

DA(SA)

### THE COLLEGES OF MEDICINE OF SOUTH AFRICA

Incorporated Association not for gain Reg No 1955/000003/08

#### Examination for the Diploma in Anaesthetics of the College of Anaesthetists of South Africa



11 July 2018

Paper 1 (3 hours)

All questions to be answered.

#### Please answer questions 1, 2 and 3 in ONE booklet

1	You have to anaesthetise a 48-year-old male patient with a history of Chronic Obstr Pulmonary Disease (COPD) scheduled for an elective lower abdominal surgical procedula. What criteria will you use to diagnose the severity of COPD?  What will be your pre-operative considerations?  What are the mechanisms of oxygen-induced hypercapnia in patients with COPD?  What will be the best peri-operative pain management strategy?	ure (2) (5)
2	What are the mechanisms of action for the following drugs  a) Losartan? b) Enalapril? c) Prazocin? d) Atenolol? e) Nifedipine? e) Which anti-hypertensives would you prescribe or omit for the morning of surgery?	(1) (1) (1) (1) (1) (2)
3	A pulse oximeter is one of the standard monitors in the practice of anaesthesia  What physical laws are the basis of the function of the pulse oximeter?  Describe what those laws state.  What range of the electromagnetic spectrum does the pulse oximeter use?  List three sources of inaccuracy, when reading the saturation on a pulse oximeter.	(1) (2) (2) (3) [8]
Plea	e answer questions 4, 5 and 6 in ONE booklet	
4	Maintaining intra-operative normothermia is important  a) Why is hypothermia detrimental to the patient?  b) List the four physical principles of heat transfer.  c) i) Which method of heat transfer is used in a forced air warming device?  ii) Explain how a forced air warming device works.  iii) What is the potential complication of using the device incorrectly?	(1) (4) (1) (3) (1)

What is the potential complication of using the device incorrectly?

[10]

		2		
5	<ul><li>burns (including factor)</li><li>a) Describe the about the second patient.</li><li>b) Briefly describe patient.</li><li>c) Subsequently</li></ul>	Briefly describe the mechanism of suxamethonium induced hyperkalaemia in the burns patient. (2)		
6	is found to be hype haemodynamically a) What is the lik b) What special is c) Using the equ	patient presents with a stab to the left of tensive, with muffled heart sounds a unstable and is rushed to theatre sely cause of shock in this scenario? Investigation would confirm the diagnosation below to motivate your answers   BP) = stroke volume (SV) x hear	and jugular venous distention. He is  (1) osis? (1) , complete the following table. (8)	
		Intervention / drug of choice	Motivation for choice	
	Induction agent	intervention / urug or choice	Motivation for Choice	
	Analgesia			
	Fluids			
	Inotropy			
Plea 7	A 31-year-old male elective list for a per a) Describe spinds b) Discuss the in i) The type ii) What is to lii) Explain to lift the surgeon falls within the ii) What con	patient known with paraplegia at T6, rcutaneous nephron-lithotomy in the pal shock and explain whether this contra-operative management of this pate and device used for airway manager the risk if suxamethonium is used? The mechanism of 7bii).  I suggested operating without anaest asensate area.  Indition is the patient at risk of?	sustained 4 months ago, is on your prone position dition is an issue for this patient. (3) ient with special reference to ment. (2) (1) (2) hesia citing that the surgical incision	
8	iv) What wo	the pathophysiology of your answer to buld be your management of the above patient had a motorcycle injury sustatient is booked for emergency decomp	e? (2) [14] ining a head injury with coup/contra-	
	a) Write down th	e equation for cerebral perfusion pres	sure. (2)	

State two treatment modalities that can be implemented intra-operatively to protect the

Name any two conditions that can disrupt the blood brain barrier.

brain until the skull and dura is opened?

b)

c)

PTO/Page 3 Question 9...

