was meeting me to tell me that he doesn't want me to be involved in his transplant, although he was worked up for this procedure by people in my practice and in my team.

A few months ago, I transplanted a patient with a kidney from a friend. The day after the transplant the patient developed a very low blood pressure and a few hours later the patient died. We were not sure what happened – if he had a MI or sepsis or was bleeding. Whatever happened – the outcome was dismal.

Why am I telling you these stories of failure and difficulty on an evening where you want to celebrate your new qualification and success?

The answer is that failure explicates.

The German philosopher, Peter Sloterdijk, writes in the third volume of his monumental project to chart Western thought, entitled Foams, about how the process of explication has driven Western science in the modern era. He writes:

"The present age does not turn things, conditions or themes over; it rolls them out. It unfolds them, it pulls them forwards, it lays them flat and takes them apart, it coerces them into manifestation, it respells them analytically and incorporates them into synthetic routines. It turns suppositions into operations; it supplies muddled expressive tensions with exact methods; it translates dreams into instruction manuals ... It wants to know everything about all things in the background, folded inwards, previously unavailable and withdrawn enough, at least, to make it available for new foreground actions, unfolding and splitting, interventions and remoldings. It translates the monstrous into the commonplace."

Understanding the world, is for Sloterdijk a process of explication, and each of us can think of how explication functions in our respective clinical fields of reference. Rolling out, turning over, laying flat and taking apart, coercing into manifestation, scrutinizing analytically, formalising in routines, developing methods, bringing the murmering background of the body into the foreground, intervening and remolding, making the wonderous fact of life commonplace, slaying the monster of ignorance. Tonight I want to apply this process of explication not to the scientific endeavour, but to the inner worlds which all of us harbour within us. In a way, I want to focus on that phrase of Sloterdijk's, when he writes: 'it translates dreams into instruction manuals', and I want you to think with me about the dreams that come to us through failure, and the instruction manual that can be fasioned from it.

As a surgeon, when I walk into theatre my procedure is built on a foundation of work done by other people. My patient comes from dialysis, worked up by a physician. His immunosuppression is planned based on immunology reports and tissue typing done by a team of experts with multiple people participating in the decision making process. All our paperwork and workup is done by a nurse coordinator and social worker...and the day before the operation by nurses in the ward. CT scans map out the anatomy of the vessels and this is reported by radiologists who understands what exactly it is I need to know before I can remove a donor kidney. And when the patient arrives in theatre it is the anaesthetist who makes sure that this patient is safe and ready for the operation. All patients will die of sepsis if theatre instruments are not handled correctly and sterile by the theatre nurses ...and post op we usually have a critical care team with doctors and nurses attending to the patient.

Before I make my first incicion, and after I have made the last closing stitch, in a continuum of time preceding my technical intervention, and continuing after it, I operate not with my hands, but with trust.

If I cannot trust the pre-operative workup, the social worker and psychologist report that the patient is fit and ready for the transplant, the physician assessment and the lab that does the tissue typing, it is a fact that the patient will have a poor outcome. Similarly, I need to trust the anaesthetist and the critical care team to look after the patient intra- and post-op. My part in the patient's care is relatively small. And all these complex interactions are underpinned by a common understanding of trust. This is the first level of trust we need in my day to day clinical practice.

But there is a next layer of trust is an important part of the day to day running of a successful practice. The trust we need between ourselves and our patients.

When I started the HIV positive to positive transplant program at GSH in 2008, we were not sure whether the outcomes of these marginal kidneys that were used for transplantation would work well. We were not sure if the second viral strain would flare up and cause rampant HIV. And in the world, there was no experience. HIV + Patients had little choice in South Africa – dialysis was not available to them, and they needed renal replacement therapy. I presented them with an option that was unsure and were perceived by some medical experts as dangerous at the time. However, from the beginning I was truthful

about the fact that did not know exactly what the outcome of these kidneys would be. And from that truthfulness I built relationships with these patients that resulted in trust. To a certain extent it was trust they had in me and the treatment modality I put on the table. But more importantly – I also neede to trust them to understand and accept the consequences of their decision. Patients are subjects with whom we have reciprocal trust relationships, not objects on which we apply scientific or technical solutions. Patients need to trust us and we need to trust them.

In the case of the patient who died after his transplant we had a strong relationship of trust between me and him and between me and his family. But I could also rely on my team to help me in this situation. I did not have to face this problem alone, I had the coordinator, social worker, nurses, physician and ICU doctor next to me when we talked to this family. And all this helped me as well as the family to get through this difficult time.

So what happens when trust are missing? If a patient comes to us, challenging our skills and our decision making and our abilities?.... Like the patient I described above? The trust in this relationship is broken and its best to acknowledge this upfront, even if it is very difficult. I cannot operate on this patient. And he can never trust me.

When I became a surgeon the role models in my world were mostly men. They were strong, never cried, worked long shifts and boasted about their results. They never talked about their feelings or how vulnerable they felt when things went wrong. They were focused on factual and scientific conversations. Up to this point you were focused on your exams, on recognizing the x ray pictures or the blood results, and work out the detail of the newest evidence in the New England Journal of Medicine. To pass your exam you needed to be obsessed with statistics and 'numbers needed to treat' and 'evidence-based medicine'. Tonight I want to encourage you, in Sloterdijk's words, to "unfold and open" the issue of trust.

As humans we are extremely vulnerable. Not only as doctors, a nurses or a specialists, but also in our families and between our friends. And if we don't address and understand our own vulnerability there is the risk that we become hard and unreasonable and potentially emotionally unwell and even sick. Medical doctors have some of the highest suicide numbers in the population. We also have high numbers of people who are drug and alcohol dependent. Let's be honest – we are not that hard-core and strong as our teachers and mentors pretended to be 20 years ago when I trained. We are extremely vulnerable. And vulnerability is best addressed in the context of trust.

I emphasized the importance of the team in the work up of the patient. But there is another reason why we need this team. We need each other to help us get through our days when dealing with sick and emotional patients. Relying on ourselves only in these situations can be very difficult. Therefore, we need to kindle the relationships we have with our colleagues. Medicine is best practiced in a team. And it is best practice in a team where you trust each other. Even in the most lonely private practice you will still rely on the people in your team, nurses and physio's and OT's - to help you deal with these complex clinical and emotional problems. When we have difficult clinical outcomes, like my patient who died after a transplant, there is a need to rely on your team. So, I think it is important to value your team, explain to your team how much you need them, in good and in bad times. We might think this person is just an assistant, or just a nurse who helped to do a small part of the total procedure. However, it is when things go wrong that we often realize the enormous value this team had in the management of the patient and the family. The truth for me is that I would never have been able to handle a patient who died if it was not for this extensive team of colleagues who I could trust and who could help me in a situation where I personally felt extremely vulnerable.

But when I had a patient who questioned my abilities, told me I am not good enough for him, asked for a different surgeon, I also needed someone who understands this type of patient behaviour to help me think this through. So I phoned a friend that I trust and who also deal with patients regularly and talked the situation through with him. That meant I could get perspective on this problem and realize that I have to turn this patient away. Perhaps it sounds like a small thing in the context of my day to day work and practice, but the conversation with this patient left me feeling very vulnerable and lonely.

I want to ask tonight: is our unaddressed vulnerability the thing that drives long term mental health and wellness problems in our profession?

When I was a registrar Prof Dent was in the Surgery team at UCT and whenever we presented a case or a talk he would always ask – so what is the take home message. What is the take home message for the people sitting in the audience tonight? What do I want you to remember when you walk out of here?

As specialists we are leading many of the healthcare initiatives in this country. We can do this best if we are honest about our vulnerability and acknowledge and nurture our teams and colleagues to build professional communities of trust. This is my first take home message.

Acknowledge your vulnerability. That is take home message two. Never be arrogant. You can and should be confident in yourself, in your decisions, in your actions. But be aware of your own vulnerability. One day, you will be a patient too. One day, you will also make a mistake. And one day you will do everything right, but the patient will still have a bad outcome. Acknowledging your own vulnerability, will mean that you also be kinder with the vulnerability of your colleagues.

Mental health and wellbeing is an important topic in the corporate, healthcare and university environments today. Many programs are put into place to look after staff wellbeing in many different environments. You are sitting in this audience tonight as colleagues and as friends. I still remember who was sitting in the audience with me when I got my FCS diploma in 2004, my fellow vulnerables, who I trust. It is your shared responsibility to look after each other before you look after the patients who will depend on you. And then to go out and care for patients, and the vulnerable and sick people who trust you with their lives.

You can only do so, and that is my last take home message, if you also share with these patients, our common humanity.

ORATION AT THE CMSA ADMISSION CEREMONY MTHATHA 12 APRIL 2023 Professor Mthunzi Ngcelwane

Greetings to:

President of the Colleges of Medicine of SA, Prof Johan Fagan Vice president, Professor Zak Koto Past Presidents of the Colleges of Medicine, Professor Bhut Lizo Mazwai and Prof Flavia Sebunkuge EC Deputy Director for Health Dr Xhamlashe President of the Health Professions Council of SA Prof Nemathandani Dean of the Faculty of health Sciences at WSU, Prof Thozama Dubula Executive Leaders of WSU Heads of Clinical Departments at WSU Distinguished guests of the CMSA Senators and office bearers at the Colleges of Medicine Parents, spouses and relatives, children of the graduands.

And special greetings to the special guests of the Colleges of Medicine, the graduants, that have made us to assemble here this afternoon.

It's a singularly great honour for me to be asked to address this admission ceremony of the Colleges of Medicine of SA.

I don't think anybody could have thought that somebody from eBhofolo indawo yamageza could come and talk to such an audience of academics. The EC is my home. I have spent 19 years of my career practising orthopaedics in this province, in Port Elizabeth, add the year I spent in Cecilia Makiwane as an intern, its 20yrs.

Honouring the graduates

We are here to honour these graduands who today reaping the fruit of their hard work and sweat, which they had to do, while having to look after sick patients.

Many hours of hard reading in the night, while at the same time having to do emergency surgical operations in the middle of the night.

You have done all this at a particularly difficult time in the country which none of us had experienced while preparing for this exam. I'm not talking about the Covid-19 pandemic this time.

I am talking about this new, frustrating evil that has been unleashed onto us, called load shedding.

This is the biggest curse this country has had after apartheid. I can't imagine how you studied when suddenly in the middle of your reading the lights go out. You take a short nap and set your clock you wake you up in two hrs, because that's what the app tells you. You wake up, still no lights, because somebody has stollen the cable that feeds your area!!

And you did it despite all that!

Please stand up and congratulate yourselves!

What you have achieved could not have been possible without the support of your spouses, your parents, and other members of the family who did everything else that you were supposed to be doing in the home or house, giving you enough time to concentrate on these exams.

Please, let's make a big noise to honour them.

Lastly, your teachers, represented here by the stage party of the Colleges of Medicine. They have sacrificed a lot by staying in the academic teaching hospitals to make sure that you become good candidates for the exams you have just passed. Please congratulate them.

You are so privileged to have trained in a university with a great history, associated with big names in the history of our country. In

the first admission ceremony to be held in this town, Prof Bhut Lizo Mazwai pointed out to us that the university has the big name of Walter Sisulu University, situated on a street with a big name, Nelson Mandela Drive and in a municipality with a big-name King Sabatha Dalindyebo Municipality. We are therefore expecting big things from you.

This qualification from the Colleges of Medicine of SA will open many doors for you. Some of you will be specialists with big names in big cities and in small towns. Some of you will be heads of clinical departments in hospitals, and universities. Indeed, some of you will go on to start new hospitals. Some of you will go to the countryside and establish well run primary care medicine with all your diploma. And some will come back to institutions like WSU and register for a PhD. In all these endeavours, there will be a lot of obstacles that will stop you from achieving your goal. If you thought load shedding was frustrating, wait and see what is coming. But I will tell you a story that may encourage you during those down moments.

The story of the establishment of the Faculty of Health Sciences in Unitra. Now WSU is a story of sheer guts and perseverance against all odds. The story is told to me by the Founding Dean of the Faculty of Health Sciences, Prof Mamu Xaba-Mokoena.

The idea came from the then president of the Transkei, Paramount Chief KD Matanzima, Umthembu omKhulu. He said he wanted to have a medical school in this country so that doctors can be trained in the country and serve the community, which at the time must have been struggling with health services (I'm not sure if we are any better now, but it will be for different reasons. That time we simply did not have doctors).

This idea of a medical school was nothing new – we saw it in a lot of other countries in Africa, like Nkwame Nkrumah's Ghana, establishing medical schools was the first thing they did after independence. What a noble idea it was – to have a medical school also in our homeland.

He mentioned this to Prof Mamu Xaba- Mokoena in 1983. This was fertile ground for KD to have planted this seed on. (There were other people that KD spoke to about the idea, but they all thought it would be too difficult or impossible)

She took it with great enthusiasm, probably because she herself could not be trained in SA, there was only the University of Natal, with Wits was taking only a few black students at the time. She did medicine in Stockholm and went on to qualify as a Pulmonologist. She returned to Mthatha in 1980.

She knew how it was like to go so far to study medicine when it could be studies at our doorsteps.

We know that Apartheid was bad. A lot of us hated the homeland systems and their independence. We have been fortunate that at the time of independence in 1994 we did not throw away the bathwater, that was the homeland system, together with the baby, that was this medical school.

So, the Founding Dean ran with the idea with great enthusiasm.

What I want to talk to is the obstacles, the discouragements, and the abuse she went through while trying to establish this now well established and well-functioning medical school.

She describes that the idea was to form a problem based, community-

based medical school to talk to the needs of the community, which idea had been embraced by a lot of other medical schools oversees.

She tells me the first salvo of attacks came from the medical community.

The medical profession especially students in established universities protested this idea. The main cause for this was that the medical profession misinterpreted the idea of community-based medicine. The widely publicised view was that this medical school was for Xhosa speaking people, the language of instruction would be Xhosa, and it was to teach diseases that were endemic to the Xhosa people in this part of the country, ie, Kwashokor, Tuberculosis and the likes. Medical students decided this was not a medical school and this KD-Xaba-Mokeona madness had to be stopped. I was a registrar at the time at the University of Natal. We even mocked the idea of medicine in Xhosa among us, imagining what some of the medical terms would be in Xhosa – with one of us in the group saying incomplete abortion would be called "uqhomfo olungaphelelanga".

She goes on to tell me that there was even a professor from one of the big universities in the country who wrote an opinion piece in the SAMJ talking about how bad the idea of a medical school was in the Transkei.

He wrote that health educators could be taught to handle rural health. Remember earlier there was a course at the University of Fort Hare for such health professionals, most of the graduates of that course ended up doing some quasi-medical work, like counting tablets in a district pharmacy. This was not her idea of medical training.

How was she going to have a health sciences faculty in isolation from other health faculties.? This was a big headache for her, it would have made some of us to stop the idea.

A lot of doctors left the Mthatha General Hospital because of the medical school. Where was she going to get doctors from to teach. A lot of the doctors whom she knew, and thought would be able to help, were not willing to be part of this non-starter.

She had to get doctors from other countries in Africa to start the school. Of great help was the anatomist from Makerere University in Uganda, who went on to work in Maseru, Prof Baguma. He was a great solid pillar in establishing the medical school. There were a few others from other countries in Africa.

After talking to her now, now for the first time, I understood why there were very few South African trained doctors at the medical school at that time.

Her troubles did not end there. She had to get accommodation for all these foreign doctors. Which Dean ever tries to get accommodation for you. When I went to Pretoria, for the first time in a town completely foreign to me, I had to look for my own accommodation. She tells me that at one time she had to ask a colleague to lease out his house.

Even at the university itself, there were senior administrative staff whom she thought could help with some of the logistics but were not interested. Ironically some of their children went on to register in this medical school and are doctors today!

When she started, there was no budget, no nothing for the medical school.

They had to ask for money from each of the government departments. – we know that each year departments return unused money to treasury. Her troubles in forming the medical school, even started when the idea was introduced to the Transkei parliament. She had to address parliamentarians on the formation of the medical school. When she told them that she will need human bodies to start anatomy classes- there was a bid up roar, " oo nifuna ukutyhutula imizimba yethu!" . As we know, human remains are very sacred in some communities , the idea of "cutting the bodies into pieces", which is how they interpreted the dissection that would take place, was just not pleasing to them.

She persevered, she went on to look for advice from universities in the country and other countries. The universities in the country that were supportive to her cause supported the curriculum she had laid out after discussion with a lot of other countries. She got the first cadavers from the university of Natal., transported to Mthatha by a supportive local undertaker.

She got the support from the Dean of the University of Natal, Prof Soromini Kallichurum, Proffs Du Plessis and McGregor at Wits , and Prof Sampson at Medunsa

And in her university, she got good support from Prof Jafta, and Prof Wiseman Nkuhlu, who described her as a brave, determined woman.

Finally in 1985 the first students were admitted.

The medical school has opened opportunities to many people who would otherwise never have seen the door of a medical school. The current Dean of this medical school, Prof Dubula, is a good example. Coming from a remote area near Gwadana in Dutywa, would never have seen the door of a medical school had Prof Mamu Xaba-Mokoena not persisted, maybe could have succeeded in seeing the door of a 'whichcraft school !!'.

The university has produced many doctors, serving the whole country., not only the Xhosa speaking parts of the county.

I looked at the records at our Examinations office at the College of Medicine to see the number of specialists and subspecialists who have qualified through this university. In the 10 yr. period ending Second Semester 2022 exams, we qualified from this university 270 specialists, (Fellows), 97 Diplomas and 8 subspecialists.

The university is particularly doing well in the exams. Since 2020, the university has been consistently qualifying more than 20 specialists per exam, the highest being 30 during First Semester 2021 exams. What is even more impressive is that the average pass rate during the last 5 exams has been 73%.

The 97 diplomas have been in Paediatrics, Obstetrics and Gynaecology, HIV management and Ophthalmology.

So, as you can see, we are producing specialists in Mthatha , East London, Port Elizabeth , through the vision of KD and fulfilled by Prof Mamu Xaba- Mokoena.

The vision of the Founding Dean was to have doctors in all the villages in the Transkei. The teachers in the university have multiplied that vision, now we have specialist of one kind or another.

So, as you start the next chapter in your career, have a dream like KD did, but there will be no Prof mamu Xaba-Mokoena to carry it through.

To make it easier for you, I asked her how she got the strength to do all this against such adversity.

She replied that these are the qualities you need to be able to succeed:

- 1. Determination.
- 2. Perseverance
- Not to be discouraged by people, especially those who do not know what you are talking about. Surround yourself with people who will support your goal.
- 4. Have no fears.
- 5. Have trust in your ability.
- 6. Whatever you do, do it well. "Ecclesiastes 9:10 Whatever your hand finds to do, do it with all your might, for in the realm of the dead, where you are going, there is neither working nor planning nor knowledge nor wisdom".

Now that you have got this big qualification, we expect the whole country to be richer. Yes, we would like you to further your knowledge and education by going to other centres in the country and indeed, outside the country. But please come back. Bring your services back, not only to Mthatha, but to the rest of the countryside.

We would like cataracts to be removed in Madwaleni.

We would like broken bones to be repaired in Tafalofefe.

We would like children in Sulenkama not to die because the specialist was far away in Mthatha.

Lastly, when you were entering for these exams at the Colleges of Medicine, we gave you some documents to read through. One of those documents is called "Procedures for candidates". It has a paragraph titled "Conduct of Candidates".

I will ask the Academic Registrar that this paragraph should be in the documents that the candidates sign when entering for these examinations. It reads thus:

Conduct Of Candidates

"Examination candidates are also expected to conduct themselves ethically, honestly and with integrity as responsible members of the CMSA's academic community."

We have no doubt about the academic knowledge you have.

Where this honesty, integrity and ethics lack its where we have seen a lot of the problems that are harming the country. (Eskom, Road Accident Fund, Orthopaedic services in Port Elizabeth).

We, as graduates of the Colleges of Medicine of South Africa, must not lose these three qualities, ETHICS, HONESTY, INTERGRITY.

Go out there and be good light and a good hope to the sick.

Treat patients and the community ethically, with honesty and integrity.

Best wishes on your next adventure.

ORATION AT THE CMSA ADMISSION CEREMONY DURBAN 04 MAY 2023 Dr I Sooliman

Thank you, Prof Fagan for the introduction.

Hello Prof Dlova, nice to see you again, Professor Madaree, Haroun Patel, Trevor Mnguni, everybody here and everybody in the audience.

Every day, we see negative things happening in South Africa, but when you look at this gathering tonight, this is a night of positivity, a night of healing, a night of life saving, because despite all the difficulty and all the challenges, we do produce the best graduates in the world. As I go along, I will substantiate what I'm saying. The world loves us. Gift of the Givers teams have been to 45 countries. I see how I am received and the spirit in which I'm received, and the people by whom I am received, are trained in our schools – government, Model C and private – in our institutions, at our universities, by our local lecturers. This training has given us great skills.

A special compliment to all the families. It is a huge sacrifice - for spouses, for children, for parents, cost wise, time wise, in terms of neglect. It is a huge, huge sacrifice, but a sacrifice that is important, because this is not any ordinary profession. I'm going to make it very clear - I am a very blunt guy. If you are scared to die in the medical field - go find something else to do. In this field you are challenged, and your life is at risk. COVID showed you that, HIV showed you that, TB showed you that, Ebola showed you that. If you are afraid to die, find something else to do, because this is not an ordinary profession. It is a calling. It is God's gift, because you are dealing with God's creation. It is about life and death, about giving hope to people and unfortunately, a lot of us have lost the way. A patient is only a number, a unit trust, a business transaction, how much you can make out of him, buy shares in hospitals, do unnecessary tests. We've lost ethics. Many of us have lost ethics. We need to come back to the part of ethical medicine, of compassion, of care, of kindness, of listening.

I want to go back to my roots of how Gift of the Givers started and all the points that Prof Dlova made are crucial points and will be reflected in what I say and the lessons I've learnt. Founding Gift of the Givers was totally spiritual. I did not start my organization. I need you to understand this as I explain. I did not get up one day and say, I think today I will form an organization, give it a name, write a constitution, find some founder members and make a founding statement. It never happened like that. It was totally spiritual.

The official English founding date was 6 August 1992 – the physical formation of the organization. The spiritual formation of the organization was in 1985. I was doing my internship at King Edward Hospital, and I said to myself - as many of you have said to yourselves - next year I will be a medical officer, and then I'll be a registrar, and then I'll be a consultant in internal medicine. That never happened. I could not secure a place and study opportunity. I could not go forward. I had two choices - much like what the country has now either roll over, be depressed, cry and wail, or take the challenge and do something different. I had no choice. I didn't want to do it, but I went into private practice to be a general practitioner. There is an important lesson in what happened. You see when we pray, we don't pray for what we want, we ask for what is good for us. What you want, may not necessarily be good for you. It is very important to understand that something which may be negative, may not really be negative. I now understand why I did not become a consultant. I would have stolen someone else's place and become a consultant and wasted it. Because God had another plan for me.

In February 1986, I moved to Maritzburg and an Afrikaner guy from Pretoria also moved to Maritzburg in the same week. My neighbour came to me and said: "I've got this Afrikaner guy - he bought meat from me; he has a medical condition, and he needs a doctor." So, I met Muller and treated him. One day he said to me: "I want to tell you a story, because we've built a patient-doctor relationship. You know, I was very down. I was walking the streets of New York. I was depressed." Much like many South African are right now. And he said: "In the depression, I suddenly saw a man in the corner of the road. I looked at him. I did not know this man. I'd never seen him before. I was in New York, in America, and my heart told me to follow this man." As a side note we have a teaching - if you are not sure of anything, always listen to the heart not the brain. The heart is critical in making decisions. So, he followed the man, and the man walked into St John the Divine - a huge church in New York. When he got inside, he was shocked. The man who walked into the church, was a Muslim, a master of Sufism. Inside the church were people of all religions. The Master of Sufism made a zikr - a zikr is a celebration of God's names in Arabic. In other scripture it says, the One and Only, kind, compassionate, merciful, living, eternal, absolute, cherisher, nourisher, sustainer, etc. And he said the most amazing thing was the Jewish Rabbi, Christian Priest, Hindu Pandit and all those who say they don't believe, all joined in the zikr. He asked how himself how it was possible. The Christian Elders of the church understood the unity of religion. They understood the unity of mankind. They realize all mankind is one. Often, over and over again, people blame religion as the cause of conflict. Religion is not the cause of conflict. It is people who move away from religion that cause conflict.

When medical doctors are found guilty of malpractice, do we call for shutting down the CMSA? We don't say that. We say, "fix the doctor". When lawyers rob the Road Accident Fund, do we shut down the legal profession? No, we don't. We must be very careful about how we judge and what we say.

Muller continued. He said, "now you need to go to Turkey." I replied "Muller, it's 1986. I still haven't seen Cape Town. When am I going to see Turkey?" And he said something very profound and important to remember: "What God wills, happens." There is a time and a place. In August 1991 I got to Turkey. And when I got there, what Muller saw in St John the Divine, I saw in Turkey. What he saw in a church, I saw in a Muslim holy place - Americans, Russians, Jews, Christians, Hindus – people from all religions and from no religion. What was amazing, was the dialogue. No friction. No one taking their religion and shoving it down someone else's throat. Respect, understanding and love. The essence of living is love. This is what you all need in your profession. All the academic learning, all your diplomas and degrees are useless if you don't have love and compassion for those who you serve.

I was confused, to be honest. This was post-Gulf War. Samuel Huntington spoke about the clash of civilizations and the perception of the Gulf War was East on one side and West on the other, Christian, Jews and Hindus on one side and Muslims on the other side. And I walked into this place, with all religions, all colours, all races and I was stunned. Had I come to the wrong place? The spiritual teacher saw my eyes – I'd never met him before – but I knew that's the man and this was something very spiritual. How did I know this man and how did he know what I was thinking? When you go visit somebody and you're a guest, especially an international guest, they will ask how your flight was, where you are staying, have you eaten, do you need anything, are you fine. He asked none of the above. His first question to me was "what do you see?" I said, "I'm confused. What are all these people doing here? We fought them in Afghanistan, Iraq and other parts of the world. What are they doing here?" And he said: "My son,

you see right. It's people of all religions, all nationalities, all cultures and all colours." And he said what a Christian is taught at Saint John the Divine, mankind is one single nation. The God of all mankind is one. We just call Him by different names. We don't judge anybody. We don't find negativity in anybody. We only look for the good in everybody."

This is what South Africa needs right now. Positivity, mindset change. You can see the government is corrupt, but everybody in government is not corrupt. The police are bad. They beat people up. They are corrupt. Not every policeman is bad. There is good in everyone. Show me one perfect human being amongst all of us. None of us are perfect. Yes, we may have some bad habits. Bad habits don't make you a bad person. You may have certain faults and weaknesses and shortcomings, but it doesn't make you a bad person. We need to change our mindset to fix this country. Professor Dlova is right, we all need to stand together, hold hands and the most important thing to fix is Health Care. You know what happened in COVID with all the billions who could not get a space in the ICU to get oxygen. You could walk to the front door of the most expensive hospital in the country and say: "I have 2 billion rand in my account, I know the President, the Minister of Health the Deputy Director General, Professor Dlova and everybody in the hospital too. Will you give me the bed?" Do you think they would take out a man whose got R50 000, because you have 2 billion rand? With your 2 billion rand you would die outside the hospital. That's what's going to happen and that's what happened. That's when people realized - money means nothing. What means everything, is health and healing. I told you, it's a calling that is in your hands. People come to you and treat you as God Almighty Himself, and I'll show you as we go along, it is critical that you don't forget the values of compassion, love, service and kindness. Otherwise, you are wasting your time.

So, I arrived back in South Africa on 6 August 1992. On the Thursday at 10pm, again the zikr took place. After the zikr the teacher sat up, made eye contact with me and looked heavenwards at the same time. In fluent Turkish – and I don't speak a word of Turkish, but I understood every single word he said in Turkish. That's spirituality – "My son, I am not asking you. I am instructing you to form an organization. The name in Arabic will be "Waqful Waqifin" translated "gift of the givers. You will serve all people of all races, all religions, all colours, all classes, all cultures, of any geographical location and of any political affiliation, but you will serve them unconditionally. You will expect nothing in return, not even a thank you. This is an instruction for you for the rest of your life. Serve people with love kindness, compassion and mercy and remember the dignity of men is foremost."

Where is the dignity most impaired in our country? In the institutions of Health. People are not covered. There are no screens. We don't worry. If we were in that bed, how would we want someone to take care of us? Dignity is critical. Cloth the naked. Feed the hungry. Provide water to the thirsty. And in everything you do, be the best at what you do. Not because of ego – sorry guys, the medical profession is full of egos; everybody knows more than everybody else. And that causes turmoil in institutions. Do the best you can do because you are dealing with human life, human emotion, human dignity and human suffering.

"My son, remember that whatever you do, is done through you and not by you." Don't think you got here because you're clever. It's by the Grace of God Almighty who has given you the gift to serve mankind, not because of your cleverness.

I asked him "how is it that when you speak Turkish, I understand,

but when other people speak Turkish, I don't understand?" He said, "my son, when the hearts connect and the souls connect, the words become understandable." I asked him "I'm a doctor in private practice. I have three practices in Pietermaritzburg, South Africa. What exactly is it that I am supposed to do? What do you want me to do?" He said only one line: "You will know." For 30 years I do know what to do, how to do it, what not do, what to touch, what not to touch.

When I walked out of that place on 6 August 1992, that same night it came to me. Respond to the civil war in Bosnia. I didn't have to wait for six months to contemplate and reflect on what to do. The same month we took 32 containers of aid into Bosnia, in November 1992 another eight containers and in 1993 we designed the world's first containerized mobile hospital. The world's first. From which country? Our country. Do we believe in ourselves? In our own skills? Our own engineering? Built in South Africa and taken from Africa to Europe. We have great skill. We need to understand that. CNN filmed the hospital on 1 February 1994, and they said the South African Containerized Mobile Hospital is equal to any of the best hospitals in Europe.

I'm going to give you two more examples. In October 2005 we landed in Pakistan after the Kashmir earthquake. It wasn't one city; it took out the entire Northwest Frontier Province right up to the Kashmir border in Muzaffarabad. 400 villages sunk into the ground. When we landed, a member of the Pakistani military force came and said, "do you mind not going to the earthquake." So, I replied, which hospital are you giving me? He said you understand. I said yes. My team said what do you mean? What did we had come here for if we can't go to the earthquake. I said there is nothing to go to. It's all gone. Hospitals, infrastructure, water, people - everything is gone, but we need to stabilize those who are alive. I asked if they could give me a helicopter. He said "sorry my brother, the helicopters are all gone. You can see our state. Disaster Management is what we specialize in." I look around and saw Americans. You know Muslims and Americans - we always have a problem. So, I go to the members of the American Air Force and see a man standing there - a big black man - and I say my brother, where are you from? He says I'm from American. I replied, you're black. You're from Africa. He said yes, I'm from Africa. I said I am also from Africa, and we are brothers, and this big man gave me a big tight squeeze. I said brother to brother, I have a problem. He replied, "what is your problem? I am your brother". I said I need a helicopter. He replied brother, take three.

In two minutes, I had three helicopters. The language of the heart. Not politics, not paperwork, not bureaucracy. We need to understand the language of the heart. CEOs, Hospital Medical Officers and Registrars need to understand that it is not about bureaucracy. It's about helping and getting the job done. The helicopters flew to bring the patients to the hospital. We walked into the Cantonment Hospital in Rawalpindi and the stench of death, and the stench of gangrene was overwhelming. There were children not seen too, no IV lines, no nurses, no medicine, no doctors, no disinfectant. Nothing. I asked, "is this an organized killing field?" The CEO came running and told us they were about to decommission the hospital. I said "are you crazy. Hospitals have been destroyed and you want to decommission what is working. I said to the military - I will give you a list of what we need. You give me what's on the list and we will show you what we can do. In less than 24 hours, the South African Medical Team who trained at South African universities, converted the Cantonment Hospital in Rawalpindi, that was shutting down, into a 400-bed emergency hospital, 75 operations were conducted per day and hundred of lives were saved for which the President of Pakistan gave us the honour of the Presidential award in 2006. South Africa was recognized.

I will give you one more example. Professor Dlova was speaking about how skilled South African doctors are. In 2015 we responded to the Nepal Earthquake. When we arrived, they said no non-Nepalese citizen could work in any Nepalese government hospital. Our mission was dead, even before we start. But we went above them. We took Nepalese people living in South Africa and took South Africans who studied in Nepal and approached the Health Department and asked if we could make an arrangement. I said this group are Nepalese living in South Africa. That group studied in Nepal, in your medical schools and the rest are purely South African. Can we come to an agreement? You watch them, and if after 30 minutes you are not happy, we will go home. If you are happy, we can take any hospital we want. She agreed and after 30 minutes she said that the only country in the world allowed to work in any Nepalese Government Hospital is a South African Medical Team.

You are trained in this country. You have the professional skill and the knowledge. Add love, kindness, compassion and mercy.

Congratulations. May you be of great service to the country.

ORATION AT THE CMSA ADMISSION CEREMONY JOHANNESBURG 31 MAY 2023 Dr Joe Phaahla

President of the CMSA, Prof. Johan Fagan

Chief Executive Officer, Prof. Eric Buch

Members of Senate and Officers of the Colleges of Medicine of South Africa

Distinguished guests

Graduates

Parents, spouses, family members, friends

Ladies and gentlemen

Good evening. Thank you for inviting me to address you on this joyous occasion.

The Colleges of Medicine of South Africa (CMSA) is dedicated to promoting the highest degree of skill and efficiency in medical and dental practice and to cultivate the highest ethical standards and professional conduct. You can therefore be proud of yourselves of what you have achieved to becoming members of this distinguished organisation. Congratulations to the new specialists, sub-specialists and diplomates. Your hard work and determination have paid off. And to the university teachers and the CMSA we appreciate what you are doing for the graduates and in turn for the country.

During the COVID-19 pandemic in South Africa the need to rapidly pivot services to address the increasing burden imposed by COVID-19 had a negative impact on non-COVID-19 patients and health services. Of the entire service package routine delivery and access to services for non-communicable diseases (NCDs) were adversely affected. Follow-up visits for patients with NCDs were postponed and healthcare workers were re-deployed to focus on providing COVID-19 services. Delays in diagnosis, monitoring and treatment of NCDs, particularly at primary healthcare (PHC) level, had potentially severe implications for people living with NCDs. Other programmes also suffered a decline in service uptake, with notable decline in compliance and uptake of health care such as those for Tuberculosis (TB) treatment and child immunisation. HIV and TB services, which are the most robust vertical programs due to the intensive investment and resource allocation to address and reverse their contribution to the country's burden of disease, also suffered. Many people did not access these services for a range of reasons including public health measures such as lockdown and fear of exposure to COVID-19.

Despite these challenges, health care service innovations arose to address the burgeoning need for services. Service delivery for COVID-19 was augmented by drive-through and mobile testing units and vaccination sites providing possible avenues for future services such as remote TB testing facilities. The Central Chronic Medicines Dispensing and Distribution (CCMDD) model, which was already in place prior to COVID-19, saw massive scale up to ensure patients had access to medication.

Local and cost-effective innovations in testing allowed for the development and quick deployment of locally produced COVID-19 tests, decreasing our reliance on the overseas market. Additionally, the usage of technology for self-screening and health education has shown promise in South Africa, although infrastructure challenges do remain a barrier to access. Telehealth and telemedicine, facilitated through a change in regulations issued by the Health Professions Council of South Africa, allowed for remote consultation and monitoring of patients thereby improving access to care.

The emergence of the COVID-19 pandemic created opportunities for all, including governments and private stakeholders, to be innovative and collectively design solutions to address urgent health needs of the population.

This was the same for the CMSA. With the outbreak of the COVID-19 pandemic Colleges around the world were canceling their exams but the CMSA leadership could not do this to their candidates who would have been left in limbo, nor to the country, which faces a serious shortage of medical specialists. By continuing to offer examinations to medical doctors during the COVID-19 pandemic, the CMSA proudly added 3187 new members to its ranks during this period.

Traditionally about 600 candidates and 400 examiners from around the country would gather at a host medical school for a week of oral, practical and clinical examinations. With COVID-19 this was out of the question. The CMSA Senate made a bold decision that is a world leading innovation: to do structured oral examinations by videoconference. The CMSA has become a global player in such re-engineered and decentralised examinations. In tandem, the CMSA has also continued to enhance the quality and reliability of its examination and has flattened the curve of disparity between those historically advantaged and disadvantaged, without lowering the bar. The CMSA has transformed into a high-tech examination body and is now at the leading edge internationally in relation to assessment of specialist trainees.

In addition, over the past years, the CMSA has followed a holistic approach with regards to transformation of its leadership, culture, structure and operational processes. Transformation in terms of race, gender, and organizational culture is well rooted in the CMSA.

The current Senate is the most transformed in the CMSA's 68year history, with two thirds of Senators being black and 57% are women. The current CMSA architecture is rooted in shared values of compassion, kindness, empathy, good governance, sound financial policies, a firm stance on anti-racism, and an uncompromising stance on bullying and intimidation and a commitment to transformation.

In addition to transformation within the CMSA with regards to diversity and the culture of the College, the CMSA is ready to take the next step of geographical diversity. As part of the CMSA's transformation agenda and commitment to geographical equity, CMSA has decentralised examinations in Bloemfontein, East London, Gqerberha, Mthatha and Polokwane in addition to Cape Town, Durban and Johannesburg. The CMSA will be opening offices in the Eastern Cape, Free State and Limpopo to better serve its members and candidates in these provinces.

The reengineering of examination processes during COVID-19 to produce the much-needed specialists for the country, and the transformation of the CMSA is to be commended, especially in light of the country's goal to achieve universal health coverage (UHC) through the National Health Insurance (NHI).

As you all know, South Africa, like many countries globally, is striving to achieve universal health coverage (UHC) in fulfilment of the United Nations' Sustainable Development Goal (SDG). Universal Health Coverage, as defined by the World Health Organization (WHO) as follows: "UHC means that all people have access to the health services they need, when and where they need them, without financial hardship. It includes the full range of essential health services, from health promotion to prevention, treatment, rehabilitation, and palliative care."

There is no one 'UHC size' to fit all nations equally. Every country has a different path to achieving UHC based on their unique needs, context, and resources. For South Africa, the NHI is the chosen path to achieve UHC. The NHI is a health financing system that pools all the funds we spend on our health care to provide equitable access to quality health services for all South Africans based on our health needs, irrespective of our socio-economic status. NHI is intended to ensure that health services do not result in financial hardships for individuals and their families. Services will be paid from the single pool, which will be pre-financed through taxes.

In practice, this means that we will all get the health care we need, when and where we need it, without incurring financial hardship, no matter who we are.

NHI represents a substantial policy shift that will necessitate a massive re-organisation of the current health care system, both public and private. The South African government is implementing a National Health Insurance (NHI) to achieve universal health coverage for all South Africans. This means that every person living in South Africa will have a right to access comprehensive health care services free of charge at the point of use. The services will be delivered closest to where a person resides or works by an accredited NHI service provider (whether at a facility or in a community-based setting, private or public).

NHI is based on the following principles or values:

- 1. A constitutional right to access health care (UHC)
- 2. Social solidarity
- 3. Equity
- 4. Health care as a public good
- 5. Affordability
- 6. Effectiveness
- 7. Efficiency, and
- 8. Appropriateness

NHI will be implemented in a phased manner. In practice, this means that changes will not all be introduced simultaneously but over several years. NHI will ensure that all who live in South Africa will have their healthcare paid for by a single NHI Fund. A government agency will administer this Fund and purchase health services for eligible healthcare users. As a result, a single fund can subsidise between the rich and the poor, between the healthy and the sick, and between the young and old. This is something that multiple funds do not do, as each Fund can select specific groups of people and limit

cross-subsidisation.

No user fees or co-payments will be charged when users access the services covered under NHI. NHI means users should expect health care for all free at the point of care and better-quality health services delivered at accredited NHI facilities.

The implementation of NHI has also been successful in comparable middle-income countries, such as UK, Japan, Colombia, Mexico, Rwanda, Kenya, Indonesia, Thailand, Costa Rica, Croatia, Kyrgyzstan, and Estonia. This is not a uniquely South African development but a global move to a more efficient and equitable way of paying for health care.

Amongst the many systemic and structural health system challenges South Africa faces is that of a shortage of healthcare personnel, especially of medical specialists. It is therefore encouraging to have an organisation such as the CMSA, which is dedicated to producing specialists, sub-specialists, and diplomates to support the country's health care system.

The country needs the NHI and the NHI needs you to succeed. Your skills are needed and valued in the South African health system. There is a key role for you within the NHI and the government is committed to providing a service platform in which specialists, subspecialists and diplomates can successfully practice. The NHI needs all of you in your areas of expertise, this being paediatrics, obstetrics and gynaecology, pulmonology, nephrology, diploma in HIV care and mental health, etc, to bridge the gap between poor and rich, young and old, urban and rural and to reach those in underserved areas.

The CMSA's dedication says: "To promote the highest degree of skill and efficiency in medical and dental practice and to cultivate the highest ethical standards and professional conduct ... not for pecuniary profit, but for the betterment of humanity".

Remember this as you walk off the stage today, that we are here to serve our people with dedication and to be committed to improve the health care in South Africa and bring about UHC which will be for the betterment of humanity.

