

# TRANSACTIONS

Volume 62 (2) July to December 2018

#### **CHIEF EDITOR**

Professor Gboyega A Ogunbanjo

#### **COPY EDITOR**

Sharleen Stone

#### **DEPUTY EDITOR**

Professor Leanne Sykes

#### LETTERS TO THE EDITOR

Professor Gboyega A Ogunbanjo E-mail: profbanjo@gmail.com

The Colleges of Medicine of South Africa (CMSA) Correspondence to CEO | Mrs Lize Hayes Website: http://www.cmsa.co.za

## CAPE TOWN OFFICE

FINANCE AND GENERAL PURPOSES 17 Milner Road, Rondebosch, 7700

Tel: +27 21 689 9533 | Fax: +27 21 685 3766

#### **Chief Executive Officer**

Mrs Lize Hayes

E-mail: lize.hayes@cmsa.co.za

# GAUTENG OFFICE EXAMINATIONS AND CREDENTIALS

27 Rhodes Avenue, Parktown West, 2193 Tel: +27 11 726 7091 | Fax: +27 11 726 4036

#### Academic Registrar

Mrs Ann Vorster

E-mail: Ann. Vorster@cmsa.co.za

## KWA ZULU NATAL OFFICE FOLICATION

5 Claribel Road, Windermere, Durban, 4001 Tel: +27 31 261 8213 | Fax: +27 86 502 0879

#### Manager

Mrs Sharleen Stone

E-mail: sharleen.stone@cmsa.co.za

#### Advertising Enquiries:

Prestige Signage Projects (PTY) Ltd

Office: +27 31 262 6341

Email: projects@prestigesignage.co.za

Publisher: Belinda Lotter Production: Belinda Lotter

Prestige Signage Projects (PTY) Ltd

PO Box 801, Westville 3630

Tel: +27 31 262 6341 | Fax: +27 86 522 5581

Email: sales@prestigesignage.co.za

#### Designer

Prestige Signage Projects, Belinda Lotter

#### © 2017 All rights reserved

No part of this publication may be reproduced or transmitted in any form, by any means, electronic or mechanical, including photocopying, recording or any information storage or retrieval system, without written permission from the editor.

Opinions and statements of whatever nature are published under the authority of the submitting author, and the inclusion or exclusion of information or procedures, do not necessarily reflect the views of the editor, the editorial board. The Colleges of Medicine SA or Prestige Signage Projects (PTY) Ltd. While every effort is made to ensure accurate reproduction, the authors, advisors, publishers and their employees or agents shall not be responsible, or in any way liable for errors, omissions or inaccuracies in the publication, whether arising from negligence or otherwise or for any consequences arising there from. The publication of advertisements in this journal does not imply an endorsement by the publishers or its editional board and does not guarantee any claims made for products or services by their manufacturers.

## **Contents**

Eultoriai: Professor GA Oguribanjo	.4
Presidential Message: Professor MM Sathekge	.5
Admission Ceremony: May 2018	.8
Oration: Professor M Veller	.9
Citation: Professor BG Lindeque	11
Medallists	12
List of Successful Candidates: March 2018	14
Annual Report of the Senate of The Colleges of Medicine of South Africa	24
Annual Reports of the Constituent Colleges	38
CMSA Retention of Doctors Survey	56
The KM Seedat Memorial Lectureship	36
The Phyllis Knocker Bradlow Award	38
Obituary: Professor B Mayosi	75
The Arthur Landau Lectureship	76
Donation to the CMSA	91
Report Back Eponymous 2018	92
CMSA Announcements and Important Notices	
Instructions to Authors	.3
CMSA Lost Members	.3
CMSA Active Honorary Fellows	93
CMSA Active Fellows ad Eundem	<b>9</b> 5
CMSA Active Life Members	96
CMSA Membership Privileges	)1
CMSA CPD Fee Structure10	)2
CMSA CPD Check list10	)3
Standart Operating Procedure	)4
CMSA Database Information Update	)5
Insignia for Sale: CMSA Members	)6



By Varavin 88

Traditional handmade drums for sale

Shutterstock Stock photo ID: 743118871

### **Instructions to Authors**

#### 1. MANUSCRIPTS

- 1.1 All copies should be typewritten with double spacing and wide margins.
- 1.2 In addition to the hard copy, material should also, if possible, be sent on disk (in text only format) to facilitate and expedite the setting of the manuscript.
- 1.3 Abbreviations should be spelt out when first used in the text. Scientific measurements should be expressed in SI units throughout, with two exceptions: blood pressure should be given in mmHg and haemoglobin as g/dI.
- 1.4 All numerals should be written as such (ie not spelt out) except at the beginning of a sentence.
- 1.5 Tables, references and legends for illustrations should be typed on separate sheets and should be clearly identified. Tables should carry Roman numerals, thus: I, II, III, etc and illustrations should have Arabic numerals, thus: 1, 2, 3 etc.
- 1.6 The author's contact details should be given on the title page, ie telephone, mobile, fax numbers, and e-mail address.

#### 2. FIGURES

- 2.1 Figures consist of all material which cannot be set in type, such as photographs, line drawings, etc. (Tables are not included in this classification and should not be submitted as photographs). Photographs should be glossy prints, not mounted, untrimmed and unmarked. Where possible, all illustrations should be of the same size, using the same scale.
- 2.2 Figure numbers should be clearly marked with a sticker on the back and the top of the illustration should be indicated.

2.3 Where identification of a patient is possible from a photograph the author must submit consent to publication signed by the patient, or the parent or guardian in the case of a minor.

#### 3. REFERENCES

- 3.1 References should be inserted in the text as superior numbers and should be listed at the end of the article in numerical order.
- 3.2 References should be set out in the Vancouver style and the abbreviations of journals should conform to those used in Index Medicus.
  - Names and initials of all authors should be given unless there are more than six, in which case the first three names should be given followed by "et al". First and last page numbers should be given.
- 3.3 "Unpublished observations" and "personal communications" may be cited in the text, but not as references.

#### Article References:

 Price NC. Importance of asking about glaucoma. BMJ 1983; 286: 349-350.

#### Book references:

- Jeffcoate N. Principles of Gynaecology. 4th ed. London: Butterworths.1975: 96
- Weinstein L, Swartz MN. Pathogenic properties of invading Micro-organisms. In: Sodeman WA jun, Sodeman WA, eds.
- Pathologic Physiology: Mechanisms of Disease. Philadelphia: WB Saunders, 1974: 457-472.

## **Lost Members**

The CMSA office in Rondebosch is keen to establish the whereabouts of the following "lost members", some of whom may be deceased. Any information that can be of assistance must please be e-mailed to Bianca van der Westhuizen at bianca.vdwesthuizen@cmsa.co.za or Tel: +27 21 689 9533.

Frank, Joachim Roelof (College of Obstetricians and Gynaecologists)

Furstenburg, Phillip Pieter (College of Emergency Medicine)

**Kennedy,** Fiona Louise (College of Anaethetists)

**Kuther,** Annamarie (College of Emergency Medicine)

**Naidoo**, Logeshini (College of Radiologists)

**Ngakane**, Herbert (College of Surgeons)

**Ospovat,** Norman Theodore *(College of Physicians)* 

**Theron,** Jakobus Lodewikus Luttig (College of Surgeons)

Information as at 29 August 2018

# The Colleges of Medicine of South Africa (CMSA) Transactions Growing from Strength to Strength!



Professor Gboyega A Ogunbanjo

This edition of the Transactions marks the 29th edition of the journal since I took over editorship in August 2004, slight over a year before the golden jubilee celebrations of the CMSA. It was an arduous task compiling the first issue with very little experience of the expectations of members. Over the years, the journal has

transformed from just providing news and information to readers to featuring high quality original and review articles. At the October 2017 CMSA senate meeting, it was decided that the journal should be published electronically. This was a pragmatic decision taken as the cost of production of the hard copies was over R104 000 per edition and rising. This has reduced to R30 000 as a limited number of hard copies are still printed for members who prefer the latter at R400 per copy. Since going digital, the number of downloads increased from 192 with the July-Dec 2017 edition to 941 with the Jan-June 2018 edition. This demonstrates that the CMSA senate's decision was a wise one as more members have moved to the era of digital technology. We will continue to upload all future editions on the CMSA webpage at <a href="https://www.cmsa.co.za/view\_document\_list.aspx?Keyword=Transactions">https://www.cmsa.co.za/view\_document\_list.aspx?Keyword=Transactions</a>

This particular edition comprises of 106 pages (a first since 2004). The Presidential message focuses on the first African meeting of the International Medical Education Leaders Forum (IMELF), which took on 17 May 2018 co-hosted with the Royal College of Physicians and Surgeons of Canada. The main objectives of the meeting were to understand the role of examinations in a system of assessment, describe principles of good assessment and to determine the role of examinations in practice improvement. It featured a number of eminent presenters and concluded that, "recertification is a process that is outdated and needs to be replaced". A bold suggestion of self-regulation was put on the table based on the definition of Dr Richard Crues RL that the "The ongoing professional responsibility to protect the public by defining who is qualified to practice remains a core part of medicine's social contract."

Prof Martin Veller delivered the oration at the CMSA admission ceremony on 17 May 2017 in which he set the futuristic scenario of what specialist practice would look like globally in 2050. He

identified a number of possible challenges and changes in practice. He suggested the following that the CMSA must start adapting clinical training and assessment for future needs, and for the trainee to be able to cope and adapt to change accordingly. He mentioned that "change is disruptive but is less disruptive when appropriately managed". The latter requires that such change is anticipated and embraced. He ended by emphasizing that trainees must be taught how to adapt to change and the CMSA' assessment practices be expanded to include all aspects of clinical practice including applied theory, clinical decision-making, clinical skills, clinical practice and teamwork, ethics and practice management.

The annual reports of the constituent colleges provide information about their activities over the past 12 months, which are detailed to the extent that some have provided pass rates of the various exams in the past two trimester examinations. After the section on successful candidates by examination, the CMSA has introduced a separate section providing pass rates for the various examinations offered by the constituent colleges. The latter provides the opportunity to commend constituent colleges with high pass rates and to review those with low pass rates in a very constructive manner to identify challenges at training platforms, assessment processes and possible remedial actions to improve future pass rates. This will be an on-going process hoping that registrars will appreciate the transformative role of the CMSA in providing valid, fair, defensible and reliable exams.

The detailed report on the CMSA retention of doctors' survey titled "Strengthening Academic Medicine and Specialist Training" by Professors Zephne M van der Spuy, Tuviah Zabow and Dr. Andrew Good is published in its full entity.

Some of the key findings of the survey were that:

- Most South African doctors find their work satisfying and rewarding with only a slight difference in private sector doctors being more positive in this regard.
- Doctors reported having good working relationships with their colleagues and reasonable senior support.
- c. Participants' views on the availability of medicine and supplies, as well as appropriate equipment, infrastructure and facilities being of a good general standard, differed significantly between public sector and private sector participants. Given this view, it was not surprising that the main reason given for leaving the public sector was to ensure a better working environment.

- d. Both the public and private sector participants reported finding that nursing and other support staff were inadequate. Public sector doctors in particular expressed this view. (p-value = 0.0000).
- Both private sector and public sector doctors were unconvinced that the implementation of National Healthcare Insurance (NHI) or the introduction of the Certificate of Need would improve the delivery of healthcare in South Africa

I encourage readers to spend time going through the survey report as it provides useful information for trainers, trainees and policy makers on what needs to be done to retain specialists in the public sector and within the country to stem the push factors that make doctors leave.

Finally, we have included the obituary of late Professor Bongani Mayosi and the PowerPoint presentation of the Arthur Landau Lecture that he delivered earlier this year titled: "Recent Advances on the Genetics of Cardiomyopathy". He was in the final phase of converting the lecture as a report for the Transaction when he met his sudden death. I hope that the readers will go through the slides to appreciate what this brilliant researcher, cardiologist presented. He concluded by presenting the most current medical therapy and interventions available for patients with various forms of cardiomyopathy. May his soul rest in peace! I encourage colleagues to submit original and review articles of interest for publication in our journal.

Prof Gboyega A Ogunbanjo Editor-in-chief: Transactions

# Don't be afraid to give up the good to go for the great.

John D. Rockefeller

#### R W S CHEETHAM AWARD IN PSYCHIATRY

The award is offered annually (in respect of a calendar year) by the Senate of The Colleges of Medicine of South Africa for a published essay of sufficient merit on trans - or cross - cultural psychiatry, which may include a research or review article.

Medical Practitioners registered and practising in South Africa qualify for the award which consists of a medal and certificate.

The closing date is 15 January 2019

The guidelines pertaining to the award can be requested from:

Mrs Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

# First African meeting of the International Medical Education Leaders Forum (IMELF): "Assessment Across the Continuum: From Competence to Excellence"



Professor Mike Sathekae

African meeting of the International Medical Education Leaders Forum (IMELF), I would like to recap on our tribute to Professor Bongani Mayosi.

Before commenting on the first

Long live the spirit of Bongani Mayosi long live!

On behalf of the CMSA, our deepest condolences to the Mayosi and Khumalo Families, UCT and the

entire medical community.

Bongs as he was affectionally called by many of us is one of the few that had the greatness to bend history of our generation. His selfless extra-ordinary contributions are amazing and will continue to inspire us, including in his Oration titled 'Make your mark on health care' at the CMSA Admission Ceremony on the 27 October 2016. He said; "We can all be proud of the College as an institution with world renown that plays a central role in maintaining the high standard of specialist medicine in South Africa. I encourage all graduands and diplomates not only to pay their annual membership fees for the rest of your life, but also to take up roles as examiners and committee members in your College. The future of the institution depends on you.

He went on to say - It is not enough to take the consultant post and continue where your predecessor left off. Each one of us were created to make a special contribution to the world. The next hill to climb is how this can be realised in your own life so that you can transform the lives of others."

The CMSA is proud to be part of Professor Mayosi's legacy with regards to single exit examinations and committed to excellence.

Thus the theme of IMELF South Africa which took place on 17 May 2018, co-hosted by the Royal College of Physicians and Surgeons of Canada and Colleges of Medicine of South Africa was "ASSESSMENT ACROSS THE CONTINUUM: FROM COMPETENCE TO EXCELLENCE" The Master of Ceremony for the IMELF South Africa was Professor Haroon Saloojee and the guest speakers included:

- Professor Viren Naik, Director, Assessment, Royal College of Physicians and Surgeons of Canada, FRCPC
- Professor Francois Cilliers Associate Professor, University of Cape Town
- Dr. Kgosi Letlape President Health Professions Council of South Africa (HPCSA)

- Professor Kenneth Harris - Royal College of Physicians and Surgeons of Canada, FRCPC

IMELF South Africa was a great place for leaders to share experiences and insights as evidenced by the presence of Professor Françoise P. Chagnon - President of Royal College of Physicians and Surgeons of Canada, Professor Anyetei Lassey - President of the Ghana College of Physicians and Surgeons, CMSA past Presidents namely: Professors Terblanche, Morrel, Mazwai, Van der Spuy, Madaree, Lindeque as well as the Deans.

The meeting had three plenaries the first one being "Certifying Examinations: A Necessary Endpoint of Training?" with Professor Viren Naik as the speaker.

The main objectives of this plenary were to understand the role of examinations in a system of assessment, describe principles of good assessment and to determine the role of examinations in practice improvement.

The presentation and feedback asked the following pertinent questions;

- What are the risks of relying on certifying examinations as the most important gatekeeper to licensure and practice?
- What must a system of assessment "do" and "offer"
  - MDs?
  - Patients?
  - Society?
- Can a system of assessment provide the data and feedback for continual performance assessment and accountability to the public?

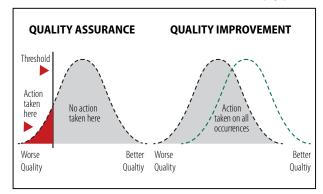
These questions call upon the CMSA to reflect and engage some of the tension between generalization and extrapolation, which includes but not limited to:

- Translate observation to a score
- Does score reflect overall test performance
- Does performance reflect reality
- Can it be applied to a decision

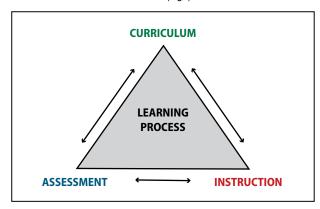
Professor Viren Naik's crucial question was: "Can our assessment system provide authentic feedback and data for the purpose of continual performance improvement, support life-long development and most importantly be accountable to the public for meeting its healthcare needs?"

In providing some of the solutions the presentation and the meeting agreed that we have to embrace the concept of:

#### FROM QUALITY ASSURANCE TO QUALITY IMPROVEMENT(Fig1)



Further we have to emphasize that: ASSESSMENT IS THE CURRICULUM(Fig2)



The second plenary was "Workplace/based Assessment: A Key Enabler in Competency based Education" with Professor François Cilliers as the speaker.

This presentation raised some of the following headlines;

- WBA holds great promise as a system to guide registrar learning BUT there is perhaps as much evidence that it doesn't live up to this promise as that it does
- a WBA system can easily become a burdensome, technical, tickbox exercise
- meaningful feedback is the pivot around which the system will stand or fall
- feedback is a social not a technical process
- the workplace and social context here differ from where most literature originates

The importance of this plenary is timely as both the CMSA and SACOMD have just started discussion on WBA. Of importance the meeting pointed out the following unresolved issues:

- what impact does a WBA system have (as opposed to feedback on an encounter)?
- desirable and undesirable
- are all methods equally effective at all levels of training?
- can / does / should WBA be used to foster valued but complex outcomes / competencies?
- can a programmatic approach to WBA improve the learning effects of WBA?