(2)

(2)

[6]

9	With a)	respect to anaesthesia in a patient with epilepsy  Name two anaesthetic drugs that should be avoided due to their epileptogenic potentia	
	b)	What drug interaction will manifest with the combination of chronic phenytoin therapy an the use of steroidal type non-depolarising muscle relaxants?  What is the solution to the above drug interaction?  (2  (2  (2  (2  (2  (2  (1  (1  (1  (2  (1  (1	d ) )
10	With a)	respect to anaesthesia for a patient with Parkinson's disease  Name two anaesthetic drugs that can exacerbate the symptoms of Parkinsons disease  (2)	
	b)	Explain why they would have this effect. (1	)
11	Rega a) b)	arding anaesthesia for electroconvulsive therapy  Name the physiological effects of the electroconvulsive seizures.  What is the most appropriate muscle relaxant for providing the mandatory muscle relaxation during the seizure?  (1)	е )
Plea	se ar	nswer question 12 in a separate booklet	
12	after	-year-old female patient is scheduled for the insertion of a right dynamic hip screw (DHS a recent fall. Upon examination you discover that she has a right parasternal ejection blic murmur. She is allergic to penicillin  What is the classic triad of symptoms associated with aortic stenosis?  How would you differentiate clinically between aortic stenosis and aortic sclerosis?  What is the significance of this distinction?  Name the three most likely causes of aortic stenosis in an elderly patient.  Briefly describe the pathophysiological changes that occur in the heart with mild to moderate aortic stenosis.  List four special investigations, other than echocardiography, that you would request a part of your pre-operative evaluation. Provide a reason for each investigation requested what important information could a transthoracic echo provide?  What antibiotic prophylaxis would you prescribe pre-operatively for this patient?  [30]	n (3)(3)(2)(3)(3)(3)(3)(3)(3)(3)(3)(3)(3)(3)(3)(3)
Plea	se ar	swer question 13, 14, 15 and 16 in ONE booklet	
<ul><li>13</li><li>14</li></ul>	worr a) b) c)	arding general anaesthesia for a caesarean section of any indication, mention any ying concerns during each of the stages listed below Induction.  Maintenance.  Emergence.  (2)  (2)  (3)  (4)  (5)  (6)  (6)  (6)  (7)  (Cardio- Pulmonar	2) 2) 2) 5]
		uscitation) on a 38-weeks pregnant woman who suddenly collapses in the ward. [4	-

15	Rega a) b) c) d)	arding massive obstetrics haemorrhage What is the definition? List 2 common antepartum causes. List 4 common postpartum causes. Which pro-coagulant drug is indicated for obstetric haemorrhage and what is its mechanism of action?  (2) (3) (4) (5) (6) (7) (8) (9) (10)
16	Rega a) b) c) d)	Arding Magnesium sulphate use in obstetrics  Name 2 common indications.  What are the clinical signs of toxicity that you should exclude prior to deciding on type of anaesthesia?  What single medication will you make available prior to anaesthesia if you suspect toxicity?  Explain how you will safely utilise non-depolarising muscle relaxants if you have to administer general anaesthesia for a pre-eclamptic patient who has been receiving an infusion of magnesium sulphate.  (2)  (3)
Plea	se ar	nswer question 17 and 18 in ONE booklet
17		2-year-old ventilated male patient, that developed acute respiratory distress syndrome DS) in the intensive care unit (ICU), is brought to theatre from ICU for a tracheostomy Which radiological findings must be present on the CXR as part of the diagnosis of ARDS?  (2)  On arrival in theatre, describe your ventilator settings for this patient with regards to tidal volume (TV), positive end expiratory pressure (PEEP), plateau inspiratory pressure and FiO2.  (4)  Intra-operatively, after the surgeon inserts the tracheostomy tube and you commence ventilation through the tracheostomy, your patient suddenly developed hypoxaemia. How do you manage this?  (6)  Name 6 possible adverse effects or complications when applying an excessive amount of PEEP to a ventilated patient.  (5)  List 4 drugs that can be used for sedation in the ICU setting.  (2)  Name 3 advantages of a tracheostomy for a patient needing prolonged ventilation in ICU.
18	a) b) c)	tient on acute renal dialysis is taken to theatre for washout and cleaning of a scalp wound What is disequilibrium syndrome and its possible effects on your anaesthesia? (3) How will you manage the fluid requirements for this patient? (3) Which drugs will you avoid in this patient, considering that you must take her back to high care extubated? (2)
Plea	se ar	nswer question 19, 20 and 21 in ONE booklet
19		-year-old moderately obese diabetic patient on insulin therapy has been booked for below amputation.  List 4 physiological effects of insulin.  What clinical signs of diabetic autonomic neuropathy would you look for?  Describe pathophysiologic changes of obesity on the cardiovascular system that you might expect in this patient.  (4)

