



Cert Child and Adolescent Psychiatry(SA)

THE COLLEGES OF MEDICINE OF SOUTH AFRICA

Incorporated Association not for gain
Reg No 1955/000003/08

Examination for the Subspecialty Certificate in Child and Adolescent Psychiatry of the
College of Psychiatrists of South Africa

20 March 2015

1 Paper only

(3 hours)

All questions to be answered. Each question to be answered in a separate book (or books if more than one is required for the one answer)

- 1 Critically discuss reported risk factors associated with the development of Autism Spectrum Disorders. [25]
- 2 Children with Attention Deficit Hyperactivity Disorder (ADHD) may present with a comorbid medical or psychiatric condition. What would be your approach to the management of a child with ADHD and the following conditions
 - a) Epilepsy. (8)
 - b) Tic disorders. (6)
 - c) Generalised Anxiety Disorder. (5)
 - d) Major Depressive Episode. (6)[25]
- 3 Discuss bullying in children and adolescents under the following headings
 - a) The definition and subtypes. (5)
 - b) The characteristics of the bully and the characteristics of the victim. (5)
 - c) Associated psychiatric problems. (15)[25]
- 4 As the paediatric consultation liaison psychiatrist, you are asked to assess an 8-year-old child, day 10 following a motor vehicle accident, and who underwent surgery for pelvic fractures 3 days ago. The history is of an acute onset of a change in behaviour, aggression, tearfulness, mood lability, irritability, 'seeing things' and poor sleep. The medical officer is concerned that the child is presenting with a psychiatric disorder and requests admission to the psychiatric ward, upon stabilisation of the medical condition
 - a) Critically discuss the differential diagnosis of a child presenting with this clinical picture. (8)
 - b) What additional information would you want to obtain from the medical records (case notes), ward staff, parent or caregiver? (7)
 - c) Briefly discuss the main aspects of the assessment and management of this child in the general ward setting. (10)[25]