ORATION AT THE CMSA ADMISSION CEREMONY BLOEMFONTEIN 14 JUNE 2023 Professor N Pearce

We gather here to celebrate the culmination of years of hard work, dedication, and perseverance. Tonight, is a pinnacle and celebration of years of dedicated work. A time one needs to look back and forward to simultaneously.

Graduates you stand on the threshold of a new chapter as you enter the College and step into the world of the health sector in South Africa.

If we pause now, let's reflect on the past, a time of significant sacrifice by not only ourselves but our community, our family, friends, colleagues, children, lecturers and many more.

It is now the time to look around you and reflect on the incredible transformation you have all undergone during your time of study. You entered the world of healthcare as individuals with dreams, aspirations, and a burning desire to make a difference. Today, you emerge as a formidable force armed with knowledge, skills, and the power to bring about positive change in a country so desperately in need of change.

Looking forward, your qualification is like a passport of success that will give you admission to serve patients anywhere. I encourage

you to use your passport for the good and betterment of the people around you, both the patients and the general public.

As Uncle Ben famously told Peter Parker in Spiderman, "With great power comes great responsibility". This has never been more true.

However, we must acknowledge the reality of the healthcare landscape you are entering. South Africa, like many other countries, faces a multitude of health challenges. From infectious diseases to chronic conditions, inadequate access to healthcare, and persistent disparities in health outcomes. Our nation is in dire need of transformative healthcare leaders.

It is now your duty to rise above these challenges and become advocates for change. Be unwavering in your commitment to delivering quality care to all, regardless of patients' social or economic status. Champion the cause of health equity, and strive to bridge the gaps that exist in access to healthcare services.

Remember that healthcare extends beyond the boundaries of hospitals and clinics. It encompasses preventive care, health education, and community engagement. As members of the College, we have the power to educate, empower, and inspire. By reaching out to local communities, we can make a lasting impact in promoting health literacy and the prevention of diseases.

Moreover, we must embrace innovation and technology in healthcare. The world is rapidly evolving, and we must keep pace with these advancements to ensure that our patients receive the best possible care. Let us leverage the power of data, telemedicine, and digital health solutions to enhance efficiency, improve patient outcomes, and transform the healthcare experience.

As you embark on your individual journeys, do not forget the importance of collaboration and teamwork. The challenges we face are complex and multidimensional, requiring collective efforts from healthcare professionals, policymakers, and the broader community. By working together, we can create a healthcare system that is resilient, responsive, and sustainable.

Graduates, you are entering the medical field that requires a united and conscious approach. You need to accept challenges and fight them to be better equipped for the future. The fights exist both in an existential and a practical day-to-day manner. You are graduating soldiers, be ready to take on the fight.

Challenges we face include but are not limited to:

- Health Inequalities: South Africa continues to grapple with significant health disparities. Access to quality healthcare services is limited, particularly in rural areas and underserved communities. The distribution of healthcare resources, including medical personnel, facilities, and equipment, is uneven, leading to inequitable health outcomes.
- High Disease Burden: The country faces a high burden of communicable diseases such as HIV/AIDS, tuberculosis, and malaria. Additionally, non-communicable diseases such as cardiovascular diseases, diabetes, and cancer are on the rise. Managing both infectious diseases and increasing noncommunicable diseases puts a strain on healthcare resources and infrastructure.
- 3. Human Resources for Health: South Africa experiences a shortage of healthcare professionals, particularly in rural areas. Insufficient staffing levels, including doctors, nurses, and specialists, contribute to limited access to healthcare services. The brain drain, where highly skilled professionals leave the country for better opportunities abroad, further exacerbates this challenge.

- 4. Healthcare Financing: Adequate funding for healthcare remains a challenge. While the government has made efforts to increase healthcare expenditure, the allocation of resources still falls short of meeting the growing healthcare demands. Insufficient funding impacts infrastructure development, procurement of medical supplies and equipment, and the overall quality of healthcare services.
- 5. Infrastructure and Technology: Healthcare infrastructure, including hospitals, clinics, and health centres, require significant investment and improvement. Many healthcare facilities face challenges such as outdated equipment, inadequate maintenance, and the lack of access to essential technologies. Limited access to digital health solutions and electronic medical records also hampers efficient healthcare delivery.
- 6. Socioeconomic Factors: Social determinants of health, such as poverty, unemployment, and inadequate housing, significantly impact health outcomes in South Africa. The link between socioeconomic factors and health disparities underscores the need for a comprehensive approach that addresses both healthcare and broader societal issues.
- 7. Professionalism: In the past, priests, lawyers, and doctors were seen as sacrosanct in the community. Now, with the fall of doctors in the ethical realms, we need to regain a position of respect and remember respect is not given but rather earned. Consider the health and well-being of the patient to be your first priority. Respect the rights of the patient. Respect the patient's autonomy and freedom of choice. Avoid exploiting the patient in any manner. Doctors are daily on social media, in the news, infringing on patients' rights and dignity with the practice of exorbitant pricing.

Referring to the NHI (fund), I think a few of us would disagree with their ideology. Simply put, private healthcare has become too expensive and serves a very small proportion of the population. On the other hand, the quality of healthcare in the public sector leaves a lot to be desired. We need to improve the quality of healthcare in the public sector and decrease the cost of healthcare in the private sector. The question is, how do we do that in a sustainable manner that maintains standards across the board?

During this economic turmoil that we are currently facing, the pressure on medical aid has increased in their latest report. Only last week, the following were highlighted as threats:

- 1. Declining new members.
- 2. The age of members is increasing which decreases the subsidy from healthy young members to older ill members.
- 3. Decrease in compulsory employee medical aids, which has a massive impact.

The College of medicine and education institutions at large face many unique challenges.

The reflection of the burden of disease and degrees seems to be at a crossroads in the education environment. While this is not unique to healthcare, examples are simply abounding. Are the degrees we produce at universities, or are Colleges equipping graduates to enter the labour force? The same must be looked at in the healthcare environment. I propose a number of questions we can consider and discuss:

Number 1: Is there a need for this field? For example, is there a burden of diseases? (2) How many do we need in this country? (3) Is there a balance between all the levels of graduates? And lastly, number 4, is there merit in education during this endeavour?

My college journey started many years ago. I did my MMEd at the UFS at a time when it was not required to do a college fellowship. I then worked at Pelonomi Hospital as a specialist for a while, and later, decided to do my fellowship. Some people at the time asked me why – probably because of the following personal and professional reasons:

- 1. I wanted to prove I was just as competent as any specialist anywhere in the country.
- 2. I wanted to prove to myself that I deserved to be a specialist.
- 3. I wanted to be acknowledged as a professional specialist both nationally and internationally, and lastly,
- 4. I wanted to be a member of a family of specialists around the country.

Having said all of this, I think the College is like a dysfunctional family with the odd uncle, the crazy aunt, and siblings. I, however, believe that through diversity, academic excellence, and through discourse, solutions can be tailor-made for our dysfunctional family, which you are joining.

The College is also shifting from an examination body to a diverse educational skill, such as:

- Governance
- Organisation for change
- Standards
- Curriculum development
- Assessment techniques with Covid-19 kicking us in the butt
- Advocacy

The array of exams offered by the CMSA is astounding.

- The number of diplomas is 20,
- specialist certifications are 38, and
- subspecialist certifications are 44.

Addressing these challenges requires a multi-faceted approach involving collaboration between the government, healthcare providers, civil society organisations, and the community. It necessitates increased investment in healthcare infrastructure, human resources, research and development, and innovative solutions. By addressing these challenges, South Africa can work towards achieving a more equitable and effective healthcare system that improves the well-being of its people.

Our chosen path in the health sector comes with immense responsibility. As healthcare professionals, we have the privilege of being at the forefront of healing, caring, and saving lives. South Africa, a country with its own unique challenges, provides us with an opportunity to make a meaningful impact on the lives of its people.

Finally, I would like to take a moment to acknowledge your families and loved ones. Their unwavering support, encouragement, and sacrifices have been the pillars of your success. They have stood by through the late nights, the exams, and the moments of doubt. Today, we share this achievement with them, and we thank them for believing in you.

As you conclude this chapter of your lives and step into the vast unknown, embrace the challenges that lie ahead with optimism, compassion, and resilience. Be the change you want to see in the world of healthcare. Together, let us build a healthier, more equitable South Africa – one patient, one community, and one life at a time.

You are the future of healthcare, and I have no doubt that each and every one of you will make a profound difference.

Thank you.





The Colleges of Medicine of SA (CMSA) Expresses its Gratitude to AfroCentric

The Colleges of Medicine of SA would like to express its deep gratitude to AfroCentric, a black-owned investment holding company that owns Medscheme, for its donation of R5 million over the period 2018-2023.

The donation was an expression of AfroCentric's commitment to the field of medicine and academics and a recognition of the unique role that the CMSA plays in advancing medical standards and promoting and maintaining ethical and professional standards.

AfroCentric also recognized that, as the majority of the CMSA's senators, examiners and candidates are Black, the funding would contribute to empowerment and transformation in health. The donation also recognized that, as a not-for-profit organization (NPO), the CMSA needs support to advance its value proposition.

The CMSA used the AfroCentric funding to appoint Professor Vanessa Burch, a renowned medical educationalist, initially on a part time basis and then used the funding towards her full-time appointment from 2020. Prof Burch's appointment propelled transformation of the CMSA's examinations and enabled the CMSA to navigate the challenges of the COVID pandemic. While Colleges around the world cancelled and postponed their examinations during COVID, Prof Burch spearheaded the digital transformation of CMSA examinations. This meant that into the thousands of young specialists and sub-specialists were able to qualify and could now practice. Had this not been achieved these young doctors would have been left in limbo, having completed their 4-year specialist training contracts with Provincial health departments but not yet able

to apply for specialist positions in the public sector or open private practices as specialists. The CMSA was thus able to keep the specialist and diplomat pipeline open in the interest of our people.

In parallel with the digitization of examinations, Prof Burch's AfroCentric supported appointment has led to enhancements in the quality of our examinations and advanced the use of standard setting in examinations. Prof Burch has provided training for examiners in quality, fair examination methods, including question setting and the groundbreaking use of structured oral examinations by videoconference. She will soon offer a CMSA Certificate in Postgraduate Assessment. These developments have furthered the wider goal of transformation of the CMSA as evidenced in the outcome of our examinations.

Prof Burch has also been central to the planning for the introduction of Workplace Based Assessment (WBA) of clinical competence into postgraduate medical education. Registrars, sub-specialist trainees and diplomats will get ongoing structured feedback on their clinical and surgical practice to allow them to reach greater heights of competence. This is another step we are taking to move postgraduate medical education in South Africa forward in line with international best practice. WBA will ensure that all our medical specialists, subspecialists and diplomats have met the entrustable professional clinical and surgical standards of their discipline.

The Colleges of Medicine of SA expresses a personal word of gratitude to the Chairperson of the Board of AfroCentric, Dr Anna Mokgokong.

Medallists - Johannesburg



Dr Alessio Pio Giuricich FCA(SA) Part I **Abbott Medal** October 2022



Dr Naima Begum Hargey FC Derm(SA) Part II Peter Gordon-Smith Medal & Book Prize May 2022



Dr Emily Titi Mashabela-Bogatsu FCOG(SA) Part I **GP Charlewood Medal** October 2022



Dr Jan Antonie Van Niekerk FCA(SA) Part I Janssen Research Foundation Medal Glaxosmithkline Medal October 2022



Dr Janet Denise Reed FCNP(SA) Nuclear Technology Product (NTP) Medal October 2022



Dr Hendrik Frederik Prinsloo Riekert FCA(SA) Part II Jack Abelsohn Medal & Book Prize Crest Healthcare Technology Medal May 2022



Dr Nikkeeta Dawduth FCFP(SA) Final Part A **The Gboyega Adebola Ogunbanjo Medal** May 2022



Dr Tanya De Jager FC Path(SA) **Coulter Medal** May 2022



Dr Carla Alexandra Smit FC Psych(SA) Part I Lynn Gillis Medal May 2022



Dr Yair Zelick Katz FC Neurol(SA) Part I Sigo Nielsen Memorial Prize October 2022



Dr Ross Owen Dip PEC(SA) Campbell MacFarlane Medal Walter G Kloeck Medal May 2022



Dr Nicolene Steyn FC Path(SA) Chem Part I **TS Pillay Medal** May 2021



Dr Tyler De Villers DCH(SA) **The Paediatric Management Group Medal** October 2022



Dr Craig Dean Anderson FC Ophth(SA) Part II Justin van Selm Medal October 2022



Dr Krevosha Pillay FCS(SA) Final **Douglas Award** October 2022



Dr Kelly Amy Jacobs FCEM(SA) Part II (Best candidate in Practical) Resuscitation Council of Southern Africa Medal May 2022



Dr Daniël Fourie Eygelaar FC Rad Diag(SA) Part I **Rhône-Poulenc Rorer Medal** October 2022

Medallists - Cape Town



Dr Ashar Vijay Dhana FC Derm(SA) Part II Peter Gordon-Smith Medal & Book Prize



Dr Nicole Jayne Tacon FC Rad Onc(SA) Part I The SASCRO Medal October 2022



Dr Rephaim Thandanani FC Clin Pharm(SA) Gary Maartens Medal Mpofu October 2022



Dr Derik Jacobus Basson FC Rad Diag(SA) Part II **Josse Kaye Medal** May 2022



Dr Wynand Van Wyk FCA(SA) Part I **Hymie Samson Medal** October 2022



Dr Zahida Sonday FCPHM(SA) Occ Med Part II SASOM Medal October 2022



Dr Nina Zea Carelse DA(SA) – SASA **John Couper Medal** October 2022



Dr Sophie Angharad Davies-Van Es FCP(SA) Part II Asher Dubb Medal (Best clinical candidate) Huskisson Medal May 2022



Dr Alexander Jacek Szpytko FC Urol(SA) Final Lionel B Goldschmidt Medal May 2022



Dr Jennifer Kate Van Heerden FCP(SA) Part I **AM Meyers Medal** October 2022



Dr Serini Murugasen FC Paed(SA) Part II **Robert McDonald Medal** May 2022



Dr Bradley Browne FC Paed(SA) Part II **Robert McDonald Medal** October 2022



Dr Ashleigh Tayla Sent FC Paed(SA) Part I **Robert McDonald Medal** October 2022



Dr Kaylem Paul Coetzee FC Orth(SA) Final JM Edelstein Medal October 2022



Dr Leandri Linde FC Ophth(SA) Part II **Justin van Selm Medal** May 2022



Dr Anez Awath-Behari FC For Path(SA) Part II **The Threnesan Naidoo Medal** May 2022



Dr Hayden Leslie Poulter FCFP(SA) Final Part A **The Gboyega Adebola Ogunbanjo Medal Tim Quan Medal** May 2022



Dr Ngcebo Ndebele FCEM(SA) Part I Campbell MacFarlane Memorial Medal October 2022



Dr Nicola Anne Gray FC Derm(SA) Part II Peter Gordon-Smith Medal and Book Prize October 2022

Medallists - Durban



Saxony Olivier FC For Path(SA) Part II **The Threnesan Naidoo Medal** October 2022



Rucita Severaj FC Path(SA) Chem Part I **TS Pillay Medal** October 2022



Sindiswa Sphiwokuhle Samkele Maphumulo FC Path(SA) Viro **Coulter Medal** October 2022



Bilkis Dawood FC Psych(SA) Part II **Novartis Medal** October 2022

Medallists - Bloemfontein



Dr Ellen Hancke FCOG(SA) Part II **Daubenton Medal** May 2022



Dr William Mhundwa FCP(SA) Parts I & II – 2 Suzman Medal (Best overall candidate) May 2022



Dr Pieter Jacobus Rademan FCS(SA) Intermediate Brebner Award October 2022



Dr Andrea Snyman Dip Int Med(SA) **YK Seedat Medal** October 2022

"In the midst of movement and chaos, keep stillness inside of you." DEEPAK CHOPRA

List of Medallists: 2022

CAPE TOWN

Janssen Research Foundation Medal FCA(SA) Part I Dr Jan Antonie Van Niekerk October 2022

Abbott Medal FCA(SA) Part I Dr Alessio Pio Giuricich October 2022

Glaxosmithkline Medal FCA(SA) Part I Dr Jan Antonie Van Niekerk October 2022

Crest Healthcare Technology Medal FCA(SA) Part II Dr Hendrik Frederik Prinsloo Riekert May 2022

Jack Abelsohn Medal and Book Prize FCA(SA) Part II Dr Hendrik Frederik Prinsloo Rieker May 2022

Peter Gordon-Smith Medal and Book Prize FC Derm(SA) Part II Dr Naima Begum Hargey May 2022

Resuscitation Council of Southern Africa Medal FCEM(SA) Part II (Best candidate in Practical) Dr Kelly Amy Jacobs May 2022

The Gboyega Adebola Ogunbanjo Medal FCFP(SA) Final Part A Dr Nikkeeta Dawduth May 2022

TS Pillay Medal FC Path(SA) Chem Part I Dr Nicolene Steyn May 2021

Sigo Nielsen Memorial Prize FC Neurol(SA) Part I Dr Yair Zelick Katz October 2022

Nuclear Technology Product (NTP) Medal FCNP(SA) Dr Janet Denise Reed October 2022 **GP Charlewood Medal** FCOG(SA) Part I Dr Emily Titi Mashabela-Bogatsu October 2022

Justin van Selm Medal FC Ophth(SA) Part II Dr Craig Dean Anderson October 2022

Coulter Medal FC Path(SA) Dr Tanya De Jager May 2022

Lynn Gillis Medal FC Psych(SA) Part I Dr Carla Alexandra Smit May 2022

Rhône-Poulenc Rorer Medal FC Rad Diag(SA) Part I Dr Daniël Fourie Eygelaar October 2022

Douglas Award Dr Krevosha Pillay FCS(SA) Final October 2022

The Paediatric Management Group Medal DCH(SA) Dr Tyler De Viller October 2022

Campbell MacFarlane Medal Dip PEC(SA) Dr Ross Owen May 2022

Walter G Kloeck Medal Dip PEC(SA) Dr Ross Owen May 2022

BLOEMFONTEIN

Daubenton Medal FCOG(SA) Part II Dr Ellen Hancke May 2022

Suzman Medal FCP(SA) Parts I & II (Best overall candidate) Dr William Mhundwa May 2022

Brebner Award FCS(SA) Intermediate Dr Pieter Jacobus Rademan October 2022 **YK Seedat Medal** Dip Int Med(SA) Dr Andrea Snyman October 2022

JOHANNESBURG

Janssen Research Foundation Medal FCA(SA) Part I Dr Jan Antonie Van Niekerk October 2022

Abbott Medal FCA(SA) Part I Dr Alessio Pio Giuricich October 2022

Glaxosmithkline Medal FCA(SA) Part I Dr Jan Antonie Van Niekerk October 2022

Crest Healthcare Technology Medal FCA(SA) Part II Dr Hendrik Frederik Prinsloo Riekert May 2022

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Coulter Medal FC Path(SA) Dr Tanya De Jager May 2022

Lynn Gillis Medal FC Psych(SA) Part I Dr Carla Alexandra Smit May 2022

Rhône-Poulenc Rorer Medal FC Rad Diag(SA) Part I Dr Daniël Fourie Eygelaar October 2022

Douglas Award Dr Krevosha Pillay FCS(SA) Final October 2022

The Paediatric Management Group Medal DCH(SA) Dr Tyler De Villers October 2022

Campbell MacFarlane Medal Dip PEC(SA) Dr Ross Owen May 2022

Walter G Kloeck Medal Dip PEC(SA) Dr Ross Owen May 2022

List of Successful Candidates March 2022

FELLOWSHIPS

Fellowship of the College of Anaesthetists of South Africa FCA(SA)

ADAM IRFAAN	UKZN
BEHARI DINELL	UCT
CLOETE ELIZE	Wits
DIPPENAAR LORI	US
DONKOR YVONNE ENYO	Wits
DORASAMY BRAZLIN	UFS
EAVE DYLAN	UCT
ELGHOBASHY AHMED MAHMOUD	
AHMED	Wits
FOMBAD LESLIE MAH	Wits
FREWEN LYNN-HAY	WSU
GUMEDE THEMBEKILE PATIENCE	UKZN
HARMSELEANI	US
HARVEY MEGAN KATE	US
JANSE VAN RENSBURG HENROE	UP
KHESWA NDUMISO AYANDA	UP
MVUSELELO	UKZN
KHUMALO MOTSAMAI	Wits
LATAKGOMO DINEO BONTLE	Wits
LOGGIE LAURA-JANE	US
MAHOMED AALIYAH-MOOSAKARA	Wits
MALUMALU UTSHUDI JOE	Wits
MANDEBVU TAKUDZWA RICHARD	Wits
MDZINWA NASIPHI	UP
MOODLEY KERISSA	UP
MOTALIB RIYAADH	Wits
NAIDOO DHAMIRAN	UKZN
NAIDOO KARSHAN	UP
NAIDOO LAVINIA	UKZN
NCANA LESEDI	US
NDHLOVU TAMUKA FRANKLIN	
CHITONGA	WSU
NIEUWENHUIS KATHRYN	UCT
NORTJE IAN	UCT
NYATHELA-NTHAI YOLWANDO	Wits
ORROCK JANE LOUISE	UCT
PIERPOINT SCOTT ANDREW	US
RAMABULANA MATAMELA	UP
RIEKERT HENDRIK FREDERIK PRINSI	
SALLIE ALLISON CLAUDETTE	UKZN
SETSOMELO MICHAEL KGOWE	Wits
SIMA NAJIBA	Wits
STEVENSON ROBERT LOUIS PAUL	
WYNDHAM	UKZN
SWART ANDRIES PETRUS	UCT
	001

TABANE TEBOGO MOKOTONG- MOSEKAMA TEMLETT LEANNE THIKHATHALI HULISANI ALBERTINA THOBEJANE SEBOTSE THANDI CHARMAINE TSHAMBU ANELE SHADRICK TWALA SIMPHIWE JANE VAN HEERDEN GERRIT	Wits UKZN H UP UP WSU UP UFS
Fellowship of the College of Cardiothoracic Surgeons of South A FC Cardio(SA)	\frica
HBISH MNIER.A.M NDIBI NANDIPHA VAN ZIJL NICHOLAS	UKZN UKZN US
Fellowship of the College of Dentist South Africa - Prosthodontics FCD(SA) Pros	try of
JULYAN JENNIFER	UWC
Fellowship of the College of Dermatologists of South Africa FC Derm(SA)	
HARGEY NAIMA BEGUM KARIMATSENGA VIMBAINASHE PAMEL MAIMANE MONI DESIREE U MOSOJANE KAREN ITUMELENG NDABENI -YAKO MICKEY VUYOKAZI PATISWA	Wits A SMU L/SMU Wits WSU
Fellowship of the College of Emerge Medicine of South Africa FCEM(SA)	ency
CHEN EMILY COWLING LAURA LOUISE FERIS STEVE GEO GOGA RAEESA HOFFE MARY ELIZABETH JACOBS KELLY AMY KHANYI HALALISIWE BRIDGETTE KING JONATHAN CHAN SWART MARLIZE SWARTS LYNNE VENTER JAKOBUS KRITZINGER	UCT Wits UKZN US Wits UKZN UCT Wits US Wits

Part A of the Final of the Fellowship of the College of Family Physicians of South Africa FCFP(SA) Final Part

AADEWOLE JACOB ADEBOWALE AKINGBOHUNGBE OLUGBOYEGA	SMU
OLAMOYEWA ASGHAR ADAM	WSU UKZN
ASHWEHDI AHMAD MAHMOUD A.	UCT
DAVIDS TINA	US
DAWDUTH NIKKEETA	Wits
FOURIE FRANCOIS ISAAC LOUW	US
MACHIMANA PFUNZO -THE BLESSE	D SMU
MADITO NONOFO SNOWY	UFS
MATHOSE TABITHA TASUNUNGURV	VA US
MBANGATA ASAFIKA	UP
MOTHUPI MAUREEN NALEDI	SMU
MURPHY LEVERN BRENDON	US
OHANSON NNEKA JAMIE	Wits
POULTER HAYDEN LESLIE	US
RICHARDS CELESTE CATHERINE	US
STEYN LOUWRENS JOHANNES	US
VAN DER WESTHUIZEN NICOLAAS	
WILHELMUS	US
VAN NIEKERK ELSJE	Wits

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DEIDREUPAMIEN NABEELAUCTASGHAR ADAMUKZNBOAKE MEGAN WILSONUSCHUEU MATJATJI MACHUENEUPDOOKHITH AZHAAR BIBI FAATIMAHUCTFOURIE FRANCOIS ISAAC LOUWUSGANZEVOORT JOHAN HENDRIKUSGIBSON DYLAN BRETTWSUKHANGALE THAMBATSHIRA CHRILSINASUL/SMUMADITO NONOFO SNOWYUFSMASANABO DAVID KOKETSO KARABOSMUMBONDA MOTO AHEMEKE GUYGUYMUGISHA ELSIE NALUGWA VATHISWA WitsMURPHY SHANE DARRENVULYSHANGO NICOSMUPOULTER HAYDEN LESLIEUSRADZIUMA NDIFFI ANI DAPHNEYUI /SMU	ALECRIM GOMES GAUDARD TAVARE	S
ASGHAR ADAM UKZN BOAKE MEGAN WILSON US CHUEU MATJATJI MACHUENE UP DOOKHITH AZHAAR BIBI FAATIMAH UCT FOURIE FRANCOIS ISAAC LOUW US GANZEVOORT JOHAN HENDRIK US GIBSON DYLAN BRETT WSU KHANGALE THAMBATSHIRA CHRILSINAS UL/SMU MADITO NONOFO SNOWY UFS MASANABO DAVID KOKETSO KARABOSMU MBONDA MOTO AHEMEKE GUYGUY Wits MMEKAM IHEANETU JUSTIN UP MUGISHA ELSIE NALUGWA VATHISWA Wits MURPHY SHANE DARREN Wits OLOWA SHANGO NICO SMU POULTER HAYDEN LESLIE US	DEIDRE	UP
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POULTER HAYDEN LESLIE US	MURPHY SHANE DARREN	Wits
	OLOWA SHANGO NICO	SMU
RADZUMA NDIEFI ANI DAPHNEY UL/SMU	POULTER HAYDEN LESLIE	US
	RADZUMA NDIFELANI DAPHNEY U	l/SMU

SCOTCHER PHILIPPA SMIT SELMA STEYN LOUWRENS JOHANNES	WSU UFS US
Fellowship of the College of Forensi Pathologists of South Africa FC For Path(SA)	C
AWATH-BEHARI ANEZ WARREN ANNA MARIA	UCT UCT
Fellowship of the College of Maxillo Facial and Oral Surgeons of South A FCMFOS(SA)	
BITHREY SUSARA JOHANNA SUSANI PEDRO-BEECH KIM	NA UP UWC
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MALOMA MAROPENE IMMACULATE NEMUTUDI THENDO PATEL HARSHA RAMESH SSEMMANDA SALVATORE VISAGIE JAN CHRISTOFFEL	SMU Wits UKZN UCT Wits
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DE JOHN BYRON GORDON LEKOLOANE RENEILOE MICHELLE MAZIBUKO LUCAS THAPELO NCHABELENG MMAPALAGADI, LEBOGANG NXAKAMA YANDISA PRETORIUS ANDRIES JOHANNES	UCT UCT Wits UP UKZN SMU
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FORTUIN TIMOTHY HASHLAN MOHAMMED LIFSHITZ GABRIELLA CHANA SANGIWA BRIGHT AWADH SEROTE PEGGY SIBINDLANA AMANDA PATISWA ZERGOUG NADIA	Wits UCT Wits US Wits Wits Wits
Fellowship of the College of Obstetr and Gynaecologists of South Africa FCOG(SA)	icians
ADAM MARY AUGUSTA AMANIAMPONG KAREN BILWANE TSHOLOFELO BULELA MWIPATAYI GUSTAVE	Wits UCT UCT Wits

BVUMBI RAYMOND

FORTUIN RORI BRITT

GALLANT TASNEEM

DALMACIO RICHE CABILIN

DLADLA BERNICE PATIENCE PROMISE UP

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US

NDAHAMBELELA	WIts
INDONGO JUSTINE NALIMANGULU	KE US
JAPTHA KASHIEFA	US
KABALA KABONGO EPHREM	SMU
KAMBUNGA MAANO PEYAHAFO	UCT
KAMMIES JO-ANN DESIREE	US
KHULU KWANO MAHLAKO KGWERAN	
MAHLANGU SOLOMON ANDREW	SMU
MASEKO NCAMSILE FANSILE	UP
MASIMBA MAPHY MUNYARADZI	Foreign
MATHEKGA THABO MAJADIJI DAVI	
MATIMBI ALUWANI FLOYD	Wits
MBELE GUGULETHU PRUDENCE	Wits
MBUYISA SANELE SIDWELL	UKZN
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MUSOKE JOY	UKZN
NADKER SALMA	WSU
NDLELA MASIBONGE SINAWO	WSU
NENE SIZAKELE CHARITY	UKZN
NGATIANE LOGIC SHINGIRIRAI	UKZN
RUBGEGA FRANCOISE DUDU	UP
SELOKA THANDI MARTHA	
	UP
SETLABA TSHEPO PATRIC	WSU
SHAZI SENZEKILE	UCT
SHEEHAMA ILONA NDAPEWA	US
SMALL-SMITH INE	Wits
TUKANI MAKHOSANDILE DAVID	UP
VAN HEERDEN PAULI	US
VANNEVEL VALERIE JACQUELINE	00
	Foreign
VEERAN KAILEIGH DANICA	UKZN
Fellowship of the College of	
Ophthalmologists of South Africa	
FC Ophth(SA)	
GOVENDER NERISSA	UKZN
HAJEE FAHEEMA	Wits
HUSSAIN TAIMEIA GILANI	Wits
KENNEDY CLARE FRANCES	UCT
LIMALIA ESSOP ZAKIYYAH BIBI MOH	HMED
CASIM	UCT
LINDE LEANDRI	UCT
MOKONE THANGWANE MALEBO	UFS
MORRIS THABANG	UP
	-
PITSO BOKANG JUDITH	SMU
RAWJEE KASHMIRA	Wits
THOMAS ALTON IRVINE	WSU
VAN ECK ELIZABETH CATHARINA	US
Fellowship of the College of Ortho	naedic
Surgeons of South Africa	
FC Orth(SA)	
ARNOLDS DELROY	UCT
AYIK GOUD DENG DIING	UCT
BEUKES JANUS EDUARD	UP
BHAMJEE MOHAMED	Wits
DIN WICEE WOTH WIED	VVIL3
BOTHA BRYAN ASH	UFS

GERBER ANNIKA JANINA GERBER

GUNGAPURSAD UPKAR BUDHRAM UKZN

GORRAH ANDREW FRANKLIN

HANCKE ELLEN

IIYAMBO OLIVIA-JOAN NDAHAMBELELA Wits

UCT

WSU

Wits

GOGA NABILA	Wits
HIDDEMA JAN SIEBRAND	Wits
HITGE CURRAN ASHLEY	Wits
KHAN SUHAYL AHMED	US
KHUMALO BABA MZWAKHE	Wits
KOLOTSI MATSOBANE AMOS	UP
LEKGANYANE LEETO	SMU
MEIER WARREN	Wits
MKOMBE NANGAMSO	Wits
MOFOKENG NTSWE GEELBOOI	Wits
MOTLOUNG SIPHO	UFS
TAU GOITSEMODIMO	SMU

Fellowship of the College of Otorhinolaryngologists of South Africa FCORL(SA)

DAIB OMAR ABDULSLAM	US
NATHIE MOHAMMED	Wits
ULANA VUYOKAZI	UP
WEST JOSHUA MICHAEL	WSU

Fellowship of the College of Paediatricians of South Africa FC Paed(SA)

AFOLABI KASHIMAWO MUFTAU	UFS
ALI-DIKOLE MASIDA LINDA	Wits
ASIIMWE CHARMAINE PAMELLA	
KIHIRWA	WSU
AZAR DANIEL MARTIN	Wits
BARDAY MISH-AL	US
BARKER LARISSA	US
BAYANI MUSA	Wits
BOVULA SIYABULELA NKOSAZAN	a us
BUSGEETH MOHAMMAD ASRAFE	E
JAMEEL	US
CHHIBA ANJALI-LARISHA	Wits
CHILIWE MANI	WSU
ELY CORDELIA SUSAN ELIZABETH	US
ENGELBRECHT BEZ	SMU
FUNGHENI RHULANI EUGINIA	UL/SMU
HADEBE DUDUZILE GLADYS	UKZN
HONGER KATE ISABELLA	UFS
ISAAC NIKHILA	Wits
JENKINS STACY-LEE ARLETTE	UFS
JOHAAR RIZQAH	US
KAJUKANO ANITA	Wits
KAULUMA RAHJA TWAHAFIFWA	US
LETSIE DIMAKATSO TSHOLOFETS	O SMU
MAGAGULA NOMPUMELELO	
PETRONELLA	Wits
MAGOMANI XITSHEMBISO	
CONFIDENCE	Wits
MANDLA NOSIPHIWO	WSU
MASEBE MAITUMELO	Wits
MDLETSHE SINEGUGU	UKZN
MOCHANKANA KAGISO	Wits
MOGANO LEFENTJE DORAH	UL/SMU
MURUGASEN SERINI	US
NXUMALO MNQOBI NJABULO	UCT
ORAPELENG TEBOGO TSHIAMO	Wits
RAVELA DENGA	SMU
SALIE MOEGAMAD	UCT
SHIRI CHISHAMISO	UL/SMU

DILOTSOTLHE OSHUPILE WINSTON SMU

Wits

DE BUYS BRIAN MICHAEL

SITHOLE KEITUMETSE RE-JOYCE	SMU
TLHAKO SARAH DIEPO MOLEBOGENG	
VAN DER MERWE CARINE	US
VAN DEVENTER NADEA ANEL	UFS
Fellowship of the College of Paediat	ric
Surgeons of South Africa FC Paed Surg(SA)	
FC Faeu Surg(SA)	
BANGA AGATHA TAFADZWA	Wits
BRISIGHELLI GIULIA	Wits
	UKZN
MAFORO SHEPARD	SMU
MOTLHOBOGWA KUTLO GOSEGO	UCT
MSHUMPELA CLEOPATRA NOMHLE NGCOBO QHAWEKAZI NYENYEDZI	Wits US
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Fellowship of the College of Patholo	gists
of South Africa - Anatomical	
FC Path(SA) Anat	
DE STADLER JANET LYNDSAY	UCT
JANDA NISANGE	UP
JARAVAZA RUFARO DIANA	US
KOTZE SUZANNE	Wits
LEMMER LARA	US
MABASO MBUYELO ABBYGALE	Wits
MCINTYRE JESSICA LEA	UP
MORRISON ELLA MARIA	UFS
MWANGE MATOMOLA	Wits
Fellowship of the College of Patholo	qists
of South Africa - Chemical	
FC Path(SA) Chem	
MARTINS JANINE	UP
MONA PORTIA	Wits
	mito
Fellowship of the College of Patholo	gists
of South Africa - Haematology	
FC Path(SA) Haem	
DE JAGER TANYA	Wits
JORDAAN CARISSA	US
PANCHOO GIRISHA	UCT
Fellowship of the College of Patholo	gists
of South Africa - Microbiology	
FC Path(SA) Micro	
ALEX VINITHA	Wits
DA COSTA DAWOOD	US
PILLAY SHEYLYN	US
Fellowship of the College of Patholo	gists
of South Africa - Virology FC Path(SA) Viro	
GOVENDER KRESHALEN	UP
GOVENDER KRESHALEN MASUTHA NNDWAKHULU LAURENZO	
GOVENDER KRESHALEN	

REDDY BHAVESHAN

Wits

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ALAFSHUK MABRUK	UKZN
ANAUTH PRIYANKA PRATIMA	UKZN
ANTWI-ANYIMADU EMMANUEL	
ARNAB PRIYADARSHINI	UCT
DANIELS CHETOIVO WILLIAM	US
DAVIES-VAN ES SOPHIE ANGHAR	
HAFFEJEE MAHOMED ISMAIL	
HASSIM SAKOOR AHMED	UKZN
HOOSAIN SHAKEEL	UCT
KATJOMUISE JESSICA KAPENAUAI	
KOLA IMRAAN	Wits
LAMOLA INNOCENT MAROSLYN	02.00
LAMPRECHT DIRK JOHANNES	Wits
LAUBSCHER ELIZABETH MAGDAL	
MAHARAJ SHRIYAN	Wits
MASIKATI MALCOLM	UCT
MHUNDWA WILLIAM	UFS
MOHAMED FAAIZAH	UKZN
MOODLEY NAVENDRAN	UKZN
MOOLA YUSUF	Wits
MOOLLA MUHAMMAD SAADIQ	
NAICKER WRIOTHESLEY EARL	UFS
NKANDLALALANA SIPHO	Wits
NZIRAMASANGA KUNDAYI	Wits
PARKER MOHAMMED ASLAM	US
PARKER NOUSHEEN	US
POERSTAMPER SIMON	US
RAJOO SARISHA DEVINA	Wits
RATH MAX SAMUEL	Wits
RUDER GIDEON	UFS
SOIN GURVEEN	UCT
SORATHIA SHAHEED SALIM	UCT
SUNNYRAJ MIDHU MARY	Wits
VEENSTRA SIMON HANS	UCT
WING JESSICA ROBERTA	Wits

Fellowship of the College of Plastic Surgeons of South Africa FC Plast Surg(SA)

DIAKAKIS ALEXANDER NIKOLAS-JOHN Wits HOOGENDYK CHARLES AUGUST Wits WILSON STEPHEN PETER SMU

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BENELMOKHTAR MOHAMED JEB	RIL
BENELMOKHTAR	US
BURGER JAMES WILLOUGHBY	UCT
ERASMUS JAN WIUM	Wits
GONCALVES RICHARD PAUL	UCT
HAIN SHAUN ROBERT	UKZN
LINKS ILLANA JULIETTE	WSU
MAKHOMISANE WISANI	UL/SMU
MAKULUMA ABONGILE	US
MASHEGO KELETSO PRETCHELL	SMU
MOGASE KEABETSWE	UP
NHIWATIWA NATSAI MARJORY	Wits
NTIMANI MARCIA TSAKANI	Wits

PHASWANE ABIGAIL FANISAUPPRIOR ASHLEIGH JAQUILINEWitsSHOZI ZINHLE PRECIOUSUKZNSIBANYONI AMANDA URSULA DUDUZILEUPSOLDAT PHATISWA CLAIREUPSUBRAYADOO JUANITAWitsVALABDASS SONALI NARANDASSWits

Fellowship of the College of Diagnostic Radiologists of South Africa FC Rad Diag(SA)

BADENHORST JACQUES	UP
BASSON DERIK JACOBUS	Wits
BRINK HEILA-MARI	Wits
CARIM ZAYYAN	UP
GAZI SIPOKAZI	UCT
HOLTZHAUSEN JEANETTE	UCT
JANSE VAN RENSBURG BEULAH	
CHRISTINA	US
MAPURANGA HUMPHREY	US
MCHENDRIE MARISKA	SMU
MKHIZE NTOMBIFIKILE NOMASON	TO Wits
NAIDOO YESHKHIR	UKZN
RAMOS SOFIA MARGARIDA MARTIN	VS Wits
SEEMA MMATLOU DICKSON	JL/SMU
SMIT ELSABE JACOBA	UCT

Fellowship of the College of Radiation Oncologists of South Africa FC Rad Onc(SA)

MORPHIS ANDRIANI KATERINA UFS SCHNEEBERGER DANIEL CLARENCE Wits

Fellowship of the College of Surgeons of South Africa FCS(SA)

ADAMS JOHN-CLINT	UFS
AKPABIO AKWAOWO UBON	SMU
AMAAMBO TIMOTEUS ISMAL HAFEI	NI UP
AUGUSTYN JOHAN CHRISTIAAN	US
GOFHAMODIMO TSHIAMO CAIPHUS	S
KESAOBAKA	SMU
HOLST FELIX	UP
JACOBS PAUL ERASMUS	WSU
KARIEM NAZMIE	UCT
KARIMBOCUS MOHAMMAD NAWAA	Z UCT
KGOTE PONTSHO	SMU
KHAMAJEET ARVIN	UCT
KUHN SUZANNE	UCT
LANEY ESTELLE	Wits
MABASO NONDUMISO	UKZN
MAYAPI KUHLE OLIVIA	WSU
MOTSEI MORAKABI JACOB	UP
MUKENDI ILUNGA VALERIEN	Wits
MULDER WIKUS WESSEL	UFS
NKOMO SIPHIWOSETHU RUPERT	UP
NTULINI MONGEZI MATTHEW	SMU
NYATSAMBO CHIDO	Wits
PELSER SAREL CHRISTOFEEL BEKK	FRSMU
POI DEN KEVIN EDWIN	WSU
RENSBURG TRISTAN WILTON	UCT
SHABALALA AYANDA DENNIS	UFS
	510