20	Reg	arding open eye surgery	
	a)	What is the nerve for the afferent and the nerve for the efferent pathway	of the
		oculocardiac reflex?	(2)
	b)	Describe your management of the oculocardiac reflex.	(3)
	c)	List 3 drugs to be avoided in this surgical procedure.	(3) [8]
			ုပ
21		year-old male child is booked for adenoidectomy at 8:00 am the following day. His n	nother
	<b>-</b> .	s a history of severe snoring and no history of a pharmacogenetic disorder	
	a)	What would you look for in your clinical examination?	(5)
	b)	What premedication would you prescribe for this patient?	(2)
	c)	What is your post-operative airway concern and how would you manage it?	(3)
			[10]
Plea	ase a	nswer question 22, 23 and 24 in ONE booklet	
22	An a	anxious 4-year-old male ASA 1 patient presents for elective umbilical hernia repair	
	a)	Describe your pre-operative plan to manage his anxiety.	(3)
	b)	List 4 airway characteristics of children that differ from adult patients.	(4)
	c)	What are the fasting guidelines for paediatric patients?	(2)
	d)	Using equations for the above patient calculate the following (show calculations)	>
		i) Estimated body weight.	(2)
		ii) Endotracheal tube size.	(2) (3)
	٥)	<ul><li>iii) Intra-operative fluid maintenance.</li><li>In the recovery room, post-extubation, you hear an inspiratory high-pitched when</li></ul>	(S) Dazina
	e)	sound. You make a diagnosis of post-operative stridor.	ezing
		i) Give 2 possible risk factors for post-extubation stridor in this patient.	(2)
		ii) Describe your management.	(4)
			[ <u>2</u> 2]
00			
23		erms of EMLA	(2)
	a) b)	What drugs are contained in EMLA cream?  Describe how EMLA is used?	(2)
	D)	Describe now Liview is used:	(2) [4]
			١٠,
24	Reg	arding the Propofol Infusion Syndrome (PRIS)	
	a)	What dosing of propofol is associated with PRIS?	(1)
	b)	What are the features of PRIS?	(3)
			[4]
Plea	ase a	nswer question 25 in ONE booklet	
25	You	are asked to provide general anaesthesia for a list of dental cases in a day clinic	which
	only	has one theatre. All the patients will be under 6-years-old	
	a)	What will you consider when deciding on your analgesia plan?	(3)
	b)	Give three examples of analgesia you will use. Include the agent, dose and ro	
	- \	administration.	(9)
	c)	Which circuit will you use and what fresh gas flows will you set for spontaneous vent and manual ventilation?	
	d)	When will you allow the patients to be discharged?	(3) (8)
	<b>∽</b> /		,υ,

What are your 2 main concerns?

e)

The dentist has a 4-year-old patient without a medical aid who cannot afford the day clinic.

She asks you to please provide sedation in her rooms the following day for 2 extractions.