As with the CMSA based on the previous Transaction and SAMJ, this meeting is also asking; "What measures/steps are required to successfully introduce or sustain WBA in South African settings."

One the response of the CMSA is tabled in the conclusion of the following message:

The last plenary was on "To Certify or Not to Certify: That is the Question" the presentations were done by Professor Ken Harris and Dr Kgosi Letlape.

The discussion and presentations clarified the following definitions: Certification is a point in time event based on the definition of the breadth of the discipline

- Relevant to the time of event
- Standard training program
- High stakes assessment

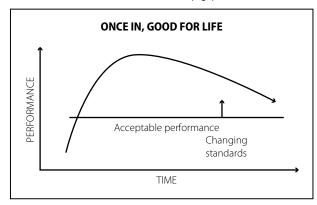
#### Recertification

- Typically high stakes exam conducted on a periodic basis
- Not reflective of individual's current practice
- Being reassessed around the world

The importance of Continuous Quality Improvement was emphasized with the objective to:

- Move from episodic to continuous review
- Improve the practice of all
- Fit with the scope and breadth of practice
- Identify Outliers

The justification to continuous quality improvement is supported by the: BALLISTIC PHYSICIAN COMPETENCE(Fig3)



The conclusion of this plenary was that Recertification is a process that is outdated and needs to be replaced. A bold suggestion of self regulation was put on the table based on the definition of Dr Richard Crues RL that the "The ongoing professional responsibility to protect the public by defining who is qualified to practice remains a core part of medicine's social contract."

I would like to conclude this message by stating we are committed to excellence and we would like to create a CMSA which is a home to all South Africans. Thus amongst some of the crucial steps we are glad to announce that for the first time the CMSA has appointed an educationalist within its ranks by the name of Professor Vanessa Burch. Vanessa Burch is a Professor of medicine and rheumatology. She was the Chair of clinical medicine at the university of Cape Town and has always been involved with assessment of the College of Physicians and the CMSA. Vanessa also has a PhD in medical education from Erasmus University in the Netherlands and is a leading expert in health professions education. Some of her research interests which include the development and implementation of assessment practices in resource-constrained settings will assist the CMSA with "ASSESSMENT ACROSS THE CONTINUUM: FROM COMPETENCE TO EXCELLENCE". We are excited to have with us a Global leader with regards to assessment practices. And we would like to thank AfroCentric Group for making this appointment possible.

# Admission Ceremony 18 May 2018

The Admission Ceremony was held in the Good Hope Christian Centre, in Ottery, Cape Town.

At the opening of the ceremony the President of the CMSA, Professor Mike Sathekge asked the audience to observe a moment's silence for prayer and meditation.

Professor Martin Veller, Dean of the Faculty of Health Sciences, from the University of the Witwatersrand gave the oration.

Twenty-Seven Medallists were congratulated by the President on their outstanding performance in the CMSA examinations.

Medals were awarded in the following Fellowship Disciplines:

Anaesthetics, Dermatology, Emergency Medicine, Internal Medicine, Neurology, Obstetrics and Gynaecology, Ophthalmology, Orthopaedic Surgery, Otorhinolaryngology, Paediatrics, Paediatric Surgery, Psychiatry, Public Health Medicine, Radiation Oncology, Radiology, Surgery and Urology.

The Diplomate Admission Ceremony is now held at the time of the Diploma oral examinations and does not form part of the formal CMSA Admission Ceremony.

The President announced that he would proceed with the admission to the CMSA of the new Certificants and Fellows.

The new Certificants and Fellows names were announced and congratulated.

The Honorary Registrar - Examinations and Credentials, Professor Gboyega Ogunbanjo announced the candidates, in order, to be congratulated by the President.

The Honorary Registrar – Education, Dr Dean Gopalan individually hooded the new Fellows.

The Honorary Registrar – Finance and General Purposes, Professor Richard Pitcher handed each graduate a scroll containing the Credo of the CMSA.

All in all, the President of the CMSA admitted 59 Certificants and 319 Fellows.

At the end of the ceremony the National Anthem was sung, where after the President of the CMSA led the recent graduates out of the hall.

Refreshments were served to the graduates and their families.













# Oration delivered by Professor Martin Veller at the Admission Ceremony of the Colleges of Medicine of SA (CMSA) Good Hope Christian Centre Ottery, Cape Town, 18 May 2018



#### Good evening.

To this evening's graduands, congratulations!

What you have accomplished is remarkable. Few will be aware of the hard work, dedication, sleepless nights, untold hours spent in the wards and clinics and the sheer guts that it has taken to get to this point. For this, you should be proud.

Please however consider that while you are embarking on the next chapter of your career, you have just started on the journey of becoming a fully rounded specialist. Your knowledge of the subject, while already substantial, is but a measure of what is out there, your clinical skills require more honing and your perceptions and intuitions are still not at the levels expected of proficient and knowledgeable experts. It is also a fact that the advances in medicine are progressing at an ever-increasing rate, which will make it difficult for you to maintain that required expertise.

I therefore would like to take you to 2050. By then nearly everything will have changed in the practice of your specialty. To illustrate this with just a few examples from personal experience. When I completed my surgical studies in the late 1980s it was impossible to imagine that today we would be 24 years into a peaceful democratic transition in South Africa. That South Africa would be the epicentre of a viral epidemic that will have killed so many South Africans that the country's average life expectancy at birth would drop by more than a decade between 1993 and 2005. That computers are now an integral component in most of the medical technologies used today and that medical textbooks have essentially become obsolete.

In addition, the practice of medicine has also changed. Paternalism and patriarchy has been replaced by patient centred care and decision-making. Financial affordability has become central to clinical decision making and litigation in health care is an everyday reality. Nothing in medicine has remained untouched.

In order maintain your expertise you must therefore be astute, believe that anything is possible, always stay up-to-date, learn and explore, always be on the look-out for new opportunities, but also be sceptical not all change is good. Above all, be prepared to adapt to changing circumstances and do so by being inventive and aspire to be pioneering. This is not easy, but it is fundamental in order for you to succeed professionally.

The second message, relates to the chances given you to specialise. Few in society get such an extra-ordinary opportunity. The privileges you have been given do come with responsibility. Our country and our continent face many, at times apparently insurmountable challenges. To address this necessitates quality leadership and a productive, educated society that aspires to stability, prosperity and the well-being of all. Today, you are amongst the leadership that must ensure that this happens. This requires of you to participate in the eradication of disease and poverty and to improve the wellbeing of this country's people. You also have a duty to advocate for those who are vulnerable, to work towards stability in society and to insist on honesty and integrity in our political leadership.

The final message is about what you will think of your career in 2050. If at that time, you look back on your career and reflect that this allowed you to earn a good income. That it took you to the pinnacle of your profession. That you are of the opinion that you have achieved; then specialist medicine will have been good to you.

On the other hand, if you see your career having made a difference, mostly in underserved communities. If you recognise many challenges ahead that need solutions and you are looking for the big idea that will help improve society's wellbeing. If you continue to teach and guide and that you insist on seeing that what you do has benefit to society. If you challenge those in authority to deliver on

their mandate. If this is the case, then you can say, "I contributed to the society that I was mandated to serve." I sincerely hope that you aspire to achieve this!

Turning to the College of Medicine of South Africa. Please allow me to reflect on how future disruptors and changes in the practice of medicine will have an influence on the College of Medicine. This is based on the perspective that the College of Medicine is integral to the training of specialist in South Africa and is able to do so because of the close relationship that exists between the Universities and the College. That the partnership must be strengthened is evident, not only to ensure that high national specialist training standards are maintained but also to ensure sustainability for the College.

So turning to the disruptors that academic medicine faces, many changes are looming large on the horizon. Without incorporating these potential disruptions into our future clinical training and preparing our future trainees for these potential commotions is frankly unthinkable. As the science of clinical practice is central to the specialist's activities, when change occurs this will be adopted. Such adaptability in practice after specialisation occurs haphazardly and not based on the rigour encountered during their basic specialist training. This is associated with huge risk. With quality and safety being a cornerstone of modern clinical practice such change must be managed much more deliberately.

It is difficult to determine what clinical training and for that matter from the College's perspective, assessment practices will look like in the future. Much of this will be determined by serendipity, but some aspects of how specialists will practice in the future can be determined today by how we train and assess such training. For this

- We must start adapting clinical training and assessment for future needs, today. This will never be a precise activity but it takes a decade to implement such changes.
- What is applicable today will not be applicable tomorrow. It is the trainer's responsibility to foresee this and equip the trainee to be able to cope and adapt accordingly.
- Change is disruptive but is less disruptive when appropriately managed. This requires that such change is anticipated and embraced.
- Trainees must be taught how to adapt to change.

- From the Colleges perspective, this means:
- The College's assessments must be an extension of the clinical training programmes. Full integration of University and College practices is essential. This goes beyond working on common curricula to ensure that teaching, training and assessment are fully integrated.
- Similarly, the College's assessment practices must be expanded to include all aspects of clinical practice including applied theory, clinical decision-making, clinical skills, clinical practice and teamwork, ethics and practice management.
- There must be full confidence in the College's activities. It is unthinkable that the College is an entity whose sole purpose is the delivery of an exit examination.
- It is essential that the College is the cement that keeps all that is involved in the training of medical and dental specialists together. This means a focus on stewardship by the College that is far beyond current levels.
- The College's activities must be fully professionalised. For example, the use of itinerant examiners whose training in assessment practices has been limited to see one and then do one, cannot be supported in the future. Similarly, the use of internal moderation, already falls short of current international standards.
- Finally, the leadership of many specialities resides in the constituent colleges. For this reason if training in these specialities is under threat these colleges must become integral to finding the solutions that will address these threats.

In conclusion, the world of academic medicine and clinical practice faces many uncertainties. Our profession does however have the capacity to manage this as long as we are willing to embrace the fact that change will happen and that we manage the consequences in unison. The leadership of the College is already prepared for this and for this reason, the College's future is bright, but it requires additional effort to keep up the momentum.

Once again, congratulations to tonight's graduands. I wish you a successful future that gives you personally much satisfaction. Most importantly however, your career must make an impact on the society we serve.

"Create the highest, grandest vision possible for your life, because you become what you believe." Oprah Winfrey

# Citation

# Admission to Honorary Fellowship of the Colleges of Medicine of South Africa (CMSA) Professor Anil Madaree



Professor Anil Madaree

Professor Anil Madaree completed his undergraduate medical studies (as a recipient of the Rhodes Scholarship) at the University of Kwa-Zulu Natal in 1980, and obtained the Fellowship of the College of Plastic Surgeons of SA 1988. He was awarded the first Visiting Scholarship of the American Society of Plastic Surgeons and completed a fellowship at the University of Pennsylvania in 1990. He was appointed as Professor and Head of Department of Plastic and Reconstructive Surgery at the Nelson R Mandela School of Medicine, University of Kwa-Zulu Natal, in 1994 and currently still holds this position. His main interests are craniofacial surgery, cleft lip and palate surgery, paediatric plastic surgery, keloid and wound healing and various reconstructive fields.

Professor Madaree served as President of the College of Plastic Surgeons of SA for years and became very involved in CMSA matters serving in various positions: Member of Senate from 1995, Honorary Registrar 2000-2006, and Trustee of the College of Medicine Foundation from 2001. This culminated in him being elected as President of the Colleges of Medicine of South Africa for the term 2010-2013, followed by serving as Immediate Past President of the subsequent term of 2013-2016. During this time, the Durban Office finally got a home. International relations were grown. The CMSA grew as an examination body. This period in the CMSA

history marked negotiations to become the National Post Graduate Examination body for specialties in Medicine and Dentistry, as well as the Subspecialties.

Professional offices held by Professor Madaree included him being President of the International Society of Craniofacial Surgery (2009-2011), President of the Association of Plastic and Reconstructive Surgeons of Southern Africa (2008-2010), President of the South African Burns Society (2003-2007) and Medical Director of Operation Smile South Africa (2006-date).

He was furthermore awarded a Certificate of Merit from the Plastic Surgery Education Foundation of America in 1990, and was chosen as one of the Ten Outstanding Young Persons (Medical category) by Junior Chamber International in 1997. He was elected Fellow of the Academy of Medicine of Malaysia in 2012, Fellow of the Royal College of Physicians of Ireland in 2012, and Honorary Fellow of the College of Physicians and Surgeons of Pakistan also in 2012. He has completed and led about 30 voluntary missions to third world countries to treat and perform surgery on patients with cleft lip and palate and other deformities. He has been recruited by the International Red Cross to reconstruct post war deformities in Africa.

We welcome Professor Anil Madaree to Admission to Honorary Fellowship of the Colleges of Medicine of South Africa (CMSA).

Author: Professor BG Lindeque

"Wherever the art of medicine is loved, there is also a love of humanity."

Hippocrates

## **Medallists**



DR AM WOODFORD FCP(SA) Part I **AM Meyers Medal 2017** 



DR C RUSH FCP(SA) Part II Asher Dubb Medal (Best clinical candidate) 2016



DR CM MEINTJES FC Urol(SA) Final Lionel B Goldschmidt Medal 2016



DR CS SCHMUCK FCA(SA) Part I **Hymie Samson Medal** 



DR D MORRIS FCEM(SA) Part II Resuscitation Council of Southern Africa Medal and The Kloeck Family Medal 2017



DR DJ DE VILLIERS FCS(SA) Final **Douglas Award 2016** 



DR DN PRINSLOO FCP(SA) Part I **AM Meyers Medal 2017** 



DR E KLEYNHANS FC Ophth(SA) Intermediate IB Ophthalmological Society Medal 2017



DR E NCUBE FC Rad Diag(SA) Part II Josse Kaye Medal 2017



DR EJ PRETORIUS FC Rad Diag(SA) Part II Josse Kaye Medal 2016



DR F CHAMUNYONGA FCOG(SA) Part IA and IB **GP Charlewood Medal 2017** 



DR G ITZIKOWITZ FC Paed(SA) Part I **Leslie Rabinowitz Medal 2017** 



DR H HART FC Rad Onc(SA) Part II The SACRO Medal 2016



DR HM ACKERMANN FC Urol(SA) Final Lionel B Goldschmidt Medal 2017



DR II SARDIWALLA FCS(SA) Final **Douglas Award 2017** 



DR LT GWAUNZA FC Neuro(SA) Part I Sigo Nielsen Memorial Prize 2017

## **Medallists**



DR MA ROUSSOT FC Orht(SA) Final JM Edelstein Medal 2017



DR MB MAUSLING FC Psych(SA) Part II Novartis Medal 2017



DR MW GIBBS FCA(SA) Part II Crest Healthcare Technology Medal



DR NAS JACOB FCPHM(SA) Final **Henry Gluckman Medal 2016** 



DR NJ YORK FC Ophth(SA) Final Justin van Selm Medal 2016



DR P DOUGLAS-JONES FCORL(SA) Final SA Society of Otorhinolaryngology Medal 2017



DR TZ CHIWARIDZO FC Ophth(SA) Primary IA **Neville Welsh Medal 2017** 



DR Y PARAK FC Rad Diag(SA) Part I Rhìne-Poulenc Rorer Medal 2017

#### ROBERT McDONALD RURAL PAEDIATRICS PROGRAMME

The late Professor Robert McDonald founded the above programme in 1974 for "The propagation of Paediatrics in the more remote and underprivileged parts of the Republic of South Africa, by an occasional lecture or visit by someone in the field of the Care of Children".

**Requests for funding** are invited from teams of medical practitioners and senior nursing staff to travel to remote centres and areas to promote Paediatrics and child health and the better care of children and to disseminate knowledge in that field, especially in underprivileged communities.

This can also include visits by medical practitioners or nurses working in remote areas, to larger centres or centres of excellence.

Closing dates for applications are 15 July and 15 January of each year.