SOSIBO SIJABULILE CASSIUS TEYANGESIKAYI GILBERT VAN DER WESTHUIZEN NICOLE BERNADETTE ZOUBI RAGAB RAGAB Fellowship of the College of Urolog South Africa FC Urol(SA) BRITS NICHOLAS FRIEDENTHAL HAMUKOTO HILENI OSMAN MOHAMMED RIAZ PADAYACHEE SUMESH SZPYTKO ALEXANDER JACEK	UFS UCT UCT ists of Wits UCT UKZN Wits US
CERTIFICATES	
Sub-specialty Certificate in Cardio of the College of Paediatricians of Africa Cert Cardiology(SA) Paed	
ALHARM AHMAD OMAR ABOLGASE	M Wits
MONARENG MOHAMED-AMIN	Wits
MSIZA DUDUZILE PRECIOUS SETHOMO WARONA PRISCILLA	UP Wits
Sub-specialty Certificate in Cardio the College of Physicians of South Cert Cardiology(SA) Phys	logy of Africa
BIKITA SOLOMON	UKZN
CHIPAMAUNGA TSUNGAI	US
DHLAMINI LIFA HARRIS GEORGE SPENCER	Wits UFS
NGUBANE ZESIZWE	US
RAPHALA KABELO SOLOMON	UP
SEGULA DALITSO SUNDAS AMIMA	Wits UP
Sub-specialty Certificate in Child a Adolescent Psychiatry of the Colle Psychiatrists of South Africa Cert Child and Adolescent Psychia	ind ge of
ABDALHAI KHALID ABDALLAH ABDA ABBAKAR	ALHAI UCT
Sub-specialty Certificate in Critica of the College of Neurosurgeons of Africa Cert Critical Care(SA) Neuro	
ARNOLD-DAY CHRISTEL	UCT
Sub-specialty Certificate in Critica of the College of Paediatricians of Africa Cert Critical Care(SA) Paed	
SOTOBE-MBANA NANDIPA MIZPA	WSU
TLAKA ZANELE ANNASTACIA	Wits
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Sub-specialty Certificate in Developmental Paediatrics of the Co of Paediatricians of South Africa Cert Dev Paed(SA)	ollege
MOODLEY SASHMI STEENKAMP ALETTA	UCT UFS
Sub-specialty Certificate in Gastroenterology of the College of Paediatricians of South Africa Cert Gastroenterology(SA) Paed	
LOSTA EIMAN MANSOR NDHLOVU LESEGO	UCT UCT
Sub-specialty Certificate in Gastroenterology of the College of Physicians of South Africa Cert Gastroenterology(SA) Phys	
BEN HKOUMA MUSTAFA MANSUR M KAHN THANIA MBELLE MZAMO NTSIKELELO	UKZN UCT Wits
Sub-specialty Certificate in Gastroenterology of the College of Surgeons of South Africa Cert Gastroenterology(SA) Surg	
ETALLEB MOHAMED ALI MIA IMRAAN RAMPAI THABO JOHNSON	UCT US UP
Sub-specialty Certificate in Gynaecological Oncology of the Col of Obstetricians and Gynaecologists South Africa Cert Gynaecological Oncology(SA)	
MOHOSHO MOKOENA MARTINS MUGWEDE MAIDEI NDOBE ALSON RAJOO NEESHA YINGWANI LONDEKA CHRISTOPHER	US UP UP UP WSU
Sub-specialty Certificate in Infection Diseases of the College of Paediatri of South Africa Cert ID(SA) Paed	
ALBLOOSHI EIMAN GREYBE LEONORE	UKZN US
Sub-specialty Certificate in Infection Diseases of the College of Physician South Africa Cert ID(SA) Phys	
PAPAVARNAVAS NECTARIOS SOPHOCLES RICHARDS LAUREN CAROL	UCT Wits

Sub-specialty Certificate in Maternal and Fetal Medicine of the College of **Obstetricians and Gynaecologists of South Africa Cert Maternal and Fetal Medicine(SA)** MRINA HELLEN Wits NHLAPO SIBUSISO GOODENOUGH US Sub-specialty Certificate in Neonatology of the College of Paediatricians of South Africa Cert Neonatology(SA) US ABRAHAMS ILHAAM **BAICHOO AUDIT MANJEETA** Wits MAKIWANE NONQABA CECILIA Wits Sub-specialty Certificate in Nephrology of the College of Paediatricians of South Africa **Cert Nephrology(SA) Paed** CHAUKE-MAKAMBA BONISIWE CASSILDAH UCT NGUBANE-MWANDLA NOKUKHANYA Wits Sub-specialty Certificate in Nephrology of the College of Physicians of South Africa Cert Nephrology(SA) Phys UCT BANDERKER ISMAIL ABBAS **MZINGELI LUVUYO** UCT THUSI MTHUNZI UKZN Sub-specialty Certificate in Pulmonology of the College of Paediatricians of South Africa Cert Pulmonology(SA) Paed ALMAGBOOL REEM MAHMOUD ABDELGADR UKZN NOWALAZA ZANDISWA WSU Sub-specialty Certificate in Pulmonology of the College of Physicians of South Africa Cert Pulmonology(SA) Phys DAHIM MOHAMED FATHI G UKZN **GINA NTOMBENHLE PHINDILE** UCT NORTJE ANDRE JACQUES US **Sub-specialty Certificate in Reproductive** Medicine of the College of Obstetricians and Gynaecologists of South Africa **Cert Reproductive Medicine(SA)** MOAGI MAHLOROMELA EMMANUEL UP POTTOW JOANNE UCT **Sub-specialty Certificate in Rheumatology of the College of Physicians of South Africa** Cert Rheumatology(SA) Phys

MUSA WALA ALI MOHAMED

US

UCT

Sub-specialty Certificate in Urogynaecology of the College of Obstetricians and Gynaecologists of South Africa Cert Urogynaecology(SA)

MONTGOMERY COLIN JACO

Sub-specialty Certificate in Vascular Surgery of the College of Surgeons of South Africa Cert Vascular Surgery(SA)

NGEMA SIPHUMELELE SYDWELL SMU OLOTU BOLADELE UKZN RAMPERSHAD SHIKAR RAJENDHRA UKZN

PART I, PRIMARY AND INTERMEDIATE EXAMINATIONS

Part I of the Fellowship of the College of Anaesthetists of South Africa FCA(SA) Part I

ATAGANA CHINEDU MAXINE **BREEDT JOHN MICHAEL** CARDOSO DANIEL WILLIAMSON CHABALALA EDMOND UFS DHILRAJ DEEPIKA DRENNAN KATHERINE REBECCA DU PLESSIS ANNIKA DU PLESSIS ENGELA GERTRUIDA EDDEY CREAGHAN ROSS UFS EDWARDS BERNARD TRISTAN FOLOKWE SIYASANGA FELIX HANCK CAITLIN HATTINGH WENDY-LEE **KAJEE AMINA ABDOOL HAQ KLEYN STEPHAN** KOLANYANE THABANG LEBOGANG KWETE MANENGA OLIVIER LANGA THEMBEKILE NOKULUNGA US LE ROUX JASON LEEUW BASETSANA SMU LEFOKA CALVIN BOTHENG MADIGA-TSEBE KHOLOFELO SCHOLASTICAH WELHEMINAH MAKALIMA ZININZI PATIENCE US MAKIWANE SAZI MAKUYA GOTHYANG MANTHADA TSHIFHIWA STEVEN SMU MATHENJWA MBONGENI NKOSINATHI US MBELE NOKUTHULA MILLER DANIEL JASON MKHIZE LUMKA MOHATLA OFENTSE VICTORIA MOOLA NABEELAH NGCELWANE THANDOKAZI NOSIPHO NTSHANGASE LONDIWE NTSIMANE LESEDI RAAM DINESH ROODT LUCILLE SARELA SHALATI PATIENCE STRAUB ISOLDE ARIADNE

THABETHE THULANI HAMILTON THERON CHANEL CANDICE UYS FRANCOIS WHITBREAD TRISHA ANNE ZIDANA LEONE GOODSON ZINGONI KUDZAISHE FAITH

Part I of the Fellowship of the College of Dentistry of South Africa - Orthodontics FCD(SA) Orthod Part I

MADHOO AMIKA MANABILE MOSIMA MAHLODI

Part I of the Fellowship of the College of Dermatologists of South Africa FC Derm(SA) Part I

BHOJWANI VIDYA DAYALWitsMADANGATYE KHANYISWA LIZEKAWSUPRETORIUS MONIQUESAEED HAROONVAN DER WESTHUIZEN BARBARAUS

Part I of the Fellowship of the College of Emergency Medicine of South Africa FCEM(SA) Part I

COPPIN SHAUN MARK DE VILLIERS MATHEO KOCK GARACH SACHIN GOUSSARD STEPHANIE HELMA GROBLER WAYNE UP KRUGER MARCUS WILLIAM MOODLEY KITESH MOTHOGOANE LEKGALAKE RAYMOND MUKONKOLE SUZAN NYEMA MUTSIKIRA HEATHER ROSELINE NAUDE ILNE ETHELWYN OHM MIJEONG PRISCILLA SMITH KATE IVANA STILL DANIEL RODNEY

Part I of the Fellowship of the College of Forensic Pathologists of South Africa FC For Path(SA) Part I

BISMILLA YASEEN	SMU
CLEGG LIZA	UCT
FERRARIS STEFANIE	UP
OLIVIER SAXONY	UKZN

Primary of the Fellowship of the College of Maxillo-Facial and Oral Surgeons of South Africa FCMFOS(SA) Primary

BRAND WILLEM JOHANNES KHANYE FEDILE CAROLINE Wits KWINDA ELISABETH ELELWANI Wits MBENGO LEBOGANG EUNICE MLOTSHWA NOKWANDA FELICIA NONHLANHLA NKOSI SIBUSISO SIZWE Part I of the Fellowship of the College of Medical Geneticists of South Africa FCMG(SA) Part I

MOKWELE DAISY SALOME Wits

Part I of the Fellowship of the College of Neurologists of South Africa FC Neurol(SA) Part I

CHIVANGANYE TARIROYASHE HLELA NTUTHUKO ROBIN SMU KARIMI HADI KARIMI UKZN NIEUWOUDT SAREL TIELMAN VAN NIEKERK BENJAMIN ABRAHAM

Primary of the Fellowship of the College of Neurosurgeons of South Africa FC Neurosurg(SA) Primary

ALZOBEIR MOHAMED Wits BHIKAM SAYARIKA GQWETA ANELISIWE ZIZIPHO ABULELE ISMAIL ZAKARIA AHMED KOKOME GOODWILL TSHIAMO MGOBOZA VUSUMZI MOLOKOMME MASIWANA MATHEWS NAIDOO THESHAN KOGILAN NAIDU CHRISTOPHER PIERRE' ANDRE' SHANDU NONTUTHUKO SAMUKELISIWE SIBANYONI MUZI PERCIVAL

Part IA of the Fellowship of the College of Obstetricians and Gynaecologists of South Africa FCOG(SA) Part I

AAGUNLOYE TEMITOPE FEMI AMBOY IRUNG DANIEL **BOLOKANG EVA BONDO MWABA BOTO TABITA** CARDOSO LAURA ROBYN CELE NTOMBIZONKE COMETH UK7N CHEMAI KNOWLEDGE CHEYNE JAMES CHRISTIAN COETSEE JOSIAS SERVAAS EPEKWA MOKOKO CADY FORT UMZIWAKHE RAYMOND **GUMEDE SIBONGILE** HOFFMAN RIA RACHEAL HOYI OLWETU ISHA EKOUMOU VALENTINE LYDIE KALENGA MUKANDILA ALIDOR KIIZA JOSELYN ABWOOLI KLEYN MADELI KUNUTU THATO JOHN KUZOMUNHU MACDONALD LUAL AYUEL NOON DENG MACHUMA NOAH MADI BONGIWE TRUDY MAFELA LENIA MOSHAYASAHAYE MAGAQA LUTHANDO MANAKA MOKGAETJI AGNES MARAIS JEANNE

MGILANE ONGEZIWE MOEPENG KEITUMETSE JULIA MOETLEDIWA BENJAMIN MOKWENA KGOROSHI BUSHY MOSHOEU MANTSIRI MATTHEWS MOTEBEJANE DIPOLELO REGINALD MUFAMADI LETHABO PATRICIA MUGERI DUDE MUNZHEDZE MUKEBA EVARITE TSHIBANGU MULAUDZI MURENDENI MUNGWASHU LINDA MUTIBURA BELINDA NDLOVU NATHISINETHEMBA MBALIZETHU BERYL UKZN NGOBENI NKHESANI PROMISE NGWEY-SOMPO CHRISTELLE MBANGU Wits NINGIZA BAPHETHUXOLO NKUNA NOMBUSO ZAMANKUNA NTINGA AYANDA NTSHONGWANA UNATHI SIMAMKELE PETERS RAHISCHA PHIRI CYNTHIA **RADEBE SISANDA** RANDIMA RONEWA VOSTER SAMBO NDUMA VINCENT SANGWENI PHETHILE FAITH SWAARTBOOI ASANDA NTANDOKAZI VAN DEN BERG DOROTHEA LUISE VAN DER WESTHUIZEN YANKE WILLERS ESTEE

Part IB of the Fellowship of the College of Obstetricians and Gynaecologists of South Africa FCOG(SA) Part I

BAGUNLOYE TEMITOPE FEMI BOTO TABITA BRIJLALL SHIVEN BRYER KATHERINE ANN BURGESS KATHERINE KELLY CARDOSO LAURA ROBYN CELE NTOMBIZONKE COMETH CHETTY RENUGA DEVI CHEYNE JAMES CHRISTIAN CHIKANDIWA ADMIRE CHIKANDIWA DANGALE THENDO	
EBINDA LUNDA EPEKWA MOKOKO CADY EZIOHURU TEMPLE NNAMDI GALANE LESIBA SEDUMA GOLWELWANG MOPHUTING HASSIM HAJIRA HOYI OI WETU	
JAMIESON MODIMOWAME JOAQUIM ELSA DELPHINA Wits KATALA JOEL KABAMBA KATSHWA CHWAYITA	
KAZADI NANCY US KLEYN MADELI KUNUTU THATO JOHN KUZOMUNHU MACDONALD LESUPI REBONETHATO LOVE RACHEL KETA LUKHAIMANE TSHILIDZI FREEDOM	

MADI BONGIWE TRUDY MAKANDA MALONDA MANAKA KATLEGO MADIANE ALBERT MANAKA MOKGAETJI AGNES MARAIS JEANNE MARAIS REDWAAN STAN MARAIS MASHABE KELEMOGILE MASONDO SIPHESIHLE MATSHITSA LORATO PLEASURE US MKOKELI ZIMASA MOELA MAMPHATO MODIPADI ADOLPHINA MOELE PHOLOSO PRINCE MOGANO DIRONTSHO THETCHER MUFAMADI LETHABO PATRICIA MUGERI DUDE MUNZHEDZE NAIDOO YUGESHNI NGOBENI VELLY NGWEY-SOMPO CHRISTELLE MBANGU Wits NINGIZA BAPHETHUXOLO NKOBA CLAYTON NKUNA NOMBUSO ZAMANKUNA NORMAN CHRISTOPHER DAVID NTHANGENI KHAARENDWE OWONIBI TEMIDAYO DANIEL PHETOE REFILWEKGONO THALE RAJCOOMAR RAVI CHANDRA KHUSHAL US **RAMASAKA ANTHONY** SAAIMAN CHESTLEY RASHAELL SANGWENI PHETHILE FAITH STEYN MARLI TAU JIMMY HLAKUDI THANTSHA TUMELO SMU **TSOTETSI ANDILE PAMELA** VALOYI KATEKANI IAN SMU **ZITHA SIBONILE**

Part I of the Fellowship of the College of Ophthalmologists of South Africa FC Ophth(SA) Part I

BHIKHA-BHANA DEVYA DEEPA CHEN PEI-CHI HAJEE AAMINA HARMS ELKE HONGO PHUTHUMILE OYAMA HUWAIDI WALID EMHEMMED	Wits
JOHL EMMA JANE JOHN JERUSHA SHANTHI	UKZN
KHAREL KUSUM LOMBARD AMY	
MC DONALD NEELS GERHARDUS P OETTLE JONATHAN TIMOTHY	ETRUS
PRETORIUS GERHARD SARALJOSHUA	
VISSER KIFT ELSIMÉ	
WASL MANSOUR MOHAMMED WOLFAARDT GEORGE SEBASTIAAN	I

Primary of the Fellowship of the College of Otorhinolaryngologists of South Africa FCORL(SA) Primary

MOHAMED EBRAHIM MOYANE ELISA MZOTO MONDE GODFREY SUTTLE TESSA KIRSTY WITHEY KRISTEN ZIQUBU SINENHLANHLA SCINTILLA

Part I of the Fellowship of the College of Paediatricians of South Africa FC Paed(SA) Part I

ALEXANDER PHATHUTSHEDZO AMWELE NAMENE NDAPANDA BIKITSHA NOMTHANDAZO AME VIWE COLE GAIL ELLA CUTLER AVIGAL DAWOOD ADILA DE VILLIERS TYLER DHALECH NAADIRAH DLADLA LETHUKUTHULA PEARL **DLAKIYA SISANDA** DLAMINI SIPHELELE CEBISILE DOBSON SARAH KATHERINE FAKUDZE DAKALO **GOVENDER KIMONA** HASSIM ESSA NASEERAH JIMOH AZEEZAT MODUPEOLA JOB ASHLYN KAMATI JAFET ELAGO KARISMATA KGATLE MALEBO MARY ELIZABETH **KLEYNHANS CATHERINA ELIZABETH** KWEYAMA ZAMAVEZI SINENHLANHLA LEOTLELA KARABO LESLEY LOBESE PHAKAMA MADHOU ASHISH US MAHAMBA KWANELE MATSHEPO MANTWANA MAKGOPO MOLATELO THAPELO UKZN MAMABOLO MASEILANE ANNELINE MANDEMAKER DANIELLE MDHLULI PRUDENCE BUSISIWE MHLONGO NDUMISO PLEASURE UKZN MOSEHLA MASEAKGANE SAGIE MPHALE MATSHIDISO MUTLA KATLEGO NCEMBU MASIZA NEMURAMBA MUKOVHE ELELWANI NGCAMU NHLAKANIPHO NDUMISO NGUBENI PERCEVERENCE NOMTHANDAZO NKOSI PEARL LINDOKUHLE JESSIE NTOANE BOIPELO PEREIRA GABRIELLA THANDEKA **REDDY KAVIL** SCHWELLNUS PETER CHRIS SELEPE MOTLISHI JULIET SHABALALA SINENHLANHLA CHARITY SWIEL THANDI TSHAPUMBA ALEXIA ITSHIDHIMBWA WU CHIA YUN ZULU ZININGI NOZIPHO LETHUKUTHULA

Part I of the Fellowship of the College of Pathologists of South Africa - Anatomical FC Path(SA) Anat Part I

BUDDING LISKA	UFS
CHIMATIRA RAYMOND	UCT

MCGRATH NATHAN GEORGE	Wits
ROCHÉR WILHELMUS DIEDERIKS SEASEBO OMPONE	UCT UP
SOLOMON TARIQ	UCT
Part I of the Fellowship of the Coll Pathologists of South Africa - Che	
FC Path(SA) Chem Part I	inical
FRANCIS CAMERONANTHONY	UCT
GROVE JURETTE SIMONE MALAPERMALA KUMERIN	Wits
AROONSCLIM	SMU
MATLADI MATEMA ISABEL	SMU
SIFUBA-MAKAPELA PHATHISWA	WSU
SIGANAGANA LAMLA LILY-ROSE SUBRAMONEY EVETTE LUCILLE	UKZN UKZN
	UNZI
Part I of the Fellowship of the Colleg	
Pathologists of South Africa - Haem	atology
FC Path(SA) Haem Part I	
BOWEN EVAN	UFS
GREEN NICOLE CHRISTINE	UP
GROBLER SHAUN MYNHARDT	UFS
KENNEDY STEPHANIE JUANE MAMOGOBO MAGALANE	UFS
MOLEBOGENG	SMU
PARKER VICTORIA ROBYN	UCT
Part I of the Fellowship of the Coll	ege of
Physicians of South Africa FCP(SA) Part I	
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AKAZIE EBELE ANTHONIA	SMU
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BADR MASHAULLAH SALIH YOUNU BAKGETHISI KABELO BHOLA DINESH BHORAT FATHIMA ISMAIL BODASING ADHAVNA	JS UKZN
BADR MASHAULLAH SALIH YOUNU BAKGETHISI KABELO BHOLA DINESH BHORAT FATHIMA ISMAIL BODASING ADHAVNA BOKENDO ETOYI JEREMIE BOKEND	JS UKZN
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LALLOO HITESH	
LEBOTSE-PHETLHE PRECIOUS	
TSHIMOLOGO	
LUKE AISHWARYA MARIAM	
MABENA THABISO MAXWELL	
MAKGOKE LAWRENCE	
MATOLE SANELISIWE M	
MBELE MFANFIKILE WELCOME	
MHLANGA SEABELO ANNAH	
MITCHELL DEAN CHRISTOPHER	
MLANGENI SIPHIWE MICHAEL	
MOHOLE NTSIKI NORA	
MOKOLOKOLO REFILOE PULENG	
MOLATE KEABOKA GAAFELE	
MOSHIDI NTHABISENG VIRGINIA	
MOSIKARI-NDOLE DUDUETSANG	
MOTATA KUTLWANO LESEGO	
MPUTLE BARENG KGOMOTSO	
MUDANABULA NTSHENGEDZENI RE	UBEN
MUDOGWA MASHAU	
MURONGA BISHOP FUNANANI	
MACPETER	UP
MWASE THOKOZANI	US
NKWANYANA THABANI SILOMO	UKZN
NTHOMPE OAGELETSE	
NTSIZI LUNGA	
NXUMALO SABATA PENELOPE	
NYEMBWE MBUYI CONSOLATA	
NYENGANE FUNEKA	
PANICKER MAHESH KUMAR	
PILLAY TASHLYNN	
PILLAY VISESH	Wits
	VVILS
POSWA NOMAMPONDO SINOXOLO	
REETSANG LEBOGANG AUDREEN	
ROBERTSON DONALD MATTHEW	
SAJEEV RAHUL	
SCHOLTZ CORNEL	
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SEKHUKHUNE NGWANA TSOMANE	HENNY
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FC Psych(SA) Part I

ANSUR SUMAIYAH **BESTER ANGELIQUE**

Wits

BREEDT MARKO DIKGALE MAPALEDI LETTIE DIMBA PRECIOUS SINEGUGU DONALDSON JULIET FLETCHER ANGUS JOHN FYFFF MEGAN	
GILES NICHOLAS JAMES	UCT
GOOLAM-AMOD EHTISHAAN	Wits
GUMEDE NOSIHLE LUNGELO	UKZN
LAUTENBERG SHANNON	
LINDA NOKWANDA NTOMBIZONKI	E
MAFUZE BONGINKOSI MARTIN	
JOSEPH	UKZN
MALAKOANE LERATO	
MAMADI - MOSHIDI SEWELA ROSE	TTE Wits
MATHEKGA MOKGOKONG FORTUN	ATE Wits
MATOBA NKATEKO PORTIA	
NARAYAN LISHA	Wits
NEL STEPHAN	UCT
NEMAVHOLA MUTHUMUNI	Wits
PEERBHAY AHMAD	
SMIT CARLA ALEXANDRA	Wits
STRYDOM MICHELLE	UP
TRIPP JONATHAN LUKE	Wits
VAN DYK BRIGETTE	
VISSER ELIZABETH	

Part I of the Fellowship of the College of **Diagnostic Radiologists of South Africa** FC Rad Diag(SA) Part I

ABOAGYE RICHARD ASOKWA Wits ADKINS THIRUVENIE **BADZHI LUFUNO JESICA BAGRATEE NEELAM** DARISENE MATHABO GLENDA MARISELA DE KORTE LIZE ELLISON QUINN STACEY **GOVENDER LEE-ANN GRABE PAUL JOHAN FRANCOIS** KHAN FAATIMAH **KRYNAUW DANIEL DAVID** LEBELO MATSHEDISO MADINGWANE GAONE MAHARAJ PRASHNEE MAUBA BOKANG MAZHINDU OTILLIA MLAWULI MAPULE PEARL **MVULA STEFANUS** NAIDOO ANDREAS ANAND NDABANKULU ATHENKOSI MIHLALI NGHONYAMA DZUNISANI PARSOO AMAN SEGOBIN RAJSHREE UCT SIHAWU KENEUOE SMITH DAVID HERCULAS STEYN JACQUES-ROBIN SZPYTKO ANTHONY IAN THIRION JAN CHRISTIAAN WRIGHT MATTHEW ALFRED ZUMA NOKUBONGA BUYISIWE

Part I of the Fellowship of the College of Radiation Oncologists of South Africa FC Rad Onc(SA) Part I

FELLER GAL	Wits
MUTUGI PRISCA	US
NAIDOO KAILIN	US
THOMAS BESSY PAYAPPILLY	Wits
WALKER LOUISE STEPHANIE	UKZN

Primary of the Fellowship of the College of Surgeons of South Africa FCS(SA) Primary

AHMED MAAZ ELSHEIKH IDRIS MOHAMED UCT ALJIAIDI NASREEN Wits BARNABAS ELINA NGENDINAOMWA BASHIR AHMED MOHAMED ADEN Wits **BECKETT CLEO LAURA** BOCK GEOZELLE ALMARY **BRINK MAREZA BROMBACHER MICHAEL BROOKS SAVANNAH BUSKES JENIFER** CHAUKE LUCKY CIVUILA CEDRICK CISUAKA DIALE MARABE CATE **DIBONWA BOGOSI** DRYDEN MURRAY EGGERS CARSTEN MARK ERASMUS SURETA FALENI LUYANDA FERREIRA NADIA MARI **FUNIS SAHAR** GAUSE SHUAIB **GOBA COLTRANE NDUMISO GOOSEN EUGENE** GOVENDER REVESH **GWAMANDA MZWANDILE** HAUSIKU RUDOLF MUNANGO **HLOKOHLA YOLISA** HOOSEN MUHAMMED Wits HUSSEIN ABDIFATAH KHADAR JONES MATTHEW NICHOLAS JORDAAN JEAN-JACQUES JOUBERT JEAN-PIERRE **KALIISA HAJRA KALIISA** KATJIVENA TUAZUVIRUA NELIAH **KEKANA LEHLOHONOLO BONGANI** KHUMALO NKOSINATHI **KOEN NICHOLAS** MACHAKA NGWAKWANA MADEDE BOLAN TAKURANEYI MAKADA USAAMA MAKHASANE TIISETSO MAKOLA CORRETTA MASHABA WILLIAM MATHAMBO DUNCAN BRADLOWS MCLEARY DEAN CRAIG MCWILLIAM DALE JAMES WSU MDUNA SIBONGO CYPRIAN MEYLAHN MIRJAM CLARA MLAMBO SULIWE PAMELA **MNQANDI ANELISA**

MOHAMED MOZAMIL MUSA ABDUELGADIR MOHAMED Wits MOHAMMED SAMIH SAIFALDEIN ALI MOODLEY DIVYEN MUDZUNGA KHODANI MUGONI ISRAEL MUNYAI AWELANI REMEMBER MUSA IBRAHIM ELSANOOSI BASHER MUSA UCT NAICKER JOSHUA DWAYNE NAUDÉ JOHANNES JURGENS NAUDE VAN COLLER TOINETTE NETSHIAVHA RINAE RINOLDAH NGUBANE NHLAKANIPHO NTETHELELO MARVELOUS NIEUWENHUYS KRISTIN STACEY NKOSI BANELE TREASURE NKOSI MDUDUZI MALIBONGWE NTANJANA BOYBOY TSHIAMO **NTULI ARON JOHANNES OBISIE-ORLU SHARON NKECHI OMWANSA PATRICIA NYABINGE** PATEL KIRTI PHASHA CHRISTOPHER **PILLAY BRANDON** POTGIETER LEANÉ ADA PRAG NATASHA **RAATH JESSIE-ANN** RAGUNANDAN RIVEN **RAKHAJANE MATLHODI LETTIE ROOTMAN JOLANDI** SENARATHNE GAMLATH RALALAGE **RANDIKA ASELA** SEREBOLO THATO SEVNARAN KAPIL SHIMHANDA NATANGWE TANGI SIBOLILE SHEKUPE MARIA NALITAANDELE SIDIDZHA VHUSANI SINGH NIVEDNA SIYIBANE SIKELELA SONTANGANE LULAMA SONTANGANE **TEFFO ITHUTENG BOITUMELO** THANDUXOLO REGINALD THABETHE THOBELA APHIWE TSHIKOSI RASIVHAGA JOSEPH **TSHIMBIDI GLORIA KANKU** VAN DER WESTHUIZEN STEPHANUS JOHANNES VAN JAARSVELD NAVAN VAN NIEKERK OCKERT TOBIAS WETHERILL ASHLEY WILSON CHERADE REGICELLE WOOLLGAR BRYCE WESLEY YOUSIF ROAA YOUSIF KHALAFALLAH Intermediate of the Fellowship of the **College of Maxillo-Facial and Oral Surgeons of South Africa** FCMFOS(SA) Intermediate

LALUMBE ROFHIWA RUDZANI	Wits
MOTSHOANE BOITUMELO	Wits
MVALA BOYISILE STEPHEN	Wits

Intermediate of the Fellowship **Examination of the College of Neurosurgeons** FC Neurosurg(SA) Intermediate BULABULA JESSE K G DE GOUVEIA MELISSA INES FARINHA HOMEM **GROBLER RUAN** US HATUTALE JASON NATANGUE US Intermediate of the Fellowship of the **College of Orthopaedic Surgeons of South Africa** FC Orth(SA) Intermediate ABADER MUHAMMED IRFAAN Wits BARNES CLAUDETTE SHIRLEY MANDY **BOSMAN CHARL** COETZEE JACQUES DU TOIT JEAN-CLAUDE **ERASMUS ABRAHAM WYNAND** UFS **GAMIELDIEN WAFIQ GREEN NOEL LEWELLYN** HUMAN ANTON LOURENS LEWELE MMATHAPELO MIRANDA MAJIRIJA EDGAR TAFADZWA UCT MKHIZE EMMANUEL UFS MOGANE GIFT MPHO NGXOTA MAKABONGWE NIEUWENHUIZEN EDDIE NYALUNGU MZWANDILE ZONDI **OBERHOLSTER ADRIAAN PETRUS OPPONG VINCENT** UFS PARKER WASEEM

Intermediate of the Fellowship of the College of Otorhinolaryngologists of South Africa FCORL(SA) Intermediate

UKZN

SMU

UP

PEER AHMAD

PEER EBRAHIM

PILLAI KENNETH

WORDSWORTH

REDDY SAIESH RAJH

SEVILLE II EDWIN TEGLI

WEELS NICOLA ACAMA

TCHONKO DIANIA MAGALIE

QWANYAZA WONGALETHU

RACHOENE THABANG THOMO

LEHLOKOA MMATSELENG CHRIS SMU MAHOMED WASIM MOGALE BOITUMELO BALEKANI MZOTO MONDE GODFREY VAN ROOY PIETER JACOBUS UP

Intermediate of the Fellowship of the College of Surgeons of South Africa FCS(SA) Intermediate

AGOMINAB ASIAKTIWEN ROMANUS UCT ALKHANBOULI MOHAMMED ABDULLA SULAIMAN ADWEEH UCT

ALSHEHHI MOHAMED YOUSEF MC	DHAMED
YOUSEF	UCT
AYSEN RAISA	
BARATEDI ONTLAMETSE	Wits
BESTBIER ANELDI	
BLUMENTHAL DALIT	
BOSE HUMPHREY ONTHATILE	UP
BOTHA MIKHAIL ROBERT	
BYEBWA ROGERS BESIGYE	Wits
CHAKRABORTY BODHISATYA	Wits
CHEN JONATHAN	
CHETTY CHHAIL	
DA SILVA FERREIRA DANIEL THOM	
DE FREITAS JUSTIN DAVID DUMAR	
DE HILL PETER	UFS
DU PLESSIS HENDRIK JOHANNES	Wits
GASKELL DREW	
GILES TIMOTHY BARRY	
GROBLER DIRK COETZEE	UFS
KEEN CATHERINE MICA	110
KIES CILLIERS CHRISTIAAN	US
KISTAN DARSHA AVISTHA MABUSELA PHUMZA	UP
MABUSELA PHUMZA MERAFE EDWIN KARABO	UP
MOODLEY CAITLIN	
MOODLEY HEVESHAN	
MOODLET HEVESHAN MOOSA SAAJIDA	
MZIMBA KGOMOTSO CATHERINE S	
NAIDU ESHKILAN	
NANACK JEROME JAMES	UKZN
OJEWOLE ADEBAYO AKINBODE	UNZIN
OLUWADAMILARE	
OJO VICTOR VINING SOJI UNO	Wits
OSMAN YUMNA	VVILO
PIPERIDIS ALEXIA ALIKI	
RAJU SHRIVAAN	
SCHEEPERS I FON DANIEI	
TAMAKO NTSEPENG	
THOMAS NIVEEN JACOB	WSU
VILJOEN FRANCOIS PETRUS	1100
VOSLOO WESLEY ALLAN	SMU
WONDOH PAUL MWINDFKUMA	Wits
	VVILO

DIPLOMA

Diploma in Anaesthetics of the College of Anaesthetists of South Africa DA(SA)

BATOHI SHELAINE BISSBORT CATHRIN JUTTA CARELSE NINA ZEA CELE NOMBUSO DHOODHAT FARZAANA DIBOTELO TSHEPO ITUMELENG UCT ETONU JOSEPH BENEDICT FODO NALEDI LADY FRANCIS JAMES PETER FRANCIS FYNN TRENDLY LEIGHTON GORDON FAYE ANNE **GRABE MELISSA NICOLA** HADEBE SIMPHIWE THEODORAH **HEERAMUN KARISHMA** HLELA QINISILE NOMBUSO SETHABILE JANSEN VAN VUUREN STEPHANUS PETRUS

KAJEE NAZEERAH KUTUMELA MOLEBOGENG ANNATORIA LASEINDE ABISOLA ABODUNDE LWANA SIYAMTHANDA MABASA RENNIE VALENTIA MADIKIZELA ZIZIPHO NOLUTHANDO MADLALA NONSIKELELO BRIDGET MALAPANE TSHEPO JAMES MALEFAHLO EUGENE BALESENG MALOBOLA PHUMZILE PETUNIA MAQOMA PHUMLANI MASHUMU NTEBALENG DANIS MATLOA LERATO MASECHABA MATU NOKUTULA MBELU ALBERT KUTEBUA MEERAN TASKEEN MEERAN MHLONGO LESEGO MAGDELINE MOGOTSI KELEABETSWE ANNA MOYAKE LAZOLA MPHACHOE KAGISO MTSHENGU APHIWE MUKOMA MOLOKO ADELAIDE Wits MUTAMBASERE ABNEL SANDERS MZAZELA MCEBISI ROBERT **MZINYATHI UNATHI** NAICKER AZELE ANNE NAIR SAPHALA NEMAKHAVHANI ZINHLE PRETTY NKABINDE THULASIZWE GIFT NTAMBI LUCY NTSHABELE REABETSWE TSHEGOFATSO PATEL ATIYYA **PILLAY KARUNA REES WAYNE MARK REINECKE HEILDA HELENA** SCHNAUBELT ROMY SEBATI LETLADI JOSEPHINE SEOPA KABELO PHUTI MMACHOENE SHANGE NOKUKHANYA SIBEKO BONGEKILE JINETH SINGH-GANSAN RIONA STEYN SHINENE SUBRAYEN KYLENE TAYOB YAHYAA NASSER TEMPEL ANRI **TSHANGANA LUTHANDO** TSHITANGANO DENGA **TSHIVHENGA ZWIVHUYA TSIME ONALENNA OTLOTLILWE** VAN ASWEGEN BENJAMIN VAN DER MERWE HENRI VAN DYK LIONEL MARC VAN WYNGAARD MARGRIT LYDIA VERMAAK CORNEL VERMEULEN WILLEM JOHANNES CHRISTIAAN VILJOEN PIETER JOHANNES

Diploma in Child Health of the College of Paediatricians of South Africa DCH(SA)

ALLY BILAL MAHMOOD BARRELL JESSICA FRANCIS BYRNE HELEN CLAIRE COETSEE ANINE COETZEE JEANNE DA CRUZ ROXANNE DEELMAN EDEN DLAMINI THABILE HAPPINESS DZIVHANI MUKHETHWA **FATYI XOLISA** HOFSINK CHANDRE HOOLE JANA LEONIE ISMAIL NASEEBA KERSPUY MELISSA CAREN KGATLA PHETHEGO EVELYN KHOSA KHANYISILE VUYA LAALJE RISHAAV LESLIE IFEDOLAPO OLUWAKEMI MANGQOBE NYAMEKA NONDYEBO MASUKU KHANYISILE NTOKOZO MATHAGU SHONISANI TSHETE LEAH MEER AQEELA MEYER MELISSA DELIA MKHWANAZI NOMTHANDAZO PHINDILE MOLOI POLOKO LESEDI MQIKANA MBASAKAZI DUMISA MTHETHWA ZINHLE WITNESS NAMANYANE ANASTACIA CAROLINE NEL ALICIA NELLEMANN ADRIANNE SHAY POTGIETER ELANA RASDIEN UMR SANGWENI LUNGILE S'THOKOZILE TSHIHWELA RHODA ROTSHIDZWA NKHUMELENI WAGENER ILANA

Diploma in Forensic Medicine of the College of Forensic Pathologists of South Africa Dip For Med(SA) Path

BURGESS LARA-MARI	
DE BRUIN ELRINDA	US
ENSLIN JOHANNES	UCT
FOURIE SUSARA CATHERINA	
SMIT MAGDEL	US

Diploma in HIV Management of the College of Family Physicians of South Africa Dip HIV Man(SA)

ALEXANDER ZAYNAB ALI SHAMIM MOHAMED ALLETZHAUSER ARIANNA CABOT BADENHORST LEANE BAM KHANYISILE CONSTANCE BINQELA SIBULELE BODENSTEIN ANDRI ELIZABETH BOLANI TEBOGO PHINDILE BOLITER NICHOLAS MICHAEL BORNMAN WILLÉTE DANIELLE CARLSE SOPHIA CHETTY KHAYAAL CHIWAURA PRISCA CHIYEDZA CILLIERS NALIZE COMLEY SIMON

WSU

DAVIDS BEAUNICE AZEELIA DAVIDS TAAHIRAH DAWOOD TAHIR SALEEM DE KOCK ELISE ANDREA DEPENE KELLY DHILRAJ PRATHNA DHLOMO GUGU NOKUTHULA **DIEDERICKS MIA** DUBE NGONIDZASHE EDWARDS FERNANDA FITCHAT NICOLAS ALLYN FOURIE TAYLA GANI MUBEEN GENESS SHEENA **GIERDIEN NAFEES GINA SIPHIWE** GONGAL KARAN **GOOLAM NADIRAH GORDON NIEKA CALABRIA GRAY THEODORE JOHN GROOM PHILLIPPA ANN GUY SHARON BRONWYN** HAGE SARAH HAGROO ANIKA HAYWARD CHARNE **HIRAMUN ANASHYA** HLAZO APHIWE HORNBY LARA CAITLIN UCT **HUSSEY HANNAH SOPHIA** HUSSEY NADIA THANDI **ISAACS YUMNAH** KABUYA KATHLEEN JOY MURUGI **KAHN YASMIN KAJEE ABUBAKR** UP **KALIDAS SHAISTA** KLEINSMITH FARREN CHANEL KOEKEMOER JEANNE-MARIE **KOOVERJEE SHANEEN KUBE MELISSA** LAMONT ASHLEIGH LEISHER JASON CLOUD LINDEQUE MEGAN MAHAKOE LERATO PAULINAH MAHLANGU PAMELA PHUMZILE MAITIN MAMAFORA MARION MAKAULULE BOITUMELO PALESA MARAIS DEWALD MARTIN NICOLE TARYN MASETI-NONGXA AMVUYELE ANN MASHILE TEBOGO MBOTHO SLINDILE DIANAH **MEINTJES DANIELLE** MHLONGO NGCEBO SIMPHIWE MITHA YUSUF MOGAGABE LEBOGANG NTALE MOGASHOA THATO GIDEON MOHLALA TSHEGOFATSO RONNY MOODLEY SIDONIA MORAKALADI CHOENE ARTHUR MOTLHAEDI GAOLATLHE MOYLE JANET MOYLE MPOYI MUSANGU BENOIT MUPONDA BLESSING KUDAKWASH UL/SMU MUSSON LAUREN ANN MZOBE LINDELWA CEBOLAKHE