(2)

	,	/hat minimum equipm volved?	ent must she have a	available for you	to consider being (5 [30	)
Plea	ise answer qu	estion 26, 27, 28, 29	and 30 in ONE book	let		
26	You step on a thorn. Draw and label the pathway followed to cause the sharp pain sensation. [8					
27	List three effe a) Cardiova	patient post operative cts of his pain on eac ascular system. ne system.	y in the recovery room h of the following	n. He verbalises his	s pain to be severe (3 (3	8)
28	Draw and broa	adly describe your int	erpretation of a unive	rsal pain scale.	[4	]
29	29 Complete the following table					
	Drug	Mechanism of action	Route of administration	Duration of action	Contra indication	
	Morphine					
	Tramadol					
	Parecoxib					
	Ketamine					_
		1	,	<u>'</u>	3]	3]
30	<ul><li>a) Blunting</li><li>b) Intubating</li><li>c) Renal fa</li></ul>	of intubation responsing a 2-year-old child, vilure patient coming for	the following scenarion in a patient with HE without using muscle roor peritoneal dialysis of the for a 30-minutes da	LLP syndrome. elaxant. catheter placemen		)



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# Examination for the Diploma in Anaesthetics of the College of Anaesthetists of South Africa

12 July 2018



Paper 3	Data Interpretation	(2 hours)

Instructions

#### There is one booklet for this examination

Candidate number: \_\_\_\_\_

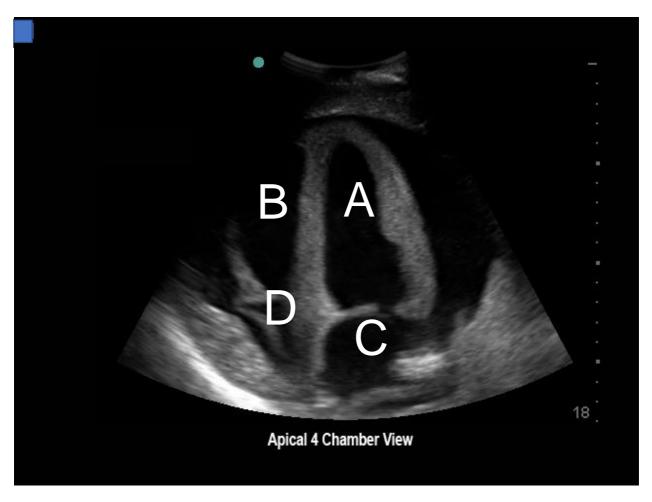
Answer all questions in the booklet and hand in the whole booklet at the end of the examination. Do not tear off or remove any pages.

Not all questions have an accompanying picture.

Note the number of responses required for each question, and do not provide more responses than are required (as these will be ignored).

NB. Fill in your candidate number above.

The below transthoracic echo view is an apical 4 chamber view



a)	Label the anatomical parts marked A to D.	(4)
	A:	
	B:	
	C:	
	D:	
b)	What is the pathology shown on this view?	(1)

Give five possible causes of the above pathology.	(5
	[10

The below patient is a patient booked for a laparoscopic cholecystectomy

His urea and electrolytes are as follows

Na+ 156 mmol/l K+ 3.0 mmol/l Ur 8 μmol/l Cr 70 mmol/l



	From the above morphology and blood results what condition do you think the patient has explain your answer?
_	
_	
_	
-	
-	
	Which drugs are used as chronic medication for this condition and how are you goin administer them peri-operatively?
-	
-	
-	
-	

List your concerns with positioning for this patient.	(4)
	[10]

You have performed spinal anaesthesia on a 70-year-old male, with no co-morbidities except for prostatic hyperplasia, for a transurethral resection of the prostate. Intra-operatively, he becomes restless and dyspnoeic, and you notice his vital readings are as listed below

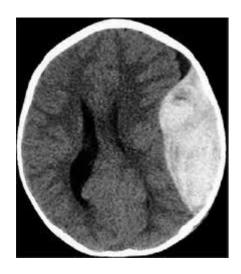
BP: 178/110 PR: 33 beats/min SPO2: 88%

You AB	u take an arterial blood gas and the results are as below G:  pH:7.25  HCO <sub>3</sub> : 16 mmol/l  BE: -10  PaO <sub>2</sub> : 60mmHg  PaCO <sub>2</sub> : 30mmHg  Na <sup>2+</sup> : 118 mmol/l  Glucose: 14mmol/l  Hb: 8.0 g/dl	
a)	List your differential diagnosis.	(3)

natraemia?	
- r	natraemia?