The guidelines
pertaining to the programme
can be requested from:
Mrs Evelyn Chetty
Tel +27 31 261 8213
Tel +27 31 261 8518
E-mail: evelyn.chetty@cmsa.co.za

**FELLOWSHIPS** 

SONI ZAKIYYA

SWANEPOEL MICHELLE VAN ROOY ELIZABETH

VAN ZYL STEPHANUS FRANCOIS

# **CMSA Admission Ceremony** List of Successful Candidates First Semester 2018

**VORSTER JOHANNES GYSBERTUS** 

UFS

**NAIR ARUN** 

**Neurosurgeons of South Africa** 

**UFS** 

FC Neurosurg(SA)

CROOK BYRON MARTIN

**UFS** 

FELLOWSHIPS		WESSON CLIVE LEONARD	WSU	PENDER KEVIN	Wits
Fellowship of the College of		YANG XIAO YAN	WSU	TONGMAN ADAMS BAUCHI	SMU
Anaesthetists of South Africa		ZWANE SABELO FREDDY	UKZN	VENTER MADELLE	SMU
FCA(SA)				WAGNER LEIGH	US
		Fellowship of the College of			
ADAMS SAMANTHA	UCT	Cardiothoracic Surgeons of South	n Africa	Fellowship of the College of Fami	lv
ANDISHA EMADALDIN	UKZN	FC Cardio(SA)		Physicians of South Africa	
ATRASH ASHRAF KHALIFA	UKZN			FCFP(SA)	
BARNES ROBERT CHARLES	UKZN	MANGANYI MASENYANI RODGERS	UCT		
BARTLETT GARTH	Wits			AJAYI ADEKUNLE OMONIYI	Wits
BASSON NICHOLAS MARTHINUS	UP	Fellowship of the College of		CAIRNCROSS JOLEEN PATRICIA	UFS
BIGGS JOHN JAMES CAMERON	UP	Dermatologists of South Africa		MAGETHI MOSHE	Wits
BOTHA AMORIE	Wits	FC Derm(SA)		MANWANA JEAN-PAUL KIPANGU	Wits
BREEDT ANNEME	US			MAPHASHA OLGA MIHAHO	SMU
BRITS BIANCA	SMU	GXOLO FUNGIWE HLUBIKAZI	WSU	NAIR ARUN	UFS
CILLIERS LOUISA JACOBA	UP	MAHLANGENI GCINA MAGDALENE	US	OLOWE OLUMUYIWA AJIBOLA	UKZN
COETZEE DIRK-FRANCOIS	US	QIKANI NOLUVUYO	WSU	UGWU ONYEBUCHI HENRY	UCT
CONRADIE HENRI	WSU	SIKUZA SAZIKAZI LUMKA	WSU	UWAKATA EJIROGHENE BISHOP	Wits
GROBBELAAR LAURENCE EDWARD	UFS	YORK KATHERINE PATRICIA	UCT		
HLONGWANE LUNGELO NHLAKANIPH	0 SMU			Fellowship of the College of	
HUSEIN RIMA AB MAHMUD	Wits	Fellowship of the College of Eme	rgency	Maxillofacial and Oral Surgeons	
JAGGA MARCELLE	UCT	Medicine of South Africa		of South Africa	
KEDIEGILE GAONE	UFS	FCEM(SA)		FCMFOS(SA)	
LAWRIE RUCHI	UCT				
LEOPOLD-GEORGE NGOZI TONYE		BERINGER CRAIG	Wits	MACHAKA MATLABA	Wits
NATASHA	Wits	BULAJIC BOJANA	UCT	SMIT COELETTE	UP
LINDY MERUSHA	Wits	GERATY SIAN	UCT		
LINTOTT NICOLA CLAIRE	US	MOKUTE KAGO THUTO	Foreign	Fellowship of the College of Medi	cal
MAMPANA MOGOLONGWANE NORAH	Wits	VAN KONINGSBRUGGEN CANDICE		Geneticists of South Africa	
MOGALE RAMONKUNG	Wits	ANNE	UCT	FCMG(SA)	
MUKWEVHO TSHIFHIWA	SMU				
NAKAMWE NDEUFIKA TWAHAFIFWA	Wits	Part A of the Final of the Fellows	nip of	BAILLY CLAUDE DIDIER	Wits
NIEMANDT MARTHINET	Wits	the College of Family Physicians			
NKOSI BUSISIWE NONHLAKANIPHO	SMU	of South Africa		Fellowship of the College of	
PAGE PIETER MARNE	WSU	FCFP(SA) Final Part A		Neurologists of South Africa	
PILLAY RENILDA CATHERINE	US			FC Neurol(SA)	
RACHELSON ANTHEA SHANA	Wits	ABDULRAZAK ADEWUYI TIJANI	SMU		
SELEKA-SANGA RANGATA URCAL	SMU	ALLERTON JOSHUA LENNARD	US	DLWATI MAHLUBONKE SIYAVUYA	UKZN
SIKHAKHANE SEBENZILE ZAMATHULA		ARONSON TATUM DENESE	UCT	MATSHIKIZA WONGA	UCT
SINGARAM SHREE	UKZN	DE SWARDT MAGDALEEN	US		
SMITH REUBEN	UCT	HUANG DAVID	UCT	Fellowship of the College of	

KHANGALE THAMBATSHIRA

NAICKER KUMESHNEE

MAMOROBELA HLAYISANI VINAS

**CHRILSINAS** 

Wits

UFS

Wits

US

UL/SMU

UL/SMU

UKZN

DEVEDUTHRAS NIKESH	UKZN	Fellowship of the College of Ortho	paedic	NGCINGWANA-NGQOTSO FIKILE	WSU
DUBE NOMTHANDAZO AMANDA	SMU	Surgeons of South Africa		NGUBANE-MWANDLA NOKUKHANYA	
HLAHLA STEVENS KGOMOTSO	UP	FC Orth(SA)		NTOMBELA ZAMASWAZI PRINCESS	UKZN
MAGUMBEZE VICTOR	Wits			OPPEL KIM BIANCA	US
MATHOLE ANDREW CHIFTEN	UCT	BEZUIDENHOUT CAREL WILLEM	UCT	OYEMWIMINA OSARENREN ANDREW	
mpanza Phila Martin	SMU	CHARILAOU JOHAN	UCT	RICHARDSON CHANTEL JANE	US
OCHIENG NAOMI	UCT	CONRADIE GERHARD PETRUS	UFS	SCHEEPERS LYNN OLIVIA	US
ODUNTAN AKINOLA OLUMIDE	Wits	DAVIS GRAEME ANTHONY	UP	SCHOONRAAD LEILAH	US
THANGO NQOBILE SINDISWA	UCT	DU PLESSIS CHARL PHILLIPUS	UP	SIFUNDZA SIMUNYE MAJAHENCWAL	
		HADEBE NHLAKANIPHO CHRISTIAN	SMU	TSUTSU NOXOLO	WSU
Fellowship of the College of Nuc	clear	JADA PRINCE MASIBULELE	Wits	van heerden linda	US
Physicians of South Africa		KGOEDI MOHLAKANO NELSON	UP	van velden mia	US
FCNP(SA)		Mehtar Mohammed	Wits		
		NAKALE NGENOMEULU TUFIKIFA	Wits	Fellowship of the College of Paedi	atric
ABUBAKAR SOFIULLAH	UCT	NCUBE THANDO	Wits	Surgeons of South Africa	
LONGJOHN TAMUNOSA SUNJU	UFS	NDOU WOFHATWA SOLOMON	Wits	FC Paed Surg(SA)	
		NEVONDO LINDELANI	SMU		
Fellowship of the College of		OOSTHUYSEN WILLEM TOBIAS	WSU	MACHAEA SELLO	WSU
Obstetricians and Gynaecologis	ts of	SINGH VIRSEN	Wits	VAN DER MERWE ELMARIE	UCT
South Africa		STEWART ANDREW	Wits		
FCOG(SA)		VAN DER MERWE WIAN	UP	Fellowship of the College of Patho	logists
		VAN DEVENTER STEPHANUS		of South Africa - Anatomical	
ABRAHAM KEVIN THOMAS	US	JOHANNES	Wits	FC Path(SA) Anat	
ANTWI KWADWO ATOBRA	Wits	van greunen eduard	Wits		
ATI EMMANUEL MAWUNYO CUDJO	DE UKZN	VAN STADEN GIDEON FRANCOIS	UFS	BOTHA PIETER BAREND FRANCOIS	US
BOTHA BAREND HENDRIK JACOBU	JS UCT	VENTER RUDOLPH GROBLER	US	ELOFF ELSAMARIA	US
HLABISA MZUVELE ARCHWELL	UKZN			MALUSI ZINGISA	US
HLENGANI RACHEL	Wits	Fellowship of the College of		NGOBESE LUNGILE	Wits
JAGIELLOWICZ MACIEJ JAKUB	UP	Otorhinolaryngologists of South A	frica	PRETORIUS VICKI	US
LALOO HATEL	Wits	FCORL(SA)			
LEELODHARRY VAKIL KUMAR	UCT			Fellowship of the College of Patho	_
MAKHELE ARABANG	UFS	GERSUN DEAN	Wits	of South Africa - Clinical Patholog	<b>y</b>
MAKHUBO NOKUBONGA	UP	LAMOLA MOGAU GODFREY	Wits	FC Path(SA) Clin	
MARINGA VUSUMUZI DAVID	Wits	MUGANDA ERASMAS	Foreign		
MATOLENGWE LULA	WSU			BOSMAN MICHELLE	UCT
MBEWU UNATHI	WSU	Fellowship of the College of		SMIT IDA	US
MBUNGU NOMAPHELO	US	Paediatricians of South Africa			
MOSHOKWA MOLATELO LINNETH	UCT	FC Paed(SA)		Fellowship of the College of Patho	logists
MPHANTSI NTSINDISO	WSU			of South Africa - Haematology	
NAICKER SHANTEL	UKZN	ADENIYI FOLASADE BUNMI	US	FC Path(SA) Haem	
NCHINYANI MOKGADI	Wits	FENNER LANESE MIRIELLE	WSU		
nkurunziza Jean Marie	Wits	GHOOR AZRA	Wits	GRIESEL CARLA MARIA	US
RAMSUNDAR VALSURA	UKZN	GUMEDE MBALENHLE PURITY	UCT	VAN MARLE ANNE-CECILIA	UFS
SEDITI LESEGO CHARITY	Wits	HOFFMAN ELIZABETH	UCT		
SHABANI LWANGILA WILLY	UKZN	JONES LARA ALEXANDRA	Wits	Fellowship of the College of Patho	logists
Shah Sumaya	US	KGAABI THOREN MACHUENE	SMU	of South Africa - Microbiology	
VENTER MARELI	UCT	Madini Katlego Babo		FC Path(SA) Micro	
		BOITUMELO JOSTINAH	Wits		
Fellowship of the College of		MALUNGA CAROL JACOBETH	Wits	CENTNER CHAD MARC	UCT
Ophthalmologists of South Afric	a	MARAIS SUMARI	US	MAPHUMULO SANDRA LIHLE	UKZN
FC Ophth(SA)		MATHIBE DANIEL MOTUSI	SMU	NEL PIETER	US
		MFINGWANA LUNGA	US	SHIKWAMBANE-NTLEMO GRACE	SMU
INDIVERI FRANCESCA	Wits	MLANDU-FAZI BANOMSA	WSU		
MCCLUNAN DAEMON BRUCE	UCT	MOGAJANE TSHIAMO PAUL MOISA	Wits	Fellowship of the College of Patho	logists
MELANI MAHLATSE NANCY	UL/SMU	MOHEE RACHNA DEVI	UKZN	of South Africa - Virology	-
NAUDÉ MALCOLM	US	MOILWA DUDUETSANG SYLVIA	Wits	FC Path(SA) Viro	
NGETU LUMKO ROBERT	UFS	MUHOMUD SHANAH BINTE NAZLEE	UKZN		
NIEDER-HEITMANN NORMAN	UCT	MZIKAMANDA RIZINE ROBERT	UP	FAMOROTI TEMITAYO OLUWABUSOL	a ukzn
			,		

Followskip of the College of Dhy		DOTOICTED MACAULO DANIEL	IID	DAMI AIZHANI DAIZCHA	нот
Fellowship of the College of Phy of South Africa	Sicians	POTGIETER MAGNUS DANIEL SOFIANOS CHRYSIS	UP Wite	RAMLAKHAN RAKSHA	UCT
		VAN DEN BERGH BAREND HENDRIK	Wits Wits	RAUBENHEIMER LAUREN ASHLEY	UCT
FCP(SA)		VAN DEN BENGR BANEND RENDRIK	WILS	RICHTER-JOUBERT LISEL VERENA	UCT
ABDELSALEM AHMAD A ALI	US	Fellowship of the College of		STRASHEIM EBEN ALBERT	Wits
ABUELHASSAN WAMDA BABIKER	Wits	Psychiatrists of South Africa		SWARTBOOI AMBROSIUS IGNASIUS	-
BERMAN CATHERINE IRIS	Wits	FC Psych(SA)		UDIGER	UFS
BHARUTHRAM NIRVANA	Wits	TO T Sycii(SA)			
BOTHA THEUNIS CHRISTOFFEL	Wits	BANTOBETSE MPHO	UFS	Fellowship of the College of Rad	liation
CROMBIE KENNETH	UCT	BRONKHORST ALETTA	WSU	Oncologists of South Africa	
DAYAL CHANDNI	Wits	CHAWANE CLEMENTINE	1100	FC Rad Onc(SA)	
DEBISING MOHITH	Wits	NTOMBIZODWA	Wits		
ESSA ABUBAKR	Wits	CHUNDU MWANJA	UCT	FOURIE ILZE	US
GASEM AGHA NAJUA AHMED	UKZN	DAWOOD NISAAR AHMED	UCT	MUTUA SOLOMON NGUI	UKZN
ISMAIL HAJIRA	Wits	DU TOIT ANDREAS BERNARDUS		NUJOO ABDOOL RAHMAN	
JERMI ABDALLA	UCT	JOHANNES	UFS	MOHAMMAD ZIAAD	UKZN
KAKOOZA DOMINIC	Wits	GALVIN LISA JANE	Wits	ZUMA NOKWANDA PHILILE	UKZN
MAFUYA ZOLEKA	Wits	GOVENDER MALLORIE	Wits		
MAHLASELA SIYANDA AFRIKA	WSU	JONES ROXANE	US	Fellowship of the College of Sur	geons of
MAKAMBWA EDSON	UCT	KAMROODIEN SHEZADI	UKZN	South Africa	
MAPASA-DUBE BUSISIWE	WSU	LAGERSTROM NADA	UCT	FCS(SA)	
MARINGA CHARLES RUDZANI	UP	LOWNIE CLAIRE NICOLETTE	Wits	1 33(213)	
MBIJEKANA SIYABONGA	WSU	MABASO PRISCAH	UL/SMU	ANYISHA PANU ANICET	SMU
MGXEKWA SIPHO GEORGE	US	MASHABANE INNOCENTIA ANNA	SMU	BERTELS LAURIE	UCT
MMUSI LEBOGANG	Wits	MHLANE TSEPISO NOLULAMA	Wits	CHAGI NONKOLISEKO	Wits
MOEDI OMPHEMETSE	Wits	MILLER LAURA NATASHA	Wits	COCCIA ANNA CLAUDIA	UCT
MOKOENA SAMANTHA	UP	Mohamed Faeeza	Wits	EKEH KELECHI NNAMDI	SMU
MOODLEY PRAMODHINI	Wits	MURRAY CECILY	US	GANDHI KARAN ROHIT KUMAR	UCT
MOTALA NAEEM	Wits	PEARTON TANIA CAREN	UP	KAHN MIRIAM	UCT
MURAD AMEER SARANNA AMINA	Foreign	PIENAAR JEANNETTE MARJORIE	UFS	KILANI LYDIA	Wits
NAIDOO SAGEN	Wits	PIETERSE FRIDA ISABELLA	UFS		
NAIDOO VIVENDRA AROOMUGAM	Wits	PILLAY KUSTURI	UKZN	LEASK TYRONE JAMES	Wits
NDAMASE SIVIWE	UCT	SEBOTHOMA REBONE IMMACULATE	E Wits	LEITCH AILSA MARJORIE	US
NKWANE MOSIMANEGAPE ERNES		SETLABA NKOMILE NTSWAKI		LENGTON ANEL	SMU
COMBIE	UCT	CLOURINAH	UFS	MARITZ JAN PAUL BARNARD	US
NTSHALINTSHALI SIPHO DUNCAN	UKZN	SIBIYA NJABULO MUSAWENKOSI	UKZN	MBANJE CHENESA	Foreign
NYAWAYI PORIKA	Foreign	TONYANE TLOTLO MMANALEDI		MORRISON SHERWYN	UP
NYUSWA KHETHIWE FELICITY	UP	WENDOLINE	Wits	NGWENYA RHULANI EDWARD	UP
OSTROFSKY MARC ILAN	Wits	VLOK-BARNARD MICHELLE	UCT	NOEL COLIN BYRON	UCT
RAMMEGO MAPULE	UP	VLOTMAN CARMEN ILSE	UCT	RAMABULANA MPHO MAANO	UP
REYNECKE JALME	UP	Editor of the College of Bire		ROSS DOUGLAS GRAHAM	Wits
SCHIETEKAT DENZIL DEON	US	Fellowship of the College of Diag	nostic	SANDERS CLAIRE JOY	Wits
SEPTEMBER JASON RALPH	UCT	Radiologists of South Africa		SAQU THOKOZISA	WSU
SINGH AVANI	Wits	FC Rad Diag(SA)		SHAZI BHEKITHEMBA	SMU
SINGH PRASUN SINGH TRICIA LOUISE	ukzn ukzn	CHISAMA EVANCE JUNIOR	\M/i+o	TRUTER-NEL MARILIZE	UP
SOLOMONS ZARAINA	US	CLAASSENS SUNETTE	Wits	WHEELER NATASHA	UP
STILWANEY WARREN GRAHAM	US	GERBER ERHARDT	Wits UCT		
VINOD VAISHAK	Wits	GREEFF WIM	SMU	Fellowship of the College of Uro	logists
WAWERU PRECIOUS	UCT	GREYLING ABRAHAM GERHARDUS	OIVIO	of South Africa	
WELGEMOED WALDO	UCT	ILHELMUS	US	FC Urol(SA)	
**LLULIVIOLD VVALDU	001	HOLDT FREDERIK CARL	US		
Fellowship of the College of Pla	stic	KGOEBANE KGOMOTSO	UP	BALADAKIS JOHN-DEMETRIOS	Wits
Surgeons of South Africa		MABOREKE TASHINGA	US	DE WET CHRISTIAAN ERNST	UCT
FC Plast Surg(SA)		MENYATSOE IGNATIOUS TSHEGOFA		ELS MARTHINUS JOHANNES	US
		MOKOLANE NTJEKE SYDWELL	SMU	SALEM MOHAMMED	UKZN
PILLAY KAMLEN	UCT	NEL MARYKE	Wits	SPIES PETRUS VENTER	US
	,				

#### **CERTIFICANTS**

Sub-specialty Certificate in Allergology of the College of Family Physicians of South Africa Cert Allerg(SA) Fam Phys