NAIDOO SARANYA NAIDOO TERISHA NAIR SHANAL NAUSHIN LAMISA NGAMBU NOLUVO QUEENVIOLA NGANTWENI VUSI NGWENYA MITA NGWEYI KINDA GRACE NXUMALO SABATA PENELOPE **OBERHOLZER MARGARETHA OBONYO BRIDGETTE AYO PILLAI VISHNU** PILLAY KYLE POTGIETER EMILY RUTH HOWES PRICE JESSICA QUADRI SADEEQ AKANDE **RAVGEE AKSHAY RAVGEE REDDY DIVAANI** REETSANG LEBOGANG AUDREEN **ROMANINI TAMARA** SAIA CARMEN KARINA DE MELO SANTANA MICHAEL ANTHONY SCHROEDER GUIDO HEINRICH SEETSI KEABETSWE MPHO SENGO NOMAWETHU CONSTANCE SEROLE KEBOILE CHRISTOPHER SHAHIM DANIEL MICHAEL SHAIK DILSHAD SMITH TAMRYN ANN SONDAY NAWHAAL SOSSEN BIANCA LAUREN STAGGIE NIKLO PEDRO STEYN MINETTE **TAHIRA ATIQA** TAYLOR JESSICA HOLLYE THOMBRAYIL ASHINI ELIZABETH **KURUVILLA** TROMP JANINE LEE VAN DER LINDE LINETTE VAN DER WALT CELDRI VAN NIEKERK LOUW BRENDON VAN RULER RUAAN VAN WYK BENNO VAN ZYL LIZA VILJOEN VANESSA LENÉ VON KLEMPERER ALEXANDER RALPH VOS ILENE WILLIAMS CAITLIN JOY WILLIAMS KELLY WOOD MICHAEL THEMBA

Diploma in Internal Medicine of the College of Physicians of South Africa Dip Int Med(SA)

US

ADAMS NIEL BLOMERUS EMILIA BROWNE PETA-ANNE CAMPBELL DEENADAYALU DARSHAN KUMAR DUKHI NETISHA EREBOR OSAHON DANIEL FECHTER LUDWIG REINHARD HUSSAIN MOHAMMED YUSUF KAINDUME ANNA-LIISA KHOSA MIKATEKO CAIN KLEYNHANS MARICKE MOOLA HUSNA MURINDAGOMO ALBERT TICHAONA UCT NAYAGER TANESHA NDZINISA SAKHILE SIMPHIWE RAMPARSAD KARMISHTA SHAIK DAWOOD MEHTAAB SINGH NELIKSHA SMITH CARL THOBANE TLOU ADAM ZIMU XOLANI PELICAN

Diploma in Obstetrics of the College of Obstetricians and Gynaecologists of South Africa Dip Obst(SA)

BANDERKER ZEENAT BUKASA TSHIBANGU PATRICK CHOSHI LINAH RAESETJA **DINGLE LOUISE ANN** DLAMINI AMANDA MITCHELLE GOBODO MILEKA ANDISIWE KAMBUMA NICKY BIMANSHA KAMBUMA KAZADI MUKADI MAKHELE MMATHABO THUTO MASILELA SIKHALO GODFREY MATHEW PINKY MIYA NELILE PEARL MOGALA MOBANDO MOKOBODI THABISO FILTON MOLOI THABISO MPOTULO QAQAMBA NELUSHI VUSANI JACOLINE NKASHAMA TSHIBANGU PIERRE UFS **ODENDAAL FRIEDA HERMIEN OOSTHUIZEN MYLENNIE VERNE** PATHER ODIELLE JOYLYN RAMOLOBENG MMAKITANA CAROLINE SELOANE MMAKAU ANDRIES STURROCK RICHARD CHARLES TOFFAR NABEELAH **TSOKE GLEN** UFS TYESHANI KUPHA TEMBELA VALENTINE CHRISWELL VAN WYK JANNEKE VISSER JACOBA MARGARETHA

Diploma in Ophthalmology of the College of Ophthalmologists of South Africa Dip Ophth(SA)

ALASHHAB ZAKARIA UCT HOLMBERG DANIEL JAMES JANZEN LOUIS PIETER JASSAT NASREEN KAPUTU SHARON KRIEL JAN FREDERIK NTSOANE MPHO MAMPHOKO NYATHIKAZI-MCHUNU LUNGILE IDAH

Diploma in Primary Emergency Care of the College of Emergency Medicine of South Africa Dip PEC(SA)

ADEN ZEINAB ABDIRASHID AHMED

ANTHONISSEN CHRISTO VAN ZYL **BENJAMIN YAEL BLOEMSTEIN ILSE BOSMAN E'DUAN DE WET BRAZIER KATIE GRACE BURTON BIANCA JADE** CILLIERS ROBYN LEE COLEMAN JOHANNES LODEWYK MEYER COMBRINCK LIZERI COOKE-TONNESEN ALEXANDRA LOREN DE WET PETRUS ARNOLDUS DOOKUN ASHNEIL WILLIAM DOS SANTOS ALESSANDRE DU PLESSIS LOURENS MARTINIS DU TOIT JEANIE ELLIOTT-STOOP AMY ENEANYA IKECHUKWU AFAMEFUNA FORTUIN DEVON JUANE GEDDIE DUVAL GRAY GOLDSCHAGG DAVID LOUIS BENNET **GOMES TARYN** HENNING IGNATIUS WILHELM HOOSEN-SABLAY SHABNAM HORN OLGA HUDSON KEANAN RUBEN JOHNSON CHLOE QUINN JONES JO-ANNE COLLEEN

KHONJE VANESSA KINGWILL LARA KATE KWON MO SE LE ROUX JASON LEONARD LIVANOS MICHELLE MAHARAJ SOVANA MASI EVIN ONYAMBU MBOMBO BONKE MBOTHO SLINDILE DIANAH MC ELHENNY DANIKA MHLANGA DANAI LLOYD MITCHELL PETER JOHN MOODLEY SANUSHA MUMBO LEONARD OKOTH MURRAY MATTHEW MICHAEL MUSYOKA ANGELA NDEBELE NGCEBO NEL ANNEMI OATES AIMEE MARIE **OCHARI KEVIN NYACHIEO OOSTENBRINK RUAN OWEN ROSS** PARKER GEENA STUART PARKER MOHAMMED YUSUF PARRISH JULIA ROBYN **RAMSEY-MARAIS STACEY**

RELICH HANNAH REMLEY ANGELIQUE ANTOINETTE SCIOLLA FIORENZO ANDREA SIMPSON CHANNE THOMAS KIRSTEN VAN DER MERWE OLIVEREEN DOROTHEA VAN HUYSSTEEN GEMMA VAN TONDER ANGELIQUE VIEIRA JUSTIN ANDREW WANJEMA JEAN GATHONI WRIGHT STEPHANIE JANE

By Peer Review

Prof Leanne Sykes *College of Dentistry*

Prof Niel Wood College of Dentistry

Prof Phumzile Hlongwa College of Dentistry

List of Successful Candidates September 2022

FELLOWSHIP

Fellowship of the College of Anaesthetists of South Africa FCA(SA)

ALSENOSY RADHEY ALZAROOK M	US
AMEEN YASMIN	WSU
BENAKOVIC IRIS	UP
BOTHA NATALIE	Wits
CHAUKE-MADONSELA SPHIWE EUN	ICE UP
CHIU CHIAN-JIA EDEN	UCT
DESAI SHAINAL	Wits
DUNCAN LLOYD RAY	Wits
DURGAPERSADH RIVASH	WSU
GOVENDER KUSHAL	Wits
GOVENDER VENESHREE	UFS
HENDRICKS FAAIDHA	US
ISAACS MARIAM	UCT
KIBIRIGE JEMIMAH REBECCA ALICE	
TENDO NAMUGGA	US
KIELTY PATRICK	Wits
LINDT RUTH JENNILEE	US
LOMBARD THEODI RENE	UP

I OUW WILLEM ANDRIES NIENABER	R US
	Wits
MAMETJA KGOTHATSO AUDREY	UP
ΜΑΝΤΙ ΑΚΑ ΤΗΟΖΑΜΑ	WSU
MAPODILE CONSTANCE MASEOKE	
DITEBOGO	UKZN
MATHEW ROBIN GEORGE	WSU
MATHEWS CHARISS POLANI	US
MGOQO NONDWE	Wits
MNGOMA OCTAVIA GCINILE	UKZN
MONCHWE TEBOGO BENEDICT	Wits
NAOBEB JUANITA BLOMMETJIE	UCT
NEETHLING COLETTE	UCT
NGEMA LORRAINE SIPHIWE	Wits
NHLAPO KHAYA SANDILE	UCT
NIBE ZIBELE	Wits
NOMATHOLE YOLANDA	WSU
NOOR MOHAMED AYESHA	Wits
RAS WILLEM ABRAHAM PRINSLOO	UCT
RODOLO BUHLE	UKZN
SITHOLE PROSPERITY ANNA	Wits
SMITH ALLISON	SMU
SUKWANA ABONGILE	WSU
SYMONS MEAGAN	UP
TAUTE CATHARINA ELIZABETH	UFS

TLHAKE TUMISANG ELIZABETH VENTER NADINE WIUM ANJA YOUNG MATTHEW JEREMIAH SITAN	UP Wits SMU DA UCT
Fellowship of the College of Cardiothoracic Surgeons of South A FC Cardio(SA)	Africa
KIM JINYONG NAIDOO SASHELIN	US US
Fellowship of the College of Clinica Pharmacologists of South Africa FC Clin Pharm(SA)	I
MPOFU REPHAIM THANDANANI	UCT
Fellowship of the College of Dermatologists of South Africa FC Derm(SA)	
AMBONDO NDAPEWA NDAPANDA TAATSU	US

GALLO JUSTINE CHARMAINE	US
GRAY NICOLA ANNE KONYANA STEPHEN PUMELELE PUM	US //LANI
	WSU
MAKURU MOLIKUOA HARRIET	UFS
MALINGA ZENA NONKULULEKO	UP
MASUKA JOSIAH TATENDA	UKZN
MKHIZE NOMZAMO PHUMLA	UP
PARKAR SAMINA	US
ZITHA EDDY MHLAVA	UCT
Fellowship of the College of Emerg	ency
Medicine of South Africa	
FCEM(SA)	
DAUSAB GAUDENCIA FLORENCE	US
DUNN CORNELLE	UCT
KORDA TESSA	Wits
MBANGA KEDIBONE	UCT
MEYER KIRBY FIONA	US
MORROW JAMES JOHN	Wits
NAIDOO AMANDA	UP
TRIBELHORN SOPHIA	Wits
Part A of the Final of the Fellowship of	of the
College of Family Physicians of Sout	h Africa
FCFP(SA) Final Part A	
BHEMBE NOMUZI HETHER	SMU
BAHIER BAHIER MASUD BAHEIR	UCT
DICKS HEATHER NOLENE	UKZN
EDET ANIEKAN	Wits
HEESE JOHANNES FRIEDRICH	UP
JANSEN ROSA	UCT
LOCKETT MARSHALL BRANDAN	US
MOELETSI WANDA MOKGOBO	SMU
NEKHUMBE TENDANI	SMU
PANDELANI FUNEKA FAITH	SMU
PROFITT LUKE BRIAN	UCT
SHAKU THAGASHU SAMUEL	UP
SINGH TASHNEE	UKZN
TANJOUR MAZEN	UCT
THABA TEBOGO	SMU
TSHIBEYA MBUYI ROLAND	Wits
VAN DER LINDE MEGHAN TAHNEE	US
Fellowship of the College of Family	
Physicians of South Africa	
FCFP(SA)	
BADAT ZAKARIYA	UKZN
FOUCHE JANI	US
MATHOSE TASUNUNGURWA TABITH	
NAIDOO KARTIK SARVASS	US
ORTEL RANDALL SHANE	UCT
PROFITT LUKE BRIAN	UCT
STEYN JOHANNES HERMANUS	US
VAN DER LINDE MEGHAN TAHNEE	US
VAN DER WESTHUIZEN NICOLAAS	110
WILHELMUS	US

Fellowship of the College of Forensic **Pathologists of South Africa** FC For Path(SA) UFS APLENI BANE COOK TRACY LEANNE UCT JACOBS SHAWN US **OLIVIER SAXONY** UKZN Fellowship of the College of Neurologists of South Africa FC Neurol(SA) **BEHRENS-VAN TONDER CARIN MARETHA** UFS GROENEWALD KAROLIEN ELIZABETH US UP NGELE BONGANI BRILLIANT NNAEMEKA LYNESHREE UP NONGOGO AVUMILE US TSHABALALA THEMBA BHEKANI SMU Fellowship of the College of **Neurosurgeons of South Africa** FC Neurosurg(SA) **GROSHI ABDALLAH GROSHI MANSUR** UKZN HASHEELA TOIVO USKO N. Foreign UCT HINA THEMBANI SANDISO UWC LUBASI MANYANDO MABASO SIPHO NTUTHUKO UP UP RADEBE VUSIMUZI Fellowship of the College of Nuclear **Physicians of South Africa** FCNP(SA) **REED JANET DENISE** UP Fellowship of the College of Obstetricians and Gynaecologists of South Africa FCOG(SA)

AKPAKAN AKANIMO EFFIONG	UCT
ALWAKWAK ASMA AHMED E.	US
ANEMANA GILBERT	WSU
APOLLOS CAYLIN PIA	US
BAFFOUR-DUAH KENNEDY	Wits
CHANDIPOSHA MARTIN	Foreign
CHUENE SEKEDI YVETTE	Wits
DIKGALE BUSISIWE MORARE	UP
INTUMU LOLOBO FREDDY	UP
JAHN GERALDINE	UP
JOOMRATEE MOUBIIN	Wits
KAMBA NGUNZA	WSU
KHAN ZEENAT LENINA	Wits
MADIKIZELA LUVUYO	WSU
MANSOOR FARHANA	UCT
MANSOOR FATHIMA	UCT
MASEKO PEARL	Wits
MASIYE NDALUZA	UCT
MAVA THANDEKILE GOODMAN	WSU
MAYIBENYE MAWANDE	WSU
MDLALOSE NTUTHUKO	UKZN

MHLONGO SANELE ELVIS	UKZN
MOTAU TUMELO NGAKA	Wits
MOTEANE KARABO CAVIN	Wits
MOYO NJAYA BRUCE	Wits
MUPOMBWA RICHARD	Foreign
NASHANDI HELENA MUNINGENIN	AWAUCT
NDLOVU SANDILE VINCENT	SMU
NDLOVU SINEGUGU AVELILE	Wits
NGUBANE SIPHELELE LUCKY	UKZN
NKONZO YONELA	WSU
OLUJOBI VICTOR OLUROTIMI ADI	US
RAMCHARITUR VEDISHSINGH	UKZN
RATSHABEDI PHUTI KHOMOTSO	Wits
SEWMUNGAL PAYAL	UKZN
SHABALALA ESMON MAKHOSON	KE UKZN
SHEETEKELA FILIPPUS ELAGO	Wits
SIQANA MONGEZI JAMES	Wits
SITHOLE SHANE KING	UKZN
SIVEREGI AMON	UCT
SODO-MBOTYA VIWE	WSU
STORM MICHAEL SERVAAS	Wits
VAN ROOYEN DONEE	US

Fellowship of the College of Ophthalmologists of South Africa FC Ophth(SA)

ABDOOLA FAHEEMA	UKZN
ANDERSON CRAIG DEAN	Wits
BAKUNZI MUHIRE JOEL	SMU
DAYIMANI ANELE SONGEZO	WSU
DE JAGER WIHAN HENDRIK	Wits
ENGELBRECHT ALMER	Wits
KRUGER HESTER	Wits
MASHEGO COMFORT TEBOGO	UP
MOFOKENG THABISO	Wits
THERON YOLANDE MARYNA	UCT

Fellowship of the College of Orthopaedic Surgeons of South Africa FC Orth(SA)

ABDULLAHI ABBAS OMAR	UCT
ALMEIDA PETER RICHARD	Wits
ARAKKAL ASHLEY THOMPSON	UCT
BLANKSON BENJAMIN HAYFRON	UCT
COETZEE KAYLEM PAUL	WSU
DAOUB MOHAMED SALEM	UCT
FOSTER MATTHEW	Wits
FOXCROFT WILLIAM DONNAVAN	US
GREY JAN-PETRUS	US
HATTINGH CHERISE	UP
KRIEL RENIER	US
MAKHANYA LETHOKUHLE	UFS
MAKWELA JAN TSHEDISO	UP
MBODLA THABO GIBSON	UKZN
MWOYOFIRI JEPHTA	Wits
MZAMO SOLOMZI	UKZN
NANSOOK ADISHA	UKZN
NDINDWA BAYANDA BUPHELO	UCT
NGEMA YENZIWE LINDA	Wits
PHILLIAS STANLEY COMFORT	UP
PHONELA SIZWE MFANVELILE	
HANJAHANJA	UP

UP

VENTER ONIDA

SIKHAULI KHULISO	SMU	MAOTO-MOKOTE ANGELA KATLEGO
STRYDOM SVEN	UP	THAMANG
TINK SCOTT COLIN JOHN	Wits	MARAIS YOLANDI ANNE
VAN HEERDEN JASON PETER	WSU	MATHABA MARGARET MASALA
WESSELS JOSEPH DANIEL	Wits	MCCREE KEVIN
WILLEMSE DONOVAN STEVEN	US	MUZENDA SOLOMON
WILLEWISE DONOVAN STEVEN	03	PILLAY LUSELA
Fellowship of the College of		VILJOEN NANDI
Otorhinolaryngologists of South Af	rica	
FCORL(SA)		Fellowship of the College of Patholog
		of South Africa - Chemical
MOLOKOMME THOBILE SARAH	Wits	FC Path(SA) Chem
MOYO CHARLES	UCT	
MUKHTAR ABDIWAHAB ABDIRAHMA	AN US	GCINGCA THANDO ANELE
VAN STADEN SAREL LOMBAARD	WSU	ROSSOUW HELGARD MULLER
		SIMELA TANDEKILE NELIA
Fellowship of the College of		XIMBI SINAZO
Paediatricians of South Africa		XIMDI SINAZO
		Fallowship of the College of Datholes
FC Paed(SA)		Fellowship of the College of Patholog
		of South Africa - Clinical Pathology
BABU NEETHU ESTHER	Wits	FC Path(SA) Clin
BROWNE BRADLEY	UCT	
BUKHA BABILI NLINGILI	Wits	NAIDOO NASHEEN
BUTHELEZI PRISCILLA ZUZIWE	UKZN	UUYUNI LAVINIA
CERFONTYNE TAMMY ANDREAS	WSU	WILDING BRADLEY THOMAS
CHARLTON ROBYN	Wits	
DUBE THOKOZANI STHEMBISO CYRIL		Fellowship of the College of Patholog
ERASMUS EMILIE	Wits	of South Africa - Haematology
GRAY MEGHANN	Wits	FC Path(SA) Haem
HADEBE THOBEKA ZAMAHLUBI	UKZN	To Fath(SA) Hach
	••••	
KALWEO DORIS NKATHA	Wits	GANTANA ETHAN JAMES
MAKANGALA YOLANDA VUYOKAZI	UCT	HARIPERSADH REOLA
MAKHWARENE MPHO MELINKHOV	UCT	LOHLUN ROBERT KINGSLEY
MARAFUNGANA NEZISWA	UKZN	
MTIMKULU XOLA KARUNGI	UKZN	Fellowship of the College of Patholog
MULAUDZI RITSHIDZE	Wits	of South Africa - Microbiology
NDLOVU NOKUBONGA NOMFUNDO	UKZN	FC Path(SA) Micro
NOMPUKANE BABALWA	WSU	
PETERSEN MISHKAH	UCT	CHU CHUN YAT
RAMANENZHE THIEMULI	SMU	JANSE VAN RENSBURG ESTIAN
SELELA MPOKELENG	UKZN	LE ROUX ABRAHAM JOZUA
SULLIVAN AUDREY	US	MOODLEY MAHAVISHNU MORGAN
THAMAE KOENA IDLETTE MATHAHA		NTSOANE RAMATHETJE VIRGINIA
VENKATASU CHANTAL	SMU	OVERMEYER AMANDA JULIA
WANNENBURG ELZETTE	Wits	RASHOPOLE MAITE SIESTA
		VAN DER WESTHUIZEN CLINTON
Fellowship of the College of Paedia	tric	
Surgeons of South Africa		Fellowship of the College of Patholog
FC Paed Surg(SA)		of South Africa - Virology
		FC Path(SA) Viro
GOVENDER YASHLIN	UKZN	
LUTHULI LULAMA	UP	MAPHUMULO SINDISWA SPHIWOKUH
MAZOMBE JOHNSON TAKURANARV	VO UP	SAMKELE
MBONISWENI AKHONA	UCT	
MORULANA TAKALANI GIDION	SMU	Fellowship of the College of Physicia
RABUTLA MASHOTO RODNEY	SMU	South Africa
RADUILA MASHUTU RUDNET	31010	
		FCP(SA)
Fellowship of the College of Pathol	ogists	
of South Africa - Anatomical		ALLY RAIHAAN MAHMOOD
FC Path(SA) Anat		ANOPUECHI-CLARKSON VIVIAN
		AKUOMA
DUNCAN JANE ELEANOR	UFS	BISHOP LEESA ANNE
ISMAIL ABDULLAH	Wits	BRUCE ROBYN HELEN
LIKUMBO SAMUEL GUSTO PETRO	UCT	BUCKLEY ALEXANDRA

NG	UCT	GEBE NCEBA
S YOLANDI ANNE	US	GUMEDE PURITTY LUNGILE
BA MARGARET MASALA	Wits	HARIPARSAD NIRVAN
EKEVIN	US	JACOBS HANRI
		KHOSA MIKATEKO CAIN
IDA SOLOMON	UFS	
LUSELA	Wits	KONDLO BAFO
IN NANDI	UWC	LABUSCHAGNE ROBYN-BRO
		LEE-JONES SCOTT GARETH
ship of the College of Patho	logists	MABOBO NDUMBWE PAUL
th Africa - Chemical		
h(SA) Chem		MANDISODZA KUDAKWASHE
		MANKGELE MAHLATSE
CA THANDO ANELE	UCT	MATANDA RUTENDO
UW HELGARD MULLER	UP	MATSEVYCH SVITLANA
A TANDEKILE NELIA	-	MAWIRE OBEY
	SMU	MC MILLAN BRIGID
SINAZO	UP	MOYA ZANELE RUTH
ship of the College of Patho	logists	MPESI PATRICK JR
th Africa - Clinical Pathology	v	MVUDI ALAIN NZUZI
h(SA) Clin	·	NAIDOO BRADLEY
		NKUMANE SIPHELELE MEMC
		NTAKA KHULASANDE LISO S
O NASHEEN	US	RAMSAMY TYRAL DEAN
II LAVINIA	US	SABELA THOLAKELE
IG BRADLEY THOMAS	Wits	
		SADHAI PRABASH
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MASEKO RODNEY MCEBO	UP
MOKGOKONG PEKWANE RICHARD	UP
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MUWEZWA THABOKGONE	Wits
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	UCT
RAMDASS SUNAINA	UP
SLAVE ONEILE	UP Wits
SLAVE ONEILE SULIMAN IMRAAN	UP
SLAVE ONEILE SULIMAN IMRAAN TCHATAT MBAKOP NELLY CAROLE	UP Wits Wits
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COCCIA CECILIA BEATRICE IRENE	UCT	Sub-specialty Certificate in Nephro	logy of	MMUSI LEBOGANG MIRRIAM	Wits
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Cert Gastroenterology(SA) Surg		LEAHY SHANNON	Wits	Sub-specialty Certificate in Traum	а
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ZIAEI YALDA ZIAEI	UCT	KHUWELDI MOHAMED AMER AHME	-	SHANGASE THOBEKILE NOMCEBO	UKZN
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Gynaecological Oncology of the Co		STELLA	UCT	Surgery of the College of Surgeon	
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Cert ID(SA) Paed		Sub-specialty Certificate in		Part I of the Fellowship of the Colle Anaesthetists of South Africa	egeor
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		Cert Paediatric Neurology(SA)		AKOONJEE FAHEMA	US
Sub-specialty Certificate in Infecti Diseases of the College of Physicia		MBATHA BONGIWE PATRICIA	UKZN	ALBERTS ANDRIES NICOLAAS	
South Africa	IIS OT	NASRELDIEN ALI ELSIR MUSA	UNZIN	ANTWI AMMA AKYIAA ARCHER LEANDRI	
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Cert Maternal and Fetal Medicine(SA)	the College of Physicians of South A		PERANDONAKIS	
		Cert Pulmonology(SA) Phys		CURTIS TATUM TAMARA	UKZN
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EMANUEL SHAUNAGH ANNE MASIKARA MBAAKANYI KRIS MATHURE MUHAMMAD WAKEEL US PADAYACHI THANISHIYA SMIT CARINE VON ZEUNER LINDA

Diploma in Anaesthetics of the College of Anaesthetists of South Africa DA(SA)

ANGULA TEOPOLINA POLUULOYE **BAILEY LAURICA BECHAN AKRUTHI BHABHA FATIMA BRYANT MICHELLE ANNE COWIE JAY** DAVIDS KHUMISO YADA UCT DAVIDSON KERRYN LEIGH DAVIDSON DAVIES LLEWELLYN GWYNFOR DAYAL KISHAN DLAMINI BULELA SIPHUMELELE DLAMINI MLUNGISELELI NJABULO DOCRAT YAHYA CASSIM DOMAH KARISHMA KRISHEN DU PREEZ ENRIQUE DUDUKAY KAJOL SABHA EDDIE THABO **ERASMUS STEPHAN WICUS** EVANS CAREL JAMES WYNDHAM FAIR CHANE FUNG RENISHA GERMISHUYS LOUIS GOUWS **GOBILE MBULELO** GOUVEIA DYLAN WADE PEREIRA **GOVENDER MERUSHA** GOVORE AUXILIA TINOTENDA HAHNLE LINA HARIPARSAD SELONA HASHIM SAMEENAH HENDRICKS MUGAMMAD-AMEEN HLAOLE MPHO ALICE HORN OLGA **IDICULLA ABRAHAM** ISMAIL WASEEM JAMA YAMKELA OKO JANSE VAN RENSBURG ESAIAS JIYANE NOZIPHO NTOMBIKAYISE **KAURAISA CHARLOTTE FRANCIS** KHUMALO PHINDILE KHUMALO SIPHESIHLE SITHOBILE LEGAE TSHOLOFELO HOPE LENONG TUMISO LESEGO MESHACK LIN CHIAO-TING LIVANOS RORY MABASO HLENGIWE ELIZABETH PRECIOUS

MABOVULA SANDISIWE MAGAGULA SANELE MPHAKAMISENI MAGAKWE DIKELEDI DOLLY MAHOWA SIPHOKAZI SANDRA MAJOMBOZI DUMISANI MAMBA SITHEMBILE PORTIA MANJRA KHADEEJA MANTHATA LAMPSHE EDWARD MAPHUTHUMA LEBOGANG MARGARET MARAIS JUSTIN MASAKUSI PANASHE MASHATHINI MUSHE JUSTIN MATHEBULA RUTH MATSETELA PHUTI BRUCE MBATHA PRECIOUS NTOMBIFUTHI MDLALOSE NKOSINATHI THABISO MNGUNI NOMALUNGELO NTANDOYENKOSI MOHAN JITHIN ZACHARIAH MOKONE MAMONGALI BELINA MOLEPO NGOANAMATHIBA MANTE THIBBY MOOLA AYESHA MOSEHLE THATO THELMA MOSTERT MICHELLE JEAN **MSUTU SIPHOSIHLE** MTHABINE XIKOMBISO SHRINE MYENI BONGANE MILTON NAIDOO NICOLE NDABA SIMPHIWE NDADZA MUKONDELELI NDLAZI NHLAKANIPHO VUYANI NGATJIZEKO VETANGA ELFRIEDE NOGELA TOBELA NOPPE ELNE NSUNGUMADI MIKOKA JEROME NTENGO AYANDA ZAKHE NTWANAMBI ODWA ARCHIBALD PANOURGIAS NIKOLAS GEORGE PAPO MOTHEPANA ELIZABETH PARAK ABDUR RAHMAAN YUSUFF PARKER CRAIG THOMAS PATEL MIHIR PEER NABEELA MUBASHIRA PIERCE NICOLLE PILLAY DAMONE DARRION POWELL MICHAELA PROWLING MEGAN ELOISE **RACKSTRAW JENNIFER SARAH** RAMGOOLAM PRIYANKA RAUTENBACH MARIUS **RESANDT DEMI MICHELLE ROBERTSON KIERA CAITLIN ROBINSON JORDAN DAVID** RUDMAN BYRON MONTGOMERY SAMBO LEA SANYAOLU OLUMIDE OLADIMEJI SHIRTO STEPHANIE TRISTAN SIBANDA KHETHIWE ZINHLE SIYO NANZI SUREYA STEINHAUS NICOLA STEPHANIE SWART MICHELLE LEANNE TANJOUR MAZEN UCT **TERBLANCHE HENDRIK PIERRE**

THOBEJANE BEN KGORO THOMAS KIRSTEN TIKANA SANDISIWE ZINTLE UDHO MALONA VAN DYK MARDE VAN RENSBURG ROBERT MICHAEL WALLJEE AAMIRAH LAYLAA WILSON JEAN-MARI WITTS-HEWINSON FABIENNE CATHERINE YENI PHUMELELE PRECIOUS YOUNG CHAD ZIDANA LEONE GOODSON ZULU AKHONA ZUNGU THANDEKA PEARL

Diploma in Child Health of the College of Paediatricians of South Africa DCH(SA)

ADAMS RAZANA ADEGOKE OLANREWAJU KAZEEM AKOO NASREEN ANNOR CORDELLE ABENA SERWAA ARUMUGAM TIYARA AYODELE OLUWAKOLAFIWE JOY BAIOCCHI DANIELLA ROBYN **BEST SARAH JANE BOLANI TEBOGO PHINDILE BOODHIA URISHA BORNMAN WILLÉTE DANIELLE BRISTOW SARAH-MAY CERFONTYNE MICHELLE ROSE** CHELLAN ETHAN LEE CHOKO MBALI NOSISA **CLASSEN LEE-ANNE DAVIES GENNÉ LYNNE** DE VILLIERS TYLER **DEWEY GEORGIA DLAKIYA SISANDA** DUBA GIVEN MDUDUZI EDGCUMBE HANNAH **ELOFF CLARINDI** FUTCHER KERRYN COURTNEY GOGO LELETHU HOBBS ABIGAIL ROSE JOUBERT ANJA-CATHARINE **KALLA ANNELI-ETUNA** KANDOMBO NDILIMEKE NANDIGOLO GUNDJILENI KHOLOANE KELE **KITCHIN CAROLYN SIAN KLEINBOOI MONIQUE** KOEKEMOER MATTHEW JOHN LESOLLE-EMEKAKO CONSTANCE MOSWANAE MAGAGULA OLGAR KAKANANA MAKADA USAAMA MAKGALENG MOTLATLE NICOLE MAKGETLA MEIKIE MELISSA MAKHEMA IPELENG MAMABOLO MASEILANE ANNELINE **MBULI THOBILE**

MCKENZIE CARLA MEACHIN SAMANTHA ASHLEY MOODLEY CHEYANNE MOSES BRONWEN MTHOMBENI PAMELA PRUDENCE PORTIA MYENI NOKWETHEMBA MPENDULO NANANGA LINDA NCEMBU MASIZA NEMBUDANI MASINDI NGHILUKILWA HILENI NDAPUNIKWA NGUBENI PERCEVERENCE NOMTHANDAZO NKATLO LERATO NKOSI PEARL LINDOKUHLE JESSIE PHILIP ASHLEY PORE MUEEN QUMA NAKISA YOWERI **RAEDANI NYADZANI ANNAH** RAMPERSAD SIYAH ROBERTS DILLON CRAIG **ROMAN CHARLOTTE** SCHOEMAN ERNST SCHOEMAN STEPHANUS PETRUS SEBOPA KARABO MMAPITSO SHAKU LOTANANG PRINCESS SHEIK KHADEEJAH SHEZI NOLUTHANDO SILINDILE SINGH DIA SWIEL THANDI **TSITSI DIDINTLE** VAN STRATEN HELINZA

Diploma in Forensic Medicine of the College of Forensic Pathologists of South Africa Dip For Med(SA) Clin Path

SAM TRISTAN BRANDON JOHN

Diploma in Forensic Medicine of the College of Forensic Pathologists of South Africa Dip for Med(SA) Path

BADANA MALACHIA	SMU
JWANKIE PHYLLIS	
MASHIYA BUSISIWE REBECCA	SMU
NKWENYANE MTHOKOZISI CYPRIAN	
VAN DER MERWE SUZAHN	UCT
VISSER XENA SHEVANNE	

Diploma in HIV Management of the College of Family Physicians of South Africa Dip HIV Man(SA)

ALEXANDER ANDREA ARNOLD ROBYN ASPELING RHODENE AUGUST AZANDE BARTLEMAN JOHANN WELMAN BERKENFELD KATE RUTH BEZUIDENHOUT SIMON JURGENS BHORAT FATHIMA ISMAIL BOSMAN LAUREN **BRINK NICHOLAS BRIAN BUCKLAND CAROLINE MEGAN BUDELI THABELO** CATTELL CAITLIN PATRICIA CHIKTE NAZIAH CLOETE DANIELLE COLLOTY JAMIE LOUISE CORLETT JESSICA LEIGH COTCHOBOS NICHOLAS ALEXANDER D'ALTON JERRARD GRANT DARTCHIEV DENIS DAYA SAHII DEENADAYALU SACHIN KUMAR DIAS DYLAN CHRISTOPHER DICK KELLY ANDREA DOCRAT EESAA CASSIM DOMBO PEPUKAI DU TOIT TESSA DULLABH NISHAL ANIL DUNN NICOLE EDKINS LIA FRANCES ELOFF JENNIFER ROSE ENGELBRECHT NICOLAAS JACOBUS ETTANG ENWONGO FISHER CAMERON JOHN FRANS CINDY FRONEMAN INGRID GALLANT EL-MAREE KAYE **GANIJEE ITHRA IJAZ GELDENHUYS HENDRIK CHRISTOFFEL** GOVIND EKTHA MUKESH **GROENEWALD LEANE GWEBITYALA APHIWE** HARRIES-DÜVEL SHANNON HARRYPRASADH DILKASH HARYPURSAT SHIRAZ HASSIM HAJIRA HASSIM RADIYYAH HERBST JOHANNES PETRUS HEWER CHERALYN LAUREN HOOSAIN MUHAMMAD IRFAAN HUISAMEN TAMZYN-JADE HUNT ROBERT CAMERON JACOB GEORGE HYERA GLORIA EMMY JACOBS KAYLA SARAH JACOBS KRISTEN LUCY JUNGBAHADUR EVASHNEE KALIDEEN AVIKA KARAPPIAN CHLOE PRIYANKA KASU MUTSAI LAURA PEARL **KENNEDY LUCA KEW LINDSAY ROBYN** KGWEDI HLOMPHO ROSETTE KHAN FATIMA KHOLOANE KELE **KIZA MZOMHLE** KNOETZEN MONIQUE LAMPRECHT ANNEMARIE SUSAN LAMPRECHT JACO SHEPPARD LEBOTSE-PHETLHE PRECIOUS TSHIMOLOGO LEWIS RUTH ROSALIND

LI WAN PO KENN JEREMY MABENA THABISO MAXWELL MABUKE MUELELWA HELLEN MACEKISWAYO SINOMBONGO MACHIN KIRSTI MAFULU MUNDENDE YVES MAGANO ORATILE CLAIRE MAHOMED ISMAIL WASEEM MAKUBALO WONGALETU MANGA AKSHAY MANGOZHO TINOTENDA FLORENCE MASHABA KHANYISILE PHILLIPINE MASHAMAITE NOKULUNGA FORTUNATE MEIRING MARISSA **MEYER CARINA** MGUMANE SISIPHO MHLONGO WANDILE MOENG KEITUMETSE BRIDGID BELOVED SMU MOHOLE NTSIKI NORA MOHSAM YASIN MOKGELE NTEBALENG ADELICE MOOLA HUSNA MOYO MAZVITA MSOMI YOLISWA MTHEMBU MBALENHLE PORTIA MUNGANGA NDUA MUNYATI RUTENDO SASHA MUREMI HENNY REFILWE MUTAFYA JAMES NSOFWA MYENI NQOBILE FIKILE MZILA VUSANI PRAISEWORTH NAGIAH DEANDRA DANIELLE NALLA NABEELAH NELLEMANN ADRIANNE SHAY NKADO NNEDIMA RUTH IJEOMA NKALISHANE THEMBINKOSI GREATERMAN NKANI THABISA PHILA NOOR VAZIRNA SEFORA LUISA DA ROCHA NTAPU ALIZIWE TABISA NYUNDU NOMAKHOSI OCTOBER TIA **OLLIVRY ANGELIQUE MARIE MONIQUE** OLOYEDE SULAIMON OLALEKAN PADARATH KERILLYN PANDEY GALIMA PARKER MOHAMMED YUSUF PARKER TASNEEM PARKER UZAIR PATHER SHOWEN PETERSON CHENÉ LOUISE **PILLAY THASHNI** POLLOCK JESSICA JANE POOLE LOREN KATE POTGIETER ELANA POTGIETER JOHANE POULTON ROXANNE CANDICE PRETORIUS PAUL-MARTIN **QWESHA VUYELWA QUINIE RAJIN RONELLE RAMCHARETHAR SHARMIKA RAMLALL ARYESH BHARAT**

RAMOOLLA BOTLE RAWOOT ISHTIYAAQ ALLIE REYNEKE SANMARIE ROBERTSON BRONWYN CLAIRE **ROCHE STEPHANIE MARIE ROSEN ALLAN RYKLIEF LAYLAH** SALLIE TASNIM ALLEWEYA SCHALL PAUL HERMAN SCHULENKOWSKI MICHAL SEAN SEBOTHOMA MASHIANOKE FAITH SEDIE HABAFELE TIMOTHY MOLAHLEGI SEEDAT CHIRAAG SEEDAT WASEEM MOHAMMED ALI SEKHOKOANE CARLOTA MPHO SEKHUKHUNE MMABATHO SEMATLE KHUMO OFENTSE SETLABA MOHALE PETROCELLI SETZER ADAM MEIR SHAIK SABIHA SIMMADARI SARAH BIANCA SOBRATEE NADJA SHAHADA SOORIAMOORTHY SEHNDEN SOUTHEY RICHARD GRAY SPELLER BIANCA CARMENITA SPIES RUAN STEENKAMP GERHARD SURDUT SAMUEL PERES SUTCLIFFE CAITLIN GEORGIA SWATSON GLADYS ABA TAYLOR ANGELIQUE **TEIXEIRA MIGUEL JOSE TSAI BETH SHIN-TYAN** TUBB MARCO LUIS VAZ PINTO **TULSI JUHI** UHRICH ROBERT KLAUS VAN AARDE CARISSA VAN DER MERWE JANEY VAN DER MERWE MICHELLE DALENA VAN DER WESTHUIZEN ANANJA VAN DER WESTHUIZEN CHLOE LARA VAN STADEN ANN MARLYN VAN STADEN BRETT VAN TONDER TAMMI LEIGH VAN WYNGAARDT YERMA **VENTER JUANITA** UP VENTER ONIDA VERMAAK JASON VERMAAK MARIE-LOUISE WALKER BENJAMIN WALTON JAYDE WESSELS EMMA UNA WOERMANN NINA CHARLOTTE YERUSHALMY DAVID PINCHAS ZONDI MZIWANDILE GENESIS

Diploma in Internal Medicine of the College of Physicians of South Africa Dip Int Med(SA)

ASIN HERNANDEZ ALBA IRIS BEYERS BRIAN DEON **BOOYSEN FRANCIN** CHANDERBALLY TARIQSHA NAND JAKOET MISHQA LESUDI MMAKWATA MABASO LINDELANI EXPERIENCE MASHABA BRIDGET PORTIA MATHUMBU TLANGELANI MATHURA NISHKA MC GLADE ETHAN MKUNDIZA BLESSINGS UCT MOSTERT JURIE WYNAND MOUMAKWA RAMATSIMANA VICTOR NANABHAY MUHAMMAD YUSUF PEREZ MONSERRAT LILIBET SAMBO KGOTSO LAWRENCE SMIT CORNELIS JOHANNES (NEELS) SNYMAN ANDREA SUMMERS CLAUDIA JEAN VAN DER MEER CARIEN VARLEY JULIANA WOLPE AVROHOM

Diploma in Mental Health of the College of Psychiatrists of South Africa DMH(SA)

ACKERBERG TARYN SIMONE AFRICA CHIARA ADRIENNE AFRICA ROBYN **BEEKA KIM TAMMY BRAITHWAITE KATE BUTAU INDIRA ASANDA NOLUSINDISO** CADER MUNEEB CELE NOMPILO WENDY CHUMA BELLA ADOLIN **COOVADIA NASEEHA** DLAMINI NOMPUMELELO M. DOCKRAT SHAMIMA DU PLESSIS KELLY DU TOIT NICOLAI PIERRE UP FRONEMAN SALOME GANGAT ASIF **GIBBS KAYLA ASHLEIGH** JACOBSBERG JUSTIN MARC JENETO AVUYILE QHAWEKAZI PRECIUS **KABA EILEEN KATIGA** KAMBUZUMA PAIDAMOYO FAUSTINA KOSSMANN LAILA MARIANNE LANDMAN JOHANNA HELENA CHRISTINA LIEBENBERG MARITZ LUKHAIMANE RENDANI MABASO PALESA CRECENCIA MADLALA BONGEKA NGIPHIWE MAGAGULA NONCEDO TIHLELILE MAHAMBA BEVUYA MANAIWA NEO MAZWI KGOKONG MBONA PHILILE SINDISWA MCHUNU KELETSO KAREN MELAKECO DINEO MITHA YUSUF MKIZE SARAH GUGULETHU THOBEKILE