What strategies can be used to prevent this situation from happening?	(3
	[10]

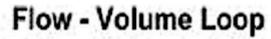
A 40-year-old male who sustained a head injury, presents with the following CT (**computed tomography**) scan, for a craniotomy

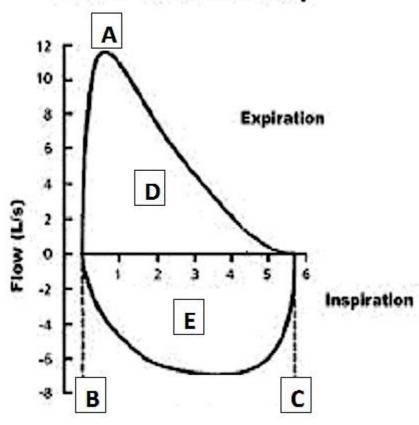


a)	What pathology do you see on the CT Scan? (2)
b)	Which induction agent, ketamine or propofol, would you use on the above patient and why? (5)

Which inhalational agent would you avoid and why?	(3
	[10]

The below figure shows a flow/volume loop taken with the patient breathing from a maximum expiration to a maximum inspiration



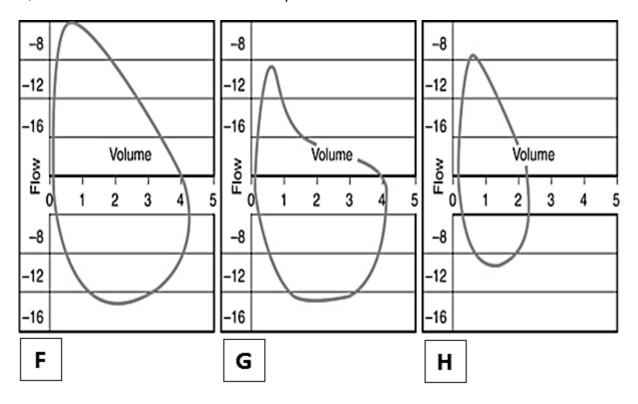


a)	Label the above diagram A – E.	(5)
	A:	
	B:	
	C:	
	D:	
	F·	

b) Draw a flow/volume loop showing obstruction to inspiration and obstruction to expiration. (2)

[7]

F, G and H are three Flow/volume loops

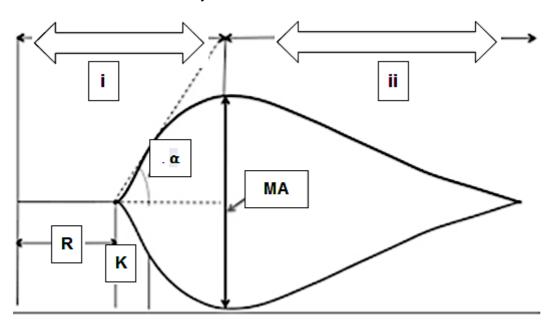


ndicate which is compatible with normal, emphysema and restrictive lung disease.	[3]

What laboratory or other tests can be done to measure the activity of

a)	Heparin.	(1)
b)	Low Molecular Heparin.	(1)
c)	Warfarin.	(1)
d)	Aspirin.	(1)
e)	Clopidogrel.	(1)
		[5]

Thromboelastogram (TEG) may allow for a more goal-directed transfusion of blood and blood products. The interactions between the coagulation cascades, platelets, and the fibrinolytic system in the formation and stability of a clot are demonstrated within a TEG



	reference to the example above, please label what the periods i and ii represent.	(2)
	ch blood constituents may influence R.	(1)
ii)	α and K.	(1)
iii)	MA.	(1)

[5]

Give the accepted time period before a neuraxial block can be performed in a patient given the following drugs

1)	Unfractionated heparin.	(1)
))	Low molecular weight heparin–prophylaxis dose.	(1)
;)	Warfarin.	(1)
·/		
l)	Aspirin.	(1)
•)	Clopidogrel.	(1)