MABELANE TSHEGOFATSO UCT

Sub-specialty Certificate in Cardiology of the College of Paediatricians of South Africa

Cert Cardiology(SA) Paed

BOSMAN MARELIZE	UKZN
Lebea Mamaila Martha	Wits
MBAWALA GODFREY BALTAZAR	Wits
SHIDHIKA FENNY FIINDJE	UCT

Sub-specialty Certificate in Cardiology of the College of Physicians of South Africa Cert Cardiology(SA) Phys

CHEN MIN SHIEN	Wits
HO KEVIN CHRISTOPHER	UP
KIGGUNDU BRIAN	UCT
LEIBBRANDT ROBERT MARK	Wits
MUTYABA ARTHUR KAGGWE	UCT
SNYMAN HENDRIK-WILLEM	US

Sub-specialty Certificate in Child and Adolescent Psychiatry of the College of Psychiatrists of South Africa Cert Child and Adolescent Psychiatry(SA)

DU PLESSIS THEONIE US

Sub-specialty Certificate in Clinical Haematology of the College of Pathologists of South Africa Cert Clin Haematology(SA) Path

HOOSEN SIDDEEQ UKZN

Sub-specialty Certificate in Clinical Haematology of the College of Physicians of South Africa Cert Clin Haematology(SA) Phys

DU TOIT JUSTIN RUDOLPH UCT

Sub-specialty Certificate in Critical Care of the College of Anaesthetists of South Africa
Cert Critical Care(SA) Anaes

DINGEZWENI SITHANDIWE Wits
JUJUJU PHINDILE REJOICE UCT
ROCHER ANDRE FRANCOIS STEYN US
SEBASTIAN MELINDA Wits

Sub-specialty Certificate in Critical Care of the College of Paediatricians of South Africa

**Cert Critical Care(SA) Paed** 

BRUCKMANN EDUARD KITH Wits HLOPHE SBEKEZELO UKZN

Sub-specialty Certificate in Critical Care of the College of Physicians of South Africa

**Cert Critical Care(SA) Phys** 

LALLA USHA US

Sub-specialty Certificate in Critical Care of the College of Surgeons of South Africa

**Cert Critical Care(SA) Surg** 

MILLER ELOISE JULIET Wits TSAI MING-CHIH Wits

Sub-specialty Certificate in Developmental Paediatrics of the College of Paediatricians of South Africa Cert Dev Paed(SA)

VENKETRAMEN JAYENTHRIE UCT

Sub-specialty Certificate in Endocrinology and Metabolism of the College of Physicians of South Africa Cert Endocrinology & Metabolism(SA) Phys

DAYA REYNA Wits

Sub-specialty Certificate in Gastroenterology of the College of Paediatricians of South Africa Cert Gastroenterology(SA) Paed

BERETTA MARISA RENATA Wits EKE CHRISTOPHER BISMARCK UCT

Sub-specialty Certificate in Gastroenterology of the College of Physicians of South Africa Cert Gastroenterology(SA) Phys

BOLON JONATHAN GRAHAM Wits

Sub-specialty Certificate in Gastroenterology of the College of Surgeons of South Africa Cert Gastroenterology(SA) Surg

CHIHAKA ONESAI BLESSING UCT FOURIE REBECCA LEONY Wits

Sub-specialty Certificate in Gynaecological Oncology of the College of Obstetricians and Gynaecologists of South Africa

Cert Gynaecological Oncology(SA)

HAPSARI KARTIKA UP MAHARAJ ATISHA UKZN

Sub-specialty Certificate in Infectious Diseases of the College of Paediatricians of South Africa Cert ID(SA) Paed

OGUNBOSI BABATUNDE OLUWATOSIN UCT

Sub-specialty Certificate in Infectious Diseases of the College of Physicians of South Africa Cert ID(SA) Phys

VENTER MICHELLE Wits

Sub-specialty Certificate in Medical Oncology of the College of Paediatricians of South Africa Cert Medical Oncology(SA) Paed

SCHICKERLING TANYA MARIE Wits

Sub-specialty Certificate in Neonatology of the College of Paediatricians of South Africa

Cert Neonatology(SA)

Sub-specialty Certificate in Nephrology of the College of Paediatricians of South Africa

Cert Nephrology(SA) Paed

COETZEE ASHTON CLYDE UCT

Sub-specialty Certificate in Nephrology of the College of Physicians of South Africa

Cert Nephrology(SA) Phys

BISIWE BUSISWA FEZIWE
KAJAWO SHEPHERD
UCT
KHAN FATIMA
Wits
LANGA PONE
UP
MACHAILO JOSEPH TEBOGO
Wits
MOTSE KAGISO
VAN HOUGENHOUCK-TULLEKEN
WESLEY
WITS

Sub-specialty Certificate in	BUTHELEZI ANDILE		Part I of the Fellowship of the College of
Neuropsychiatry of the College of	DE JAGER PIETER PIETERSE	Wits	Dermatologists of South Africa
Psychiatrists of South Africa	DONKOR YVONNE ENYO		FC Derm(SA) Part I
Cert Neuropsychiatry(SA)	DYASI YAKHEKA		• •
, ,	ELHOUNI ALI ABDALLA TAHER	UKZN	ASHOUR EMAD MABROUK ALHAAJHAMAD
RETIEF MARI US	GAROUFALIAS ELENI DEBORAH	WSU	CLAASENS SASKYA US
	GOVENDER SARISHA	UCT	EDE ROSELINE CHIOMA Wits
Sub-specialty Certificate in Pulmonology	HENDRICKS SADE ISABEL	US	GRAY NICOLA ANNE
of the College of Paediatricians of South	HENDRICKS-BOUWER CHARLENE		Hargey naima begum
Africa	CHERRYL	WSU	HUTE FORTUNE Wits
Cert Pulmonology(SA) Paed	JACOBS ANDREA NICOLE	US	MACHONA MUSONDA SHARON UCT
	JAGANATH USHIR VIJAY	UKZN	MAKAULA PUMEZA UNATI UKZN
CHAYA SHAAKIRA UCT	KHUMALO MOTSAMAI		MAKURU MOLIKUOA HARRIET
	KIFT ETIENNE FOURIE	US	SISHANGE ANNAH UKZN
Sub-specialty Certificate in	KORDA BOJAN		VAN DEN WORM LERINZA UCT
Reproductive Medicine of the College	LIWANI MALIBONGWE MOMBOISSE		Don't of the College of the College of
of Obstetricians and Gynaecologists of	LOGGIE LAURA-JANE		Part I of the Fellowship of the College of Emergency Medicine of South Africa
South Africa	MAHOMED AALIYAH-MOOSAKARA	Wits	FCEM(SA) Part I
Cert Reproductive Medicine(SA)	MANYATHI BONGIWE		FOEM(SA) Part I
	MAPODILE CONSTANCE MASEOKE		ALMANSOORI NAHYAN ABDULRAHMAN
GEYSER PETRUS JOHANNES US	DITEBOGO		AHMED UKZN
HANEKOM GERHARDUS JAKOBUS US	MOHMMAD MOHMMAD EMHAMMAD		DAUSAB GAUDENCIA FLORENCE US
VENTER ANNEEN BIANCA UP	SALIME		DUNN CORNELLE
	MOKAPELA MMAPALI LUCIA		GOGA RAEESA
Sub-specialty Certificate in	MOKWENA MOTSEKOLA JOHANNES	US	HENNING JANDRE
Rheumatology of the College of	MOLEPO SHIRLEY		KING JONATHAN CHAN
Paediatricians of South Africa	MOODLEY KERISSA		KOBE LERATO
Cert Rheumatology(SA) Paed	MOONIAN KEREN JADE		KORDA TESSA
ABDELRAHIM ABUBAKER MOHAMMED	MOTSOANE DIKELEDI EMILY HADIO	UP	MAPHULA RAMMONA WAYNE Wits
FADLELMOLA UCT	MUISSA MBOMBO MARIE ASTRID		MORROW JAMES JOHN
TABLLEWIOLA 001	MUNSIE ROBERT DAVID		MYNHARDT ANNELIZE KAT Wits
Sub-specialty Certificate in	MUTETWA JONASE TAPFUMA		NAIDOO AMANDA
Rheumatology of the College of	NAIDOO BIANCA BOODAYA		PELLE RATANG PHOLOSHO UP
Physicians of South Africa	NCOMANZI BEKINKOSI		PETRICK FRIEDRICH JOHANN
Cert Rheumatology(SA) Phys	NIBE ZIBELE	WSU	RAMDHEEN SANNYA
	NINISE EZILE JULIE	WSU	SIMAKOLOYI NATALIE MUKAMWEELE US
HAASBROEK DEBBIE ELIZABETH Wits	NKOSI BANDILE SAKHILE QUINTIN	UP	SINGH MAYUR UKZN SWART MARLIZE
Lai anita pui ching wits	NYATHELA-NTHAI YOLWANDO		TRIBELHORN SOPHIA
SEBOKA MPOTI Wits	OPPERMAN PHILIPPUS ALBERTUS	IID.	ZIETSMAN MARELETTE
VILJOEN ABRAHAM JOHANNES US	RAMATLOTLO LERATO	UP	ZIETOWAN WANEELTTE
	RAMAUTHAR KIREN SOMAR	WCH	Part I of the Fellowship of the College of
Sub-specialty Certificate in Trauma	RAMZAN SHAZMEEN YUSUF REDDY PRISHANI	WSU UKZN	Forensic Pathologists of South Africa
Surgery of the College of Surgeons of	REDDY TYESHA	UKZIN	FC For Path(SA) Part I
South Africa	SITHOLE PROSPERITY ANNA		
Cert Trauma Surgery(SA)	STEGMANN GEORGE FREDERIK	UCT	MPHATJA TEBOGO WILHEMINA
	STEVENS JOANNE LEIGH	WSU	PEDDLE LAURA DAWN UCT
AL SAYARI AHMED UCT	SWART ANDRIES PETRUS	*****	WILSCOTT-DAVIDS CANDICE US
	TOMLINSON JON-MARC	UKZN	
PART I, PRIMARY AND INTERMEDIATE		UKZN	Part I of the Fellowship of the College of
EXAMINATIONS	VENTER NADINE		Medical Geneticists of South Africa
Part I of the Fellowship of the College of	VERMEULEN PETRUS JACOBUS		FCMG(SA) Part I
Anaesthetists of South Africa	ZUNGU SIZWE CLIFFORD		CROUS ILSE UCT
FCA(SA) Part I			SMIT LIANI US
	Part I of the Fellowship of the		00
ABLORT-MORGAN KIM LOUISE US	College of Dentistry of South Africa	ı <b>-</b>	Part I of the Fellowship of the College of
BALOO MAYANK MUKESHBHAI Wits	Prosthodontics		Neurologists of South Africa
BEHARI DINELL	FCD(SA) Pros Part I		FC Neurol(SA) Part I
BHAGOWAT MARISHA Wits			· <i>'</i>
DODAKED CALEMA CHLIMAN HIZZNI	VAN DEN BERGH HERMAN THEO		CDOENEWALD MADOLIEN ELIZADETH

VAN DEN BERGH HERMAN THEO

UKZN

BOBAKER SALEM A. SULIMAN

GROENEWALD KAROLIEN ELIZABETH

MANTSHIU WINNIEFRED GOITSIMANG MUNSAMI LYNESHREE NKOANA-ERASMUS DIKEKEDI LUCIA **UFS** SELETISHA KGOMOTSO CAROLINE SOSIBO CEDRICK PHELELANI

#### Primary of the Fellowship of the College of Neurosurgeons of South Africa FC Neurosurg(SA) Primary

BANYANE LEBOHANG **BOUNGOU-POATI PRINCE DARSI** UKZN KGOSI TSHEPHO MAZIBUKO LUCAS THAPELO NAICKER DENVER Wits NASH SAMANTHA ANNE RAMSAMMY MEERASH UP SONI AAYESHA JALALUDDIN TEMBO JONATHA FELIX WIESE PIETER JOHANNES

#### Part I of the Fellowship of the College of **Nuclear Physicians of South Africa** FCNP(SA) Part I

KABUNDA JOSEPH UKZN RAMDASS PRATIMAH KUMARI UKZN

#### Part IA of the Fellowship of the College of Obstetricians and Gynaecologists of **South Africa** FCOG(SA) Part IA

WSU BIKANI NKOSINATHI **CHIRWA LEVY** DLADLA BERNICE PATIENCE PROMISE EMVULA SIMON EBEN ESSER IILEKA FRANSMAN XAVAGNE - LEIGH **GALLANT TASNEEM GOVENDER VAEOCHAN** KALWIBA KITA CHRISTIAN KAMVUMBI TERRENCE KHAN ZEENAT LENINA MACASSANE KATIA ALEXANDRE MASAWI PRISCILLA MATONHODZE THOMAS MBUYISA SANELE SIDWELL MDLUDLU SIBULELE WSU MGUGA AVUYILE MWEMBIA DIDIER BATUSEKELA NGANWUCHU UGOCHUKWU ANTHONYUKZN NOFTO AMANDA HK7N RUBGEGA FRANCOISE DUDU SIQANA MONGEZI JAMES TSHIMANGA MBIKAYI TUKANI MAKHOSANDILE DAVID VAN HEERDEN PAULI ZONDI KHANYISA

#### Part IB of the Fellowship of the College of Obstetricians and Gynaecologists of **South Africa** FCOG(SA) Part IB

WSU **BIKANI NKOSINATHI BULELA GUSTAVE MWIPATAYI** BUTIRI TSHONGANE CHADAMBUKA EVANS US DOWLUT TARIQ HUSSEIN **ERASMUS KOBIE** HS GUNGAPURSAD UPKAR BUDHRAM KASARO MARGARET MAHABEER ISHANIA MANSOOR FARHANA UCT MFUTILA TSITUKENINA RUFFINE WSU MGUGA AVUYILE MORUDU LEFIHLILE ALLY MUPOMBWA RICHARD Wits NGUBANE NELISWA SIBONGILE RAMSUNDER NIVADH UKZN RUBGEGA FRANCOISE DUDU THOMPSON HARRIET PHILIPPA VEERAN KAILEIGH DANICA WHISTANCE DOUGLAS BRIAN

#### Primary of the Fellowship of the College of Ophthalmologists of South Africa FC Ophth(SA) Primary IA

**BARNOR BEMAH HUSSAIN TAIMEIA GILANI** KRUGER HESTER UFS MADIBANE MASEGO MANYERUKE STEPHEN MARITZ FRANCOIS IGNATIUS OKEKE CHINAZO LOTANNA UKZN **OMARI NURU SAID** TROLLIP LINDY JEAN FULTON VAN ZYL MEGAN

#### Primary of the Fellowship of the College of Otorhinolaryngologists of South Africa FCORL(SA) Primary

UCT ELFALLAH BALGEIS ALI OMAR KARAGA KUDAKWASHE WEENS MUKHTAR ABDIWAHAB ABDIRAHMAN NATHIE MOHAMMED NIBE ZANELE JACQUELINE

#### Part I of the Fellowship of the College of **Paediatricians of South Africa** FC Paed(SA) Part I

**BARDAY MISH-AL BROWNE BRADLEY BRYANS TARYN** 

CHRISTIF MICHAEL DARJI MOHINIBEN DE ATOUGUIA STACEY JEANNE DE PINHEIRO CHANTAL DLAMINI SARAH ALEXANDRA DORGAN JACLYN DONAE GOBETZ CHARLÉ GREYLING DONNA MAY GUGUSHE NOMSA SIYAMKELA JANKIE-SEMPE MPEFO PORTIA LACKHOO BHAVISHA LANGA FORTUNATE NONHLANHLA MADLIWA THINA MAFORA TSHIAMO MALINGA-SCOTT LINDA EDNA MANDLA NOSIPHIWO MARAFUNGANA NEZISWA MASEBE MAITUMELO MATODZI FULUFHELO MAUREE ANGIDI PILLAY MKHIZE NOLUTHANDO NOKULUNGA WSU MLIA ETHWAKO MTIMKULU XOLA KARUNGI MULAUDZI RITSHIDZE MUSONDA HOPE KATAI US NAIDOO DELISHA NIEUWOUDT LIESL NXUMALO MNQOBI NJABULO O'LEARY CAYLEE ALLISON ORAPELENG TEBOGO TSHIAMO UKZN PILLAI SAJAL PRICE CARIS ALEXANDRA PRINSLOO KARLI RALEGORENG THUTO ROBBETZE JOHN WERNER UFS SALIE MOEGAMAD SULLIVAN AUDREY