MOKOENA THABISO PETRUS MOODLEY MESHAYLEN MORUWE TSHOLOFELO SURPRISE MOSTERT ELISCA MOTHOA TEBATSO MMAMOGOWANE MPHAHLELE REFILWE MOHUBE MPHUTHI KATLEHO PETUNIA MPUMLWANA AWONGWE ACA MULUTSI MORAKANE ORORISENG MUSIA OMPHA MPHO NADVI SYED FAIZAN NAIDOO DHAVINA NDAYA RICHARD TSHIBENGABU NDIMANE MAMELLO EMILY NDOU THENDO MIYDOH **NELUFHANGANI ZWONAKA NETSHIFHEFHE FULUFHELO** NGUBELANGA NANDISA NIEUWOUDT WILHELM DU BOIS NKOSI LWANDILE SIBUSISIWE NZUZA LWAZILWENKOSI LOTSHIWE OLDWADGE TAMSYN **OLIVIER RUSHDA** PADIACHY JANANISHKA PHALEDI VALENTIA PRETORIUS CINDY ROSE RABANYE LERATO ERETIA RAWOOT ISMAIL ALLIE **REDDY SATHYANARAYANA** PEETHAMBARAM **RIEKERT HEINRICH JOHAN** SCHAUP ADRIAN-ARTHUR SENIOR SAMANTHA SEWPERSADH AHALYA WSU SIJADU VUYISEKA SINGH VIRAKSHA STRAUSS SEUGNET THEODOSIOU CIARA THISANI THANDILE **TROSKIE PAULA NAVA** VERMAAS RHYS ZULU NONTOKOZO NKOSIYAPHA

Diploma in Obstetrics of the College of Obstetricians and Gynaecologists of South Africa Dip Obst(SA)

AMWELE NANCY NDEMUNYENGWA BALOYI MAKHANANI BANKS RYAN TIMOTHY BOPAPE RICHARD RAKAU BRIJLALL KAAJAL BRIJLALL SHIVEN BUDWEG XINXAN SEBASTIAN CHETTY RENUGA DEVI DU PLOOY CARA EPEKWA MOKOKO CADY GARCIA HERNANDEZ ANGELINO RAMON HOOSAIN FARHANA JABAAR QUDSIYYAH

JOOSSAB NASEERA **KIBAMBE CHRISTIAN KAPILA** MACLEAN NICOLE ASHLEY MANELI NOBULALI MAQUTYWA YAMKELA EMIHLE MASEBELANGA MONTSHOFENTSE SMU RATSHENG MAYALO ZIYABUKWA AVIWE MAZUMDER ABU MOHAMMAD HASAN MBILI SIBUSISO BRIGHT MUFAMADI LETHABO PATRICIA MWEHU KAYUMBA TRESOR NANGOMBE NDAMWENA AUNE TANGI HELENA NGWENYA PRIDE ZAMANTIMANDE NIIPARE MARTHA NAMUTENYA TSHASIMANA MARIA NKOSI LINDOKUHLE MEMORY NQWENISO PHUMLANI NZAMA ZIPHOZINHLE GOODENOUGH **PALAMULENI TADALA** PARKER UZMA ZAINAB PITSE KATLEGO HARRIETTE PITSO KOPANO SHARON PITT JAMES PRASAD RESHMA PULLEN MELISSA FAYE RADEBE NELILE BRIGHTNESS **REDDY SELENA** SABUA SULU SERGE SABUA SURENDRAN-NAIR SUNEEJ **TENZA CHWAYITA** TJITEMISA FIFI SCARANA KAKURAA TRUTER ANIZE GIDEONI VAN DER BYL DEAN VAN NIEKERK LOUW BRENDON VILJOEN VANESSA LENÉ ZUIDEMA EMMA ZUIDEMA ZULU LINDOKUHLE PRAISEWORTH

Diploma in Ophthalmology of the College of Ophthalmologists of South Africa Dip Ophth(SA)

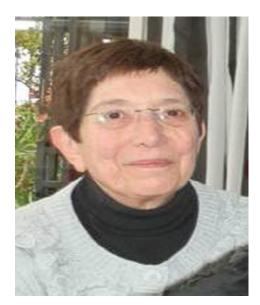
CHEN PEI-CHI ELS DANIEL ROSSOUW KHAREL KUSUM LE ROUX JACQUES MICHAEL LOHLUN LAUREN CAITLIN DOMINIQUE MALLABONE ANASTASIA SHAUNE MOTLATLA PITSI ERIC NDLOVU NORMAN SINGH VERUSHKA TAIT SORIKA

Diploma in Primary Emergency Care of the College of Emergency Medicine of South Africa Dip PEC(SA)

ABRAHAMS FATIEMA

ALLI MUHAMMED ALLIE ZAID ANDERSON CAYLEY HEATHER **BELL CHRISTOPHER JAMES BURKE MEGAN DE JAGER SUZELLE JACOLINE DE KLERK CHARNE** DONNELLY TAMSYN-LEE DREYER ANIEN ROUX DREYER INGRID DU TOIT JOHANNES PETRUS FI AD SIVAN FITCHAT NICOLAS ALLYN FLOWERDAY CLAIRE AMY GABIER RUQAYA GERICKE AIMEE **GRAMONEY NANDINI** HARIPERSAD PRANAV JACOBS ANNA LORRAINE JANSEN ANLEO LEE-JAY JANSEN VAN VUUREN STEPHANUS PETRUS JAYKARAN YOVANNA JONAS VIWE KO CHIEN-YI KOTIAH KAYLIN CHANTAL LABUSCHAGNÉ PETRUS GERHARDUS LING TRACEY JANE LOGHDEY NITHAAR AHMED MAHARAJ NIKHIL MAINA EDWARD ERNEST MARAIS JANI MAYER ROBYN JOYCE MOHAMED LUQMAAN MOLLER HENDRIK JACOBUS NARAIN SAMONE MIRANDA NDHLOVU NOBUHLE MICHELLE NFI IMKF O'REILLY MATTHEW JARRID PERUMAL ADRIAN POTGIETER WILLEM JOHANNES JURGENS **QUIRKE SINEAD** ROGERS CHESLIN **RUBAB HINA** RUGUNANAN MEEREN SEBASTIAN JESSICA ANNE SOOBADER MOHAMMED ASHEEQ SORENSEN BJORN SZPYTKO ANTHONY IAN TSHIMANGA TSHABA DIEUDONNE TYLER BRONWYN CHERISSE VAN DER WALT ALEXA MICHÉL VAN DER WESTHUIZEN THENELL VAN WYK BENNO VAN WYK JANRI VAN ZYL LIZA VENTER WERNER VON SCHLICHTING HANKO WILMAR YOSE ZIZO

Obituary Professor Norma Phyllis Saxe 4th April 1935 – 5th November 2021



Professor Norma Phyllis Saxe

Norma Saxe was born in Cape Town and grew up in Oranjezicht, the second of 4 daughters. She attended the good Hope Seminary, where she excelled academically and was also an outstanding musician. She retained her passion for music all her life.

Norma obtained her MBChB at UCT in 1957 and membership of the Faculty of Dermatology of the South African College of Medicine in 1970, with commendation in her part I examination.

After qualifying as a dermatologist, she trained further in Dermatopathology, working in Cape Town, London and New York, and retaining a life-long enthusiasm for dermatopathology.

In her private life, Norma was blessed by a very happy marriage to Basil Jaffe, who was instrumental in founding the College of Family Practice in South Africa. The couple shared a commitment to the human rights movement, a deep love of music and art and an active engagement with the environment of the Western Cape, all of which they shared with their children, Anthony and Suzanne (Suki). Tragically, Anthony died as a young man, leaving a deep sense of loss for all in the family.

Norma was the first woman to be appointed as Head of Department of Dermatology at UCT in 1983, serving until 2000, when Professor Gail Todd succeeded her. She was intensely involved in her work, with particular interests in dermatopathology, atopic eczema, melanoma and skin manifestations of systemic disorders.

As head of department, Norma took a great interest in her trainees and young consultants, carrying on the enthusiastic teaching of her predecessor, Walter Gordon, and furthering the registrars' individual careers with insight and personal drive. Many members of her staff appreciated the role she had played in their individual career paths. She particularly tried to encourage women to enter Dermatology and to remain in the workforce. She also recognized the benefit of training dermatology nurses, helping to develop a nurses training course. During her academic career, Norma was recognized by numerous national and international bodies and journals, including:

- 1977: Assistant editor, J of Cutaneous Pathology
- 1981: African representative of International Committee for Dermatopathology
- 1983: Elected to honorary foreign membership of British
 Association of Dermatologists
- 1983: Board of editors of American J Dermatopathology
- 1983: Chairman, later committee member, of the SA Society for medical women
- 1986: Chairman, Academic Committee of Dermatology Society
 of South Africa
- 1991: Member, SHAWCO board
- 2000: Honorary consultant, Dermatology Division, UCT

Norma authored or co-authored a book, Handbook of Dermatology for Primary Care and at least 32 peer-reviewed articles as well as key position papers as follows:

- Position paper on dermatology. Saxe N, Todd G. S Afr Med J. 1995 Sep;85(9):845-6.
- Women doctors wasted. Saxe N, de van Niekerk JP. S Afr Med J. 1979 May 5;55(19):760-2.
- Dermatology in South Africa. Saxe N. Arch Dermatol. 1995 Sep;131(9):1061-2. PMID: 7661609

On retirement from her UCT post in 2000, Norma turned to private practice, finding renewed interest in this form of clinical practice, first at the UCT Lung and Skin Institute and later with colleagues in Claremont. She is very fondly remembered by her patients, her students and her colleagues.

College of Obstetricians and Gynaecologists 2022 The Elimination of Cervical Cancer as a Public Health Problem A Call to Action

Dr P. N. Simelela M.B.ChB. M. Med (Ob Gyn)

Cancer rates are rising globally, and at a staggering rate. Most new cases and deaths are occurring in low- and middle- income countries, where the resources and infrastructure required to prevent and treat malignancies are highly constrained. One of the most common forms of cancer which contributes to high rates of cancer-related death across the globe is cancer of the uterine cervix. Unless we intervene, by 2030 it is predicted that the annual number of new cases of cervical cancer will increase from 570,000 to over 700,000 . During that same period, the annual number of cervical cancer-related deaths will increase from 311,000 to over 400,000. In low- and middle-income countries (LMICs) the incidence and death rates are two to three times higher than in high income countries (HICs). More than 85% of those affected are young, poor, undereducated women of color, who live in the world's poorest countries. Many have young children whose survival, growth and education are subsequently truncated by the premature deaths of their mothers. Few diseases reflect global inequities as much cancer of the cervix.

The ten countries with the world's highest cervical cancer incidence and death rates are in the African region. Worldwide, one out of every five women who dies from cervical cancer resides in Africa . By 2030 that proportion will increase to one out of every three, making Africa the "killing field" of cervical cancer, a disease that is both preventable and curable if detected early and adequately treated. Greater than half the cervical cancer cases in the African region occurs among women living with HIV (WLHV), a subpopulation whose risk of developing cervical cancer is six times greater than their HIV negative counterparts.

Millions of women die needlessly from a wide range of diseases but a death due to cervical cancer must stir up a degree of ethical and moral lapses in our collective conscience as clinicians and global citizens; because there are vaccines to prevent it, the knowledge, and tools necessary to screen and treat its precursors are available, and the expertise to manage it, even when it has spread beyond the confines of the cervix may be limited in some parts of the globe, but there is a strong foundation to build on.

In 2018, in response to this tragedy, the Director-General of the World Health Organization issued a global call to action to Eliminate Cervical Cancer as a Public Health Problem . This was an unusual call in that it brought this highly neglected disease out of the dark corners of our consciousness, to the top of the agenda of the global

health discourse. Although tools to address this neglected disease were available, there was, however, insufficient, or no political will to deal decisively with this preventable cancer. The Global Strategy to Accelerate the Elimination of Cervical Cancer as a Public Health Problem was adopted by the 73rd World Health Assembly (WHA) and launched on November 17, 2020. This was the first time that the global health community committed itself to eliminating a cancer. Even as the world grappled with COVID-19 pandemic, the 194 Member States of the WHA, unanimously agreed that it was time to take the necessary steps to consign cervical cancer to the annals of history.

The Strategy provides the world with a roadmap and takes a lifecourse approach through its focus on the prevention-screeningtreatment continuum, including the neglected aspects of palliative care and survivorship. In addition to being evidence-based, the Strategy emphasizes the huge inequities which exist between high- and low-income countries. The challenges often highlighted as reasons why women in low-resource global settings have higher rates of mortality are not new. Poverty, cultural practices, patriarchy, and stigma are all man-made and thus can be changed, if there is political will, sufficient resources, and genuine engagement with communities., impact is possible. Primary prevention - principally by vaccination with an HPV vaccine - is the first pillar of the Strategy. Governments need to ensure that young girls and boys receive the HPV vaccine prior to sexual debut or by age 15. Although immunization is a known and well adopted health intervention in most communities, access to these lifesaving vaccines still favors wealthy nations. Until recently, the market had been dominated by a duopoly, with only two companies being the main manufacturers. Following the call, more vaccine manufacturers entered the market, and a more robust pipeline of vaccines provides hope that additional companies will come on board. The fight for vaccination is not yet over and much work is needed to address affordability of one of the most expensive vaccines in the world even for countries which benefit from preferred pricing. With an additional three companies expanding the market and stimulating a shift in market dynamics, countries now have more options and leverage to pursue more affordable vaccine prices. Japan, which had curtailed its HPV vaccination due to misinformation, has reinstated its programme, giving millions of girls and boys a chance to live a life free from cervical cancer, penile warts, and other manifestations of HPV infection such as oral cancers in older men, vulvar cancers in adult women and anal cancers in both men and women. More recently, this year eSwatini is now introducing the HPV vaccine, bringing protection to girls in one of the highest burdened countries in the world. In total, approximately 50 countries

introduced HPV vaccinations into their national immunization programmes since the Call to Action in 2018 .

The second pillar, which focuses on screening and treatment of precancerous lesions, is where there is an opportunity to have impact in the medium term. Unfortunately, this is where efforts have been slow, uncoordinated and under resourced. Historically, low- and middle-income countries have had to rely on the use of household vinegar (dilute acetic acid) and the naked eye to determine the presence of precancerous changes on the cervix. As a screening test, this visual inspection with acetic acid (VIA) is inexpensive and has the capacity to identify precancers. However, it is not accurate in distinguishing precancer from more common minor abnormalities, leading to both overtreatment and undertreatment. Advances in artificial intelligence (AI)-driven technologies are being trialed in many sites in sub-Saharan Africa and parts of Asia. Al-driven diagnostics are not the panacea but can significantly leapfrog countries into 21st century diagnostic capability. The use of HPV DNA and mRNA screening technology has already made a huge impact in countries where this technology has been introduced. The high negative predictive value of HPV molecular tests enables providers to confidently advise patients of the need NOT to return for screening for up to five years. This significantly reduces pressure on the healthcare system and enables providers to focus on those clients who have tested HPV positive.

Guided by experts in this specialty, countries are better able to design algorithms that are simple, focused on fast-tracking the client through the process, and providing quick diagnosis and treatment. The ultimate objective is a single visit 'screen and treat' programme, where women are informed about what is going on in their bodies, what the doctors are doing, and the importance of returning for follow up.

Our approach to expanding the footprint of this critical and overdue programme was to find women who had survived this disease and were a living testament to a full, healthy life after a cancer diagnosis. One such group based in Zambia is the Teal Sisters (teal is the color for cervical cancer, much like red is for HIV). Led by Ms Karen Nakawala, a communications specialist, entrepreneur, and cervical cancer survivor herself, the group realized the importance of health literacy, the mental health impact of cervical cancer, and its effect on families. This prompted them to use social media to inform other women about many of the taboos, stigma, and the social isolation experienced by women diagnosed with cervical cancer. In solidarity with one another, the Teal Sisters organize screening campaigns and vaccination drives, and they even offer accompaniment through the referral networks for those who are found positive for cancer.

The power of the advocacy led by the Teal Sisters has demonstrated that when their human right to high quality health services is respected, they are capable of leading, embracing and building sustainable context-specific platforms for dialogue on many of the issues considered as taboo in the community.

The example given to the world by the Teal Sisters has revolutionized and put women's health issues back on the radar of the global health community. More Teal Sisters Chapters will unfold across the African continent as advocacy on this disease and other women's' health issues take centre stage.

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"There is always light. If only we're brave enough to see it. If only we're brave enough to be it."

AMANDA GORMAN

Francois P Fouché Lectureship 2022 Advances in The Management of Tuberculosis of The Spine in South Africa Over The Last 40 Years

Mthunzi Ngcelwane

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TB of the spine is an ancient disease. Evidence of spine involvement has been found in Egyptian mummies dating back to 900 BC. Early Babylonian literature and Chinese writers refer to TB infection.¹ Sir Percival Pott, an English surgeon, first described a case of TB of the spine with kyphotic deformity and paraplegia in 1799.² A century later, a German physician, Dr Robert Koch, isolated the causative organism in 1905. TB of the spine has since also been known as Pott's disease, and TB known as Koch's disease. TB is primarily a pulmonary disease. It spreads by blood stream to other organs. TB of the spine accounts for 50% of all musculoskeletal TB.

This paper is about the advances in the management of TB of the spine in South Africa over the last 40 years. The advances in South Africa are parallel to the advances taking place all over the world and are not unique to South Africa. My interest in reporting on them is that I witnessed all these changes.

I was exposed to the management of TB of the spine very early in my career. As a young medical officer at Cecilia Makiwane Hoapital in Mdantsane, East London, I worked under Mr Jack Addendorff, as that was the title given those days to British -trained surgeons. He was a general surgeon, but the type FP Fouche would have been comfortable to work with as he did more of the orthopaedic surgery in the hospital than his other two colleagues, Dr E Boeke and Dr Colin Lazarus. Dr Lazarus went on to become Professor of Paediatric Surgery at Walter Sisulu University in East London. Colin taught me my first surgical operations.

The medical management of TB of the spine was the same as for pulmonary TB. This consisted of Isoniazid, Streptomycin, Rifampicin and Pyrazinamide daily for three months as an in-patient, then followed up on a long out-patient chemotherapy programme of various periods of time, usually more than a year.

Where surgery was required, the only indication of which was neurologic deficit, it was in the form of transthoracic decompression, radical debridement and fusion as described by Hodgson and Stock in 1956.³ The rib harvested during the surgical approach was used as a spacer in place of the destroyed vertebral body. The patients were kept in bed for 3 months to allow for the bone graft to incorporate.

Jack Adendorff published the results of his management of 333 patients with TB spine at Cecilia Makiwane Hospital and Mount Coke

Hospital, King Williams Town, during the period 1968-1985. He reported that 91.4% of the patients made good neurologic recovery and were able to walk on discharge.⁴

What has changed since that time 40 years ago?

The surgical approach

The surgical approach in Jack Adendorff's patients was an anterior transthoracic or retroperitoneal approach. These patients were often treated in a high care ward after the surgery. Nowadays this would bring a big challenge in the treatment of these patients as high care beds are not readily available. The development of the posterior approaches has been a good advance in our treatment of TB spine. We reported on this procedure in the 2012 Congress of the South African Orthopaedic Association and Ukunda and Lukhele published on this procedure in 2018.⁵ Posterior procedures are not new. Costotransversectomy has been used extensively over the years for drainage of pus. This new procedure allows us not only to drain pus, but to do extensive debridement and decompression, put a structural graft and do posterior instrumentation, all through a posterior-only surgical exposure. We are now able to manage these patients in the ward postoperatively.

The vertebral body spacer

The vertebral spacer used at the time was the iliac crest graft or the rib graft or the fibula graft. The problem with the iliac crest graft was that the curved bone was not suitable for use if one had a long space to fill, like a vertebral body height length. It also soon became unpopular because of donor site morbidity. The rib graft, harvested during the thoracotomy, was quite useful for small spaces that are about the size of a disc height. In 1987 we reported at the SA Orthopaedic Association congress about the fate of the rib graft. We found that whatever kyphosis correction was obtained at surgery, it was lost in a number of patients because of sinking of the graft, fracture of the graft and dislodgement of the graft. In that study we concluded that the rib graft was not adequate to support the thoracic spine.

Reports of vascularized rib graft came through around this time. The idea was that the graft would hypertrophy, decreasing the risk of graft fracture. The procedure was popularized by Dr JA Louw from Kalafong Hospital, University of Pretoria, in his 1989 PhD thesis on 'Anterior vascularized rib pedicle bone graft and posterior osteotomy, instrumentation and fusion in spinal tuberculosis.' In the thesis Dr Louw describes how the rib is harvested with a vascular pedicle, as seen in Fig.1.⁶

The next strong bone that could be used was the fibula. It was not difficult to harvest the autologous fibular graft. The problem with it was that its footprint was much smaller than the endplate of a vertebral body. In a CT study on patients undergoing CT angiogram, Rangongo measured the ratio of the surface area of the end of the middle of the fibula, to the surface area of the vertebral end plate. She found that the fibula graft was adequate in cervical spine and upper thoracic spine. Below that one needed more than three fibula struts to cover the vertebral end plate.⁷

The big breakthrough in the country was the development of the National Tissue Bank in Pretoria under the leadership of Prof Bennie Lindeque. This allowed surgeons to use allografts, which are much stronger than the grafts previously used and could cover the whole surface of the vertebral end plate. The tissue was harvested from donors under very strict international protocols.⁸ Bone from this tissue bank has been used extensively by surgeons in the country. Govender reported on the use of the allograft in TB of the spine, with good incorporation of the allograft.⁹

Various types of metallic vertebral spacers or cages then became available on the market. They are much easier to implant but are prone to loosening if the cage is the type that does not allow one to put bone inside it. Fig 2 shows the intervertebral spacers used over the years.

Posterior stabilization

Jack Addendoff's patients were kept in bed for 3 months, not because of paralysis, but because the grafts tended to dislodge if the patient was allowed to mobilize before it could incorporate.

Procedures that allowed early mobilization of the patient were a great advancement in the treatment of TB of the spine.

Dr JA Louw used a brace, secured with a padlock. This allowed him to mobilize children much earlier.

The first attempts at stabilizing the spine were to use a single rod construct, placed anteriorly. This supplemented with a plaster jacket allowed earlier mobilization of the patient. But real stability came with use of posterior instrumentation. First was the Harrington Rods, later followed by the Luque rectangle. The Luque rectangle was very useful in providing stability but was quite tricky to implant as one had to do multiple flavotomies, with the risk of neurologic injury as one passes the wires under the laminae.

The 'discovery of the pedicle' with the subsequent use of the pedicle in posterior instrumentation was the biggest advance in TB spine surgery.

Boucher first described screw placement in the pedicle in 1959. In 1970, Roy-Camille described that the pedicle was the strongest site accessible posteriorly through which rigid fixation is possible. Many different generations of posterior fixation devises came through, like the Fixateur Externe of Margel in 1977, Steffe plates, Edwardo Luque's system introduced in 1986 and many more as the implants got more commercialized.

The modern systems are much more improved and have enabled us

to use short segment fixation of the spine, allowing us to mobilize the spine within a few days after the surgery. Fig 3 shows the methods used to stabilize the spine over the years in surgery for spine tuberculosis.

Deformity correction

With the combination of anterior decompression, posterior decompression and posterior instrumentation, we have been able in our country to correct the most severe spine deformities caused by TB, a great advancement in the treatment of the devastating complications of this disease. We did not do surgery for deformity correction 40 years ago. Fig 4 is an example of what is achievable in the country in spine deformity correction.

Biopsy

With the discovery of the pedicle came another advancement in the treatment of TB of the spine. As we all know now, lesions that look like TB on XR are not necessarily TB. For that reason, we biopsy all spine lesions. 40 years ago, before the 'discovery' of the pedicle, we used the paraspinal route to biopsy the vertebra. It was safe for lumbar spine up to the T10 vertebra. Proximal to that one risked injury to large vessels. We could therefore not biopsy more proximal lesions percutaneously. The paraspinal route also had a risk of spreading the disease if it was cancer as the needle tract ran outside the compartment. The discovery of the pedicle was very useful in that we could biopsy all thoracic spine lesions percutaneously without fear of spreading the disease.

Diagnosis

40yrs ago we confirmed the diagnosis of TB of the spine by sending tissue for microscopy and culture. The problem is that TB of the spine is a paucibacillary disease. The positivity rate for Z-N stain is as low as 15.5% in spine tissue.¹⁰ Also culture in the traditional Lowenstein-Jensen medium takes as long as 6 weeks.

GeneXpert is a nucleic acid amplification test that tests the rbo region of the TB genome. It was endorsed by the WHO in 2011 as a test for diagnosis of TB. The results are available within 24hrs. In South Africa we started using the test in TB of the spine around this time.¹¹ If the test is positive, it is positive both in the pus or the necrotic bone, so either specimen are good to send for this test.¹⁰ The test has replaced AFB microscopy in the diagnosis of TB of the spine.

We also encounter drug resistance TB in our management of TB of the spine. The incidence in South Africa is estimated at 2-4%.¹² Whole Genome Sequencing is an emerging test that provides a more comprehensive interrogation of the M. tuberculosis genome beyond the rpoB gene.

Used in a clinical setting, the test would be useful for:

- diagnosis of TB, especially differentiate TB from nontuberculous mycobacteria.
- predict resistance, not only to rifampicin, but to all the first-line drugs and some second -line drugs.
- characterizing mutations, for subspecies and lineage identification and surveillance

The method is not yet generally used to diagnose TB in the clinical setting, but big strides are being made towards this end in South Africa, notably by the National Institute for Communicable Diseases.¹³

We have used it in TB of the spine and it helped us to identify infection from non-tuberculous mycobacteria and in diagnosing Multidrug Resistant TB which we found to be at 4.7% in that study.¹⁴ There is no doubt that WGS will eventually get into the clinical space, and all doctors who treat TB, including orthopaedic surgeons will be required to know about it.

Medical management

Chemotherapy is the mainstay of treatment for TB of the spine. Compliance with the treatment protocol has been the main problems with the treatment regimes. Numerous advances have been made to address this:

- Streptomycin a drug administered intramuscularly, was replaced by Rifampicin in the first line treatment drugs.
- A programme for ensuring that patients take medication, called Directly Observed Therapy was introduced in South Africa in 1994 as strategy for effective management of the administration of TB treatment.¹⁵
- The combination of the treatment of the 4 drugs into one tablet, Rifafour. This reduced the number of tablets patients have to take, and thus improves compliance.
- Reduction of the duration of treatment. Jack Addendorff's patients were treated for 18-24months. A great advance has been to reduce this treatment period. Currently the treatment period with adequate drug treatment can be as low as 9 moths.¹⁶ Progress is monitored by regular XR and ESR, but recent advances from this country suggest that PET scan might be a better modality.¹⁷

Further advances in treatment – Host Directed Therapy

The major problem in the treatment of TB is that the duration of treatment is long, leading to poor compliance.

Host-directed therapy (HDTs) is a new and emerging concept where in the treatment of TB, the host response is modulated by various treatments. It is promising to identify effective adjuvants for the treatment of TB. HDTs have gained considerable interest as they target the host immune mechanisms. HDT candidates would include modulators of pathologic inflammation and drugs for maintenance of homeostasis in the cells.

TNF- α : TNF- α : plays a key role in the formation and maintenance of the integrity of the granuloma. Inhibition of TNF- α through inhibitor drugs may be helpful in controlling the disease. It is hoped that introduction of HDTs will reduce the treatment period. A lot of work is being done in this field by scientists in our country.18

Conclusion

The country has made a lot of advances in the management of TB spine over the last 40years. FP Fouche would be very proud of the

progress his countrymen have made in the management of TB spine, a very devastating condition during his time.

Further advances in the management will come from basic scientists, in the field of host directed therapies and whole genome sequencing.

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Fig. 1. Schematic drawing of the harvesting of a vascularized rib graft and a picture of the graft. (From: Louw JA. PhD Thesis.1989. University of Pretoria.)

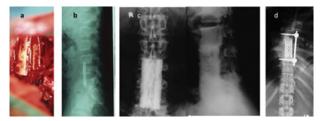


Fig. 2. Type of vertebral spacers used over the years: (a) ilia creast, (b) fibula, (c) allograft, (d) metallic cage+

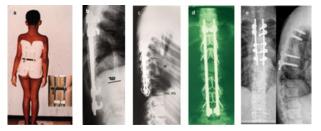


Fig. 3. Spine stabilization methods. (a) custom made jacket with a padlock, (b) Harrington rod, (c) luquerectangle (d) Harri-luque system, (e) pedicle screws and rods



Fig. 4. Spine deformity correction. (Pic courtesy of Prof Lukhele and Dr Ukunda, Wits.)

"Attitude is the 'little' thing that makes a big difference." WINSTON CHURCHILL

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KM Seedat Memorial Lecture 2022 Professional Ethical Issues Encountered During The COVID-19 Pandemic

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"It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair." *Charles Dickens, A Tale of Two Cities*

For many healthcare professionals (HCPs) in South Africa and globally, the COVID-19 pandemic poignantly echoed the sentiments expressed by Dickens above.1 The darkness of death and the vulnerability of the healthcare profession exacerbated a sense of despair and hopelessness. Many HCPs on the frontline were forced to make the most challenging and most courageous decisions in their careers – often involving a choice between who would live and who would die on a scale and at a frequency that was unparalleled. Many paradoxes and conflicts arose in healthcare during the pandemic. Consequently, ethics challenges surfaced in consulting rooms, clinics and hospitals.

Dealing with death and dying at an unprecedented scale

While the exposure of HCPs to COVID-19 was high, the risk that they posed to their family and friends was equally high creating unimaginable feelings of guilt and fear.² In hospitals and clinics, it was impossible to provide treatment to all who required such care. It is unsurprising that many experienced a sense of moral injury while others felt a sense of moral distress. Moral injury is "a type of psychological response that may arise when one transgresses or witnesses another transgress deeply held moral values, or when one feels that an individual or institution that has a duty to provide care has failed to do so".³ The lack of Personal Protective Equipment (PPE) for frontline staff in the early stages of the pandemic contributed to moral injury in many cases.⁴ Moral distress arises when HCPs are unable to carry out their tasks or when they are forced to deny essential and life-saving treatment to a patient due to lack of resources.5 Both moral injury and moral distress impacted on mental health and wellbeing.⁶ During the pandemic the resource limitation crisis extended from a phenomenon familiar in low resource settings to one unknown in high income countries. Globally, HCPs were struggling with triage and fair distribution of resources. Public interest and utilitarian approaches had to be prioritized in the context of a public health emergency. Consequently, individual autonomy was unavoidably limited in many settings. Intensive care units (ICUs) and high care wards were particularly impacted.

Distributive Justice

For health professionals in South Africa, there is nothing new about the struggle to prioritise patients for the allocation of scarce resources or to ensure the fair distribution of limited resources. However, the scale of this challenge was amplified several-fold during the COVID-19 pandemic. The critical shortage of oxygen, ventilators and ICU beds necessitated stringent triage criteria.⁷ Unsurprisingly, this became a source of moral distress for many HCPs. Likewise, vaccine supplies in the early phases of the pandemic were severely limited in South Africa due to global supply inequities.⁸ Those at highest risk, including HCPs, were justifiably prioritized while others had to wait in line until supplies became available.⁹ Beyond distributive justice, other ethical dilemmas arose in the broader sense of public health ethics.

Transitioning from Medical Ethics to Public Health Ethics

"Historically pandemics have forced humans to break with the past and imagine their world anew. This one is no different. It is a portal, a gateway between one world and the next." ¹⁰ (Roy, 2020).

The discipline of public health ethics requires a different approach to decision-making in healthcare.^{11,12} (Moodley Ethics book 2023, Schroder 2014). Throughout the pandemic, difficult trade-offs had to be made between personal liberties and the public good. Despite the pre-pandemic emphasis on respect for individual autonomy, isolation, quarantine, mandatory masking, lockdowns and vaccination required restrictions on individual rights and privileges. Many important public health ethics principles dominated the landscape as individual autonomy had to be limited. Other public health principles such as proportionality, efficiency, social justice, reciprocity and solidarity took precedence.

Compassion Fatigue

Given the constant stress of the pandemic, HCPs, globally, became physically and emotionally exhausted. Consequently, many became less sympathetic towards those who deliberately declined vaccines especially in the absence of a medical contraindication to justify an exemption.¹³ (Moodley, 2021 SAMJ). Thousands of non-COVID-19 patients were deprived of timeous care or access to ICU because critical care units were overrun by non-compliant COVID-19 patients. Ethically complex and logistically challenging decisions had to be made. Equally challenging for many health professionals was the anti-vaxx movement including fellow HCPs who were using social media to discourage the public from taking COVID-19 vaccines.

Conclusion

During the COVID-19 pandemic, we were all casualties of a historic and swiftly accelerating public health crisis that brought familiar and unfamiliar challenges to the health profession.¹⁴ The medical

establishment "has endured a long history of sacrificial expectations, to treat without fear or favour and to serve unconditionally. This lays healthcare professionals open to exploitation by the public and by employers in the public health sector."¹³ The boundaries between duty, exploitation and abuse of the healthcare profession became blurred during the pandemic. This has profound implications for healthcare...beyond the pandemic". As we remain hopeful of the promise of a reimagined future, it is important for the health profession to navigate a gateway to a post-COVID world where we have time to reflect on the challenges of the pandemic and how we can better manage future pandemics.

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"I am an African. I owe my being to the hills and the valleys, the mountains and the glades, the rivers, the deserts, the trees, the flowers, the seas and the ever-changing seasons that define the face of our native land."

THABO MBEKI.

Inaugural Pholela Lecture

Inaugural Phoela Lectureship of the College of Public Health Medicine

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This inaugural Pholela lecture provides background on the Pholela project and community oriented primary care (COPC), their influence on the health system in South Africa to date and presents several challenges and opportunities as the country moves towards Universal Health Coverage (UHC) and a National Health Insurance (NHI) system.

Background

In the 1940s doctors Sydney and Emily Kark established an innovative community-based health service model in the district of Pholela in rural KZN. The Karks were proponents of social medicine which considered health as not just an individual concern, but as part of the health and well-being of the social group or community.^{1,2} The model that they developed became known as Community Oriented Primary Care (COPC), subsequently defined as a "continuous process by which Primary Health Care (PHC) is provided to a defined community on the basis of its assessed health needs by the integration of primary care practice and public health."^{2–4}

Key public health components of the Pholela COPC model were i) the focus on the health of the community as a whole and the relationship between the community's health and individual's health; ii) understanding and addressing the determinants of health particularly the living and working conditions of the community, and iii) the use of epidemiology, one of the disciplinary foundations of public health, as well as social science research methods to diagnose the health status of the community, to identify factors which affected the health of the community, to inform and plan health services and interventions, and to assess these services and interventions.^{2,3}

The project engaged, trained, and supported a multi-disciplinary team of health workers to respond to the community health issues. In addition to health professionals on the team who provided clinical care, key members of the team were the health assistants, recruited from the local community and trained in the project over a two-year period. Each health assistant had responsibility for a number of households which they visited regularly to establish relationships with and to obtain demographic and health status information about each household. This information contributed to a better understanding of each household's health needs and to a 'community diagnosis' which identified the key health problems and needs in the area. The community diagnosis informed health promotion strategies, health service delivery, and special programmes to address the leading causes of disease in the community.⁴

Community participation was important from the commencement of the project, and the team engaged with community leaders to obtain their support and participation in planned activities. They also organised regular engagements with the community to provide feedback and to get their further input.⁴

Documented improvements in community health in Pholela between the 1940's and 1950's included improved infant nutrition and growth and reductions in the incidence of infectious diseases such as syphilis.(4) The Gluckman Commission took note of these successes, and their 1944 recommendations for a National Health System included community health centers (CHC's), modeled on Pholela, as the basic unit of comprehensive service delivery which would cater for all the people in the country.¹ By 1949, 44 CHC's were established around the country to provide a community based primary care service, and a Family and Community Health training institute was established in Durban to equip health workers in the new approach.^{1,5}

This expansion of community based primary care was, however, short lived. After the National Party came to power in 1948 the political and financial support for the Pholela COPC model and the 44 CHC's diminished and by the 1960's the centers had either closed or been converted to limited outpatient curative services.⁵ The prevention and health promotion activities in communities ceased. During this period, South Africa's health system became firmly racially segregated and the hospi-centric focus was further consolidated.⁵ The government also strongly supported the growth of the private health care sector to meet the needs of the growing white middle class. This arrangement persisted for several decades during which most of the population had very limited access to healthcare.⁵⁻⁷

COPC and the birth of PHC

The Karks and other COPC advocates left South Africa by the 1960's and went on to initiate COPC programmes in several other countries in Africa, Israel, and the USA. The growing influence of COPC and other pioneering community health programs in China and India contributed to the development of the PHC movement culminating in the 1978 Alma Ata declaration on PHC.

During the 1970's and 80's civil society organizations in South Africa, influenced by the growing PHC movement, established several community based PHC projects in under-served areas across the country. These coalesced into the National Progressive Primary Health Care Network (NPPHCN) which provided impetus for a renewed focus on PHC in South Africa, and became important sources of information for the 1994 ANC National Health plan which proposed a health system based on the PHC approach.^{8,9} This plan was translated into national policy in the 1997 White Paper on the Transformation of the Health System, and the new government set about restructuring the health system to reduce fragmentation and shift to a unified health system based on comprehensive PHC delivered through a district health system.¹⁰

Much of the attention and resources of the new health administration post 1994 focused on integrating different administrations and expanding access to 'personal' health care by building new clinics and revitalizing hospitals. However, many challenges were encountered in the process of reducing fragmentation and establishing a district health system due to competing political, professional, and financial interests. Human resource challenges included the limited availability of health professionals, their distribution, and the curative orientation of health professions education. The already huge burden of disease was compounded by the growing HIV epidemic, and health had to compete for resources with other governmental priorities. The offshoot was that the process of restructuring the health system became protracted, the focus remained on facility-based care, and the planned health prevention, promotion, and community aspects of PHC were largely not implemented.^{5,11} Many PHC programs closed as external funding was redirected to government and civil society organizations struggled to sustain community-based programmes. 12

Thus, the intentions of ambitious policies and plans for community based PHC were lost in the initial phase of reconstruction of the health system. South Africa was widely criticized for the lack of improvement in health amidst claims that healthcare had in fact deteriorated for the poor in South Africa. In response, Dr Aaron Motsoledi, the newly appointed national health minister, adopted a ten-point plan in 2009 to strengthen PHC, leading to the establishment of a programme for the re-engineering of PHC in 2011 influenced strongly by the Family Health Strategy of PHC in Brazil. One of the three main streams of this new programme was the establishment of ward-based PHC outreach teams (WBOT) consisting of 6- 10 generalist CHW's led by a nurse, to provide community-based health care. The re-engineering of PHC program was initially implemented in 10 pilot districts, some of which reached back in history to draw on the Pholela model of COPC in developing their WBOT's.^{5,13}

Revisiting COPC in South Africa

So, what is the current status of COPC in South Africa? Several NGO led CHW programmes had survived post 1990's, albeit largely as 'vertical' programme support for maternal and child health, HIV or TB care in communities. The national Human Resources for Health strategy reported that there were 54,000 CHW's in the public health system in 2019, representing 47% of the PHC workforce and 22% of the total public health workforce.¹⁴ Many of these CHW's migrated to the WBOT's and of the estimated 7 800 WBOT's needed, 3275 (42%) were reported as active by 2017. ¹⁵ However, the distribution of CHW's and WBOT's varied widely across Provinces, with many teams not including the numbers of CHW's required.^{14,16} Many CHW's from pre-existing NGO programmes were not fit for purpose and needed extensive additional training for a comprehensive PHC approach.¹⁷ A national policy framework and strategy for WBOT's was finalized in 2018, formalizing the roles, scope of practice and relationships of CHWs within the formal health sector. The scope of WBOT's was defined as: - "health promotion, primary prevention of disease, healthy behaviour counselling, treatment adherence counselling, secondary disease prevention through basic screening with appropriate referral and basic therapeutic, rehabilitative and palliative care services to vulnerable communities, in close cooperation with facility-based health practitioners, other government departments, non-governmental organizations, community structures and the private sector."¹⁸

The WBOT policy framework outlined the relationship to the health services, with CHW's reporting to the Outreach Team Leader (OTL) at the health facility, who in turn is accountable to the facility management. It also provides for dedicated support for WBOT's at a District and Provincial level, with quarterly reporting at the National District Health Systems Committee and to the National Health Council.¹⁸

Further developments included the accreditation of a standardized national curriculum for comprehensive CHW training, and the establishment of a CHW unit in the NDoH to provide national guidance and support for WBOT's.¹⁵ The responsibility for designing and implementing the specific WBOT approaches was delegated to provinces, to allow for some flexibility and context appropriate approaches. A key development in response to concerns around the conditions of service and the turnover of the CHW's, was a July 2022 agreement signed between the Social Development Sector Bargaining Council, the NDOH and unions to standardize remuneration of CHW's, work conditions and the scope of work with a view to eventually integrating them into the public sector.

What have we learnt about COPC?