A 38-year-old female is scheduled for an elective subtotal thyroidectomy. She gives a history of intolerance to heat, palpitations, lethargy and weight loss and finds it difficult to breathe comfortably when lying flat. She has an enlarged left throid lobe. She failed radio-iodine therapy 3 years ago. Her current medication is carmibazole and eye drops

#### **CLINICAL EXAMINATION**

Weight – 56kg Height – 170cm HR – 120 bpm BP – 110/75 Temp – 36.7

Thyroid Function Tests			
T4	30.7pmol/L	(10-22pmol/L)	
Free T3	10.5pmol/L	(2-7pmol/L)	
TSH	0.1 mU/L	(0.3-4.6mU/L)	

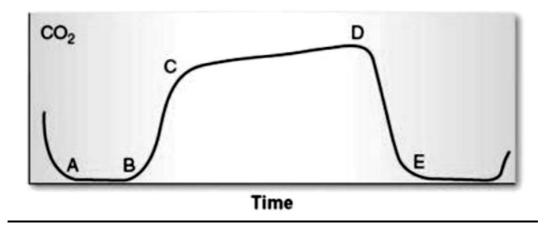
What could be the cause	of this state?	(1
If the thyroid state is unco	ontrolled what other drugs can be used to achieve a	euthyroid state (2

a)	Name three indications for capnography.	(3)
o)	Name three causes for raised ETCO2.	(3)
c)	Name two causes for decreased ETCO2.	(2)

d) Label the image below and indicate where you would read the ETCO2?

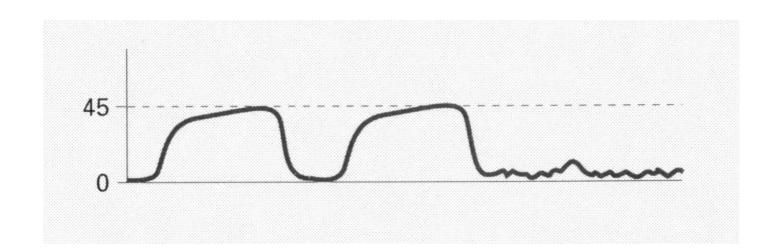
(5)

[13]

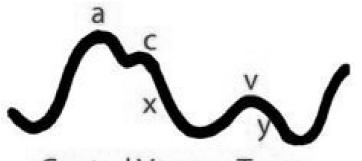


A: _	 	 	
-			
C:_			
D:			
E: _			

Give a differential diagnosis for the image below?				



a) Below is a labelled Central Venous Pressure tracing. Indicate what each letter stands for (5)



# Central Venous Trace

A:	
C:	
V:	
X:	
Y:	
How will this tracing change in a patient with constrictive pericarditis?	(2
Name the sites and their possible benefits where one can place a central venou	s catheter
Name the sites and their possible benefits where one can place a central verious	(3

ı	Name 5 complications of a Central Venous Catheter.	(5
-		
-		
-		
-		
-		
_		
_		
		[15



Name the disorder depicted above.	(1)
Name the relevant airway and respiratory difficulties that may be present.	

(4)	What difficulties with regards to your anaesthesia plan might be expected?					
[10						

You are called to see a 54-year-old lady on the ward, she is 3 days post cholecystectomy and is complaining of shortness of breath. Her arterial blood gas (ABG) is as follows

pH: 7.49

pO2: 7.5kPa/ 56,25mmHg pCO2: 3.9kPa/ 29,25mmHg

HCO3: 22mmol/l

BE: -1

Everything else is within normal range

What does her ABG Show?	
What is the differential diagnosis?	
How would you manage this patient?	
	· · · · · · · · · · · · · · · · · · ·

d)

What is the axis?