## TLHAKO SARAH DIEPO MOLEBOGENG VENKATESAN ANNETTE

VILAKAZI ZINHLE WILSON LUCY NICOLA YACHAD NOURAINE

#### Part I of the Fellowship of the College of Pathologists of South Africa -**Anatomical** FC Path(SA) Anat Part I

MASHA FLORENCE LEKOBANE	SMU
MULLER LOUIS JOHANNES	UFS
VAN DER WESTHUIZEN JULIA	US

#### Part I of the Fellowship of the College of **Pathologists of South Africa - Chemical** FC Path(SA) Chem Part I

JACOB DOREEN RACHEL Wits

#### Part I of the Fellowship of the College of Pathologists of South Africa Haematology FC Path(SA) Haem Part I

ALZANAD FATIMA FARAJ MUFTAH
CASSIM SUMAIYA UCT
DU TOIT MARCEL US
VAZ-VAN DER RIET DEBORAH CRISTINA DA
SILVA MOURA UP

#### Part I of the Fellowship of the College of Physicians of South Africa FCP(SA) Part I

ANAUTH PRIYANKA PRATIMA HK7N ANOPUECHI-CLARKSON VIVIAN AKUOMA **BUCKLEY ALEXANDRA** CHAUDHRY IRTIZA AHMAD DANSO AKUA ADOMA **ENGELBRECHT AMORI** FREDERICKS ILHAAM **GALADA NASIPHI** JACOBS HANRI KALICHURAN SENRINA SMU KALONDA MWABILA ROGER KHUBANA UNARINE MUNEI MADZIVANYIKA RAYMOND MAGAGULA PRISCILLA MAGASHULE MAMORETSI Wits MAHLANGU MAUPI KENNETH MAJOVA BABALWA MANDRY DINESHREE MATANDA RUTENDO Wits MOLOME OABOLOKA CEDRIC MOSHOESHOE BOITUMELO MOTHAPO KHUTJO PETER MPHATSOE THAPELO ALBERT MTHETHWA PERCY MANQOBA MUCHICHWA PETUDZAI MULOYISWA MASIBONGENISONKE MUSI KABELO **NAICKER JANANI** NAIDU LAVANDHRA RAJENDRAN NDESI NTSIKELELO GOODMAN **NEL WILLIE ALBERTUS** NKUMANE SIPHELELE MEMORIAL NKWANE MOSIMANEGAPE ERNEST COMBIE UCT **OLIVER TRENTON LUKE** UK7N **OMAR SHAFEEK** RAMAGAGA ZAMANGWE LONDIWE SCHMIDT CHARMAINE SEEMA LEHLONONO SIPULA ERNEST-ROGER MASIKITA TABANE TEBOGO MOKOTONG-MOSEKAMA VAN STADEN SUSANNA Wits WADEE MUZAKKIR WING JESSICA ROBERTA

#### Part I of the Fellowship of the College of Psychiatrists of South Africa FC Psych(SA) Part I

CHONCO INNOCENTIA SINGETHIWE UKZN MALINGA NOMTHANDAZO ERICA MOLOTO MOTSEI MELFORD UL/SMU NGWENYA THEMBANI ADVOCATE UL/SMU ROOPUN KRISHANAND ROOPCHANDSINGH UKZN SHOZI ZINHLE PRECIOUS

#### Part I of the Fellowship of the College of Diagnostic Radiologists of South Africa FC Rad Diag(SA) Part I

BALOLEBWAMI AKILIMALI DAVID Wits **BOTHA MARISKA** DZANIBE MBUSI SINENHLANHLA **HOLTZHAUSEN JEANETTE** Wits KHOZA BOITUMELO KOTZE PIETER BAREND MADIBA THEMBISA MASEKO RODNEY MCEBO MBUYA NDAYI Wits MOJAPELO BESLEY HUNADI MUPURWA BRUCE JOBIAS NGAMOLANE AARON IKANENG US SHAWA JANE SIBIYA RIVALANI QUEEN **SLAVE ONEILE** SMIT ELSABE JACOBA SOBEY NATASHA TS0B0 SIKHOSONKE ASAVELA WFNT7FI MARI

#### Part I of the Fellowship of the College of Radiation Oncologists of South Africa FC Rad Onc(SA) Part I

BIPATH PRESHA	UKZN
BUNGA ANTONIA MRUDULATA	
GONZALEZ	Wits
ERASMUS MIA MAGRIET	Wits
GOVEN SHIBA PREYESH THAKORBHAI	Wits
KIBUDDE SOLOMON	US
MOODLEY SHIVONA	Wits
NAIDOO SESHINI	US
NDLEVE MASANA	Wits
NJOVU CHUMA	US
OBUSENG ODIRILE	UCT
VIRANNA SANTHURI	UCT
YAKO ROSEMARY NOBESUTHU	WSU

#### Primary of the Fellowship of the College of Surgeons of South Africa FCS(SA) Primary

ADEFARAKAN SHINA JOSEPH SMU

ALAWSI AOUS A ALNAQBI RASHID MOHAMED MOHAMED **RASHID** UCT ANAUTH CHANDRAKUMARSING UKZN AREND MARC-ERIC ASARE-BEDIAKO ANDREA POKUAA BARNARD MARGUERITE BREEDT CORNEL VOLSCHENK BULANE SEIPATI **BUX RIAZ** CAROLISSEN STUART WILLIAM CHIMHETE CASPER DE KOCK WYBRAND ELIAS THUYNSMA DOMINGO AIMEE JEAN DOOKHONY KOSHLEN UCT DREYER RYNO RICHARD DU PLESSIS WILLEM MEYER EBRAHIM MAHOMED ANEES EBRAHIM MOHAMMED TAUHIER ENGELBRECHT LOUISE EILEEN GCISA VUYANI VINCENT HAMID MOHAMED HASSAN JAFAR UCT IIYAMBULA FESTUS KADHILA US JATILENI DANIEL SAMUEL JOHNSON CHRYSTAL JOHNSON DANIEL COLIN JONOSKY JACLYN BERNADETTE KAPLAN SAUL KAWONDERA TARIRO KEET RYAN JESSE KGOTE PONTSHO KHAEANE CLINTON PABALLO KITHUKA CAROLINE MULUKI KLOPPER SCHALK WILLEM KOBESE BATHANDWA KOHLER CHARLES FREDERICK KOKELEA DIANIA MAGALIE LESLIE KENNETH TUNDE LUTONA DILUVANGULU MACHERE NOMSA REBECCA MAGIELIES NEIL CLINTON MAHLANGU SIBONGILE OLABAMBO MARAIDZA EDMORE MARINGA ALFRED JOSHUA MATHENJWA MFUNDO UKZN **MAZILA LINDIWE** MDAKA SINETHEMBA PHUMLA MHIZHA ARTHUR MLIMI FREDERRICK NKOSIKHONA MOALUSI MZWELISA JOHN MOFOKENG PULENG SYLVIA MOSIKO KEBAABETSWE

MOUTLWANE CALVIN TUMELO

NAUHAUS HELGA MARGRET

NTULINI MONGEZI MATTHEW

NYEMBE MUSAWENKOSI

MUYENGWA MUNYARADZI ADAM HOPEKINS

NGOMANE NONHLANHLA GEDTRUDE

OKHAREDIA OSEMUDIAMHEN AIWANF	OH
OSEI-KUFFOUR NANA-AKUA	
PARGNER REBECCA MARIA	
PARTAB RAHUL	
PATEL MIRRIAM	
PAULSEN MURRAY	
PHONELA SIZWE MFANVELILE	
HANJAHANJA	
PILLAY SANUSHKA	
PILLAY SHAYLIN	
PULE MOLEBOHENG ETHEL	
Radebe ezekiel elmond	
RAGE MOHAMED ESSE	
Ramawela MPHO OBED	
SCHEEPERS LEON DANIEL	
SHALABY SHERIF	Wits
SHAMS RYAN	
SIBANDA LINDANI	
SIBANDA MGCINI	
SINKILA ONGEZIWE	
SITHOLE SIBAHLE PRETTY	
SMIT HENDRIK BERNARDUS	
SMOOK JEANNE DANIELLE	
SMUTS JASON PETER	
STEYN BERNARD	
THAVER SIVENDEREN ANGAMUTHU	
THERON CHARLES PETRUS	
TIMOTHY GIAN SIDNEY	
VAN DER MERWE MEGAN MARIEL	
VAN DER MERWE SCHALK WILLEM	
VORSTER ANE-MARET	
WANG ANNA THERESA	
WOOD BYRON GAVIN	
ZAPE NKCUBEKO	

#### Intermediate of the Fellowship **Examination of the College of Neurosurgeons** FC Neurosurg(SA) Intermediate

ILORAH ONYEKA VALENTINE	
MABOVULA NDYEBO SAMKELO	UKZN
MAHOULI FATA VOUNKI	UP
MOLEFE MASECHABA	Wits
MOSHOKOA MADIKANA BRADLEY	
VICTOR JOHANNES IGNATIUS	US
ZIMANI ARTHUR TATENDA	SMU

#### Intermediate of the Fellowship of the **College of Ophthalmologists of South** Africa

#### FC Ophth(SA) Intermediate IB

DE VASCONCELOS SANDRA **ENGELBRECHT ALMER** MATHEW DONY RAFFERTY KATHERINE JANE Wits THOMAS JASON US

#### Intermediate of the Fellowship of the **College of Orthopaedic Surgeons of South Africa** FC Orth(SA) Intermediate

AJODHA TAPESHWAR	
ALMEIDA PETER RICHARD	
ARAKKAL ASHLEY THOMPSON	
BEN SALEM KHALED ALI	UKZN
BHAMJEE MOHAMED	
BLANKSON BENJAMIN HAYFRON	
BLANKSON	UCT
CHUENE MABUA ARTHUR	
DAOUB MOHAMED DAOUB	UCT
ERASMUS RAOUL DANIEL	UP
FORTUIN FRANKLIN LESLIE PHILLIP	US
FOURIE PIETER JACOBUS	
GOVENDER RESHLAN	
HIDDEMA JAN SIEBRAND	
JAKOET MOGAMAT SHAFIQUE	US
LUNGA HENRY	UKZN
MAGOLEGO JOHANNES LOURENCE	SMU
MDINGI VUYISA SIPHELELE	
MOFOKENG JABULANI EPHRAIM	UFS
MOKOENA MAMPUTI SILAS	
MOKOENA THABO DONALD	
MOTSOARI MANDELA JOHNSON	UP
MULONGO KABILA	Wits
MZAMO SOLOMZI	
ndindwa bayanda Buphelo	
NGEMA YENZIWE LINDA	
PANCHOO PRAVESH	UCT
SCHMIDT LUDWIG WILHELM	UP
SUKATI FALETHU MBONGENI	UP
TINK SCOTT COLIN JOHN	
VAN HEERDEN JASON PETER	
VERHOEF HEIN	UKZN
Vogel Jonathan David	WSU

#### Intermediate of the Fellowship of the **College of Surgeons of South Africa** FCS(SA) Intermediate

ADU-GYAMFI ROSSI	US
AKPABIO AKWAOWO UBON	Wits
ALKILANI MARWAN MAHMOUD	
FALKILANI	UKZN
BLAKE NIKITA	UFS
BUNDHOO GIRISH	UKZN
COETZEE ELDRIDGE FABIAN	UFS
DIVEY MARK	
GOPEE HEMAL	
GOUWS JUAN	UCT
GOVENDER NIELESHEN	Wits
GOVENDER SOVISHNEE	UKZN
GOVENDER TARLIA RASA	
GOVENDER TERRON	
GOVENDER YASHLIN	
GROBLER GERARD	

HAMUKOTO HILENI	UCT
HECTOR DANIEL KWAME	
KHAMBULE LUCKY MOHLOLO	UFS
KRUGER STEPHAN	
KWATI MORAPEDI JANSON	Wits
Laher Naadiyah	Wits
LIZAMORE AMÉ	
MACHETE AMUSED THEKGANAN	ig smu
MAHARAJ YASTEEL RAJENDRA	
MOHANPERSADH	UKZN
MALONGWE SIYABONGA	WSU
MANZINI NQOBILE	UKZN
MARAIS HELGRAD MICHAEL	UP
MBONISWENI AKHONA	
MIDDLETON PAMELA JOSEPHIN	ie us
MNGOMA KENNEDY NKOSINGIP	HILE SMU
MOUTON MARIETTE CORDELIA	Wits
MTIMKULU WANGA	WSU
MULENGA KASONDE	US
MUVHANGO MPHO RESPECT	UP
MYINT PAING PHYO	UP
ndibi nandipha	UKZN
NEL DANIEL BENJAMIN I	NKADIMENG
LERATO SHIRLEY LEKGALA	Wits
NKOANE REHUMILE AMANDO	
OPPEL CLEVE DESMORE	
PARTHAB SHAHEEV	UKZN
PATEL BHAVINKUMAR	UCT
QAARIE MOHAMMED YAHYA M	
RUGNATH KAPIL	UKZN
SALIE MOHAMED ZUBEIR	
SRIDARAN VAISHALI	
THORNLEY LAURA JEAN	
WALIAULA ISAAC NAKHAIMA	UKZN
ZOUBI RAGAB R RAGAB	UKZN

#### Intermediate of the Fellowship of the **College of Surgeons ENT of South Africa** FCORL(SA) Intermediate

ERASMUS LOUISA JUANITA MARIA GRESAK LARA KIM JOSEPH JUDITH KAMALA KLOPPER GERHARD JOHAN MOSHAPO-LOUW TSHOLOFELO ANNAH UP SIBEKO SAMUKELISIWE REJOICE **UFS** TSHITE MMANKOMI FELICIA LEBOGANG TUSWA ZANELE VILJOEN GERRIT

## **HIGHER DIPLOMAS**

Higher Diploma in Orthopaedics of the **College of Orthopaedic Surgeons of South Africa** H Dip Orth(SA)

MODISANE MOTHUSI SMU **Higher Diploma in Surgery of the College** of Surgeons of South Africa H Dip Surg(SA)

**ELLAYA ASTRID** 

#### **DIPLOMAS**

Diploma in Allergology of the College of **Family Physicians of South Africa** Dip Allerg(SA)

DE WAAL PIETER JOHANNES LAHER MUHAMMAD EBRAHIM MALAKOU BRYAN DESSMOND

#### **Diploma in Anaesthetics of the College** of Anaesthetists of South Africa DA(SA)

**BOTHA JOHANNES PETRUS BUTHELEZI GCINILE ZINHLE BUYS JOHANNES HENDRIK** CARPENTER ADAM MSIZI **CREW NADEEN YOLANDE CROUS ROLANDI** DE JAGER MARLISE DE JAGER TANYA DLUNGWANE AYANDA NOSIPHO ELS FRANCIS-MARIÉ

**GOODWIN KRISTOFOR GOVENDER ADUSHAN** HENDRICKS FAAIDHA JACOBS NICOLE TARRYN

KANGUEEHI UHURU KEENOO FAADHILA

KEKANA MANTAGANE MARIA

**UCT** 

KIBIRIGE JEMIMAH REBECCA ALICE TENDO NAMUGGA

KIM SE JIN KRUGER ELMAR

KUMALO NTHABISENG JACQUELINE KUTTSCHREUTER LUKE SEBASTIAN

LOOTS HELENE LUYT JESSICA

MABAPA MAHLATSE SOLOMON MAJARA PALESA LIKONELO ELSIE

MAKIWANE SAZI MALL RAISSA MATHIVHA HULISANI MBAWULI AYANDA APHIWE MDZINWA NASIPHI

MOATLANEGI LESEDI SINAH MOLEPO SEMAKALENG MARTHA MOTLOUNG KIMBERLY CORRYNE

MPINGA AURORE

MYEZA LETHIWE CYNTHIA **NAUDE WILLEM JOHANNES** 

NDHLOVU MWILA

NDHLOVU TAMUKA FRANKLIN CHITONGA

NDOKERA BELINDA FADZI NHEWEYEMBWA RUTENDO YEUKAI

NKADIMENG LEBOHANG

NOMATHOLE YOLANDA NOOR MOHAMED AYESHA NXUMALO NHLANHLA LEONARD **OLATUNBOSUN OLAWALE DANIEL** PEA TALA-NANGULA NALITYE PETTEY GABRIELA PIERPOINT SCOTT ANDREW PISTORIUS HANJE RAMTOHUL VERA BOGDANOVNA **RAS ABRAHAM** RIEKERT HENDRIK FREDERIK PRINSLOO RIKHOTSO HUNDZUKANI SABONA NCUMISA

SAQU NOMVUZO ZINGISA SEYMOUR LISA SHAANIKA EBBA PANDULENI SOLOMONS NICOLE STEYN EARL OLIVER SUKWANA ABONGILE TAMBWE OKITOLELA SCOTTY TLHAKE TUMISANG ELIZABETH VAN DE MERWE ETIENNE VAN EEDEN VONLI

VAN WYK NATALIE JEAN

VAN WYK SCHALK ST ELMO

WAKABAYASHI KOJI Diploma in Child Health of the College of

**Paediatricians of South Africa** DCH(SA) ALI-DIKOLE MASIDA LINDA **ASHTON FRANCES** BIKITSHA NOMTHANDAZO AME VIWE

**BIRKETT EMMA LYNNE BOWES LYNELLE OLIVIA BUTHELEZI PRISCILLA ZUZIWE** CHHIBA ANJALI-LARISHA DE JAGER RIKA LEONORA DE PINHEIRO CHANTAL **DEWAR JANINE FELICITY** 

**DLAMINI SINDISWA CHARMAINE GANESAN ANIKA** 

KARRIEM NADAH KEENE ABIGAIL MARRIOTT

KIRKBY JULIA KATE LABUSCHAGNE LIZE

INDIVERI LAURA

LATEGAN ANDJELOPOLJ ELIZABETH MADONSELA SINENHLANHLA GUGU MALULEKE CINDY ROUSHNAH

MATABOGE KABELO MAVUNDA MINAH NTHODI

MHINI TARISAI MAXINE

MKHWANAZI SINENHLANHLA CHARITY

MOKOROANE KEAMOGETSWE MUDZIELWANA DAKALO MUTENGWA TSITSI CAROLINE MUTONKOLE ILUNGA

NAIDU KASHENTHA ROMAN CHRISENDA MELONY

SMU SEEFANE DITHEKO JUSTOLINE SEKONYELA MANAHA

SHAIKH ABDOOLLA MUHAMMAD MEHDI HUSSEIN

SHONGWE NKOSINATHI SIFISO TAPAMO DOMINIQUE ADRIENNE

**VENTER NELINE** 

WALSH DEANNE HAYLEY WANNENBURG ELZETTE

WHITEHEAD KIM WOOKEY NATASHA

Diploma in Forensic Medicine of the College of Forensic Pathologists of **South Africa** 