Several systematic reviews of lay or CHW programmes have provided evidence of effectiveness of CHW programmes for maternal and child health, immunization, TB, HIV, and malaria care. 19-21 In addition, randomized controlled trials of home visits by CHW's in urban and rural settings in South Africa reported improvements in selected maternal and neonatal health outcomes. ^{22,23} The only systematic review of COPC to date found limited evidence of effectiveness.24) However, it mainly included studies of COPC education of health professionals, and studies of practice of COPC in communities did not include the full scope of COPC. A quasi-experimental evaluation of COPC in Kenya found broad ranging effects and benefits to antenatal care, health facility deliveries, WASH, food availability, and measles vaccinations.²⁵ A plausibility evaluation of the WBOT's in the Northwest PHC re-engineering pilot site reported improvements in routine indicators for measles immunization coverage, couple year protection and a decrease in severe diarrhea in children under five years of age.26

Important lessons were identified about the implementation of COPC in a scoping review of COPC in Sub Saharan Africa which included 39 studies, 27 of which were from South Africa.²⁷ The importance of governance and leadership was emphasised not just for the establishment of the COPC programs but also for sustaining the programmes. Projects reported a lack of ongoing political commitment, poor cooperation between levels of government, limited intersectoral collaboration, and that managers had a limited understanding and ownership of COPC and exercised a centralized leadership style.

Financing of programs was reported as insufficient to meet the need for CHW salaries, supplies, transport, data management support and supervision. Human resources challenges included insufficient professional nurses to fulfill the role of team leader, which was then fulfilled by enrolled nurses, and retention of CHW's was an ongoing challenge due to tenuous conditions of service with low salaries, part-time employment, uncertain contracts, and absence of benefits. CHW's who had been trained and worked in disease specific programmes often lacked the competencies to provide more comprehensive care which included prevention and health promotion. And management and supportive supervision of CHW programmes was reported as weak.^{17,27}

In delivering WBOT services, clinic staff tended to regard COPC as an additional burden on facility workloads, and there was some resistance to integrating it into the service. CHW's tended to be seen as an extension of the clinic's service rather than having a broader health promotion role in the community. COPC projects also experienced difficulties in routinely collecting quality data, analysing the data, and using it to inform decision making. And CHW's had concerns about the expectations from the community, and whether they would be able to access the kind of support and resources that the community expressed a need for.²⁷

The PHC re-engineering pilot sites conducted several process evaluations, often in collaboration with research and academic institutions, using implementation science approaches creating opportunities for organisational learning and to identify innovations and promising practices. Early starters such as the NorthWest Province provided strong leadership support for WBOT's and used community dialogues to actively engage with communities.²⁸ CHW's in several sites took initiative in working across sectors with environmental health, social services, education, police, and other to address social determinants of health. And sites produced innovative tools including COPC guidelines, training resources and digital tools for routine data collection by WBOT's.²⁹⁻³¹ Although the WBOT's were collecting data linked to the District Health Information System (DHIS), much of this was still paper based and the quality, completeness and utility of the data was poor.³² Findings on the use of digital tools in CHW programmes indicated acceptability of digital devices and held some promise as a solution. ^{30,31} However, much additional preparation will be needed in the light of the broader evidence of CHW projects experiencing numerous difficulties with the use of digital devices. 33,34

Few studies have however conducted evaluations of outcomes or impact of WBOT. A PCAT survey of primary care quality in the context of COPC across four Provinces found that patients scores of the community orientation of services were much lower than the scores of health professionals and managers.³⁵ This suggests that health service staffs may not have a full understanding of requirements of COPC.

Economic evaluations have however provided important findings that WBOT's provided a benefit cost ratio of 3.4, with net savings in the averted clinic and hospital use, ³⁶ and estimates of the overall cost of WBOT's were less than 5% of the total PHC budget.³⁷

During the COVID-19 pandemic CHW's also contributed to the

preparedness and response in South Africa. CHW's assisted with screening and testing in vulnerable communities, and despite having many difficulties with tools, logistics, safety and security, they contributed to increased awareness of COVID-19 in the communities.³⁸ CHW's also assisted with home deliveries of medication for chronic disease patients, thus protecting them from COVID-19 exposures at facilities and assisting in decongesting facilities which were already overwhelmed with COVID-19 patients.^{39,40}

Challenges and opportunities

Many gains have been made in the implementation of COPC over the past decade, but there are several gaps which need require further attention. A particular concern for COPC are governance arrangements, including the roles, responsibility and relationships of different stakeholders in COPC. Community governance and community voice in the South African health system is extremely weak, with few functional health committees or hospital boards.⁴¹⁻⁴³ This limits the responsiveness and accountability of the health system to communities, ultimately impacting on the quality of care.⁴⁴ The governance relationship of WBOT's to communities thus becomes an important opportunity to strengthen community voice in the health system. However, the employment of CHW's within the public health sector addresses, while reducing the insecurity of tenure and lack of a standardised approach, shifts accountability inward to health management and removes any direct accountability of CHW's or WBOT's to the community. Given the rigid nature of internal government bureaucracy, the evolving governance arrangements for WBOT's need to have more flexibility to be responsive to the communities in which they operate.⁴⁵ In particular, the relationships of WBOT's to health committees, organized civil society and elected representatives such as local government councilors need to be explored further to enhance their role in representing the community's health needs.

In order to address the social determinants of health in communities, WBOTs also need to be better equipped and empowered to engage with a range of disciplines and sectors including environment health, local government services, Social Security Agency of South Africa (SASSA) and social development departments, and other sectors involved with basic services in communities. Although the WBOT policy implies that the CHW's will fulfill these roles, the current training and governance arrangements do not enable this function.¹⁵ Beyond governance, the overall readiness of the health system to support COPC is a concern. In terms of financing, although the available costings and cost benefit ratios make a strong case for resourcing the WBOT's, many Provinces are struggling to deliver health care within their current budgets. Strong political commitment and leadership will be needed to ensure sustained and adequate financing of COPC within a constrained budget environment.

From a human resources perspective, the total numbers, distribution, competencies, employment and conditions of service of CHW's are ongoing challenges.¹⁴ Supervision has been weak, with the supervision and support of CHW's in WBOT's largely delegated to enrolled or staff nurses as a result of shortages of professional nurses to fulfill this role.⁴⁶ However, supervision by more junior nurses appears to be less effective in both achieving community acceptance and integration of CHW's within the health system than direct

supervision by more senior nursing staff.⁴⁷ There is a strong case to invest more in nurses, both in numbers and PHC competencies, as they represent 56% of the health workforce and are the core of PHC teams supporting COPC.¹⁴ The role of primary care doctors in COPC has been explored and several higher education institutions have transformed their health professions training to produce practitioners who are competent to work in multidisciplinary PHC teams in support of COPC.^{48,49} A similar focus has not been evident for all disciplines, and health professions organisations, higher education institutions (HEI's) and relevant stakeholders need to be proactive in delivering appropriate competency based training of all health professionals for UHC, including the delivery of COPC.¹⁴ Along with the re-orientation of health professionals to support COPC, the willingness and competence of health managers to support COPC needs more attention.

Lastly, the quality, completeness and integration of COPC data as part of the National Health Information System needs improvement to enable CHW's, OTL's, facility managers and district managers to utilize the data for better planning and management of COPC; and to provide health committees and communities with access to information about their health services. The information is also critical to monitor and evaluate the ongoing implementation and effects of COPC, particularly to assess whether COPC contributes to improving the quality of care, transparency, accountability, responsiveness and health outcomes.

A whole health systems approach to COPC is needed, regarding COPC as a complex adaptive system and not just another project tacked onto the health service. COPC is a dynamic system which interacts with the rest of the health system and with communities and will affect them in ways which may be unpredictable. And similarly, our health system may also shape the existing COPC initiatives in ways which have not been anticipated. The further implementation of COPC should be guided by a whole systems approach, recognising the importance of all its relationships and the need for ongoing engagements with distributed leadership, frontline health providers, end-users, the community and other sectors within the broader society.(28)

Conclusion

The Pholela legacy of COPC has made a strong resurgence in South Africa to become an important component of our health system and the country's commitment to PHC and the achievement of UHC. The public health community, including public health medicine practitioners, researchers and academics have made important contributions to reviving and implementing COPC in SA. There are further opportunities for public health to contribute to the governance, leadership and management of COPC, ensuring sustainable financing, capacity building of the health workforce for COPC, and improving and integrating COPC information systems to improve performance, transparency and accountability of COPC. Ongoing evaluations of COPC are needed, including assessing the quality of care and health outcomes. Further research should identify and test innovations, and models of addressing the social determinants of health through COPC. It's been more than 70 years since the Pholela project, and time we fully implement the social medicine approach within the health system to achieve equity and health for all in South Africa.

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K M BROWSE RESEARCH SCHOLARSHIP

The Scholarship is offered primarily as a Research Scholarship at **neurology registrar**, **senior neurology registrar** or **junior neurology consultant** level. It is the understanding that the research will be undertaken in a Neurology Department in South Africa.

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The guidelines pertaining to the programme can be requested from: Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518 E-mail: evelyn.chetty@cmsa.co.za

JC Coetzee Memorial Lecture 2022 Medical Disorders of Pregnancy

Prof Mergan Naidoo (College of Family Physicians)

Discipline of Family Medicine, School of Nursing and Public Health, University of KwaZulu-Natal

Introduction:

Pregnancy is a physiological process that involves various changes in a woman's body to support the growth and development of a foetus. However, pregnancy can also increase the risk of developing medical disorders affecting both the mother and the foetus. These medical disorders of pregnancy (MDP) can range from mild to severe and have significant consequences if not properly managed. This article will discuss pregnancy's most common medical disorders, their causes, symptoms, and management.

Medical disorders of pregnancy and maternal deaths

The 2017-2019 Saving Mothers Report for South Africa reports on the top four causes of death: non-pregnancy related infection, hypertensive disorders of pregnancy, obstetric haemorrhage and medical and surgical causes.¹ Of concern is medical and surgical causes of death increasing in frequency while other causes have had a downward trend. Hypertensive disorders of pregnancy (HDP) accounted for 20,73 maternal deaths per 100 000 live births in the triennium 2017-2019 compared to 22,26/ 100 000 live births deaths in the triennium 1991-2001. In contrast, medical and surgical disorders (MSD) accounted for 16.91 deaths/100 000 in the triennium 2017-2019 compared to 7,71 deaths/ 100 000 births in the triennium 1999-2001.1 Some of these increases may be accounted for through better notification and evaluation of maternal deaths.

HDP accounted for 590 deaths in the last evaluated triennium, with eclampsia accounting for 275 deaths, preeclampsia with severe features 164 deaths, the HELLP (haemolysis, elevated liver enzymes and low platelet counts) syndrome 96 deaths, chronic hypertension 39 deaths, and liver rupture accounted for 16 deaths. Most (216) deaths occurred in primigravid women, and worryingly 60% of all deaths had avoidable factors.1 Recommendations from the Saving Mothers report included the following:

- Reinforcing contraception as a primary prevention strategy
- Ensuring that communities are made aware of the symptoms of preeclampsia (PreE)
- Ensuring that severe PE and eclampsia be managed at regional or tertiary hospitals.
- Improving professionalism among doctors so that they attend to sick patients immediately.

- Improving post-natal monitoring of ill patients before discharge, especially the heart rate and blood pressure (BP).
- Ensuring that patients presenting to their primary care provider with slight elevations of BP return within three days, and if the BP remains high, these patients must be referred to a high-risk clinic.1

MSD accounted for 481 deaths, of which cardiac, respiratory and central nervous system conditions accounted for 152, 65, and 49 deaths, respectively. Neoplasms and suicide accounted for 43 and 40 deaths. Thirty-six percent of deaths presented in antenatal, and 59% occurred postpartum. Medical care was reported to be suboptimal in 64% of cases. Failure to assess and manage shortness of breath in the antenatal period was reported as a significant problem. Recommendations to prevent deaths due to MSD include:

- Contraceptive advice was again recommended as primary prevention
- Screen women for mental health conditions and gender-based violence at the first ante-natal visit.
- District hospitals must have a high-care area to stabilise women while awaiting transfer.
- Recurrent admissions or persistent abdominal signs need a multidisciplinary approach to management.
- Include MSD in the Essential Steps for Managing Obstetric Emergencies (ESMOE) course.

Warning symptoms and signs during pregnancy

Persistent maternal tachycardia and dyspnoea in pregnancy are two common areas that need special mention. Consider a case of a 23-year-old pregnant woman P1G2 with a previous preterm delivery who had persistent tachycardia during both her antenatal visits. At 18 weeks gestation, she was referred to a district hospital and assessed as a complete miscarriage. Her heart rate (HR) was 110 beats per minute (bpm) but was considered stable. While awaiting medication, she collapsed in the queue. A point-of-care ultrasound (PoCUS) revealed tight mitral stenosis, which was not suspected by the clinicians managing her.² Pregnant women's HR may increase by 10-20 bpm. Persistent abnormal HR of more than 110 bpm requires a careful history, examination and focussed investigations. Pregnancy can unmask underlying conditions such as cardiac disease, endocrine disorders and chronic infections. Causes of persistent tachycardia include anaemia, severe pain, pyrexia, sepsis, hypoxia, shock, cardiac failure or pulmonary oedema, cardiac arrhythmias, hyperthyroidism, thromboembolism and drugs (substance abuse). It is vital that you do not send a pregnant or postpartum woman home while she has persistent tachycardia. Relevant investigations include an electrocardiograph, a chest X-Ray and appropriate blood and/or urine investigations. If the cause is not apparent, refer to a regional hospital specialist for investigations by the multidisciplinary team (MDT).²

Sixty to 75% of pregnant women experience dyspnoea due to physiological changes in pregnancy. It usually starts in the first or early second trimester and worsens in the second trimester but stabilises by the third trimester. Progesterone-induced hyperventilation may occur to meet the increased metabolic demand. It is essential to distinguish between pregnancy-induced hyperventilation and disease. Table 1, obtained from UpToDate, provides a list of common causes of acute dyspnoea.³

Table 1: Differential diagnosis of dyspnoea

HEENT	Neurologic
Angioedema	Stroke
Anaphylaxis	Neuromuscular disease
Pharyngeal infections	Toxic/metabolic
Deep neck infections	Organophosphate poisoning
Foreign body	Salicylate poisoning
Neck trauma	CO poisoning
Chest wall	Toxic ingestion
Rib fractures	Diabetic ketoacidosis
Flail chest	Sepsis
Pulmonary	Anemia
COPD exacerbation	Acute chest syndrome
Asthma exacerbation	Miscellaneous
Pulmonary embolism	Hyperventilation
Pneumothorax	Anxiety
Pulmonary infection	Pneumomediastinum
ARDS	Lung tumor
Pulmonary contusion or other lung injury	Pleural effusion
Hemorrhage	Intra-abdominal process
Cardiac	Ascites
ACS	Pregnancy*
ADHF	Massive obesity*
Flash pulmonary edema	
High output failure	
Cardiomyopathy	
Arrhythmia	
Valvular dysfunction	
Cardiac tamponade	

HEENT: head, eyes, ears, nose, and threat; COPD: chronic obstructive pulmonary disease; ARDS: acute respiratory distress syndrome; ACS: acute coronary syndrome; ADHF: acute decompensated heart failure; CO: carbon monoxide.

*While these conditions do not cause acute dyspnea directly, they can exacerbate symptoms or contribute to other underlying causes.

Source: UpToDate3

Key features suggesting the underlying cause for dyspnoea in pregnancy (DIP) include the following.

- DIP is an isolated finding and presents insidiously
- Suspect pathology if there is: cough, wheeze, fever, tachypnoea, pleuritic or other chest pain, haemoptysis, sputum production, hypoxemia, tachycardia, irregular heart rhythm, or urticaria.
- In the first trimester, the differential diagnosis is similar to nonpregnant patients.
- In trimester three or postpartum: PreE with severe features, peripartum cardiomyopathy, pulmonary or amniotic fluid embolism, and sepsis should be suspected.
- Moderate or severe acute dyspnoea requires prompt evaluation.

When evaluating the DIP, the clinician must ask the following questions:

- Is the patient known to have underlying asthma or other pulmonary disease?
- Is the patient known to have underlying heart disease?
- Did dyspnoea develop acutely? Pulmonary embolism, Acute upper airway obstruction, Spontaneous pneumothorax, Arrhythmia or coronary artery ischemia or dissection.
- Is a new cough present? Respiratory infection, Asthma, Cardiac disorders with pulmonary venous hypertension, Other

causes – pulmonary embolism (PE) or chronic obstructive pulmonary Disease (COPD)

- Is a subacute/chronic cough present? Asthma or gastrooesophageal reflux disease
- Is chest auscultation abnormal? Is there wheezing or crepitations?
- Are pain and/or other symptoms present? PE and tumours
- Did dyspnea present or worsen near term? Suspect peripartum cardiomyopathy
- What medications is the patient taking?
- What is the patient's family, social, and occupational history?
 Suspect occupational-related lung disease; hypersensitivity pneumonitis

Useful investigations that may assist with the evaluation of DIP include

- Chest- X-ray to help diagnose pneumonia, evaluate the cardiac size and see if there are radiological features of PE.
- Electrocardiography
- NT- proBNP to exclude cardiac failure.
- PoCUS to assess for pulmonary hypertension, cardiac failure and deep vein thrombosis.

The D-dimer has no utility in pregnancy.³

Hypertensive Disorders of Pregnancy:

Hypertensive disorders of pregnancy include gestational hypertension, preeclampsia, and eclampsia. These disorders are characterised by high blood pressure and can lead to severe complications such as placental abruption, preterm delivery, and maternal and foetal death. The cause of HDP is not well understood but is believed to be related to abnormalities in the function of the placenta.4 The Ministerial National Committee on Confidential Enquiries into Maternal Deaths in South Africa in 2019 defined various terms related to HDP based on the International Society for the Study of Hypertension in Pregnancy.⁵ Table 2 below defines the various terms used in HDP.

Table 2: Definition of terms in HDP5

Chronic hypertension Hypertension pre-dating pregnancy or diagnosed before 20 weeks gestational age.

White-coat hypertensionElevated office BP levels \geq 140/90 mmHg but normal BP measurements at home.

Gestational hypertension New-onset hypertension after the 20th week of pregnancy

Preeclampsia BP \geq 140/90 mmHg accompanied by proteinuria or evidence of organ

dysfunction after the 20th week of pregnancy.

HELLP syndrome Characterised by haemolysis, elevated liver enzymes and low platelet counts

Risk factors for HDP include the following:

- History of prior PreE,
- Chronic hypertension, diabetes mellitus, antiphospholipid syndrome, systemic lupus erythematous,
- Adverse previous pregnancy outcomes
- The use of assisted reproduction therapies.
- Multiple gestations
- High maternal body mass index (Body mass index (BMI)> 35).6

The prevention of HDP includes providing at least 500mg of elemental

calcium daily to all pregnant women. Aspirin should also be started, ideally from 12-14 weeks gestation, in all women identified as high risk. $^{\rm 6}$

Table 3 provides a helpful guide for investigating patients with HDP.

Table 3: Investigations needed at various antenatal visits6

INVESTIGATION	WHEN	WHY
Urine dipsticks	At every visit	To confirm the presence of proteinuria and make a diagnosis of PE
Serum creatinine	When a diagnosis of essential or gestational HT or PE with no severe features is made	To establish renal damage
Serum haemoglobin and platelets	When a diagnosis of essential or gestational HT or PE with no severe features is made	To confirm intravascular depletion
Ultrasound examination	When a diagnosis of essential or gestational HT or PE with no severe features is made	To establish foetal well being
Protein creatinine ratio (PrCr) or 24 hour urinary protein excretion	When PE with no severe features are diagnosed	To estimate the amount of protein excreted in urine
Urine microscopy, culture and sensitivity	When PE with no severe features are diagnosed	To exclude an alternative cause for the proteinuria
ALT	When PE with no severe features are diagnosed	To confirm liver involvement
Urea and electrolytes, liver function tests, INR, Serum uric acid levels, full blood count, crude clotting time	When PE with severe features are diagnosed	To evaluate organ system involvement. Do not delay transfer waiting for investigations
Arterial blood gas	When pulmonary oedema is suspected	To ascertain need for assisted ventilation
Uterine artery doppler velocimetry	When placental insufficiency is suspected in a patient with HDP	To exclude foetal compromise

The initial assessment of HDP at a primary healthcare (PHC) level is shown in Figure 1.

Figure 1: Assessment and management of HDP at a PHC level6

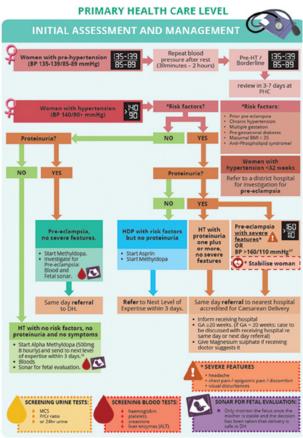


Figure 2 provides a helpful flowchart for management at a district hospital

DISTRICT HOSPITAL (DH) WITH CAESAREAN SECTION CAPABILITY

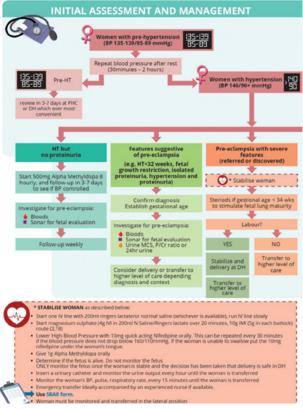


Figure 2: Assessment and management of HDP at a DH level6

Figure 3 provides a helpful guide for managing women at different gestational ages.

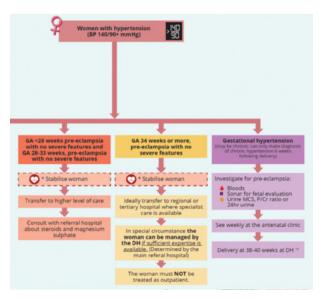


Figure 3: Management of patients with HDP according to gestational age

Management of PreE with severe features:

These patients may present to any facility and require emergency management. They present with headache, epigastric pain, visual disturbances, proteinuria 2+ or more, and BPs greater than 160/110 mmHg. If the patient is at a PHC clinic or a CHC, one member of the team should inform the regional or tertiary referral hospital (RH) while other members stabilise the patient according to the principles of resuscitation based on the Essential Steps in Managing Obstetric Emergencies (ESMOE) which follows a structured approach. An intravenous line of ringers lactate running at 80ml/hour should be commenced. The patient should be loaded with magnesium sulphate 14 grams (4g IVI in 200ml of normal saline over 20 minutes and 10g given) intramuscularly (IMI) - 5g in each buttock).1 The BP may be lowered with 10 mg of oral nifedipine and a stat dose of 1000 mg of oral alpha methyldopa. Emergency transfer to the RH with monitoring by an experienced nurse in transit should occur and the patient must be nursed in the lateral position.⁶

Patients presenting with PreE with severe features at a DH with CD facilities are managed in a similar manner, but some district hospitals have access to intravenous labetalol and this may be used according to the standard protocol. Many women die from injudicious use of excessive fluids so careful monitoring of fluid intake is important with the recommended rate of administration of IVI fluids not exceeding 80mls/hr. Women with a gestational age between 28 and 34 weeks should be given steroids to improve the foetus's lung maturity, especially if delivery is planned within 48 hours. The first dose of steroids should be given at the DH, and the patient should be urgently transferred to the RH.⁶

Anaemia in pregnancy

Anaemia in pregnancy is defined as a haemoglobin (Hb) level less than 11 g/dL or a haematocrit less than 33 percent. Physiologic changes during pregnancy result in dilutional anaemia despite an overall increase in red blood cell mass. Plasma volume increases by 10 to 15 percent in the first trimester, increases quickly until 34 weeks, and then plateaus to term. The total gain at term is approximately 1500 mL. Anaemia is a common medical disorder of pregnancy that can result from a deficiency of iron, folate, or vitamin B12. Iron deficiency is the commonest anaemia in pregnancy. Anaemia can lead to fatigue, weakness, and decreased foetal oxygen delivery.⁷

Causes of anaemia in pregnancy are shown in Table 47

Table 4: Causes for anaemia in pregnancy

RBC size/	Reticuloc	yte count
MCV	Low or normal*	Increased
Microcytic MCV <80 fL	Iron deficiency (late) Anemia of chronic disease/inflammation Sideroblastic anemias	 Thalassemia Hemolysis[¶]
Normocytic MCV 80 to 100 fL	Bleeding (acute) Iron deficiency (carly) Anemia of chronic disease/inflammation Bone marrow suppression (cancer, aplastic anemia, infection) Chronic renal insufficiency Hypothyroldism Hypopituitarism Excess alcohol Copper deficiency/zinc poisoning	Bleeding (with bone marrow recovery) Hemolysis [®] Bone marrow recovery (eg, after infection, vitamin B12 or folate replacement, and/or iron replacement)
Macrocytic MCV >100 fL	Vitamin B12 or folate deficiency Excess alcohol Myelodysplastic syndrome Liver disease Hypothyroidism HIV infection Medications that interfere with nuclear maturation (hydroxyurea, methotreays agents)	 Hemolysis[®] Bone marrow recovery (eg, after infection, vitamin B12 or folate replacement, and/or iron replacement)

Review of the RBC morphology is critical to the assessment of many anemias. Refer to UpToDate for features of specific causes of anemia and discussions of the approach to the patient evaluation.

RBC: red blood cell; MCV: mean corpuscular volume; fL: femtoliters.

* A reticulocyte count in the normal range (especially the lower end of the normal range) may be inappropriately low in an individual with significant anemia and may suggest a component of impaired bone marrow function.

Hemolysis typically is associated with a normal or high MCV. Microcytosis is generally restricted to types of hemolysis with RBC fragmentation. Hemolysis is typically associated with

For the prevention of anaemia in pregnancy, the following is advised.

- Most anaemias in pregnancy are due to Fe deficiency give all women with Hb > 10g/dL ferrous sulphate 200 mg oral daily and folic acid 5 mg oral daily.
- Continue with iron and folic acid supplementation during lactation
- Improve compliance with and absorption of oral iron tablets:
- Encourage honesty about compliance with medication.
- Discourage consumption of soil, charcoal etc.
- Discourage excessive consumption of tea or coffee.
- Use rooibos tea, decaffeinated tea and coffee, water or fruit juice.
- Advise taking iron tablets during meals if side effects are affecting compliance.
- Avoid taking iron tablets at the same time as calcium tablets.⁸

Management of Anaemia

Mild anaemia(Hb= 8-9.9 g/dL)

Administer 200 mg FeSO4(\pm 65 mg elemental iron) three times daily with folic acid 5 mg daily. The Hb is expected to rise by at least 1.5 g/ dL every two weeks. Follow up with all women with less than 36 weeks gestation with a repeat Hb after four weeks. If there is no response at 36 weeks, consider intravenous (IV) iron. Avoid blood transfusion if there are no other complications.⁸

Moderate to severe anaemia (Hb ≤7.9 g/dL)

Investigate the cause at a hospital high-risk clinic. Relevant investigations would include FBC, smear, iron studies, B12, folate, urine microscopy and culture, and a stool sample for occult blood

and parasites. Administer ferrous sulphate 200 mg three times daily, with folic acid 5 mg. If there is no response to oral treatment or if the patient is at 36 weeks, consider IV iron.⁸

Parenteral iron is available as iron sucrose, IV (Venofer) low molecular weight iron dextran, (CosmoFer). Venofer is constituted by mixing 200 mg in 200 mL sodium chloride 0.9% and administered over 30 minutes on alternate days until the total dose has been given. An initial total dose of 600 mg is usually adequate to raise the Hb to acceptable levels. Cosmofer is administered as a single dose. Determine the total dose of iron required (total dose up to 20 mg/kg body weight). Start with a test dose of 25 mg in 100 ml sodium chloride 0.9%, infused over 15 minutes, and observe the patient for one hour. If there is no adverse drug reaction, administer the remaining dose in 500 mL of sodium chloride 0.9% over 4-6 hours. Observe the patient for 1 hour after the infusion.⁸

Blood transfusion is indicated for the following reasons:

- If the Hb is less than 6.0 g/dL or the patient is symptomatic, admit and slowly transfuse 1 unit of packed cells over four to six hours
- If the Hb is less than 8.0 g/dL, and the woman is undergoing an emergency caesarean delivery (CD).
- If the Hb is less than 6.0 g/dL, and the woman is in labour (vaginal delivery anticipated).
- Correct anaemia early with FeSO4 and folate in patients booked for elective CD.8

Hyperemesis Gravidarum

Hyperemesis gravidarum (HG) is a severe form of nausea and vomiting during pregnancy. It affects up to 2% of pregnancies and can lead to dehydration, malnutrition, and weight loss. The cause of HG is not well understood, but it is believed to be related to hormonal changes during pregnancy. The management of HG includes supportive measures such as hydration and nutrition and medications such as antiemetics. Metoclopramide, ondansetron, and promethazine demonstrated equal efficacy in providing symptomatic relief. However, the side effect profile and healthcare costs should also be considered when selecting an option.⁹

Thromboembolic Disorders

Thromboembolic disorders such as deep vein thrombosis (DVT) and pulmonary embolism (PE) are more common during pregnancy due to increased blood clotting factors and decreased blood flow. DVT can occur in the legs and can lead to PE, which can be life-threatening. The management of thromboembolic disorders during pregnancy includes prophylactic measures such as compression stockings and anticoagulation therapy. Low molecular weight heparin can be used at a dose of 1mg/kg bd. Warfarin can be used from the second trimester until 36 weeks gestation.8, 10

Cardiac Disease in Pregnancy

Cardiac disease in pregnancy is increasing, contributing to MSD. It is essential to recognise the condition, stabilise and refer the patient to an appropriate level of expertise. Cardiac failure to peripartum cardiomyopathy is not uncommon in many settings. Table 5 provides a rapid overview of the emergency management of decompensated heart failure. In summary, the acute management of peripartum cardiomyopathy involves the following:

- Provide supplemental oxygen and assisted ventilation as needed
- Optimise the preload

- Provide haemodynamic support with inotropes and vasopressors if required
- Provide relief of symptoms
- When possible, institute chronic therapies that improve longterm outcomes

Table 5: Rapid overview and emergency management of decompensated heart failure¹¹

Diabetes Mellitus in Pregnancy

Differential diagnosis: Fulmonary embolism, acute asthma, pneumonia, noncardiogenic pulmonary edema (eg. a pericardial tamponade or constriction	
Symptoms and signs	
Acute dyspnea, orthopnea, tachypnea, tachycardia, and hypertension are common	
Hypotension reflects severe disease, and arrest may be imminent; assess for inadequate peripheral or end-or	pan perfusion
Accessory muscles are often used to breathe	
Diffuse pulmonary crackles are common; wheezing (cardiac asthma) may be present	
S3 is a specific sign but may not be audible; elevated jugular venous pressure and/or perpheral edema may b	e present
Diagnostic studies	
Obtain ECG: Lock for evidence of ischemia, infarction, arrhythmia (eg, AF), and left ventricular hypertrophy.	
Obtain portable chest radiograph: Look for signs of pulmonary edema, cardiomegaly, alternative diagnoses (e not rule out ADHF.	g, pneumonia); normal radiograph does
Obtain: Complete blood count; cardia: troponin; electrolytes (Na*, K*, CI-, HCO3*); BUN and creatinne; art distress); liver function tests; BNP or NT-proBNP if diagnosis is uncertain.	erial blood gas (if severe respiratory
Perform bedside echocardiography if the cardiac or valvular function is not known.	
Treatment	
Monitor exygen saturation, vital signs, and cardiac rhythm.	
Provide supplemental oxygen if hypoxic (SpO2 <90%), place 2 IV catheters, and position patient upright.	
Provide NIV as needed, unless immediate intubation is required or NIV is otherwise contraindicated; have airw available; etomidate is a good induction agent for RS2 in ADMP.	ay management equipment readily
Initiate diuretic therapy without delay to relieve congestion/fluid overload:	
 Give IV loop duretic furosemide 40 mg IV or torsemide 20 mg IV; or burnetanide 1 mg IV. 	
Higher doses are needed for patients taking diuretics chronically (eg. twice home dose) and in patients is	with renal dysfunction.
Search for cause of ADHF (including: acute coronary syndrome, hypertension, anthythmia, acute aortic or mot renal failure, anemia, or drugs) and treat appropriately.	al regurgitation, aortic dissection, sepsie
Patients with ADHF and AF with rapid ventricular rate often require medication (eg. digoxin) to slow their	r heart rate.
Direct current cardioversion is indicated for patients with new onset AF and hemodynamic instability or in	efractory symptoms despite rate control
Optian immediate cardiac surgery consultation for acute aprilic or mitral regurptation or ascending april-	
For patients with adequate end-organ perfusion (eg. normal or elevated blood pressure) and signs of ADHF with	
If urgent afterload reduction is required, early vasodiator therapy may be needed: Give nitroprusside* If	
regurgitation or acute mitral regurgitation is present; bitrate rapidly to effect (eg, start nitroprusside at 5 minutes as tolerated to a dose range of 5 to 400 mcg/min).	to 10 mog/min and titrate up every 5
 If response to duretics to treat congestion/fluid overload is inadequate, give vasodiator to reduce preio duretic therapy if persistent dyspnes or as a component of therapy in refractory HB and low cardiac out 	
Start neroglycerin* infusion at 5 to 10 mcg/min and Strate every 3 to 5 minutes as needed and tolerate pressure or SBP to a dose range of 10 to 200 mcg/min.	d based upon mean arterial blood
For patients with known systolic HF (eg. documented low ejection fraction) presenting with signs of severe AD chronic beta blocker therapy and:	HF and cardiogenic shock, discontinue
Give an IV inotrope* (eg. dobutamine or milrinone) and/or mechanical support (eg. intraacrtic balloon of	ounter pulsation).
For patients with known diastolic HF (e, preserved systolic function) presenting with signs of severe ADHF and	cardiogenic shock:
 Treat for possible left ventricular outflaw obstruction with a beta blocker. IV fluid (unless pulmonary ede visopressor* (eg, phenylephrine or norepinephrine); do not give an instrope or vasodilutor. Obtain imm 	
 Consider possibility of acute mitral or acitic regurptation, or acitic disection, and need for emergency echocardiogram as needed. 	surgical intervention. Obtain immediate
For patients whose cardiac status is unknown but present with signs of severe ADHF (ie, pulmonary edema) ar	nd hypotension or signs of shock:
 Give an IV instrupe* (eg. dobutame or milmone), with or without an IV vasopressor (eg. norepinephr support (eg. intraaoric balloon counter pulsation); obtain immediate echocardiogram as needed. 	ine) and assess need for mechanical
CG: electrocardiogram; AP: atnal fibrilation; ADHP: acute decompensated heart failure; BUR: blood urea nitroge T-profNP: N-terminal pro-ENP: IV: intravenous; NV: nonnwaive verbilation; RSI: rapid sequence inhibition; S	
Potents receiving vasiodiator, vasogressor, or instrupe infusions require continuous noninvasive monitoring of bi nction, and oxygen saturation.	
Treatment of patients with heart failure with reduced ejection fraction with volume overload unresponsive to du high are most commonly imputed from the physical examination with right heart catheterization performed when	
ccompanying text and separate topic review of management of refractory heart failure.	LINTEDA

Diabetes Mellitus affects about 1 in 10 pregnancies globally and can adversely affect both the mother and the foetus. Risk factors for gestational diabetes include advanced maternal age, obesity, family history of diabetes, previous history of gestational diabetes, and specific ethnic backgrounds. The condition typically develops around the 24th to 28th week of pregnancy when the hormones produced by the placenta cause insulin resistance, making it difficult for the mother's body to use insulin effectively. Poorly controlled gestational diabetes can have severe consequences for both the mother and the baby. For the mother, it increases the risk of high blood pressure, preeclampsia, caesarean delivery, and type 2 diabetes later in life. For the baby, it can lead to macrosomia, hypoglycaemia, respiratory distress syndrome, and an increased risk of developing type 2 diabetes later in life.

The diagnosis of gestational diabetes is usually made by performing an oral glucose tolerance test (OGTT) between 24 to 28 weeks of pregnancy. Women with risk factors for gestational diabetes may be screened earlier in pregnancy. Table 6 provides an outline of how the OGTT should be interpreted.¹²

Table 6 Diagnostic criteria following the screening with 75 g OGTT in pregnancy

	BLOOD GLUCOSE LEVELS	
	GESTATIONAL DIABETES	OVERT DIABETES IN Pregnancy
Fasting	5.1 – 6.9 mmol/L	> 7 mmol/L
One-hour post-glucose load	>10 mmol/L	not applicable
Two-hour post-glucose load	8.5 – 11 mmol/L	> 11.1 mmol/L

Treatment of gestational diabetes aims to keep blood glucose levels within normal limits to reduce the risk of complications. This may involve changes in diet, exercise, and insulin therapy. Women with gestational diabetes are advised to eat a healthy diet, focus on complex carbohydrates, lean protein, and healthy fats, and exercise regularly. Insulin therapy may be necessary if blood glucose levels remain elevated despite these lifestyle modifications. Insulin is tailored to suit the individual needs of the patient and may vary from bolus dose to basal-bolus regimens.¹³

After delivery, blood glucose levels usually return to normal, and most women with gestational diabetes do not require ongoing treatment. However, women with gestational diabetes are at increased risk of developing type 2 diabetes later in life and should be screened regularly for this condition.¹³

Mental health in pregnancy

Pregnancy is a time of significant physical and emotional changes. While it is a joyous and exciting time, it can also be stressful for women and lead to anxiety and depression. Mental health issues during pregnancy are common, affecting up to 20% of pregnant women, and can significantly impact the health of both the mother and the baby. Depression and anxiety are the most common mental health disorders during pregnancy. Women who have a history of depression or anxiety before pregnancy are at a higher risk of experiencing these disorders during pregnancy. Other risk factors include a history of trauma or abuse, a lack of social support, financial stress, and complications during pregnancy. Untreated mental health disorders during pregnancy can have serious consequences for both the mother and the baby. They can increase the risk of preterm labour, low birth weight, and developmental problems in the baby. Women with untreated depression or anxiety during pregnancy are also more likely to experience postpartum depression after delivery.¹⁴ The new South African Maternity case record has a screening tool for mental health conditions. Once mental health screening has revealed a positive response, clinical pathways are initiated to deliver better healthcare using an MDT approach.

Treatment options for mental health disorders during pregnancy include psychotherapy and medication. Psychotherapy, can be an effective treatment option for mild to moderate depression and anxiety. Cognitive-behavioural therapy (CBT) is a type of psychotherapy that focuses on changing negative thought patterns and behaviours. CBT has been shown to be effective in treating depression and anxiety during pregnancy. Interpersonal psychotherapy (IPT) with a focus on role transition, interpersonal issues, and building social support has been found to be helpful in improving depressive symptoms and parenting education.^{14, 15}

Medication can also be an effective treatment option for mental health disorders during pregnancy. However, some medications may pose a risk to the developing foetus. Antidepressants, for example, have been associated with a slightly increased risk of preterm labour and low birth. In addition to psychotherapy and medication, lifestyle modifications can help manage mental health disorders during pregnancy. Regular exercise, a healthy diet, and getting enough sleep can all help reduce stress and anxiety during pregnancy. Support from family and friends can also be critical in managing mental health disorders during pregnancy. Pregnant women with robust support systems are less likely to experience depression and anxiety during pregnancy. Women who do not have a strong support system should consider joining a support group or seeking professional help.¹⁴⁻¹⁶

Conclusion

Medical disorders of pregnancy can have significant consequences for both the mother and the foetus. The management of these disorders requires a multidisciplinary approach involving midwives, primary care physicians, obstetricians, and other healthcare providers. Early detection and proper management of MDPs can improve outcomes and reduce complications. Therefore, it is crucial for pregnant women to receive regular prenatal care and to, report any symptoms or concerns to their healthcare providers and for healthcare workers to be vigilant in screening for these conditions.

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Eponymous January - June 2023

MTHATHA EDUCATIONAL DEVELOPMENT PROGRAMME 2022

BASIC ULTRA SOUND WORKSHOP Date: 17 – 18 November 2022 Speakers: Mr Mtimba Dr Mlitwa Dr Mayibenye Dr Moeketsi Dr Lobi Dr Folokwe Dr Phinzi Dr Gubu-Ntaba Dr Moeketsi Dr Njumba Venue:Mthatha Health Resource Centre Auditorium

MTHATHA EDUCATIONAL DEVELOPMENT PROGRAMME 2023

WORKSHOP: OUR BLOOD SAVES LIVES Date:20 April - 21 April 2023 Speakers: Dr Alumato Dr Ndhlovu Ms Makhalima Dr Goqwana Mr Ntamo Dr Augusto Perez Dr Mayibenye Dr Mayiya Dr Desemela Dr Jeff Hamdorf Venue:Mthatha Health Resource Centre Auditorium

AWARDS

MS BELL AWARD IN PSYCHIATRY 2022 The recipient of the award is as follows: Dr K Kirykowicz

MAURICE WEINBREN AWARD IN RADIOLOGY 2023 The recipient of the award is as follows: Dr Y Parak

RWS CHEETAM AWARD IN PSYCHIATRY 2023 No Submissions were received

LECTURESHIPS 2022

KM SEEDAT LECTURESHIP 2022

Prof K Moodley presented her lecture entitled "Professional ethical issues encountered during the pandemic" at the 24th National Family Practitioners Conference on 19 August 2022 in Cape Town.

JC COETZEE LECTURESHIP 2022

Prof M Naidoo presented his lecture entitled "Assessing and managing medical problems in pregnant women" at the 24th National Family Practitioners Conference on 19 August 2022 in Cape Town.

