



Cert Child and Adolescent Psychiatry(SA)

## THE COLLEGES OF MEDICINE OF SOUTH AFRICA

Incorporated Association not for gain  
Reg No 1955/000003/08

Examination for the Subspecialty Certificate in Child and Adolescent Psychiatry of the  
College of Psychiatrists of South Africa

28 August 2015

1 Paper only

(3 hours)

*All questions to be answered. Each question to be answered in a separate book (or books if more than one is required for the one answer)*

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- 1 Children suffering from epilepsy are frequently referred to child and adolescent mental health services
  - a) Briefly describe the comorbidities associated with childhood epilepsy and how this may impact on the behaviour of the child. (10)
  - b) Describe your approach to the assessment and bio-psycho-social management of an epileptic child, or child presenting with seizures, who has been referred for a psychiatric assessment. (15)[25]
  
- 2 Write short notes on the following
  - a) Common psychological and behavioural symptoms in a child whom you suspect may have been sexually abused. (10)
  - b) Side effects of Lamotrigine medication. (5)
  - c) What are the similarities and differences between Bipolar II and Intermittent Explosive Disorder? (10)[25]
  
- 3 You are the senior registrar on call and are called in the early evening to see a 12-year-old boy who has been brought to casualty with a history of self-harming behaviour. In an essay
  - a) Discuss your assessment.
  - b) Describe your differential diagnoses – give reasons for each.
  - c) How will you manage the young boy? You may decide following your assessment that he needs a hospital admission. The local psychiatric ward for children under 13 years of age is full. How will you manage the situation? [25]
  
- 4
  - a) Discuss the psychiatric disorders associated with HIV infection in children and adolescents. (15)
  - b) Discuss the medico-legal requirements in terms of children/adolescents consenting to
    - i) HIV testing. (6)
    - ii) Contraception. (4)[25]