Dip For Med(SA) Clinical

**BISMILLA YASEEN** 

Diploma in Forensic Medicine of the College of Forensic Pathologists of **South Africa** Dip For Med(SA) Pathology

**APLENI BANE UFS** BALOYI MILLICENT **DITSELE PROGRESS CORNELIUS** JAYASOORIYA RANKOTHGE PEMASIRI UCT MOSTERT LAMBERT JACOBUS NKOSI THULANI LANCELOT **UFS** 

Diploma in Geriatric Medicine of the **College of Physicians of South Africa** DGM(SA)

**0JO BARARINDE AKINTUNDE** 

KHAN ANEESA MIELKE CARMELLA

MVAMBO NAMHLA UKZN SINGH AKIRA

Diploma in HIV Management of the **College of Family Physicians of South** 

**Africa** 

Wits

SMU

Dip HIV Man(SA)

ABDULLAH MAHOMED FAREED AB00BAKER

ACQUAH REBECCA RUTH AFOLABI KASHIMAWO MUFTAU

**ALLIE ABBAAS** ALLIE AYESHA BADENHORST LARISSE **BONDI PETER RICHARD** CHEN XIAOHUI

CHETTY ALEISHA ANNE **CLOETE JOZENE DANIELLE** 

COHEN NICOLA DE GOUVEIA LIONEL DE KLERK LIZE

DIKO THEMBISILE TERRENCE EZEOGU OBIOMA EMMANUEL FATTI ISABELLA LOUISE

**GUDZA IRENE** 

HENDERSON MERLE JOSEPH NATASHA

JUGGERNATH AMILCAR MUNMOHAN

JUGNUNDAN YASHNA KHOSA MIKATEKO CAIN

Kola imraan

LANG IAN FRASER LAUBSCHER ELIZABETH MAGDALENA

LE ROUX NICOLENE

LEDWABA MOCHAWANE BHEKUYISE

LEISEGANG CARLA VASHTI LIFSON AIMEE ROSE LOCHNER PHYLLIS JESSWIN

LUIZ JUANETA MARIA MAGUMBA CAESER

MANDIKIYANA CHIRIMUTA LINDA ANESU

MATORO BRIAN

MBULANGINA PEACE MARY MOGONEDIWA KEOIKANTSE MPHO

MOOLA YUSUF MOTSILILI LETLOTLO MUGAGADELI MATAMELA MUHAIRWE JOSEPHINE AMONG MURRAY ANDREW EAN PIETER MUTOMBO MUADI BLANDINE

NADKER SALMA WSU
NEUMANN MARIA-DOROTHEE
NSAKALA BIENVENU LENGO
NTAMEHLO NKULULO PHILSON

NXELE SIYATHEMBA
RABE MAREIKE Wits
RAJOO SARISHA DEVINA
RAMSAMY TYRAL DEAN
RUGNATH SUNIRA

SAGGERS ROBIN TERENCE Wits SAMBO NTSAKO JONATHAN SEREHETE ONTHATILE TSHEPISO

SHARPLES ANNE-MARIE CHRISTINA

SIHELE NIKIWE

SIWELE SHALATE CHARLOTTE STOFBERG JOHANNES PETRUS JORDAAN

TADERERA CHARLOTTE THOBANE TLOU ADAM

VAN DYK THEUNIS JOHANNES REON UCT

UCT

WESSELS RAISA JANA WHEELER INDIA SCARLETT YONTO ELLIOT THABO ZHELEVA MARINA

SEWPERSADH RYAN

Diploma in Internal Medicine of the College of Physicians of South Africa Dip Int Med(SA)

MAPIMHIDZE DANAI SYLVIA UCT
MASIKATI MALCOLM UCT
MHLONGO LUTHANDO
NGALE TSHEPO CLETUS SMU

SHAMBIRA PASCAL SHINGIRAYI XABA NTOMBIZONKE BRIGHT

Diploma in Mental Health of the College of Psychiatrists of South Africa DMH(SA)

BAMBISA ABIGAIL FANISA
DE JAGER RUAN SMUTS
MANTANTANA ZAMAZULU
MOKGOSI LERATO DINEO EUNICE
MOODLEY JAVANIKA
MPHELA STANLEY
SMITH WARREN BRADLEY
TLAILANE BONGIWE

Diploma in Obstetrics of the College of Obstetricians and Gynaecologists of South Africa Dip Obst(SA)

BOTHA SUSANNA DOROTHEA
CONRADIE ESMARI
DLOMO NONHLAKANIPHO CYNTHIA
EVANS GWENDOLEN
FURSTENBERG JOHA
HEESE JOHANNES FRIEDRICH
KAZADI NANCY
KAZONGO NKOLE FRANCK
KHAN MALIHA
MANDUNGU LUKUSA
NGWENYA SONGILE
STRYDOM ELIZKE
SWART MAGRIFTHA

BEZUIDENHOUT DULCIE

Diploma in Ophthalmology of the College of Ophthalmologists of South Africa Dip Ophth(SA)

CAREY ANGELIKA URSULA
LIMALIA ESSOP ZAKIYYAH BIBI MOHMED
CASIM UP
MAREE RETHE HERMINE
MOFOKENG THABISO
ROUX MARGARETHA MAGDALENA
STUART KELSEY VERNON
VAN DE MERWE CELIA YVETTE
VAN DER WESTHUIZEN DIAN PETRUS

Diploma in Primary Emergency Care of the College of Emergency Medicine of South Africa Dip PEC(SA)

AFONSO RENATO AFRICANDER NOMBUSO ANTO REJOYCE EDUTHAN BLOMERUS RIKUS **BOLANI GAOSITWE LINDIWE** 

**BOSCH DE WET** 

**BOTES MARISA JURINA** 

BREYTENBACH MICHELLE SANDRE

**BUCK SAMANTHA CLAIRE** 

CARELSE NINA ZEA

CARSHAGEN OSCAR ULRICH

CELE WELILE MAFUNGWASE DESIREE

CORIN CHADWIN FREDERICK

COX BRIAN DAVID DE WET ROAN

FIGG RIANA

GELDENHUYS MARI

GORDON-FORBES CAMERON JOHN

HAUPT SENADE ANNE HONIBALL JOHN WILLIAM JOOSTE MONICA MATTY

KHAN RIAASAT KING ERIN CASSIDY

KIRYKOWICZ KATHARINE ELIZABETH

MAKUYA GOTHYANG MARAIS YOLANDI ANNE MARTIN NICOLE TARYN MBANGA KEDIBONE

MOKOLOKOLO REFILOE PULENG

MOONSAMY SAYUREN MOTLOUNG MANOTSHI NDALA MUJINGA NEL CHRISTIAAN ANDRE NYEMBWE MBUYI CONSOLATA

PARAK AYESHA PHELLO KEABETSOE PLUYMERS NAKITA

RAYMOND NICHOLAS JAMES READ BRITTANNY LYNN

ROGERS MEGAN ANDREA RUGHUBAR RIYA

**RUMHUMHA AUDREY RUVIMBO** 

SALIE FIRDAUS

SCHOEMAN CHRIS-MARÉ

SHAMS MARIAM

SITTMANN JOHANN CHRISTIAN

SMIT ALMIEN

STRAEULI CHRISTOPHER HELMUT

TACON NICOLE JAYNE THAVER LINESRI TSAI WAN-JUNG URQUHART SARA-LEIGH

VAN DEN BERG ROBERT WILLIAM

VAN DEN DERG RUDERT WILLIAM

VAN WYK GERT JOHANNES

VAN ZYL ANDREA

WIENER JADE STEPHANIE WILLIAMS NICOLETTE

# Annual Report of the Senate of The Colleges of Medicine of South Africa (CMSA) for the period 1st June 2017 to 31st May 2018

The first Annual Report of the Twenty-First Senate gives an account of the activities of Senate during the financial year 1st June 2017 to 31st May 2018.

#### The report is presented in three sections:

- A general account of the activities of Senate during the past year, which are recorded below.
- The annual reports of constituent Colleges, covering activities during the period under review, form part of this report, but appear as a section on its own as an extension of the report.
- The financial statements and matters related to the appreciation of the state of affairs of the CMSA, its business, and surplus and loss appear on the web page.

#### **IN MEMORIAM**

The President and Senate received notification of the death of the following members of the CMSA during the past year and extend condolences to their next of kin.

#### **Associate Founders**

BREMER, Paul Mackenzie DUNCAN, Harold James GOLDSCHMIDT, Reith Bernard MICHELOW, Maurice Cecil

#### **Honorary Fellows**

BOTHWELL, Thomas Hamilton COUTURE, Jean FAROOQUI, Muhammad Sultan HEDERMAN, William Patrick SHEAR, Mervyn

#### **Fellows**

BLAAUW, Willem Schalk
BUCHAN, Terry
CATCHPOLE, Merryck Vance
KOLLER, Anthony Bruce
LE ROEX, Renè Denyssen
MKIZE, Sandile
MYBURGH, Johannes Gerhardus
SMITH, Michael Ewart
WHITE, Denise Anne Campbell
VAN DER SPUY, Johan Wilhelm
VAN IDDEKINGE, Basil
VILJOEN, Ignatius Michael

#### **Fellows by Peer Review**

ALTINI, Mario SEGONE, Alpheus Mabose

#### **Associates**

FARRELL, Victor John MILES, Lionel Palmer PETER, Jonathan Clemence PHILLIPS, Bentley

#### Staff

SELAI, Johannes

#### TRIENNIAL ELECTIONS

The triennial Senate and constituent College Council elections for the triennium 2017 to 2020 were held during the past year, and it was very pleasing to note that the transformation statistics exceeded targets and were the best results that the CMSA had achieved to date.

#### **SENATE**

The newly elected representatives of constituent Colleges and Diplomate representatives on Senate are the following:

Dr S S Avramenko	(College of Family Physicians)
Professor J S Bagratee	(College of Obstetricians and
	Gynaecologists)
Professor J G Brink	(College of Cardiothoracic Surgeons)
Dr J G Boyes-Varley	(College of Maxillo-Facial and Oral
	Surgeons)
Professor B Cassim	(College of Physicians)
Professor B Chiliza	(College of Psychiatrists)
Professor A Davidson	(College of Paediatricians)
Dr M Daya	(College of Plastic Surgeons)
Professor R N Dunn	(College of Orthopaedic Surgeons)
Professor J J Fagan	(College of Otorhinolaryngologists)
Dr D L Fredericks	(College of Emergency Medicine)
Dr H I Geduld	(College of Emergency Medicine)
Dr P D Gopalan	(College of Anaesthetists)
Professor A M P Harris	(College of Dentistry)
Professor D A Hellenberg	(College of Family Physicians)
Dr M H Kabaale	(College of Obstetricians and
	Gynaecologists)
Dr C M Kgokolo	(College of Dermatologists)
Dr W G Kleintjes	(College of Plastic Surgeons)

Professor M Z Koto (College of Surgeons)
Professor A Krause (College of Medical Geneticists)
Professor J M Lazarus (College of Urologists)

Dr A Lochan (College of Medical Geneticists)
Professor L London (College of Public Health Medicine)
Professor D S Magazi (College of Neurologists)

Professor J N Mahlangu (College of Pathologists)

Dr F Mahomed (College of Radiation Oncologists)

Dr A Z Makgotloe (College of Ophthalmologists)

Professor L J Martin (College of Forensic Pathologists)

Dr S D Masege (College of Otorhinolaryngologists)

Professor R Masekela (College of Paediatricians)

Professor R Masekela (College of Paediatricians)
Professor V Mngomezulu (College of Radiologists)
Professor M H Motswaledi (College of Dermatologists)
Mr M Munasur (College of Cardiothoracic Surgeons)

Ir M Munasur (College of Cardiothoracic Surgeons

Professor S B A Mutambirwa (College of Urologists)

Dr T Naidoo (College of Forensic Pathologists)
Professor M V Ngcelwane (College of Orthopaedic Surgeons)
Professor A Numanoglu (College of Paediatric Surgeons)
Professor G A Ogunbanjo (College of Family Physicians)
Professor E Osuch (College of Clinical Pharmacologists)

Dr J R N Ouma (College of Neurosurgeons) Professor T Parbhoo (College of Physicians) Professor T Pillay (College of Pathologists) Professor R D Pitcher (College of Radiologists) Professor J L A Rantloane (College of Anaesthetists) Professor S Seedat (College of Psychiatrists) Professor P L Semple (College of Neurosurgeons) Dr F Senkubuge (College of Public Health Medicine) Professor A S Shaik (College of Paediatric Surgeons) Professor A Sherriff (College of Radiation Oncologists)

Professor M D Smith (College of Surgeons)
Professor L C Snyman (College of Obstetricians and

Gynaecologists)

Professor L M Sykes (College of Dentistry)

Dr L M Tucker (College of Neurologists)

Dr L Visser (College of Ophthalmologists)

Professor M Vorster (College of Nuclear Physicians)

Professor A Walubo (College of Clinical Pharmacologists)

Professor J M Warwick (College of Nuclear Physicians)

Professor J M Warwick Dr A J Van Der

Westhuijzen (College of Maxillo-Facial and Oral

Surgeons)

# The following were elected from this group to serve in the respective offices as indicated:

Professor R N Dunn (Hon Treasurer)

Dr H I Geduld (Chairman Finance and General

Purposes Committee)

Professor L C Snyman (Chairman Examinations and

Credentials Committee)

Professor J S Bagratee (Chairman Education Committee)
Professor R D Pitcher (Hon Registrar Finance and General

Purposes Committee)

Professor G A Ogunbanjo (Hon Registrar Examinations and

Credentials Committee)

Dr P D Gopalan (Hon Registrar Education Committee)

The President (Professor M M Sathekge), Senior Vice President (Professor J J Fagan), Junior Vice President (Dr F Senkubuge)

and IPP (Professor B G Lindeque) would continue to serve in their respective offices until May 2019, with new incumbents due to be elected at the October 2018 Senate meeting.

# The following directors were appointed for the 2017 – 2020 triennium:

Professor M M Sathekge (President)

Professor J J Fagan (Senior Vice President)
Dr F Senkubuge (Junior Vice President)
Professor R N Dunn (Honorary Treasurer)

Dr H I Geduld (Chairman Finance and General

Purposes Committee)

Professor L C Snyman (Chairman Examinations and

Credentials Committee)

Professor J S Bagratee (Chairman Education Committee)
Professor R D Pitcher (Hon Registrar Finance and
General Purposes Committee)
Professor G A Ogunbanjo (Hon Registrar Examinations and

Credentials Committee)

Dr P D Gopalan (Hon Registrar Education Committee)

Mrs L Hayes (Chief Executive Officer)
Mrs A L Vorster (Academic Registrar)
Mr G F Nel (Financial Director)

#### **CONSTITUENT COLLEGES**

The constituent College election results for the 2017 - 2020 triennium were as follows:

#### College of Anaesthetists

President Dr P D Gopalan Secretary Dr U Singh

Representatives on Senate:

Dr P D Gopalan

Professor J L A Rantloane

Other members of Council:

Dr S Chetty Dr L Cronje Dr B M Gardner

Dr L P Green-Thompson Professor I A Joubert

Dr M Raff

Professor J L A Rantloane

#### **College of Cardiothoracic Surgeons**

President Mr M Munasur Secretary Dr A R Patel

Representatives on Senate:

Mr M Munasur Professor J G Brink

Other members of Council:

Dr R F Chauke Dr A Geldenhuys Professor A G Linegar

#### **College of Clinical Pharmacologists**

President Professor A Walubo Secretary Dr M O E Irhuma Representatives on Senate:

Professor A Walubo Professor E Osuch

Other members of Council:

Dr K Cohen

Dr J A A Hernandez

Dr A Marais

#### **College of Dentistry**

President Professor A M P Harris Secretary Dr M B Wertheimer

Representatives on Senate:

Professor A M P Harris

Professor L M Sykes

Other members of Council:

Professor H D Dullabh

Dr E Ghabrial

Professor C P Owen

#### **College of Dermatologists**

President Professor M H Motswaledi Secretary Dr C M Kgokolo

Representatives on Senate:

Professor M H Motswaledi

Dr C M Kgokolo

Other members of Council:

Dr N Gantsho

Dr R J Lehloenya

Dr A Mankahla

Professor D Modi

Professor G Todd

#### **College of Emergency Medicine**

President Dr H I Geduld Secretary Dr D L Fredericks

Representatives on Senate:

Dr H I Geduld

Dr D L Fredericks

Other members of Council:

Dr S Carim

Dr S Lahri

Dr K I Vallabh

Dr T Stephens

Dr A Groenewald

#### **College of Family Physicians**

President Professor D A Hellenberg Secretary Professor W J Steinberg

Representatives on Senate:

Professor D A Hellenberg

Professor G A Ogunbanjo

Other members of Council:

Professor L E Baldwin-Ragaven

Dr I Govender

Professor J F M Hugo Professor L H Mabuza

Professor R J Mash

Dr M Naidoo

Dr 0 B Omole

Professor S Smith

Professor P Yogeswaran

Dr S S Avramenko

#### **College of Forensic Pathologists**

President Dr T Naidoo Secretary Dr C Liebenberg

Representatives on Senate:

Dr T Naidoo

Professor L J Martin

Other members of Council:

Dr E B Afonso

Professor J J Dempers

Dr C I Herbst

Dr K K Hlaise

Dr S Holland

Dr G M Kirk

Dr A L Mattheüs

Dr K C Quarrie

Professor J Vellema

Dr A S Hammond

#### **College of Maxillo-Facial and Oral Surgeons**

President Dr A J Van Der Westhuijzen Secretary Professor J A Morkel

Representatives on Senate:

Dr A J van der Westhuijzen

Dr J G Boyes-Varley

#### **College of Medical Geneticists**

President Professor A Krause Secretary Dr L A Lambie

Representatives on Senate:

Professor A Krause

Dr A Lochan

Other members of Council:

Dr N L Bhengu

Dr C L A Feben

Dr K J Fieggen

Dr C E Spencer

College of Neurologists

President Dr L M Tucker

Secretary Professor D S Magazi

Representatives on Senate:

Dr L M Tucker

Professor D S Magazi

Other members of Council:

Professor J A Carr

Professor R W Eastman

Dr A A Moodley

#### **College of Neurosurgeons**

President Professor P L Semple Secretary Dr A J Vlok

Representatives on Senate: Professor P L Semple Dr J R N Ouma

Other members of Council: Dr S S Nadvi

#### **College of Nuclear Physicians**

President Professor J M Warwick Secretary Professor M Vorster

Representatives on Senate: Professor J M Warwick Professor M Vorster

Other members of Council: Dr N E Nyakale

Dr R E Steyn (resigned as Secretary)

#### **College of Obstetricians and Gynaecologists**

President Professor L C Snyman Secretary Professor P Soma-Pillay

Representatives on Senate: Professor L C Snyman Professor J S Bagratee

Other members of Council:
Professor J Anthony
Professor M H Botha
Dr H L Chauke
Professor G Dreyer
Dr L Govender
Professor T F Kruger
Dr H A du Toit Lombaard
Dr S R Ramphal
Dr L K Schoeman
Dr T I Siebert

#### **College of Ophthalmologists**

Professor D W Steyn

Dr M H Kabaale

President Dr L Visser Secretary Dr A Z Makgotloe

Representatives on Senate:

Dr L Visser Dr A Z Makgotloe

Other members of Council:
Professor T R Carmichael
Professor N Du Toit
Dr P M S Makunyane
Professor D Meyer
Dr S E I Williams

#### **College of Orthopaedic Surgeons**

President Professor R N Dunn Secretary Professor T L B Le Roux

Representatives on Senate: Professor R N Dunn Professor M V Ngcelwane

Other members of Council:

Dr R Goller Dr M Laubscher Dr S K Magobotha Dr L C Marais

#### **College of Otorhinolaryngologists**

President Professor J J Fagan Secretary Professor R Y Seedat

Representatives on Senate: Professor J J Fagan Dr S D Masege

Other members of Council: Dr D E Lubbe

#### **College of Paediatricians**

President Professor A Davidson Secretary Professor R Masekela

Representatives on Senate: Professor A Davidson Professor R Masekela

Other members of Council:
Professor S C Brown
Dr A H Coovadia
Professor V A Davies
Professor S Kling
Dr A P Ndondo
Professor L Pepeta
Professor H Saloojee

#### **College of Paediatric Surgeons**

President Professor A S Shaik Secretary Dr S M le Grange

Representatives on Senate: Professor A S Shaik Professor A Numanoglu

Other members of Council:
Professor R A Brown
Dr M R Chitnis
Dr J A Loveland
Dr M H Sheik Gafoor

#### **College of Pathologists**

President Professor J N Mahlangu Secretary Dr Z N Makatini Representatives on Senate: Professor J N Mahlangu

Professor T Pillay

Other members of Council:

Professor S C Boy (resigned as Council member)

Professor J A George

Dr N A Ismail

Dr M L Locketz

Dr E S Mayne

Dr T J Naicker

Dr H Wu

#### **College of Physicians**

President Professor B Cassim

Secretary Professor P J Raubenheimer

Representatives on Senate:

Professor B Cassim

Professor T Parbhoo

Other members of Council:

Dr D J Blom

Professor V C Burch (resigned as Council member)

Dr I S Kalla

Dr A M A Lawal

Dr N D Madala

Professor C N Menezes

Professor P S Mntla

Professor M R Moosa

Professor G Tintinger

Dr J M L Tsitsi

#### **College of Plastic Surgeons**

President Dr W G Kleintjes

Secretary Dr S Adams

Representatives on Senate:

Dr W G Kleintjes

Dr M Daya

Other members of Council:

Professor E Ndobe

#### **College of Psychiatrists**

President Professor S Seedat

Secretary Dr S Ramlall

Representatives on Senate:

Professor S Seedat

Professor B Chiliza

Other members of Council:

Professor A B-R Janse van Rensburg

Professor J A Joska

Professor L Koen

Dr K-A Louw

Professor U Subramaney

Dr M Talatala

#### **College of Public Health Medicine**

President Professor L London Secretary Dr F Senkubuge

Representatives on Senate:

Professor L London Dr F Senkubuge

Other members of Council:

Dr S Adams (DOM)

Dr C I Bagwandeen

Professor H Mahomed

Dr S V Moodley

Dr S Naidoo (DOM)

Dr N T D Naledi

Dr S K Rajaram

Dr V E M Zweigenthal

Dr H M Williams (DOM)

#### **College of Radiation Oncologists**

President Professor A Sherriff Secretary Dr J D Parkes

Representatives on Senate:

Professor A Sherriff

Dr F Mahomed

Other members of Council:

Professor H M Simonds

#### **College of Radiologists**

President Professor R D Pitcher Secretary Dr L T Hlabangana

Representatives on Senate:

Professor R D Pitcher

Professor V Mngomezulu

Other members of Council:

Dr C Ackermann

Professor S J Beningfield

Dr S E Candy

Professor C S De Vries

Professor Z I Lockhat

Dr D T Reitz

#### **College of Surgeons**

President Professor M Z Koto Secretary Dr M Brand

Representatives on Senate:

Professor M Z Koto

Professor M D Smith

Other members of Council:

Professor D B Bizos

Dr L L Cairncross

Professor P A Goldberg

Dr J A Lübbe

Dr M S Moeng

Dr T V Mulaudzi

#### **College of Urologists**

President Professor J M Lazarus Secretary Dr L-A Kaestner

Representatives on Senate:
Professor J M Lazarus
Professor S B A Mutambirwa

Other members of Council:

Dr F M Claassen

Dr S W Doherty

Dr R Friedman

Dr K M Mathabe

Dr H Patel

#### **Co-options**

The constituent College Councils were empowered to co-opt additional persons if deemed necessary to improve representation on a geographic or demographic basis, or to ensure University representation.

#### **Diplomates**

Dr S S Avramenko and Dr M A Kabaale were duly elected to serve as Diplomate representatives during the new triennium of Senate.

#### **INTERNATIONAL MEDICAL EDUCATION LEADERS' FORUM (IMELF)**

The first African meeting of the International Medical Education Leaders' Forum was held at the CMSA in Cape Town on 17 May 2018.

Speakers included Professor Viren Naik and Dr Ken Harris of the Royal College of Physicians and Surgeons of Canada, Professor Francois Cilliers of UCT and Dr Kgosi Letlape of the Health Professions Council of South Africa.

The following topics were discussed:

- Certifying Examinations: A Necessary Endpoint of Training?
- Workplace-based Assessment: A Key Enabler in Competencybased Education.
- To Recertify or not to Recertify: That is the Question.

#### **SPECIAL ACHIEVEMENTS: SENATORS**

Dr M Daya achieved his PhD in Plastic Surgery.

Professor R N Dunn was awarded the UCT Distinguished Teachers Award. This award was only given to four staff members annually and required nomination and committee review based on a 50-page profile.

Professor J J Fagan was awarded a gold medal by the International Federation of Otolaryngology Societies at its four-yearly IFOS World Congress in Paris in June 2017. This was in recognition of Professor Fagan's contributions to ENT internationally through his two open access textbooks, for advancing head and neck surgery in Africa by training head and neck surgeons through the UCT Karl Storz Head and Neck Fellowship, and by founding the African Head and Neck Society in 2016.

Dr W G Kleintjes publication in the online open access journal 'Clinics

in Surgery' (August 2017) was nominated for publication by Avid Science in their book: 'Top 25 Contributions on Surgery Research'. "A Novel Technique for Composite Cultured Epithelial Autograft in a Patient with Extensive Burn Wounds: A Case Report" W Kleintjes et al. Avid Science. Chapter 14, January 2018.

Professor L London was awarded the PHILA Lifetime Achievement Award at the Conference of the Public Health Association of South Africa in September 2017.

Professor M H Motswaledi was elected Director of the International Society of Dermatology for the triennium 2018 – 2021.

Professor G A Ogunbanjo was appointed Adjunct Professor: Family Medicine and Public Health Department, University of Botswana, Gaborone for 5 years.

Professor G A Ogunbanjo was appointed Honorary Professor: Family Medicine and Public Health Department, Faculty of Health Sciences, Walter Sisulu University Mthatha for 5 years as well.

Professor M M Sathekge was admitted as a Fellow of the Academy of Medicine Singapore.

Dr F Senkubuge was featured in the May 2018 edition of the SAMA Insider magazine. The article, 'Exceptional Dr Senkubuge leads the way in Africa', listed Dr Senkubuge's achievements, including her nomination for the 2018 prestigious Women of Stature, Woman of the Year Awards in the category 'Woman in Healthcare'. Earlier in 2018, Dr Senkubuge also became the first black woman to preside at the WCTOH and was instrumental in winning the bid for the congress to be held in South Africa for the first time in 50 years.

Professor L C Snyman achieved his PhD in Obstetrics and Gynaecology.

Professor M Vorster achieved a NRF Y-rating.

# **EXAMINATIONS AND RELATED MATTERS Recognition of Hospital Posts**

The following hospital posts were accredited during the year under review:

#### DA(SA):

Paarl Hospital Khayelitsha Hospital Worcester Hospital

#### DCH(SA):

Mitchells Plain Hospital St Andrew's Provincial Hospital

#### Dip HIV Man(SA):

Manguzi Hospital Knysna Hospital Stanger Hospital

#### Dip PEC(SA):

Middelburg Provincial Hospital Mediclinic Stellenbosch

#### Successful candidates, by examination

The names of candidates who pass the biannual CMSA examinations appear under a separate section of these Transactions.  $\frac{1}{2} \left( \frac{1}{2} \right) = \frac{1}{2} \left( \frac{1}{2} \right) \left($ 

### Pass rate per discipline

Examination	SS 2017	FS 2018
College of A	Anaesthetists	
DA(SA)	77%	76%
FCA(SA) Part I	47%	57%
FCA(SA) Part II	69%	78%
Cert Critical Care(SA) Anaes	0%	80%
College of Cardio	thoracic Surgeo	ns
FC Cardio(SA) Final	18%	10%
Cert Critical Care(SA) Cardio	No candidates	No candidates
College of Clinica	al Pharmacologis	ets
FC Clin Pharm(SA) Part I	No candidates	No candidates
FC Clin Pharm(SA) Part II	No candidates	No candidates
College o	f Dentistry	
Dip Dent(SA)	No candidates	No candidates
FCD(SA) OMP Part I	No candidates	No candidates
FCD(SA) OMP Part II	No candidates	No candidates
FCD(SA) Orthod Part I	55%	0%
FCD(SA) Orthod Part II	No candidates	0%
FCD(SA) Pros Part I	33%	100%
FCD(SA) Pros Part II	No candidates	0%
College of Dermatologists		
FC Derm(SA) Part I	75%	92%
FC Derm(SA) Part II	100%	56%
College of Emergency Medicine		
Dip PEC(SA)	73%	63%
FCEM(SA) Part I	63%	80%
FCEM(SA) Part II	60%	56%
H Dip Emerg Med(SA)	No candidates	No candidates
Cert Critical Care(SA) Emerg Med	100%	No candidates
College of Family Physicians		
Dip Allerg(SA)	100%	100%
Dip HIV Man(SA)	84%	70%
FCFP(SA) Final Part A	34%	28%
FCFP(SA) Final Part B	100%	100%
H Dip Fam Med(SA)	100%	No candidates
H Dip Sexual Health & HIV Med(SA)	50%	0%
Cert Allerg(SA) Fam Phys	No candidates	100%

College of Forensic Pathologists		
Dip For Med(SA) Clin	No candidates	100%
Dip For Med(SA) Clin/Path	No candidates	No candidates
Dip For Med(SA) Path	100%	100%
FC For Path(SA) Part I	100%	60%
FC For Path(SA) Part II	100%	0%
College of Maxillo-Fa	cial and Oral Sur	geons
Dip Oral Surg(SA)	No candidates	No candidates
FCMF0S(SA) Primary	57%	0%
FCMF0S(SA) Intermediate	33%	0%
FCMF0S(SA) Final	No candidates	100%
College of Med	dical Geneticists	
FCMG(SA) Part I	No candidates	100%
FCMG(SA) Part II	No candidates	100%
College of	Neurologists	
DSM(SA)	No candidates	No candidates
FC Neurol(SA) Part I	35%	40%
FC Neurol(SA) Part II	71%	29%
College of N	eurosurgeons	
FC Neurosurg(SA) Primary	67%	50%
FC Neurosurg(SA) Intermediate	89%	78%
FC Neurosurg(SA) Final	33%	56%
Cert Critical Care(SA) Neurosurg	No candidates	No candidates
College of Nuclear Physicians		
FCNP(SA) Part I	40%	40%
FCNP(SA) Part II	67%	67%
College of Obstetricians and Gynaecologists		
Dip Obst(SA)	66%	58%
FCOG(SA) Part IA	62%	33%
FCOG(SA) Part IB	64%	32%
FCOG(SA) Part II	71%	71%
Cert Critical Care(SA) 0&G	0%	0%
Cert Gynaecological Oncology(SA)	100%	100%
Cert Maternal & Fetal Medicine(SA)	75%	0%
Cert Reproductive Medicine(SA)	100%	75%
College of Ophthalmologists		
Dip Ophth(SA)	80%	100%
FC Ophth(SA) Primary IA	63%	42%
FC Ophth(SA) Intermediate IB	72%	33%
FC Ophth(SA) Final	60%	60%

College of Orthopaedic Surgeons		
FC Orth(SA) Intermediate	62%	70%
FC Orth(SA) Final	68%	66%
H Dip Orth(SA)	0%	50%
College of Otorh	inolaryngologist	S
FCORL(SA) Primary	56%	42%
FCS(SA) Intermediate ENT	100%	90%
FCORL(SA) Final	67%	50%
College of Pae	diatric Surgeons	
FC Paed Surg(SA) Final	67%	50%
College of F	aediatricians	
DCH(SA)	78%	82%
FC Paed(SA) Part I	74%	56%
FC Paed(SA) Part II	71%	65%
Cert Allerg(SA) Paed	100%	No candidates
Cert Cardiology(SA) Paed	100%	100%
Cert Clinical Haematology(SA) Paed	No candidates	No candidates
Cert Critical Care(SA) Paed	100%	100%
Cert Dev Paed(SA)	100%	100%
Cert Endocrinology & Metabolism(SA) Paed	100%	No candidates
Cert Gastroenterology(SA) Paed	100%	100%
Cert ID(SA) Paed	No candidates	100%
Cert Medical Oncology(SA) Paed	100%	100%
Cert Neonatology(SA)	75%	100%
Cert Nephrology(SA) Paed	No candidates	100%
Cert Paediatric Neurology(SA)	100%	No candidates
Cert Pulmonology(SA) Paed	100%	100%
Cert Rheumatology(SA) Paed	100%	100%
College of Pathologists		
FC Path(SA) Anat Part I	36%	50%
FC Path(SA) Anat Part II	31%	28%
FC Path(SA) Chem Part I	67%	17%
FC Path(SA) Chem Part II	67%	0%
FC Path(SA) Clin	100%	67%
FC Path(SA) Haem Part I	40%	80%
FC Path(SA) Haem Part II	38%	29%
FC Path(SA) Micro	44%	67%
FC Path(SA) Oral Part I	33%	0%
FC Path(SA) Oral Part II	No candidates	No candidates

	<u> </u>	Γ
FC Path(SA) Viro	63%	50%
Cert Clinical Haematology(SA) Path	No candidates	100%
Cert ID(SA) Path	No candidates	No candidates
College of	Physicians	
DGM(SA)	No candidates	100%
Dip Int Med(SA)	60%	88%
FCP(SA) Part I	48%	50%
FCP(SA) Part II	40%	55%
Cert Allerg(SA) Phys	No candidates	No candidates
Cert Cardiology(SA) Phys	64%	67%
Cert Clinical Haematology(SA) Phys	No candidates	100%
Cert Critical Care(SA) Phys	0%	50%
Cert Endocrinology & Metabolism(SA) Phys	100%	100%
Cert Gastroenterology(SA) Phys	100%	50%
Cert Geriatric Medicine(SA)	No candidates	No candidates
Cert ID(SA) Phys	50%	50%
Cert Medical Oncology(SA) Phys	100%	0%
Cert Nephrology(SA) Phys	67%	64%
Cert Pulmonology(SA) Phys	63%	0%
Cert Rheumatology(SA) Phys	0%	80%
College of Plastic Surgeons		
FC Plast Surg(SA) Final	63%	44%
College of	Psychiatrists	
DMH(SA)	76%	58%
FC Psych(SA) Part I	16%	18%
FC Psych(SA) Part II	47%	72%
Cert Child & Adolescent Psychiatry(SA)	No candidates	100%
Cert Forensic Psychiatry(SA)	100%	0%
Cert Geriatric Psychiatry(SA)	No candidates	No candidates
Cert Neuropsychiatry(SA)	100%	100%
College of Public Health Medicine(SA)		
FCPHM(SA)	100%	No candidates
FCPHM(SA) Occ Med	100%	No candidates
H Dip Med Man(SA)	No candidates	No candidates
College of Radiation Oncologists(SA)		
FC Rad Onc(SA) Part I	56%	65%
FC Rad Onc(SA) Part II	64%	40%
	·	<u> </u>

College of Radiologists		
FC Rad Diag(SA) Part I	51%	53%
FC Rad Diag(SA) Part II	70%	52%
College of Surgeons		
FCS(SA) Primary	73%	74%
FCS(SA) Intermediate	97%	82%
FCS(SA) Final	74%	61%
H Dip Surg(SA)	No candidates	100%
Cert Critical Care(SA) Surg	0%	100%
Cert Gastroenterology(SA) Surg	100%	50%
Cert Trauma Surgery(SA)	67%	100%
Cert Vascular Surgery(SA)	33%	0%
College of Urologists		
FC Urol(SA) Primary		
FC Urol(SA) Intermediate		
FC Urol(SA) Final	86%	36%

#### **CMSA Examination Policies**

The Sub-committee of the Examinations and Credentials Committee implemented/updated the following policies:

Code of Conduct for Examiners

#### **Regulations Update**

On-going updating of syllabi, bibliography and referencing is undertaken by the Education Office. Any major changes would have to be considered by Senate and posted on the website for six months before implementation.