FP FOUCHÉ LECTURESHIP 2022

Prof M Ngcelwane presented his lecture entitled "Advances in the Management of Tuberculosis of the Spine in South Africa over the last 40 years" at the SAOA Congress on 5 - 8 September 2022 in Cape Town.

THE COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS HONORARY LECTURESHIP 2022

Dr N Simelela presented her lecture entitled "Women's Health in Times of Crisis" at the SASOG Congress on 26 – 30 November 2022 in Cape Town.

LECTURESHIPS 2023

JN and WLS JACOBSON LECTURESHIP 2023

Dr SK Misser will present his lecture on 27 June 2023 through a national webinar that will be hosted on the platform of the Radiological Society of South Africa.

JC COETZEE MEMORIAL LECTURESHIP 2023 Prof P Soma-Pillay will present her lecture at the 25th National Family Practitioners Conference on 18 August 2023 in Johannesburg.

KM SEEDAT MEMORIAL LECTURESHIP 2023 Prof S Moosa will present his lecture at the 25th National Family Practitioners Conference on 18 August 2023 in Johannesburg.

FP FOUCHÉ LECTURESHIP 2023 Dr FH Savoie will present his lecture at the SAOA Congress on 4 September 2023 in Cape Town.

Building a Living Emergency Medicine Curriculum: Value Setting, Aligning Work and Assessment Through an Iterative Approach

Sian Geraty, Walter Sisulu University, Heike Geduld, Stellenbosch University, Waseela Khan, University of Cape Town, Sharadh Garach, University of Kwazulu-Natal, Keamogetswe Molokoane, University of the Witwatersrand, Vidya Lalloo, University of Pretoria, Heinri Zaayman, Stellenbosch University, Clint Hendrikse, University of Cape Town, Marlize Swart, University of the Witwatersrand, Amanda Naidoo, University of Pretoria, Boitumelo Kubeka, University of Cape Town, Sa'ad Lahri, Stellenbosch University

The establishment of the College of Emergency Medicine of South Africa (CEM) in 2003 marked an important step in the standardisation of training and assessment for specialist Emergency Physicians. While the Masters of Medicine (MMed) in Emergency Medicine is offered at six universities in South Africa, the CEM plays a crucial role in providing a national standardised curriculum for training and assessment.⁽¹⁾

The current curriculum for the Fellowship of the College of Emergency Medicine in South Africa (FCEM) is not outcomes nor competency based; and does not reflect the current focus on work based learning and assessment. Although each university program has its own curriculum tailored to local resources, the existence of a national exit examination highlights the need for clear guidance on training outcomes, specialist competencies, and assessment. The CEM curriculum is essential in guiding and supporting registrar training as well as defining the role of a specialist Emergency Physician in the South African context.

Currently, the FCEM assessment includes a written basic sciences examination (FCEM Part I), a written, oral, and paper-based clinical final examination (FCEM Part II), and the submission of a portfolio of evidence. The submission and passing of a research dissertation on an Emergency Medicine topic at a certified university is a prerequisite for specialist registration with the Health Professions Council of South Africa (HPCSA).⁽²⁾

All six universities offering FCEM/MMed programs have a four-year curriculum that includes supervised workplace-based learning as registrar clinical rotations, university specific teaching programmes, a research requirement, and ultrasound teaching. Passing an EmergencyUltrasound credentialing examination is also a prerequisite for entrance to the FCEM II examination, and a revised curriculum for Emergency Ultrasound training has recently been published. ⁽³⁾ While all university postgraduate Emergency Medicine programs have the same desired outcome, there are gaps in the standardisation of the training and assessment process. A standardized process should offer more well defined learner objectives and outcomes, curriculum transparency for all stakeholders and a reproducible programmatic assessment method applicable to all universities.

Africa's first Emergency Medicine training programme started at the University of Cape Town in 2004, and borrows largely from

international programmes and syllabi. However, South Africa's unique context of poverty, inequality, inequitable access to health care, and a high prevalence of emergencies related to trauma and infectious disease require a high standard of training in order to produce Emergency Physicians who can not only provide emergency care, but be change agents within society. ⁽⁴⁾

The Colleges of Medicine of South Africa are currently driving the formal incorporation of work-based assessment (WBA) in all postgraduate registrar programmes by 2024. WBA complements exit examinations by assessing trainee clinical knowledge, skills, and professional behaviour in clinical environments. Benefits of WBA include opportunities for more regular formative assessments accompanied by ongoing feedback and milestones which more objectively track the progression of the registrar learning. As drawbacks may include under-skilled assessors and inadequate resources, successful implementation will depend on faculty engagement and training. ^(5,6)

The absence of WBA and the necessity for significant overhaul of the curriculum led to the establishment of the Living Curriculum Workgroup in 2022, comprising representatives from the six universities that provide the MMED Emergency Medicine programme. The workgroup, under the auspices of the Council of the College of Emergency Medicine, strives to develop an updated values based curriculum that reflects the values of Emergency Medicine specialists in South Africa as well as the needs of South African patients.

We aim to continually update this living curriculum to be responsive to societal need and science-based methods of teaching and learning including assessment methods, and propose a living document that is continuously improved and refined based on ongoing feedback from the EM community.

The workgroup aims to achieve this by utilising a modified design thinking approach to curriculum development. Design thinking involves engaging stakeholders right from the outset, to brainstorm and offer insights into the desired curriculum objectives. Subsequently, the feedback is scrutinized and incorporated into a prototype curriculum, which is then disseminated and tested using a continuous feedback system to facilitate several rounds of iterative cycles of idea generation and refinement (diverging and converging ideas). ⁽⁷⁻⁹⁾ The design thinking method underpins what is predicted to be a continuous active process of engagement with the living curriculum.

The workgroup initiated this process in 2022, engaging with a broad and diverse range of stakeholders, utilising focus group and individual interviews to understand their views on the speciality of EM as well as the future of the curriculum and training process. In January 2023, we convened in person at the CMSA offices for a workshop, during which we shared stakeholder feedback, identified

values and key themes, participated in focus group discussions to design a competency framework for Emergency Medicine, formulated an initial strategy for WBA, agreed and drafted a Programmatic Assessment Blueprint, and planned next steps.

The initial engagements highlighted a strong set of values for EM as a discipline, including leadership, management, teaching, critical thinking, and grounding in the healthcare and community systems. The importance of wellbeing and self-development was also emphasized. The workgroup utilised these values in developing a competency framework in the form of a Baobab tree, Africa's "Tree of Life." (See image). The workgroup discussed the requirements of capacity and capabilities to include WBA, entrustable professional activities (EPAs) and progress committees into existing training programs. We then drafted a curriculum outline for the first iteration of the Living Curriculum including timelines for the next two years. This living curriculum will be re-presented to stakeholders in order to incorporate feedback and continue to re-imagine a curriculum that will contribute to the growth of access to Emergency Medicine, both nationally and internationally.

The January workshop was successful in generating momentum for the first iteration of the curriculum to be released mid 2023. The College of Emergency Medicine is grateful to the academic divisions of Emergency Medicine at UCT, UKZN, UP, SU, WITS, and WSU for their support and engagement as well as the CMSA for practical arrangements related to the in-person meeting. We also extend our gratitude to Professor Vanessa Burch, Executive Director of Education and Assessment, for her expertise and unwavering support in shaping the direction and progress of our group towards developing an innovative and impactful curriculum.

In conclusion, the urgent need for an updated curriculum in Emergency Medicine in South Africa is evident. By embracing a work-based assessment approach and employing design thinking principles, the workgroup is dedicated to developing a valuesbased curriculum that evolves through continuous stakeholder engagement and feedback.

Through the implementation of this updated curriculum, tailored to the unique challenges of the South African context, the College of Emergency Medicine aims to produce highly skilled Emergency Physicians who not only provide exceptional emergency care but also serve as catalysts for positive change within the healthcare system. The ongoing efforts to incorporate work-based assessment and refine the curriculum will contribute to the development of proficient professionals who can effectively address the healthcare needs of the country.





Values of the Emergency Physician, graphically depicted by a stakeholder.

Identifying and coding value themes



The Living Curriculum Workgroup for the College of Emergency Medicine



The South African Emergency Physician: A Medical Expert, rooted in community as evidenced by team-based practice, social accountability, and context-specific practice, demonstrating leadership as a critical thinker, communicator, teacher and learner, professional, and manager, held together by the practice of wellbeing.

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The College of Public Health Medicine COVID-19 Evidence-Based Task Team Fellows Respond to the COVID-19 Pandemic

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This article is based on a presentation made as part of a CPHM plenary session at the 2022 Public Health Association of South Africa (PHASA) conference in Durban on 17th September 2022.

Introduction

Knowledge translation, as it is defined within the evidence ecosystem, includes the use of synthesized primary research to inform guidelines, policy briefs, and decision-support products in both clinical and public health practice ^[1]. See Figure 1. The COVID-19 pandemic demanded the swift production and translation of evidence into guidelines. In this paper, we describe the imperative for the College of Public Health Medicine (CPHM) to respond to an identified gap in the South African public health guidelines landscape as these pertain to COVID-19 and other infectious diseases, and illustrate the methods and process employed to develop and disseminate 5 public health guidances under the banner of the Colleges of Medicine of South Africa (CMSA). We consider the uptake and impact of the guidances and the implications for the future of public health guidelines development in South Africa.

An imperative to act

On 5th March 2020, the first known patient infected with SARS-CoV-2 was reported in South Africa. During discussions at the time, fellows of the CPHM identified the following risk factors which could hamper the success of a national unified response to COVID-19:

- 1. A lack of national coordinated approach to public health and public health guidelines
- 2. No central structure tasked with the dedicated development of public health guidelines
- 3. The National Institute of Communicable Diseases (NICD) was focused on case identification and contact tracing initially
- 4. Guidelines for safe travel, safety in schools, and public transport were crucial but not available for the South African setting

The CPHM recognised that the moment presented a unique opportunity to provide evidence-based guidance to the government and public. A COVID-19 Evidence-based Task Team was urgently convened comprising 9 volunteer CPHM fellows, representative of each province, with the following terms of reference:

- 1. Review the current data and share additional intelligence that members may have
- 2. Identify key questions for which guidance is necessary to manage the epidemic related to the current phase
- 3. Prioritise questions for urgency and feasibility
- Identify data sources (e.g. studies, reviews, modelling) to appraise for methodological robustness related to prioritised questions
- 5. Synthesize key results from rigorous studies and extract key messages to develop headline summary guidance
- 6. Draft guidance to be circulated to CPHM Council and fellows for peer review (rapid responses requested within 2 days)
- 7. Disseminate this guidance as CPHM independent guidance for the wider community

The President of the CMSA agreed that CMSA would endorse the guidances provided all members of the CPHM Council had approved the final draft. The guidances would be posted on the CMSA website and disseminated to the media, and relevant stakeholders. In addition, a Task Team communications spokesperson was identified to respond to anticipated media requests, and an initial media statement regarding the existence of the Task Team and the contact details of the spokesperson was widely circulated.

Creation of a transparent and systematic decision-making process

Prior to guidance development, the Task Team developed underlying principles as a foundation for all guidances, viz.:

- 1. Adopt an over-riding principle of First do no Harm
- 2. Assess overarching benefits versus harms while also considering uncertainties and unknowns
- 3. Recognize that evidence is essential but insufficient for decision-making
- 4. Employ a systematic and transparent decision-making process
- 5. Avoid duplication
- 6. Remain independent and non-aligned

Fellows identified urgent public health topics requiring guidance via brainstorming and then assessed each of these against a de novo score-based prioritization tool. The tool included an assessment of 1) availability of other guidelines and/or data to avoid unnecessary duplication, 2) relevance for South Africa, and 3) potential for utility beyond COVID-19. Use of the Grading of Recommendations, Assessment, Development and Evaluation (GRADE) framework during formulation of guidance recommendations ensured systematic and transparent decision-making within the Task Team [2]. GRADE is widely used internationally and is endorsed by the World Health Organization for guideline development^[3]. The GRADE framework includes an assessment of the balance of benefits versus harms and the certainty of evidence informed by an effectiveness systematic review, combined with an evaluation of the values and preferences of the public, resource use, feasibility, equity and human rights, and acceptability.

From public transport to rational testing

In total 5 CPHM guidances were formulated over a two-month period covering: 1) public transport, 2) cloth masks, 3) medical masks, 4) safety in schools, and 5) rational testing [4]. The timeline for these is depicted in Figure 2. A research partnership between Stellenbosch University's Centre for Evidence-based Health Care and McMaster University in Canada conducted a rapid systematic review in record time on safety in public transport ^[5] which informed the first CPHM guidance on public transport. The Task Team then worked closely with research teams from Cochrane South Africa and the Health Systems Research Unit (HSRU) both based at the South African Medical Research Council to expedite rapid reviews on cloth and medical masks ^[6]. A rapid review on school closure by Viner et al. ^[7] informed our guidance on school management practices. For each guidance the Task Team considered not only the data available in the rapid reviews, but also circumstances unique to South Africa including resource constraints, feasibility and the impact on human rights. The final guidance on rational testing was informed by WHO interim guidance⁽⁸⁾ as well as extensive discussions with public health officials and programme managers working within provincial health structures to ensure that local applicability was foregrounded.

Impact - case study of the school health guidance

On 26th March 2020, a state of disaster was declared and the country entered a 5-week lockdown. At the time there was little to no robust data regarding the effectiveness of school closures or transmission of SARS CoV2 in schools. Given this uncertainty, the Team focused on how schools could serve as a barrier to transmission rather than a conduit. The guidance noted that keeping children safe and well at school was not only the responsibility of the school leadership but also that of the teaching and support staff, public transport agents, caregivers, and children themselves. The school guidance was prepared according to what preventive actions caregivers could take to prepare their children before leaving for school, what actions could be taken when travelling to and from school, and what actions were required at school. The latter were categorized by the hierarchy of infection prevention and control as 1) engineering controls, 2) administrative strategies, and 3) use of personal protective equipment.

Following on from the initial lockdown, ongoing school closures presented a significant public health challenge to children who were unable to attend daily school feeding programmes ^[9] and had limited to no access to online learning ^[10]. Globally, an estimated one third of a year's learning was lost across all grades during the pandemic ^[11], with higher learning losses in South Africa^[12].

Following dissemination of the school guidance, the Task Team was approached by the national Department of Basic Education and assisted with inputting into, and reviewing, the COVID-19 Standard Operating Procedures for schools^[13]. Members of the Task Team were invited to join the governmental Technical Working Group on schools which informed the deliberations of the Ministerial Advisory Committee (MAC) regarding school openings as well as in-school strategies for managing infection clusters and outbreaks^[14]. In addition, members of the Task Team engaged regularly with nongovernment organizations and advocacy groups working in the school space, as well as conducting ad hoc educational webinars for teaching unions.

Strengths and limitations of the approach

The main strength of the Task Team was undoubtedly the ability to be nimble. Members collaborated closely with one another, working with a zeal borne by an optimism that the approach was necessarily time-bound. As specialist public health physicians and CPHM Fellows, all Task Team members had a deep understanding of public health principles inclusive of science, culture, and belief systems. The decision to develop an a priori structure and follow a decision-making approach based on international norms and standards despite the urgency of the moment, reduced conflict and fostered a measured approach to formulating recommendations in the presence of uncertainty. Disseminating guidance under the banner of the CMSA permitted the Team to function independently and lent credibility to the product. This, and group cohesion, played a significant role in withstanding political pressure which was considerable.

The Team faced the ongoing challenge that while systematic reviews are the foundation of evidence-informed guidelines and policy, these require significant commitment, and many research teams developed fatigue within months. There was no formal avenue for the CPHM guidances to contribute to the political decision-making process (such as the MAC) and ensuring that these reached relevant ministries was reliant on personal networks. Initially there was a glaring absence of public health professionals in government decision-making structures with a focus on clinical and hospital guidelines, and less on interventions outside the healthcare setting. Our decision to promote and create demand for independent public health guidance through a strategic media dissemination campaign and targeting relevant stakeholders, went some way to alleviate this omission.

Conclusions

Neither the CPHM nor the CMSA have previously developed clinical or public guidelines and arguably it is not College core business. The experience reported in this paper can thus serve as a proof of concept to support the development of a national statutory or similar structure competent to produce independent evidence-based public health guidelines. It is our opinion that there should be a clearer separation between outbreak control activities as conducted by the NICD, which includes case identification, testing protocols and some treatment guidelines, and other public health measures outside the healthcare settings. Current legislation governing the National Public Health Institute of South Africa is silent on knowledge translation and guidelines development [15]. The sceptre of another pandemic should focus our collective minds to consider how to better organise our structures to support a whole-of-population approach to identifying, managing, and evaluating the South African response to epidemics. Within the CPHM, Fellows on the College's Evidencebased Advocacy Sub-Committee will continue to lead and advocate for evidence-based processes to thread through all our national and provincial health structures.

We thank Professor Leslie London, President of the CPHM during 2020, Professor Eric Buch, CEO of CMSA, and Professor Flavia Senkubuge, President of the CMSA also during 2020, for their support of, and enthusiasm for, the CPHM COVID-19 Evidence-based Task Team throughout the pandemic. We extend our thanks to Professor Mary Metcalfe for her input into the manuscript. The Health Systems Research Unit provided financial support for conference



Figure 1. The Evidence Ecosystem for Health System evidence generation, synthesis, translation and evaluation

attendance and production of this manuscript, with grateful thanks to Professor Catherine Mathews.

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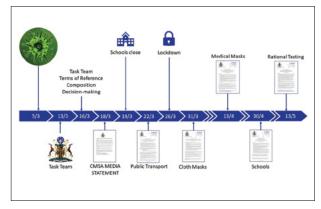


Figure 2. Timeline of major events during the COVID-19 pandemic in South African and dates when CPHM guidances were released

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Leffall LaSalle D (CS) (1996) Washington, USA

Lekamwasam L K L S (CP) (2012) Galle, Sri Lanka

Lemmer Johan (CMSA) (2006) Sandton, SA

Levett Michael John (CMSA) (1999) Cape Town, SA

Levin Lawrence Scott (C PLAST) (2006) North Carolina, USA

Lindeque Barend Gerhardus (CMSA) (2020) Johannesburg, SA

Looi Lai Meng (C PATH) (2005) Kuala Lumpur, Malaysia

Lorimer Andrew Ross (CP) (2004) Glasgow, UK

Luntz Maurice Harold (C OPHTH) (1999) New York, USA

MacKay Colin (CS) (1998) Glasgow, UK

Madaree Anil (CMSA) (2018) Durban, SA

Maryon-Davis Alan (CPHM) (2010) London, UK

Mazwai Ebden Lizo (CMSA) (2011) Mthatha, SA

McDonald John W David (CP) (2004) Ontario, Canada

McKenna Terence Joseph (CP) (2005) Dun Laoghaire, Dublin

Meakins Jonathan Larmonth (CS) (2004) Quebec, Canada **Mensah** George A (CP) (2005) Georgia, USA

Mieny Carel Johannes (CMSA) (1996) Pretoria, SA

Moeti, Matshidiso (CMSA) (2022) Brazzaville, Rep of Congo

Mokgokong Ephraim T (COG) (2006) Medunsa, SA

Molteno Anthony C B (C OPHTH) (2001) Otago, New Zealand

Morrell David Francis (CMSA) (2004) Kenton on Sea, SA

Mortimer Robin Hampton (CP) (2004) NSW, Australia

Mutyaba Frederick A (C ORTH) (2012) Kampala, Uganda

Myers Eugene Nicholas (C ORL) (1989) Pennsylvania, USA

Norman Geoffrey Ross (CMSA) (2003) Ontario, Canada

O'Donnell Barry (CS) (2001) Dublin, Ireland

Ogedengbe Olasurubomi K (COG) (2012) Lagos, Nigeria

Ogilvie Thompson Julian (CMSA) (2009) Johannesburg, SA

Oh Teik Ewe (CA) (2003) Perth, West Australia

O'Higgins Niall (CS) (2005) Dublin, Ireland

Opie Lionel Henry (CP) (2008) Cape Town, SA **Pasnau** Robert O (C PSYCH) (1988)California, USA

Pettifor John Morley (C PAED) (2016) Johannesburg, SA

Prentice Archie G (C PATH) (2012) London, UK

Prys-Roberts Cedric (CA) (1996) Bristol, UK

Puri Prem (CPS) (2013) Dublin, Ireland

Ramphele Mamphela Aletta (CMSA) (2005) Cape Town, SA

Reeve Thomas Smith (CS) (1991) NSW, Australia

Rosholt Aanon Michael (CMSA) (1980) Johanneburg, SA

Rothberg Alan Dan (C PAED) (2020) Johannesburg, SA

Samkange Christopher A (C UROL) (2012) Harare, Zimbabwe

Santucci Richard Anthony (C UROL) (2013) Michigan, USA

Sathekge, Machaba Michael (CMSA) (2022) Pretoria, SA

Saunders Stuart John (CMSA) (1989) Cape Town, SA

Seedat Yackoob Kassim (CMSA) (1998) Durban, SA

Segal Anthony Walter (CP) (2008) London, UK

Sewell Jill (CP) (2005) Victoria, Australia

Sherwood Rupert (COG) (2012) Victoria, Australia Sims Andrew C Peter (C PSYCH) (1997) Leeds, UK

Smith Edward Durham (CS) (1990) Victoria, Australia

Smith John Allan Raymond (CS) (2005) Sheffield, UK

Soothill Peter William (COG) (2004) Bristol, UK

Sparks Bruce Louis W (CFP) (2006) Parktown, SA

Spitz Lewis (CS) (2005) London, UK

Steer Phillip James (COG) (2004) London, UK **Strunin** Leo (CA) (2000) London, UK

Stulting, Andries Andriessen (CMSA) (2011) Bloemfontein, SA

Tan Kok Chai (C PLAST) (2012) Singapore

Tan Ser-Kiat (CS) (1998) Singapore

Tan Walter Tiang Lee (CP) (2001) Singapore

Terblanche John (CMSA) (1995) Cape Town, SA

Thomas William Ernest Ghinn (CS) (2006) Sheffield, UK Thomson Gerald Edmund (CP) (1996) New York, USA

Turnberg Leslie Arnold (CP) (1995) Cheshire, UK

Underwood James C E (C PATH) (2006) Sheffield, UK

Van der Spuy Zephne Margaret (CMSA) (2015) Cape Town, SA

Van Heerden Jonathan A (CS) (1989) S Carolina, USA

Vaughan Ralph S (CA) (2003) Cardiff, UK

Visser Gerard (COG) (1999) Utrecht, Netherlands **Wakwe** Victor C (C PATH) (2012) Delta State, Nigeria

Wijesiriwardena Bandula C (CP) (2005) Kalubowila, Sri Lanka

Yeoh Poh-Hong (CS) (1998)Kuala Lumpur, Malaysia

Yip Cheng-Har (CS) (2012) Kuala Lumpur, Malaysia

Zuker Ronald Melvin (C PLAST) (2013) Ontario, Canada

(Deceased members not listed but on record)

CMSA Active Fellows Ad Eundem (as of 31 October 2022)

Adhikari Miriam (C PAED) (2015) Congella

Bowie Malcolm David (C PAED) (2007) Knysna

Bütow Kurt-Wilhelm (CORL) (2020) Pretoria

Cleaton-Jones Peter Eiddon (CD) (2005) Johannesburg

Coetzee Edward John (COG) (2017) Cape Town

Corder Robert Franklin (CEM) (2007) Maryland, USA

Davey Dennis Albert (COG) (2008) Cape Town **Davies** John Carol Anthony (CPHM) (2005) Johannesburg

Gear John Spencer Sutherland (CPHM) (2005) Still Bay

Gevers Wieland (CP) (2001) Cape Town

Gie Robert Peter (C PAED) (2019) Cape Town

Hewlett Richard Holway (CR) (2014) Cape Town

Keet Marie Paulowna (C PAED) (2007) Cape Town

Kent Athol Parks (COG) (2013) Cape Town Levin Solomon Elias (C PAED) (2007) Johannesburg

Makgoba Malegapuru W (CP) (2003) Durban

Moodley Jagidesa (COG) (2010) Durban

Munjanja Stephen Peter (COG) (2014) Harare, Zimbabwe

Ncayiyana Daniel JM (CMSA) (2002) Durban

Odendaal Hendrik Johannes (COG) (2009) Cape Town

Padayachee Gopolan N (CPHM) (2004) Cape Town Philpott Hugh Robert (COG) (2008) Durban

Price Max Rodney (CPHM) (2004) Cape Town

Saffer Seelig David (C NEUROL) (2004) Johannesburg

Sonnendecker Ernst Wilhelm W (COG) (2014) Hermanus

Sutcliffe Thomas James (C PSYCH) (2008) Cape Town

Welsh Neville Hepburn (C OPHTH) (2006) Johannesburg

(Deceased members not listed but on record)

CMSA Active Life Members (as of 31 October 2022)

Abdool Gaffar Mohamed Sabeer Abdulla Jamal Abdulla Mohamed Abdul Latif Abell David Alan Aboo Nazimuddin Aboobaker Jamilabibi Abrahams Cyril Abramowitz Israel Abratt Raymond Pierre Adams Ganief Adhikari Mariam Ahmed Abdul Sattar Ahmed Fayzal Abdool Ahmed Sheikh Nisar Ahmed Yusuf Aitken Robert James Akerman Hugh Neville Albertyn Marius Alderton Norman Alison Andrew Roy Allen Peter John Allerton Kerry Edwin Glen Allie Abduraghiem Allison Hugo Frederick Allwood Clifford William Allwright George Tunley Ally Reidwaan Ananth Swamiji Anderson Peter Paul Anthony Anderton Edward Townsend Andre Nellie Mary Andrew William Kelvin Andrews Anthony Donald Angus Heather Margaret Anstey Leonard Anthony John Apolinarski Josef Anton Apostoleris Apostolos Appleberg Michael Archer Graham Geoffrey Archer John Christopher Argent Andrew Charles Armstrong Robert John Arnheim Naomi Arnold Susan Ashley-Smith Andrew Ashton Paul William Asmal Aboobaker Asmall Aboo Baker Aspoas Arthur Robert Asteriadis Anthony

Aucamp Carel Badenhorst Frans Hendrik **Baigel** Martin **Bailey** Robert Martin **Baillie** Peter **Baines** Richard E Mackinnon Baise Gershan Baker Malcolm Kevin **Baker** Peter Michael Baker Robert Jeremy Ballaram Rabendranath Serepath Bane Roy Errol **Banful** Richard Barbezat Gilbert Olivier Barday Abdul Wahab Barnard Abraham Hendrik Barnard Philip Grant Barnes Richard David Barnetson Bruce James **Bass** David Hyman Batchelder Charles Simon Bawasa Kemal Bax Geoffrey Charles Bean Eric Beaton Sÿa Beatty David William Becker Herbert Becker Jan Hendrik Reynor Behr Alcon Beitz Michael Leib **Bell** George Murray **Bell** Peter Stewart Hastings Benatar Abraham Benatar Solly Robert **Benatar** Victor Beningfield Stephen James Benjamin Ephraim Sheftel Benjamin John David Benn David John **Bennett** Michael Julian Bérard Raymond Michael Francis Berezowski Brian Mark Berg Astrid Martha Bergman Jack Wilfred Berk Martin Russell Berkowitz Leslie Berlyn Peter-John Bernstein Hilton Melville Berro Vivienne Estelle Bethlehem Brian Hillel James Beukes Hendrik Johannes Stefanus Beyer Elke Johanna Inge Bezwoda Werner Robert Bhagwan Bhupendra Bham Amina Suleman Biddulph Sydney Lionel **Biebuyck** Julien Francois Bingham Gavin John Bird Arthur Richard Birkett Michael Ross Blaine Edward Mark Blair Ronald Mc Allister Bleloch John Andrew **Bloch** Cecil Emanuel Bloch Hymen Joshua Bloch Robert Gerald **Blomerus** Pieter **Blumberg** Lucille Hellen Bocchiola Fulvia Carmen Bock Ortwin Answald Alwin **Bodemer** Wilhelm Bodenstein Nicolaas Pierre Boezaart Andrè Pierre Böhmer Ludwig Edmund Bok Arnold Pierre Louis **Bolle** Francis Georges Irene Henri Bolton Keith Duncan Bonellie Gordon David **Bongers** Marius Bookatz Brian Julian **Booker** Henry Thomas Boon Gerald Peter George Booth William Richard Calvert Borchers Trevor Michael Bornman Philippus Christoffel Botha Andries Petrus Jakobus Botha Jan Barend Christiaan Botha Jean René Botha Johan Frederik Bothma Pieter Adriaan Boulle Trevor Paul Bouwer Johan Stefaan **Bowen** David Charles Bowen Robert Mitford Bowie Malcolm David Boyes-Varley John Gregory Branson John Edward Braude Basil Bredenkamp Johannes Hendrik Bremner Cedric Gordon

Briedé Wilhelmus Maria Hendrik Briers Johannes Albertus Myburgh Brink Garth Kuys Brink Johan Givan Brink Stefanie Brits Jacobus Johannes Brock-Utne John Gerhard Brossy Martin James Broude Abraham Mendel Brower Steven Brown Basil Geoffrey Brown Raymond Solomon Brown Robyn Alexander Brueckner Roberta Mildred Bruk Morris Isaac Bruwer André Daniel **Bruwer** Ignatius Marthinus Stephanus Buchel Elwin Herbert Bulbulia Bashir Ahmed Burger Marius Sydney **Burger** Nicolaas Francois Burger Thomas Francois Burger Willem Adriaan Burgess John Digby Burgin Solomon Burnard Friedrich Wilhelm Burns Derrick Graham Butler George Parker Butt Anthony Dan Byrne James Peter Caldwell Robert lan **Calver** Alistair Duncan **Cameron** Neil Andrew **Cameron** Robert Peter Cariem Abdul Karriem Carim Abdool Samad Carim Suliman Carman Hilary Alison Carmichael Trevor Robin **Carter** Gary Frederick Charles Carter Michael John Neno **Cassel** Graham Anthony Cassim Bilkish **Cassim** Reezwana Cassimjee Mohammed Hoosen Cavvadas Aikaterine Celgow Leon Hyman Chaimowitz Meyer Alexander Chait David Benjamin

Chamda Rashid Ahmed Chapman Peter John **Charles** David Michael Charles Lionel Robert Chin Wu Wai Nin Chothia Khatija **Cilliers** Pieter Hendrik Krynauw **Cilliers** Pieter Lafras **Cinman** Arnold Clive **Claassens** Hermanus Johannes Hendrik Clarke Simon Domara Clausen Lavinia Cleaton-Jones Peter Eiddon **Cloete** Bruce **Cluver** Paul Friedrich de Villiers Cochrane Raymond Ivan Coetzee Andreas Retief Coetzee Daniël Coetzee Edward John **Coetzee** Johannes Cornelius **Coetzee** Marius Jack Coetzee Martha Maria Coetzer Hendrik Martin Cohen Brian Michael Cohen Colin Koppel Cohen Eric Cohen Leon Allan Cohen Michael Cohen Morris Michael Cohen Philip Lester Cohen Rachamin **Coleman** Johann Louis Colinese Philippa Anne **Coller** Julian Somerset **Combrink** Johanna Elizabeth Combrink Johanna Ida Lilly **Comfort** Peter Thomas **Comley** Neil Gregory Conlan Andrew Alan Conradie Hofmeyr Haarhoff **Conradie** Pieter Jacobus **Conway** Sean Stephen Cooke Paul Anthony Cooke Richard Dale **Cooper** Cedric Kenneth Norman Cooper Peter Allan **Cooreman** Bruno Francois **Coote** Nigel Penley Coovadia Hoosen Mahomed Coovadia Mohamed Abdool Hak Cotton Mark Fredric Cowie Robert Lawrence Coxon John Duncan Crafford Peter David Craig Denham David **Cretikos** Michael Dionisios **Emmanuel Perandonikis** Crewe-Brown Heather Helen Crichton Eric Derk **Croft** Charles Henry Cronjè Hendrik Stefanus

Crosier James Herbert **Crosley** Anthony lan **Croucamp** Petrus Charles Hendrik **Crutchley** Anthony Caius Christopher Culligan Gary Arthur Cullis Sydney Neville Raynor **Cumes** David Michael **Currer** Trevor Herbert Curwen Christopher Henry Massy Cywes Sidney **Dalby** Anthony John Dalgleish Christopher Ian Philip **Dalmeyer** Johannes Paulus Franciscus Dalrymple Rhidian Blake **Dalziel** Grant James William Danchin Jack Errol **Daneel** Alexander Bertin **Daniel** Clive Herbert Daniels Abraham Jacobus Daniels Andrè Riad **Dansky** Raymond **Darlison** Michael Tatlow **Daubenton** Francois Daubenton John David Davey Dennis Albert Davey Helen Elizabeth Davey Michael Roy Davidge-Pitts Keith James Davidson Aaron Davidson Ashley Conrad Davies David Davies Michael Ross Quail **Davies** Victor Alan **Davis** Charles Pierre Davis Martin David **Dawes** Marion Elizabeth Dawood Aysha Amod Dean Michael Peter Geoffrey De Beer Hardie Alfred De Beer Johan Alexander Anthonie De Beer Reniël De Haan Jacques Willem De Jager Lourens Christiaan De Klerk Abraham Jakobus De Kock Marthinus Lourens Smith De La Harpe Edwin Meyer De Muelenaere Phillip Francois Rufin Gustaaf De Klerk Daniel Johannes Janse De Roubaix John Addey Malcolm De Swardt Stephanus Raynier De Villiers Francois Pierre Rosseau De Villiers Kathleen De Villiers Marthinus Johannes

De Villiers Pieter Ackerman **De Villiers** Stefanus Johannes **De Villiers** Tobias Johannes **De Vos** Gideon Frederick De Wit Edward Wheeler De Zeeuw Paul **Dennehy** Patrick Joseph Pearce Dent David Marshall Derman Henry Jack Desai Farid Mahomed Desai Farieda Deseta Juan Carlos Horacio **Dessein** Patrick Hector Maurice Cornelius Dewar Grant Alexander **Dhansay** Jalaluddin **Dhansay** Muhammad Ali **Dhansay** Rafiq Achmad Dhansay Yumna **Diedericks** Bart Johannes Stephanus **Diers** Garth Ruben **Digby** Rodney Mark **Disler** Laurence Joel **Distiller** Lawrence Allen **Docrat** Rookavia **Donald** Peter Roderick Dornfest Franklyn David Douglas-Henry Dorothea Dove Ephraim Dowdeswell Robert Joseph Dower Peter Rory Draper George Henry Dreosti Lydia Mary **Drever** Wynand Pieter Drummond Robert Angus Duah Kwabena **Dube** David Tlhage **Duminy** Joukje Du Plessis Dionisius Johann Du Plessis Hendrik Pienaar Du Plessis Hennie Lodewia Du Plessis Hermanus Jacobus Christoffel Du Plessis Jan Ehlers Du Plessis Réne Déon Du Preez Leon Du Toit Andrew **Du Toit** Donald Francois **Du Toit** Johan Loots **Du Toit** Michiel Hendrik **Du Toit** Petrus Stephanus **Du Toit** Pierre Francois Mulvihal **Du Toit** Roelof Stephanus Duncan Gordon Alexander **Dunning** Richard Edwin Frank Duys Pieter Jan Dyer Robert Anthony Dymond Ian Walter Dryden Eathorne Allan James Ebrahim Allie Edge Kenneth Roger Egner Jonathan Grey

Pieter

Ehlers Marianne Gloudina Ehrlich Hyman **Ekermans** Pieter Francois **Eksteen** Jacobus Johannes Elferink Jean Charles Hugo Elk Errol Ivan **Els** Jacobus Frederik Elsenbroek Frederik Emby Donald Jan **Emsley** Robin Alexander Engelbrecht David Johannes Enslin Ronald Epstein Brian Martin **Erasmus** Frederick Rudolph Erasmus Johannes Antoni Erasmus Philip Daniel Christoffel Essa Suleiman Essack Maimona Esterhuysen Stephen Philip **Etellin** Pierre Anthony Evans Herbert Campbell Barrow Evans Warwick Llewellyn Evans William Greig Falanga Franca Maria Falls-Grumieaux Ebba Helga **Dorle Sophie** Fanarof Gerald Farhangpour Sirous Farrant Peter John Farrell Victor John Ramsay Fehler Boris Michael Feldman Charles Fernandes Carlos Manuel Coelho Ferreira Anton Leopold Ferreira Carus Johannes Findlay Cornelius Delfos Fine Leon Arthur Fine Stuart Hamilton Fisher-Jeffes Donald Leonard Fisher-Jeffes Norman Donald Fletcher John Somerville Flint Nigel Stuart Foaden Paul John Fok Wei Guen Ford Brenda May Forman Allan Forman Robert Förtsch Hagen Ernst Armin Fotheringham Geoffrey Henderson Fouchè Willem Jakobus Fourie Louis Jacques Fourie Pierre Jacques Henri Louis Franco Mardochee Marc Frank Joachim Roelof Frankel Freddy Harold Franklin David Stuart Frantz Frederick Ferdinand .John Fraser Robert Keith

Freedman Jeffrey Freedman Mark Freiman Ida Friedlander Geoffrey Mervyn Friedman Raymond Leslie Friedmann Allan Isodore Fritz Vivian Una Froese Steven Philip Funcke Johannes Alexander Fung Gilbert Furman Saville Nathan Gaertner Erwin Rolf Gagiano Carllo Andrias Gahan Thomas Anthony Gajjar Pravinchandra Dhirajlal **Galatis** Chrisostomos **Gallow** Ismail Gane Gerald Adrian Carleton Gani Akbar Garb Minnie **Gardiner** Victor Burberow Gardner Jacqueline Elizabeth Garisch James Archibald MacKenzie Garrett Hyde William Gaziel Yoel **Gebers** Paul Eric Gebka Marek Krzysztof Gerard Clifford Leslie Gernetzky Kevin Desmond Gersh Bernard John Geyser Pieter Georg Gibson Norval William **Giesteira** Manuel Vicente Knobel Gilbertson lan Thomas Gildenhuys Jacobus Johannes Giles Roy James **Gill** John Morton Gillis Lynn Sinclair Glazer Harry **Gobetz** Lawrence **Goeller** Errol Andrew Goga Anver Dawood Goldberg Barbara Sheila Goldberg Paul Adrian Goldin Martin **Goldman** Anthony Paul Golele Robert **Goodley** Robert Henry Goodman Hillel Tuvia **Goosen** Felicity **Goosen** Jacques Gordon Peter Crichton Gordon Robert John Gorven Allan Michael Gottschalk Lewis Isaac Gouws Phillipus Petrus Govender Kistensamy Govender Perisamy Neelapithambaran Govender Vadival Govind Suryakant Kasan

Govind Uttam Graham Kathleen Mary Graser Hans Werner Grave Christopher John Hadley **Greeff** Michael Cornelius Greeff Oppel Bernhardt Wilhelm Greenblatt Michael **Greyling** Jacobus Arnoldus **Greyling** Marina Greyvenstein Gloria Dorothy Griffiths Mervyn Leslie Grimbeek Johannes Fredericus Gritzman Marcus Charles David Grizic Anthony Martin **Grobbelaar** Johannes Pinard Grobbelaar Nicolaas Johannes Grobler Garth Peter **Grobler** Gregory Martinus **Grobler** Johannes Lodewikus **Grobler** Marthinus **Groenewald** Lukas Johannes Groenewald Marcelle Grootboom Mzukisi Julius Grotepass Frans Wil Guttenberg Graham Roy Haagensen Mark Habicht Gabrielle Haffeiee Ismail Ebrahim Hale Martin John Hall Leslie-Ann Halland Anne-Marie Hamed Zubeida Hammer Alan John Hammond-Tooke Graeme David Handley Jonathan Justin Francis Hangelbroek Peter Hansen Jonathan Nathan Harpur Peter James Harris lan Michael Harrison Anthony Carleton Harrison Neville Alan Hart George Allan Desmond Hartdegen Richard Gerhardus Hartley Patricia Staunton Hartman Ella Hatchett Michael Douglas Hattingh Pieter Wilhelm Haus Matthias Hawthorne Henry Francis Hay Malcolm Haynes lan Anthony Hayse-Gregson Paul Bernard Hayward Frederick Head Mark Stephen Hefer Adam Gottlieb Heijke Sylvia Annigje Magdalena Hellenberg Derek Adriaan Hellig Shelley Lynn Helman Isaac Henderson Linda Grantham Henderson Rex Scott

Hendricks Gavin Neil Hendricks Mark Lawrence Henry Michael Trevor Herselman Anna Maria Hesseling Peter Bernard Hewitt Helen Sheila Hey Jonathan Drummond Heymann Pieter Wouter Heyns Anthon du Plessis Heyns Philip Daniël Stephanus Hill Paul Villiers Hillock Andrew John Hirschowitz Jack Sydney Hitchcock Peter John Hockly Jacqueline Douglas Lawton Hockman Maurice Harold Hoek Beyers Bresler Hoffman Dirk Hoffmann Michael Wolfgang Hoffmann Vivian Jack Hofmeyr Nicholas Gall Hoggan Donald Gavin Hold Allan Richard Holden Timothy Jon Holdsworth Louis David Holloway Alison Mary Holmes Kevin Ernest Buchanan Horak Adrian Rousseau Horak Lindley Rousseau Horrowitz Stephen Dan Horsley Hilton Richard Hougaard Melodie Househam Keith Craig Hovis Arthur Jehiel Howell Alan Melville Howell Michael E Oram Howes Geoffrey Ross Howes Neville Edward Huber Geoffrey Richard Huddle Kenneth Robert Lind Hugo André Paul Hugo Johannes Matthys Hundleby Christopher John Bretherton Hurwitz Charles Hillel Hurwitz Mark David Hurwitz Mervyn Bernard Hurwitz Solomon Simon Hussey Marian Michelle Huysamen George Henry Ichim Camelia Vasilica Ichim Liviu Irvine John Douglas Isaacs Barry Alan Ismail Khalid Hajee Ismail Siddique Mahommed Hoosen Israelstam Dennis Manfred Jackpersad Ramesh Jacobs Conrad Rudolph Jacobs Daniel Pieter Sydney Jacobs Miguel Adrian