Î	~	11k 1	~~~	-riim	nyn	rufi	hh	dr.
	mhmhmh	::E	mpi	-prip		mfr	h	4
	mhuhuh.	4.1	mh	-ligh	m	p-la	July	h
$\Box^{c}$	inhinhinhi	ymy	ngn	mm	ngn	ynyn	grupi	yn.
	mhuhuh	had	mh	July	mhu	hah	hh	dr
a)	What does an ECG	actually r	measure′	?				(1)
b)	What is the heart ra	ate in the a	above FO	CG?				(1)
~,								
c)	What is the rhythm	?						(1)

(1)

What is a normal PR interval value?	
How would you treat this arrhythmia?	
What are causes of interference or difficulties in performing a 12 lead ECG?	



nterpret the above reading displayed on the nerve stimulator.	(2
When assessing the train of 4, where can you place the electrodes?	(1
How is train of four used to assess depth of neuromuscular block?	(1

At what percentage of receptor block would you lose the 4th(T4) and 2nd(T2) twitch?	(2
Using train of four, when would you consider a patient ready to receive neuromuscular reversing agents and to be extubated?	block (2)
What is post tetanic count and when would you use it?	(2)
	[10



a)	What pathology do you see on the chest x-ray?	(2

anaesthesia?	pressure, under gen
How would you safely anaesthetise this patient?	

The below patient was examined and found to have yellow sclera



ii)	Raised alkaline phosphatase.
,	
ii)	Elevated alpha-fetoprotein.

b) Complete the following table with regard to safe and unsafe drugs in a patient with the above condition (4)

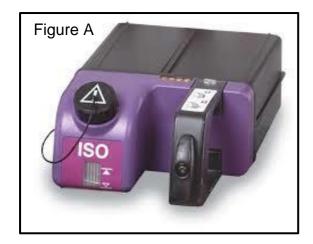
	Safe	Unsafe/avoid
Inhalational Agents		
Muscle Relaxants		

a)	3 anaesthetic related concerns in this patient with regard to the following Neuraxial anaesthesia.	
b)	Cardiovascular.	
c)	Metabolic.	
C)	Wetabolic.	
	·	
		[



List 2 feetures in the x-ray shove in keeping with your diagnosis	
List 2 features in the x-ray above in keeping with your diagnosis.	
List 2 leatures in the x-ray above in keeping with your diagnosis.	

List the respiratory complications that may occur in the patient with the above x general anaesthesia.	ray, unde (3
gonoral anadomodia.	(0
List 2 objective measures of respiratory failure in this patient.	(2
What type of ventilation/perfusion (V/Q) mismatch would this patient have?	(1
	[10





what type of vapouriser is depicted in Figure A and B above:	(2
Figure A:	
Figure B:	
How does the desflurane vapouriser differ from other vapourisers?	(2
State 2 ways in which a vapouriser compensates for temperature changes of the	e volatile liquid (2)

### d) Complete the following table

(4)

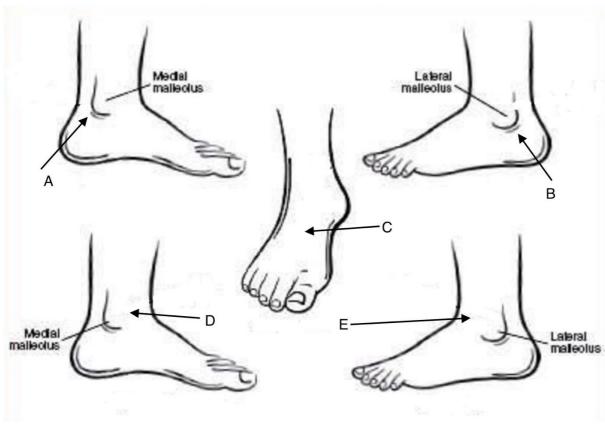
	Isoflurane	Desflurane
Volatile colour code		
MAC (%)		
Can the volatile be used for gas inductions?		
Blood gas partition coefficient		

[10]



List your management as a stepwise approach.	

## Ankle block



a)	Which 5 nerves marked A -E, supply the ankle?	(5)
	A:	
	B:	
	C:	
	D:	
	E:	

[5]