Jacobson Merwyn Jack Jakuszko Jaroslaw Jan Jammy Joel Tobias Jan Farida Janse van Rensburg Johan Helgard Jansen van Rensburg Martinus Jansen van Vuuren Jurgens Abraham Janssen Johan Adriaan Jardine Ronald Manuel Jardine William Ivor Jassat Essop Essak Jedeikin Leon Victor Jee Larry Donald Jeena Hansa Jeena Chandrakant Parbhoo Jersky Jechiel Jessop Susan Jane Dorothy Jhetam Dilshad Jinabhai Champaklal Chhaganlal Jöckel Wolfgang Heinrich Joffe Jonathan Joffe Joseph Monty Joffe Leonard Joffe Stephen Neal Johnson Peter Dennis Wilison Johnson Sylvia Johnston John Irving Johnston Thomas Jones Sheldon Victor Jonker Edmund Jonker Michael Angelo Theodore Jooste Edmund Jordaan Gideon Francois Jordaan James Charles Jordaan Johann Petrus Jordaan Robert Joseph Christopher Arthur Joseph Elaine Joubert James Rattray Joynt Gavin Matthew Kaczmarek Wojciech Grzegorz Stanisla Kahn Delawir Kaiser Gerhard Hans Robert Kaiser Walter Kala Udai Keshav Kaliski Sean Zalman Kalla Asgar Ali Kalla Feizal Sakoor Kalla Ismail Sikander Kalombo Augustin Ngalamulume Kamdar Mahomed Cassim Kamffer Alison Clare Kane-Berman Jocelyne Denise Lambie Kaplan Hilton Kaplan Neville Lewis Kapp John

Karl Mario Karlsson Eric Lennart Karusseit Victor Otho Ludwig Kassim Bharat Kumar Kassner Grant William Katsapas Maria Euripides Katz lan Ariel Katz Paul Hugo Katzke Dieter Katzeff Stanley Norman Keet Marie Paulowna Kelbe Dudley Martin-Leake Kelly Anthony Cope Garnett Kelly John Christopher Kelly Martin Arthur Kemp Donald Harold Maxwell Kemp Trevor Newton Kenyon Michael Robert Kesner Kenneth Martin Kessler Edmund Kettles Alfred Norman Kew Michael Charles Key Jillian Jane Aston Khamissa Haroon Khan Mohamed Kieck Charles Frederick Kimberg Matti King Jeffrey King John Frederick Kinsley Robin Howard Kirsten Gerhardus Francois Klein Hymie Ronald Kleinloog Robert Klepp Patricia Joan Klevansky Hyman Kling Kenneth George Kling Sharon Kloeck Walter Gerard Jan Klompie Jan Klopper Stefan Marius Klugman Leon Hyam Klugman Keith Paul Knight Stephen Eric Knobel John Kobe Mabu Rahab Grace Koch Johann Augustinus Koch Madeleine Kocks Daniel Jacobus Kolling Scott Leslie Kolloori John König Harold Leith Edward Kooverii Hargovind Kotton Bernard Kourie Terrence Brian Koz Gabriel Kramer Brian David Kramer Frank Russel Kranold Dorothea Helene Krengel Biniomin Kriel Jacques Ryno Kriel Jeannette Krige Louis Patrick Kritzinger Jacob Johannes Kritzinger Pieter Hendrik

Kruger Abraham Jacobus Kruger Louis Pepler Kruger Machiel Andries Kruger Theunis Frans Kunene Veli Wisdom Fortune Kussel Jack Josiah Kussman Barry David Kuyl Johannes Marinus Lachman Anthony Simon Lachman Peter Irwin La Grange Jacobus Johannes Christiaan Laher Mohammed Ameen Laing John Gordon Dacomb Lake Walter Thomas Lalla Chhimenlal Lalloo Maneklal Lalloo Surava Lamont Alastair Lamparelli Rosario Davide Vincenzo Lampert Jack Arthur Landless Peter Noël Lantermans Elizabeth Cornelia Large Robert George Larsen Charles John Lasich Angelo John Latif Ahmed Suliman Laubscher Willem Marthinus Lötter Laurence John Egerton Lautenbach Colin Derek Lautenbach Earle Eugene Gerard Lawson Hugh Hill Leader Leo Robin Leary Peter Michael Leary William Peregrine Pepperrell Leaver Rov Lecuona Karin Alfrida Le Clus Alfred Leeb Julius Lejuste Michel Jozef Leonie Remi Lemmer Johan Lemmer Lourens Badenhorst Lennox Gordon Stuart Le Roux Deon Le Roux Josef Johannes Le Roux Nicolaas Johannes Christoffel Le Roux Petrus Andries Jacobus Levin Jonathan Levin Solomon Elias Levinson Ivan Philip Levy Ernest Ronald Levy Gary Raymond Lewin Jack Roy Lewis Dorothy Leyland John Richard L'Heureux Renton Liebenberg Anna Erika

Liebenberg Rykie Marlet Liebetrau Carl Roux Liebowitz Lynne Dianne Lindeque Barend Gerhardus Lingham Mogambury Lingham Pungienathan Linton David Michael Lipinska Danuta Lipschitz Shirley Llewellyn Richard Leslie Lloyd David Allden Lloyd Elwyn Allden Lochner Jan de Villiers Locketz Maxwell Ivan Lockhat Ahmed Suliman Loening Walter Edgar Karl Loest Hellmut Claudius Lombaert Alfons Robert Leonie Lombard Hermanus Egbertus Longano Biagio Antonio Loot Sayyed Mahmood Hosain Loots Petrus Beaufort Losken Hans Wolfgang Losman Elma Lotz Jan Willem Lotzof Samuel Loubser Johannes Samuel Louw Henri Tobie Louw Michael Andrew Lownie Madeline Ann Lund Stewart Maxell Lundgren Aina Christina Lurie David Meyer Lurie Russel Lyddell Christopher MacDonald Angus Peter MacEwan lan Campbell MacKenzie Basil Louis Mackenzie Thomas Murray MacLeod Ian Nevis MacPhail Andrew Patrick Madiba Thandinkosi Enos Madikizela Vuyisile Vernon Joseph Maduray Govinden Maelane Kgadi Petrus Maharaj Breminand Maharaj Ishwarlall Chiranjilall Maharaj Udeeth Maharajh Jaynund Mahlangu Amos Mahomed Ebrahim Mahomed Mahomed Faruk Mair Michael John Hayes Maitin Charles Thabo Makein Michael Charles Cavendish Makiwane Nondumiso Julie Sylvia Saratjie Makumbi Frederick Anthony Malakou Bryan Desmond Malan Atties Fourie Malan Christina

Malan Daniel Francois Malebo Moeketsi Samuel Malinga Thembinkosi Dunstan Marianus Maliza Andile Maluleke Frans Risenga Shilwati Mangera Ismail Manikkam Andrew Leonard Mankowitz Emmanuel Mann Julian Harold Mann Solly Manning Anthony John Manning Basil John Mansvelt William Mauritz Mantel Leopold Hans Marais lan Philip Marais Johannes Stephanus Margolis Frank Mariba Thanyani Jonas Marinopoulos George Constantin Marivate Martin Marivate Russell Marks Richard Kearns Martin Adriaan Hendrik Marus Gianluca Marx Johan Hendrik Maske Richard Mason Rosemary Maureen Matisonn Rodney Earl Mauff Alfred Carl Maxwell William Graeme Mayet Fatima Goolam Hoosen Mayet Zubeida Maytham Dermine Mbete Jamangile Mncedi McCosh Christopher John McCutcheon John Peter McDonald Michael Charles Edward McDonald Robert McGibbon lan Colguhoun McGiven Andrew John McIntosh William Andrew McKibbin Joseph Kerr McKnight Ann Crawford McLaren Grant Drummond Mears Jasper William Walter Meer Farooq Moosa Meiring Johannes Cornelius Engelbrecht Mellett William Andrew Melonas Christopher Frank Melvill Roger Laidman Melvin lan Wallace Mendel Eve Frances Mendelsohn Huntley Jonathan Mennen Joachim Mennen Ulrich Mentz Johannes Andriaan Mervis Benjamin Mervitz Michael David

Meyer Anthonie Christoffel Meyer Bernhardt Heinrich Meyer David Meyer De Bruto Laporta Cavalier Meyersohn Sidney Jacob Meyerson Louis Michael Maxwell Stephen Michaels Maureen Jeanne Michalowsky Aubrey Michael Michell William Lancelot Middlewick Glynn Charles Midgley Franklin John **Mieny** Carel Johannes Miles Anthony Ernest Millar Robert Norman Scott Miller Steven David Milne Anthony Tracey Milne Frank John Milner Analee Milner Selwyn Misnuner Zelik Mistry Jayantilal Daya Mitchell Peter John Mitchell Ronald William Mitha Abdul Sater Mitha Ahmed Mji Diliza Modi Pradip Chhaganlal Mody Girish Mahasukhlal Moethilalh Rajinkumar Mogale Saxon Cholohelo Mohamed Abdul Hafeez Mokgokong Mochichi Samuel Martin Mokhobo Kubeni Patrick Molapo Jonathan Lepoqa Molteno Christopher David Mollentze Willem Frederik Montanus Morris Samuel Moodley Dhanapalan Patchay Moodley Jagidesa **Moodley** Sivalingam Cunnavadee Moodley Thirugnanasumburanam Moodley Visalatchee Moola Ismail Moola Yousoof Mahomed Moore Hazel Ann Moosa Abdool-Sattar Moosa Hanief Moosa Laeeka Moosa Muhammed-Ameen Moosa Nisa Ahamed Moosa Yaaseen Morar Champaklal Morkel Roger John Morrell David Francis Morris Warwick Montague Molteno Morrison Gavin Morrison Stephen Christopher Morton Patrick Christopher George Morule Ramoroa Andrew Mosese Matsa Ephraim Motaung Lebala Simon Motyer Roderick Alan Movsowitz Leon Mudely Devandran Mudely Selvanathan Mullan Bertram Strancham Muller Edward Julius **Muller** Frederick Eybers Müller Daniël Marthinus Mulligan Terence P Simpson Mullineux John David Murfin Terence Foster Murray Andrew Neil Murray Anthony David Neil Murray Jill Murray Robert lan Murray Willie Bosseau Musk Michael Anthony Musson Gregory Thomas Mutanda-Musoke Richard William Mutesasira Gustav Shand Mwelase Lancelot Halifax Zwelibanzi Myers Leonard Naicker Tholsi Jocelyn Naidoo Aroomugam Naidoo Balagaru Narsimaloo Naidoo Datshana Prakesh Naidoo Jaybalan Naidoo Mathava Naidoo Neetheananthan Naidoo Premilla Devi Naidu Pithambram Nadamuni Nair Gonasegrie Puckree Nair Margaret Gemma Nanabhay Sayed Suliman Naude Johannes Hendrik Nauhaus Carl Norman Naylor Graeme Aubrey Ndiweni Dalubuhle **Neethling Edward Charles** Neifeld Hyman **Nel** Elias Albertus Nel Hendrik Nel Jacques Bernadus Anton Nel Jan Gideon Nel Johan Theron Nel Julien Robert **Nel** Philippus Jacobus Nel Wilhelm Stephanus **Neser** Christian Petrus Newbury Claude Edward Ngakane Herbert Ngcelwane Mthunzi Victor Ngwanya Reginald Mzudumile Nicholson Melanie Eugene Niemann Albertus Stephanus Nieuwoudt Andries Johan

Nieuwveld Robert Wijnand Nisbet David Alistair Noble Clive Allister Noll Brian Julian Noormohamed Abdul Majid Novis Bernard Novitzky Nicholas Nowitz Michael Raphel Nunes Abilio Simoes Nunes Fatima Maria Nusca Teodora Nussbaum Clive Joel **Obel** Israel Woolf Promund O'Brein Johan Andrew **Odendaal** Hendrik Johannes Odes Harold Selwyn **Olinsky** Anthony Olivier Henri **Omar** Yunoos **Omardien** Yusuf **Omarjee** Suleiman **Oosthuizen** Frederick Pollard Oosthuizen Undine Oosthuysen Stefanus Adrian van Rooyen **Orelowitz** Manney Sidney Orford Alastair Leask **Ossip** Mervyn Seymour Ostrofsky Michael Kenneth Otto Theunis Stoffberg Padayatchi Perumal Palte Howard Daniel Palweni Chapman Wycliffe Pantanowitz Desmond Papert Brian Lewis Papert Errol Jonathan Parag Kantilal Bhagoo Parbhoo Hasmukh Bhagoo Parbhoo Naresh Parbhoo Thakor Park Hilda Gillian Janet Parker Geoffrey Keith Parker Shafik Ahmed Parr Guy Wyndham Parsons Arthur Charles Parsoo Ishwarlall Pascoe Michael Danby Patel Mukundray Govind Patel Prabhakant I alloo Patel Ramesh Dhiru Pather Runganayagum Pattinson Robert Clive Payne Martyn Peer Dawood Goolam Hoosen Pelser Frank Blignaut Pemba Elijah Ntsikelela Persson Alf Lars-Olof Peters Anne Louise Peters Ralph Leslie Pettifor John Morley Philcox Derek Vincent Phillips Gerald Isaac Phillips Keith Radburn

Phillips Louisa Marilyn Phillips Vincent Michael Pienaar Anthony Clement Pienaar Daniël Pienaar Gideon Roos Pieterse Hendrik Sebastian **Pillay** George Permall Pillay Govindasamy Sokalingum Pillay Prebanathan **Pillay** Rathinasabapathy Arumugam Pillay Thiagarajan Sundragasen Pillay Veerasamy Kista Govinda Pincus Philip Stanley Pio Phillipus Stephanus Pitcher James Sydney Pitchford Donald George Kardux Planer Meyer Plit Michael Polakow Everard Stanley Politzky Nathan Pollak Ottilie **Polley** Neville Alfred Pompe van Meerdervoort Hjalmar Frans Poole Janet Elizabeth Porteous Paul Henry Porter Christopher Michael Postma Jacob Ferdinand Potgieter Hermanus Jacobus Potgieter lan Potocnik Felix Claude Victor Power David John Power Harold Michael Prentice Bernard Ross Pretorius David Hermanus Schalk Pretorius Hendrik Petrus Jacobus Pretorius Johannes Adam Pretorius Johannes Jacobus Pretorius Johannes Lodewikus Pretorius Phillip Carl Price Stephen Kennedy Prins Marius Prinsloo Frances Prinsloo Simon Frederik Prinsloo Simon Lodewyk Promnitz Gregory Paul Prosser Geoffrey Leslie Prowse Clive Morley Purbhoo Pramod Quan Tim Quantock Owen Peter Quirke Peter Dathy Grace Rabe Hans-Heinrich Burghardt Rabie Johannes Rabinowitz Clive Radford Geoffrey Raff Milton Raftopulos Paris Raga Jairaj

Raghavjee Indira Vaghjee Raine Edgar Raymond Rajput Mangoo Chhaggan Ram Jaywant Rampersadh Sathyandra Phulackdhari Rand David Freeman Randeree Ismail Goolam Hoosen Randles Graham William Meyerick Rankin Anthony Mottram **Ransome** Olliver James Rapiti Ellappen Venketsami Rasool Mahomed Noor Ratanjee Hansa Rawat Farouk **Rawlings** James Rayner Brian Lindsay Read Geoffrey Oliver Reardon Colin Michael **Rebstein** Stephen Eric Reddi Anunathan Redfern Michael John Reichart Bruno Adolf Reichman Percy Reid Robert Reidy Jeremy Charles Reif Simon Reinach Werner Reitz William Gysbert Rencken Rupert Kuno Retief Christa Retief Francois Jacobus **Retief** Francois Pieter Reyneke Johannes Petrus Reyneke Philippus Johannes Reynders Lynnette Rhodes Anthony Harold Rice Gordon Clarke Richard David Alan **Richards** Alan Trevor Richards Guy Anthony Ritz Louella **Rivett** Kelvin Norman Arthur Robbs John Vivian Robartes Wyndham John **Roberts** Michael Andrew Roberts William A Brooksbank Robins-Browne Roy Michael Robinson Brian Stanley Robinson Joy Rachael Robson Rodney Winston Rodda John Leonard Rode Heinz Rodrigues Francisco Antonio Roediger Wolf Ernst Wilhelm Roelofse Hendrik Johannes Rogaly Elgar Rogan lan MacKenzie Rogers Raymond Alan Roman Horatio Eustace Hereward

Roman Trevor Errol Rome Paul Roodt Andrè Roose Patricia Garfield Rosenberg Basil Rosman Kevin David Rosman Mark Selwyn Ross Mary Hazel Rossouw Barry Colin Rossouw Dennis Pieter Rothberg Alan Dan Rousseau Theodore Emile Roux Louisa Marina Roux Paul Rozwadowski Marek Antoni Rush Peter Sidney Rvan Ravmond Sacho Howard Sacks William Saffer Seelig David Safro Ivor Lawrence Sagor Jason Solomon Salant David John Salmenson Brian David Samson lan David Sander George Bernhard Sanders Hannah-Reeve Sapire David Warren Sarvan Mahomed lobal Saunders Stuart John Saunders William Christopher Scallan Michael John Herbert Schaetzing Albrecht Eberhard Schepers Anton Scher Alan Theodore Schneider Cecil Max Schneider Herbert Rodney Schneier Felix Theodore Schoeman Adam Barnard Schoeman Johannes Feuth Scholtz Raoul Pierre Schultz Claude Bernhard Schutte Philippus Johannes Schwartz Gary David Schwarz Kurt Schwär Theodor Gottfried Schwersenski Jeffrey Schwyzer Rosemarie Scott Bruce William Haigh Scott Neil Petrie Scott Quentin John Seaward Percival Douglas Sedgwick Jerome Seebaran Anoob Ramdaval Seedat Mahomed Ameen Seedat Suleman Mahomed Seedat Yackoob Kassim Seggie Robert McKillop Seidel Wilhelm Friedrich Selemani Salumu Sender Mervyn David Serfontein Jacobus Hendrik Sevenster Albri Monica

Sevitz Hylton Sham Ajith Ravichandra Sher Brian Sher Gerald Sher Geoffrey Sher Mary Ann Sher Rickard Charles Shété Charudutt Dattatraya Shimange Oscar Christopher Shuttleworth Richard Dalton Shweni Phila Michael Siebert Peter Robin de Vos Siew Shirley Sifris Dennis Silber Michael Harold Silbert Maurice Vivian Simmank Karin Christine Simjee Ahmed Essop Simons George Arthur Simonsz Charles Anthony Singer Norman Singh Yudisthir Thrishunku Singh Prakash Siroka Sarka Anna Skudowitz Reuben Benjamin Slater Charles Patrick Slazus Joseph Johannes Sloane Brian Slowatek Wilner Enrique Sluiter Emil Hinricus Smit John Nicholas Smit Michael Robert Smit Wilhelm Michiel Smit Willem Lucas Rudolph Smith Alan Nathaniel Smith Andrè Johann Smith Clifford Smith Darryl Aubrey Smith Eric Harvey Smith Ferdinand Carl Albertus Smith Hendrik Lategan Smith James Leslie Smith Lionel Ralph Smith Timothy Michael Smith Willem Frederick Smuts Norman Albertyn Sneider Paul Snyman Adam Johannes Snyman Hendrick G Abraham Snyman Martin Wietsche **Snyman** Phillipus Johannes Solarsh Stanley Monash Sommerville Thomas Edward Song Ernest Soni Jalaluddin Sonnendecker Ernest W Walter Sparks Bruce Louis Walsh Sparrow Owen Charles Spies Sarel Jacob Spiro Farrell Springer Priscilla Estelle Stanbury James Stewart Stander Dudley

Stannard Clare Elizabeth Stanton Jacobus Johannes Stapleton Graham Neil Stavrides Stavros Steenkamp Lucas Petrus Stein Aaron (Archie) Stein Abraham Stein Robert John Lupton Steingo Leonard Steinmann Christiaan Frederick Stern David Michael Steyn Izak Stefanus Steynberg Fans Hendrik Stidworthy Allen John Rive Stones David Kenneth Storm Daleen Strang Alan Gordon Strachan Johan Cornelis Stride Philip Jonathan Handley Strimling Michael Osher Stronkhorst Johannes Hendrikus Struthers Peter John Styger Viktor Subrayen Kamlanathan Thandrayen Suliman Abdoorahaman Fbrahim Sulman Louis Sunshine Michael Rav Sur Monalisa Sur Ranjan Kumar Surka Juzer Abdulhusain Svensson Lars Georg Swanepoel André Swanepoel Johanna Adriana Swanepoel Wilhelm Adolph Swart Andries Petrus Swart Hans Jacob Swart Jacob Jacobus Swart Johannes Gerhardus Swartz Jack Swiegers Wotan Reynier Sieafried Swift Peter John Tabiri Mathew Nketsia Taams Janva Tang Kennethfa Tarboton Peter Vaughan Taylor Ian Maxwell Taylor Robert Kay Nixon Taylor-Smith Archibald Tayob Fazul Ismail Tayob Ismail Suleman Te Groen Frans Wilhelmus Terblanche John Terespolsky Percy Samuel Thaning Niels-Otto Thatcher Charles John Thejpal Rajendra Theron Charles Theron Eduard Stanley Theron Gerhardus Barnard

Theron Jakobus Lodewikus l uttia Theron Willem Thom Rita Gillian Marie Thomaides Savva Odvsseas Thompson Michael Wilson Balfour Thompson Roderick Mark McGregor Thomson Alan James George **Thomson** Morley Peter Thomson Peter Drummond Thorburn Jonathan Rodney Thorburn Kentigern Thornington Roger Edgar **Tiedt** Nicolaas Johannes Titus Mokete Joseph Tobias Milton Ezra Todd Gail Toker Eugene Trappler David Treisman Oswald Selwyn Tribe Robert Denton Trichard Louis Charles Gordon Lennox Turner Peter James Tweedie lan Wentworth Tyrrell Joseph Clonard Harcourt Ueckermann Edward Heinrich **Uiis** Ronald Rousseau Jan **Underwood** Ronald Arthur **Ungerer** Matthys Johannes Vahed Abdul Khalek Ahmed Valiallah Aziz Ahmed Valjee Ashwin Vallabh Preeteeben Vallabh Satish Vally Ismail Moosa Van Bergen Colyn Olivier Van Bever Donker Sophie Carla Van Biljon Gertruida Van Coeverden de Groot Herman Adriaan Van Dellen James Rikus Van Soelen Janette Marie Van den Aardweg Andrew Maurice Van den Bergh Cornelius Jacob Van den Ende Jan Van der Leek Andrianus Hendrikus Van der Linden Robert Huguenot Van der Linden Wynand Johan Van der Lingen Martin David Van der Merwe Christiaan Van der Merwe Gideon Daniel Van der Merwe Hendrik Johannes Van der Merwe Jacobus Petrus Van der Merwe Janine Van der Merwe Johannes Amos Van der Merwe Philippus

Jacobus Van der Merwe Schalk Willem Petrus Van der Meyden Cornelis Hendrikus Van der Veen Binno Watze Van der Vyver Izak Wilhelm Van der Walt Andrè Van der Walt Anita Van der Walt Estelle Van der Walt Heine Van der Wat Izak Johannes Van der Wat Jacobus JH Botha Van der Westhuijzen Albertus . Johannes Van der Westhuizen Johann Van Drimmelen Bertha Van Drimmelen Pieter Van Eeden Stephanus Frederick Van Gelderen Cyril Jack Van Graan Nico Jacobus Van Greunen Andries Edward Van Hasselt Charles Andrew Van Heerden Carle Stevyn Van Heerden Izak Johannes Van Heerden Schalk Petrus Van Helsdingen Jacobus **Ockert Tertius** Van Heyningen Cecil Francois Van Leenhoff Johannes Willem Vanmali Hasmykhlal Pranjivan Van Marle Jacobus Van Niekerk Anna Catharina Van Niekerk Adria Rosemarie Van Niekerk Christopher Van Niekerk Christoffel Hendrik Van Niekerk Gilbert André Van Niekerk Jacob Jozua Van Niekerk Johannes Philippus de Villiers Van Niekerk Marthinus Gerhardus Manhardt Van Niekerk Martin Louis Van Niekerk William Stephen Van Rensburg Jacobus Albertus Van Rensburg Nicholaas Albertus Jansen Van Rooyen Gert Ignatius Van Schalkwyk Derrick Van Schalkwyk Herman Eben Van Schalkwyk Marita Maria Dirkse Van Schouwenburg Johan Andries Michiel Heyns Van Selm Christopher Denys Van Staden Matheus Cornelius Van Wijk Adriaan Leon Van Wijk Frans Jacob Van Wingerden Jan Jouke Van Wyk Chris Van Wyk Frederick Arthur Kelly Van Zyl-Smit Roal Veldman Michael Hendrik

Veller Martin Georg Velzeboer Sally Jane Venter Andrè Venter Jacobus Frederik Venter Jacobus Gideon Venter Louis Andrè Venter Pieter Ferdinand Venter Petrus Johannes Venter Tertius Hendrik Johannes Ventress Christine Elizabeth Vermaak Etienne Johan Vermeulen Jan Hendrik Victor Jacobus Adriaan Petrus Viljoen Denis Lowe Visser Daniel Vlok Gert Jacobus Voget Stephen John Von Varendorff Edeltraud Mathilde Vosloo Johan Christian Wade Harry Wadee Shahida Wagenfeld Derrick John Henry Wahl Jacobus Johannes Wainwright Helen Cecilia Wainwright Rosalind Dorothy Walele Abdul Aziz Walker David Anthony Walker Kathleen Gwen Wallace lan David Walls Ronald Stewart Walshe Kenneth Campion Walton Russell John Wannenburgh Frederick John Warren Brian Leigh Warren Peter George Robert Watt Keith Alexander Webber Bruce Leonard Weehuizen John Peter Albert Weich Stefan Hans Weinberg Eugene Godfrey Weinberg lan Robert Weinbrenn Clifford Weiss Elisabeth Anna Wellsted Michael Dennis Welsh lan Bransby Welsh Neville Hepburn Wessels Andre Wessels Thomas Ignatius Wessels Wessel Hendrik Westaway Joan Lorraine Westerman David Elliot Weston Neville Anthony White Ronald Gilchrist White Sandra Lesley Whitelaw David Allan Whiting David Ashby Whiting Kenneth Rowland Whittaker David Ernest Whittaker Stuart Wickens Johannes Tromp Widgerow Alan David

Wienand Adolf Johann Wiggelinkhuizen Jan Wilkinson Lynton Dallas Willemse Pieter Williams Margaret Ethel Williams Robert Edward Wilms Carl Adolph Wilson Peter James Wilson Timothy Dover Wilson William Wilton Thomas Derrick Wing Jeffrey Wingreen Basil Wise Roy Oliver Wittenberg Dankwart Friedrich Wolfsdorf Jack Woods John Tennant Woods Peter Tennant Wootton John Barry Leif Wranz Peter Anthony Bernhard Wright lan James Spencer Wright Michael Wunsh Louis Yeats John Raymond Young Christopher Maugham Yudaken Israel Reuwen Yudelowitz Avie Mendel Zaacks Philip Louis Zaaijman John du Toit Zabow Tuviah Zeijlstra Irene Elizabeth Zent Clive Steven Zent Roy Ziady Noël Robin Zieff Solly Ziervogel Carel Frederick Zietsman Francois Zion Monty Mordecai Zungu Mishack Dumisani Sandlasinkosi Zwonnikoff George Alexander

(Deceased members not listed but on record)

CMSA Membership Privileges

LIFE MEMBERSHIP

Members who have remained in good standing with the CMSA for thirty years since registration and who have reached the age of sixtyfive years, qualify for life membership, but must apply to the CMSA office in Rondebosch.

They can also become life members by paying a sum equal to twenty annual subscriptions at the rate applicable at the date of such payment, less an amount equal to five annual subscriptions if they have already paid for five years or longer.

RETIREMENT OPTIONS

The names of members who have retired from active practice will, upon receipt of notification by the CMSA office in Rondebosch, be transferred to the list of "retired members".

The CMSA offers two options in this category:

First Option

The payment of a small subscription which will entitle the member to all privileges, including voting rights at Senate or constituent College

elections. If they continue to pay this small subscription they will, most importantly, qualify for life membership when this is due.

Second Option

No further financial obligations to the CMSA, no voting rights and unfortunately no life membership in years to come.

Members in either of the "retired membership" categories continue to have electronic access to the Journal Transactions and other important Collegiate matter.

WAIVING OF ANNUAL SUBSCRIPTIONS

Payment of annual subscriptions are waived in respect of those who have attained the age of seventy years and members in this category retain their voting rights.

Those who have reached the age of seventy years must advise the CMSA office in Rondebosch accordingly as subscriptions are not waived automatically.



Cape Town Office 17 Milner Road, Rondebosch, 7700 Tel: +27 21 689 9533



Gauteng Office 27 Rhodes Avenue, Parktown West, 2193 Tel: +27 11 726 7091



Kwa Zulu Natal Office 5 Claribel Road, Windermere, Durban, 4001 Tel: +27 31 261 8213

CPD Fee Structure June 2023 – May 2024

FEES INCLUSIVE OF VAT
R1180.00 per application
R2360.00 per day Maximum R5233.00 per activity
R890.00 per application NO CHARGE (to CMSA members in good standing for personal applications
R1960.00 per application

LEVEL 2	FEES INCLUSIVE OF VAT
Comprises structured learning, i.e. formal programme that is planned and offered by a training institution, evaluated by an accredited assessor and has a measurable outcom	

R W S CHEETHAM AWARD IN PSYCHIATRY

The award is offered annually (in respect of a calendar year) by the Senate of The Colleges of Medicine of South Africa for a published essay of sufficient merit on trans - or cross - cultural psychiatry, which may include a research or review article.

Medical Practitioners registered and practising in South Africa qualify for the award which consists of a medal and certificate.

The closing date is 15 January 2024

The guidelines pertaining to the award can be requested from: Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518 E-mail: evelyn.chetty@cmsa.co.za

Checklist for CPD Applications

DOCU	MENTS REQUIRED
RETRO	SPECTIVE ACCREDITATION IS NO LONGER ALLOWED
1	Fully completed 2A CPD Application Form
2	Copy of detailed programme reflecting: a) Start and End times b) Tea, Lunch and Dinner breaks
3	Presenters CV
4	Dedicated Ethics presentations: a) CV of speaker should include ethics proficiency
5	Advertisement / Invite must feature: a) The Accreditor b) Accreditation number c) Level of the activity d) Number of CEU's
6	Journal Clubs: a) Accreditation subject to retrospective provision of attendance registers and journals b) Presenter roster and topics (if allocated) should be sent prospectively with the application
7	CPD Certificate, upon completion of the activity reflecting: a) The Accreditor b) Accreditation number c) Level of the activity e) Number of CEU's f) Number of Ethics CEU's
8	CPD 7 form on the HPCSA website must be completed by the attendees

CPD Accreditation applications can be submitted together with all the above relevant documentation to Evelyn Chetty via email: evelyn.chetty@cmsa.co.za Office Number: +27 31 261 8213, +27 31 261 8518

"The harder you work for something, the greater you'll feel when you achieve it.

Criteria for CMSA Endorsement of CPD Activities

- The CPD activity and its content will have to meet the approval of the relevant College council and considered to be of a standard that will enhance the image of that College.
- 2. The organizer of the CPD activity should ideally be a member of the CMSA in good standing.
- The constituent College must take full responsibility for the completion of the CPD accreditation application. Any CMSA membership discount to be noted under "Registration Fee involved for participants" on the CPD 2A Form.
- 4. The CPD activities should primarily be run under the banner of the constituent College of the CMSA. Due restraint should be exercised by the respective college ensuring that engagement in partnerships with organizations and entities in CPD activities remain appropriate and in keeping with the standing of the CMSA.
- 5. The constituent Colleges of the CMSA should not associate themselves with CPD activities of commercial entities related to product launches or product specific CPD activities.
- 6. Sponsorships of these CPD activities are permissible provided that the principles as set out below are closely adhered to:
 - a. The names of the sponsors should not be included in the title of the CPD activity.
 - b. The sponsor may be acknowledged as a sponsor on the advert/ notification and on the programme for the CPD activity but no advertising of the commercial entities products should appear on either of these documents.
 - c. The mailing of adverts/notifications of the CPD activities may however be accompanied by product literature separated from and not incorporated in the notification/advert of the CPD activity.
 - d. No product promotion is allowed within the CPD meeting room but company-branded items and promotional material may be displayed in a separate area that should not be accessible to the general public if the products are not allowed to be advertised to the public.
 - e. In addition to the above, the sponsored activities should strictly adhere to the code pertaining to marketing and promotions to healthcare professionals as set out by the Marketing Code Authority.

- 7. The determination of the Risk and Profit split remains within the discretion of each individual college in consultation with the organisers of the activity. The overall principle that Risk Share follows Profit Share must apply.
- 8. However, the main thrust of running CPD activities under the auspices of the

CMSA and its constituent Colleges remains most importantly the provision of benefits for ongoing membership of the CMSA, the enhancement of the overall image of constituent College and the CMSA and not the generation of additional income.

A benefit in the form of a meaningful discount for the CPD activity registration fee for CMSA members in good standing should take preference over profit sharing and remain the chief consideration.

This was a very important motivation for extending free CPD accreditation originally.

- 9. On completion of the activity the organisers of the CPD activity must provide the College with a final assessment by the participants with the minimum of the following points to be covered:
 - a. Content
 - b. Presentation
 - c. Organisation / Administration
 - d. Venue
 - e. Overall value

"Your limitation—it's only your imagination."

Standard Operating Procedure for CPD Accreditation

Role and Responsibility Role and Responsibility CMSA EDUCATION OFFICE (ACCREDITOR) APPLICANT (SERVICE PROVIDER) Check that the CPD 2A application form is completed and all Submit a completed CPD 2A application form together with 1 1 supporting documentation required as per the checklist on the supporting documentation as per the checklist on the the website has been received website in line with HPCSA guidelines including the proposed advert and CPD certificate for the activity 2 Application is submitted to the CMSA CPD sub-committee for review 2 Application for accreditation of a CPD activity must be made **PRIOR TO ADVERTISING/ISSUING INVITATIONS** as the accreditation number and number of CEUs accredited must appear on the advert/invitation. On approval of accreditation, the invoice is sent to the 3 Allow 10 working days for accreditation. provider / applicant **RETROSPECTIVE ACCREDITATION IS NO LONGER** ALLOWED 4 On receipt of payment the service provider / applicant will 3 Service provider/applicant must present certificates of receive the accreditation number and the approved CEU's attendance to attendees at the end of the activity or send to attendees within one month. ATTENDANCE CERTIFICATES MUST CONTAIN THE **THE ACCREDITOR:** FOLLOWING: **REVIEWS AND APPROVES APPLICATIONS FOR THE PROVISION** a) The ACCREDITATION AND ACTIVITY NUMBER (a board **OF CPD ACCREDITATION** specific identification) (e.g. MDB001/12/09/2008) b) The <u>TOPIC</u> of the activity (ethics, human rights and health law must be specified separately) c) The LEVEL of the activity d) The NUMBER OF CEUS for that activity e) The ATTENDANCE/COMPLETION DATE f) The NAME AND HPCSA REGISTRATION NUMBER of the attendee "Push yourself, because no one 4 A COPY OF THE SIGNED ATTENDANCE REGISTER must be submitted to the accreditor and the original retained for a else is going to do it for you." minimum of three years **SERVICE PROVIDERS ARE:** INDIVIDUALS / INSTITUTIONS / ORGANISATIONS THAT SUBMIT LEARNING ACTIVITIES TO AN ACCREDITOR FOR REVIEW AND ACCREDITATION PRIOR TO PRESENTING THE CPD ACTIVITY

CMSA Database Information Update

It is the sole responsibility of members of the CMSA to ensure that their address details, e-mail addresses and personal particulars are updated with the CMSA at all times. The CMSA cannot be held responsible for the non-delivery of any legal or statutory documentation to any member whose information has not been updated.

E-mail updated particulars, to: members@cmsa.co.za

Name (State who	ether Prof or Dr)					
					_ Postal Code	
Information, req	uired strictly fo	r statistical and f	undraising purp	oses:		
Gender:	Male	Female				
Race:	Asian	Black	Coloured	White		
Marital Status:	Single	Divorced	Married	Widowed		
Abstained:						

The Colleges of Medicine of South Africa (CMSA) Insignia For Sale - Members

1. TIES				
1.1 Polyester:		Excl. VAT	15% VAT	Incl. VAT
1.1.1. Crest in colour as single under-knot design in navy	R	139.13	20.87	160.00
1.1.2. Rows of shields separated by silver-grey stripes in navy or maroon	R	147.83	22.17	170.00
1.1.3. Wildlife	R	113.04	16.96	130.00
1.1.4. Golden Jubilee Fellow Tie in navy, in design 1.1.2.	R	147.83	22.17	170.00
1.2. Silk material: Fellow Tie in navy, in design 1.1.2.	R	408.70	61.30	470.00
1.3. Satin material: Golden Jubilee Wildlife Tie in navy	R	191.30	28.70	220.00
2. SCARVES (LONG)				
The Big 5 (small animals) attractive design on soft navy fabric	R	260.87	39.13	300.00
3. BLAZER BADGES				
Black or navy, with crest embroidered in colour	R	113.04	16.96	130.00
4. CUFF-LINKS				
4.1. Sterling silver crested - please enquire about price				
4.2. Baked enamel with crest in colour on cream, gold or navy background	R	43.48	6.52	50.00
5. LAPEL BADGES/BROOCHES		·		
Crest in colour, baked enamel on cream, gold or navy background	R	26.09	3.91	30.00
6. KEY RINGS (black/brown leather)				
Crest in colour, baked enamel on cream, gold or navy background	R	43.48	6.52	50.00
7. PAPER-WEIGHTS				
7. PAPER-WEIGHTS Please enquire about price				
Please enquire about price				
Please enquire about price 8. PAPER-KNIVES				
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price	R	852.17	127.83	980.00
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE	R	852.17	127.83	980.00
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia	R	852.17	127.83	980.00
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia 10. PURSE	1			
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia 10. PURSE In leather, with wildlife material inlay	1			
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia 10. PURSE In leather, with wildlife material inlay 11. HISTORY OF THE CMSA	R	339.13	50.87	390.00 170.00
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia 10. PURSE In leather, with wildlife material inlay 11. HISTORY OF THE CMSA Written by Dr Ian Huskisson	R	339.13	50.87	390.00
Please enquire about price 8. PAPER-KNIVES Silver plated, with gold-plated crest - please enquire about price 9. WALL PLAQUE Crest in colour, on imbuia 10. PURSE In leather, with wildlife material inlay 11. HISTORY OF THE CMSA Written by Dr Ian Huskisson 12. DIAMOND JUBILEE INSIGNIA (depicting the dates 1955-2015)	R	339.13	50.87 22.17	390.00 170.00
Please enquire about price8. PAPER-KNIVESSilver plated, with gold-plated crest - please enquire about price9. WALL PLAQUECrest in colour, on imbuia10. PURSEIn leather, with wildlife material inlay11. HISTORY OF THE CMSAWritten by Dr lan Huskisson12. DIAMOND JUBILEE INSIGNIA (depicting the dates 1955-2015)12.1. Maroon tie	R R R	339.13 147.83 173.91	50.87 22.17 26.09	390.00 170.00 200.00
Please enquire about price8. PAPER-KNIVESSilver plated, with gold-plated crest - please enquire about price9. WALL PLAQUECrest in colour, on imbuia10. PURSEIn leather, with wildlife material inlay11. HISTORY OF THE CMSAWritten by Dr lan Huskisson12. DIAMOND JUBILEE INSIGNIA (depicting the dates 1955-2015)12.1. Maroon tie12.2. Maroon/Navy stripe tie	R R R R R	339.13 147.83 173.91 173.91	50.87 22.17 26.09 26.09	390.00 170.00 200.00 200.00
Please enquire about price8. PAPER-KNIVESSilver plated, with gold-plated crest - please enquire about price9. WALL PLAQUECrest in colour, on imbuia10. PURSEIn leather, with wildlife material inlay11. HISTORY OF THE CMSAWritten by Dr lan Huskisson12. DIAMOND JUBILEE INSIGNIA (depicting the dates 1955-2015)12.1. Maroon tie12.3. Pen Set	R R R R R R R	339.13 147.83 173.91 173.91 147.83	50.87 22.17 26.09 26.09 22.17	390.00 170.00 200.00 200.00 170.00
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