The Education Office only request that regulations and blueprints are reviewed. The updating, approval by ECC and submission to Senate happen in this office and must continue to do so.

#### **AWARDS AND MEDALS**

#### **Medals and Book Prize**

The recipients of medals during the year under review were:

#### *October 2017:*

FCEM(SA) Part I	dai David Alian Cl Ofte
	0202.2
GP Charlewood Medal FCOG(SA) Part I	Rumbidzai Loinah Zvawodza MUZANENHAMO
	MOZANLINIAMO

Daubenton MedalSandyFCOG(SA) Part IIKOEN

Neville Welsh MedalAaminaFC Ophth(SA) Primary IAHAJEE

Ophthalmological Society MedalPetrus Johannes SchabortFC Ophth(SA) Intermediate IBDE JAGER

Leslie Rabinowitz Medal	Nontobeko Charity
FC Paed(SA) Part I	DI ADI A-MUKANS

Leslie Rabinowitz MedalReneilwe MarthaFC Paed(SA) Part INCHABELENG

**Founders Medal** Theshni FC Paed Surg(SA) Final GOVENDER

May 2018:

Hymie Samson MedalClive SchalkFCA(SA) Part ISCHMUCK

**Crest Healthcare Technology Medal**FCA(SA) Part II

GIBBS

Janssen Research Foundation MedalAshar VijayFCDerm(SA) Part IDHANA

**Resuscitation Council of Southern Africa Medal**FCEM(SA) Part II

MORRIS

The Kloeck Family Medal David FCEM(SA) Part II MORRIS

Sigo Nielsen Memorial PrizeLenon TonderayiFC Neurol(SA) Part IGWAUNZA

**GP Charlewood Medal** Felix FCOG(SA) Part II CHAMUNYONGA

Neville Welsh MedalTafadzwa ZaranyikaFC Ophth(SA) Primary IACHIWARIDZO

 Ophthalmological Society Medal
 Erika

 FC Ophth(SA) Intermediate IB
 KLEYNHANS

Justin van Selm MedalNicholasFC Ophth(SA) FinalJohn YORK

J M Edelstein Medal Mark Anthony FC Orth(SA) Final ROUSSOT

**SA Society of Otorhinolaryngology Medal**Paul FCORL(SA) Final
DOUGLAS-JONES

Leslie Rabinowitz MedalGinaFC Paed(SA) Part IITZIKOWITZ

Robert McDonald Medal Ben VAN FC Paed(SA) Part II STORMBROEK

A M Meyers Medal Dawid Nicolaas FCP(SA) Part I PRINSLOO

A M Meyers Medal Adam Matthew FCP(SA) Part I WOODFORD

Asher Dubb Medal Colin FCP(SA) Part II RUSH

Novartis MedalMatthew BryanFC Psych(SA) Part IIMAUSLING

**Henry Gluckman Medal**FCPHM(SA)
Nisha Anne Sunny
JACOB

The SASCRO MedalHeideFC Rad Onc(SA) Part IIHART

Rhône-Poulenc Rorer MedalYusufFC Rad Diag(SA) Part IPARAK

Josse Kaye MedalEltonFC Rad Diag(SA) Part IINCUBE

Josse Kaye MedalElias JohannesFC Rad Diag(SA) Part IIPRETORIUS

Douglas AwardDavid JohannesFCS(SA) FinalDE VILLIERS

Douglas AwardImraan IsmailFCS(SA) FinalSARDIWALLA

Lionel B Goldschmidt MedalHilgard MichielFC Urol(SA) FinalACKERMANN

**Lionel B Goldschmidt Medal**FC Urol(SA) Final

Catharina Margaretha

MEINTJES

COLLEGE PROJECT: "STRENGTHENING ACADEMIC MEDICINE AND SPECIALIST TRAINING"

#### Introduction

In 2017 it was decided to initiate a project within the CMSA after discussions with colleagues in the Department of Health and also in academic centres involved with training.

The project was entitled "Strengthening Academic Medicine and Specialist Training". There was a major concern which continues today, among many members of the constituent Colleges of the CMSA who are involved in training junior staff that the situation within the teaching institutions with cut backs in staff and facilities is resulting in a real decrease in specialist numbers available for servicing the health needs in South Africa.

Cut backs in staff at all levels have been reported to impact on specialist training and the provision of specialist and subspecialist services in South Africa. Going forward to 2018 it is noted that this trend has continued and probably has resulted in some services becoming dysfunctional both in terms of service provision and training. In some provinces, in an attempt to meet budget requirements, posts have been indiscriminately frozen. As a result, some departments have trainers but no registrars and unfortunately, more commonly, there are limited trainers and the registrars are now left in limbo without adequate training opportunities. In some instances, because of the cut back in staff, departments have lost their ability to train specialists and this needs to be urgently addressed.

The reasons for this failure in maintaining specialist training are multifactorial. In some departments consultant staff have been lost

while in others the lack of support from the Province, the delay in paying for maintenance of equipment and as a result the loss of essential equipment has resulted in departments becoming totally dysfunctional. The training ratios of specialists to trainees is of concern within the CMSA and needs to be urgently addressed at a National level. Of particular importance is the lack of sub-specialist training posts and the availability of subspecialist posts in public health facilities.

The original College research which started in 2007 reviewed specialist needs and numbers in South Africa. We obtained funding through the private sector and we were able to employ Dr Brigid Strachan who is a recognized expert in the economics of health education. The first research programme was initiated because of what we perceived as the ongoing crises in postgraduate healthcare education and we utilized our research to produce a lengthy report which was presented to the National Minister of Health on several occasions, to the Department of Higher Education and was made available to anyone who wished to access these data. Our summary findings were published in the SAMJ in 2011 (SAMJ 2011.101(8):523-528).

These data were widely available and were included in the development of the National Department of Health personnel programme.

In summary from our research we reported that there is a major shortage of doctors within both the public and private healthcare system in South Africa. The shortage of specialists and subspecialists indicated that if urgent attention is not paid to increasing training opportunities, we would, in effect, be going backwards in terms of what we provide to the healthcare system. Given the imperative to develop the NHI, central to this must be adequate specialist and subspecialist service provision.

In comparison to Brazil and Mexico which have similar challenges, we fall far short of the healthcare staffing which these countries provide. Our studies have obviously concentrated on the CMSA members and our postgraduate training. We have not provided information on the very important related problems such as the lack of adequate nursing support and that from professions allied to medicine. It is evident that an adequate number of clinical posts throughout the country is not available and this impacts on service provision at every level.

When we presented our original reports to the National Department of Health and had discussions with Dr Aaron Motsoaledi, it was obvious that many facilities were perceived by the HPCSA as having adequate training capacity for a far greater number of registrars or subspecialist trainees than that were currently in post. This reflects the unwillingness of the provinces to fund these posts and possibly, more importantly, to provide career posts for specialists or subspecialists who gain extra training. Unless this is corrected we will continue to see specialists and subspecialists who would wish to stay within the academic sector or the public sector moving to private practice because of the lack of suitable posts available in the various provinces. As a consequence, developing subspecialist services within the public sector becomes an increasing challenge.

Given that the number of MBChB graduates should be increasing, the Department of Health needs to address the issue of having adequate intern posts and community service posts. Downstream obviously these graduates will often require specialist training and if we hope to retain our graduates in South Africa we need to be sure this is available and there are suitable career paths in the public sector.

In 2013 we did a re-review of the number of specialist and subspecialist trainee posts which were occupied within the different academic centres in South Africa. Unfortunately, data from some of the universities were not made available so it was impossible to report meaningfully on this survey.

Broadly comparing these limited data with our original assessment there seems to have been no improvement at all in a number of funded and filled registrar and subspecialist trainee posts. Because of this we predict our specialist healthcare provision will decrease going forward unless there is some radical revision of the training programmes. In addition, all facilities must be adequately maintained by the provincial authorities and essential equipment must be available and regularly serviced.

#### **Funding and Support**

We are particularly grateful to Life Healthcare who committed to providing funding for 6 years for subspecialist training. This has resulted in 2 rounds of interviews and the second group of subspecialists have now completed their training. Unfortunately, the Acting CEO of Life Healthcare has determined that the third round of subspecialist bursaries will be discontinued at present and may be revisited in the future. He states financial challenges within Life Healthcare as the reason for this decision while recognizing that the contract between them and the CMSA is binding. This is a very regrettable decision and it is hoped that going forward Life Healthcare will initiate the last third round of scholarships for subspecialist training.

The initial agreement between Life Healthcare with the successful candidates involved them spending at least two to three years within the public service before moving into private practice if they so wished and they were asked to commit to South African Healthcare. This was an attempt by Life Healthcare to improve the availability of well-trained subspecialists in the public health sector

We also received important support from the Discovery Health Foundation which initiated our project and we remain most appreciative of this commitment to improved healthcare in South Africa.

#### **Survey of Medical Practitioners**

Recently we published the summary results of the survey of doctors in South Africa which was developed to assess their satisfaction with their career paths in the public and private sectors and their assessment of whether they and their colleagues will remain in South Africa. The summary version of the study has been published in the SAMJ and at present we are developing a more comprehensible report which will be presented in Transactions.

There were many challenges in this study. In particular it was evident the CMSA database has many contact email addresses which are no longer valid and therefore no response was received.

The Chairperson of SAMA, Dr Mzukisi Grootboom, together with his

Board of Directors agreed to utilize their database to send the survey to SAMA members. We hoped that we would access more junior colleagues through their assistance. SAMA was unable to assess how many of their emails were returned because of incorrect email addresses. It is therefore very difficult to determine how many of our colleagues were accessed. The SAMA support has been very important in developing the final analyses.

We plan to present the full details of this study in Transactions in 2018.

#### **Survey of Dental Practitioners**

It was decided that, together with surveying medical practitioners, we should access the experiences of our dental colleagues. Professor Leanne Sykes agreed to spearhead the survey and has had meetings with Andrew Good from LifeChoice to deal with the practical aspects of the survey. Professor Peter Owen who is Emeritus Professor at the University of Witwatersrand is now taking this survey forward. The response from colleagues has been suboptimal but we trust this will move forward in 2018.

#### **Assessment of Specialist Training Within South Africa**

Professor Mike Sathekge, our President, has asked that we undertake a study on training needs and problems. Registrars are concerned about the success rate of the CMSA examinations and, despite the fact these have not changed much over two decades, have suggested that we should revert to the previous system of university-based examinations.

Concern about the research element which is required by the HPCSA and also "fairness" with examinations has been expressed.

The original committee constituted by Professor Sathekge comprised Professor Tuviah Zabow, Professor Alf Segone and myself. Unfortunately, both of them resigned from this committee for health reasons. This is now being reconstituted and will include Professor Lizo Mazwai, Professor Mushi Matjila and myself.

We have funding for this project which is going to require considerable work. We will administer the survey through Life Choice and Dr Andrew Good is prepared to be involved. We hope this survey will identify particular problems and needs within our training platforms. It will only be launched in mid 2018.

We have worked on the questionnaire for the registrars and have received feedback from the whole committee. In discussion with the registrar committee we hope that they will add their input in the next few months and this will be submitted to the whole registrar body to get their input in mid-2018. Life Choice will analyse these data and we certainly hope to have significant results during the course of this year.

We have concentrated on the areas which registrars have complained are particularly difficult and their input will obviously be central to the final questionnaire. Professor Mike Sathekge and his deputy presidents have been very active in giving us feedback

#### The Way Forward

In 2018 we are hoping to publish data from the 2015 survey of medical practitioners in Transactions and to get the survey of the dental practitioners completed by Professor Peter Owen. We hope to

complete the registrar survey which probably will be administered in mid-2018 after consultation with the registrar body and also through the various Constituent Colleges within the CMSA.

Written by Professor Z van der Spuy

# **EDUCATIONAL DEVELOPMENT PROGRAMME**Visits to Mthatha

#### 31 May to 2 June 2017

Updates in Orthopaedics and Traumatology were presented by Drs L L Nxiweni, D E Cardens and Anozie.

#### 23 August 2017

Updates in Financial and Insurance Advice were presented by local experts.

#### **LECTURESHIPS**

#### **Arthur Landau Lectureship 2018**

Professor B Mayosi was scheduled to present his lecture on 15 April 2018 at the Medicine Update in Durban, and at the Universities of KwaZulu-Natal and Limpopo, dates still to be confirmed.

#### F P Fouché Lectureship 2017

Dr R O'Keefe presented his lecture entitled "Diversity in Orthopaedics: Does It Make Us Better? A USA Perspective" on 4 September 2017 at the South African Orthopaedic Congress in Port Elizabeth.

#### J C Coetzee Lectureship 2017

Professor K Mfenyana presented his lecture entitled "From Community Service to Engaged Scholarship: A Strategy for Reducing Health Inequities and Improving Health Outcomes" on 19 August 2017 at the Joint 5<sup>th</sup> WONCA Africa and 20<sup>th</sup> National Family Practitioners' Conference in Pretoria.

#### J N and W L S Jacobson Lectureship 2017

Dr C Ackermann presented her lecture on 5 November 2017 at the SA 2017 Imaging Congress at the Durban International Convention Centre.

#### K M Seedat Lectureship 2017

Professor S S Naidoo presented his lecture entitled "Social Determinants of Health – The Time for Action is Now" on 20 August 2017 at the Joint 5<sup>th</sup> WONCA Africa and 20<sup>th</sup> National Family Practitioners' Conference in Pretoria.

#### Margaret Orford Memorial Lectureship has been replaced by the College of Obstetricians and Gynaecologist's Honorary Lectureship 2018

Professor B Lindeque presented his lecture entitled "Transgenderism" on 5 March 2018 at the 38th National Congress of the Society of Obstetricians and Gynaecologists in Durban.

#### **AWARDS AND EDUCATIONAL FUNDS**

#### Maurice Weinbren Award in Radiology 2017

Submissions were received from Drs S Manikkam, C Murthy and P Ihuhu. The recipient was Dr Murthy.

#### **Maurice Weinbren Award in Radiology 2018**

A submission was received from Dr R Ramlakhan.

#### **Robert McDonald Rural Paediatric Programme 2017**

No applications were received.

#### R W S Cheetham Award in Psychiatry 2017

Submissions were received from Dr A Berg and Professor B Chiliza. The recipient was Professor Chiliza.

#### R W S Cheetham Award in Psychiatry 2018

Submissions were received from Dr C Marsay and Dr T Madigoe. The recipient was Dr Madigoe.

#### **SCHOLARSHIPS**

#### M S Bell Scholarship in Psychiatry

This Congress took place on 14 to 17 September 2017 at the National Biological Psychiatry Congress in Cape Town. The recipients were Dr Michie and Dr Anic.

#### **Staff**

Any actions taken by the Board of Directors, Finance and General Purposes Committee and/or Management with regards to staff are ratified by Senate, including retirements, resignations, appointments and termination of service.

#### **CMSA MEMBERSHIP**

It is the responsibility of members of the CMSA to ensure that their address details, e-mail addresses and personal are updated with the CMSA at all times. The CMSA cannot be held responsible for the non-delivery of any legal or statutory documentation to any member whose information has not been updated.

Any amendments can be sent via e-mail to: bianca.vdwesthuizen@cmsa.co.za.

#### **Associates**

Associateship of the CMSA is offered to medical or dental practitioners whose professional standing and interest and activities are of such nature that it will strengthen the CMSA and the constituent College concerned. The incumbents must be registered with the Health Professions Council of South Africa and hold a degree or diploma considered comparable to a Fellowship of the CMSA.

In the situation where new Colleges are established, temporary Associateship is considered for those nominated to form the Council of the new College, until such time (within 24 months) as their registration has been regularised with the HPCSA. At that point they will become full Associates.

The following registered as Associates during 2017/2018:

#### **College of Anaesthetists**

KLUYTS, Hyla-Louise

#### **College of Cardiothoracic Surgeons**

MOGALADI, Shungu

#### **College of Clinical Pharmacologists**

SINXADI, Phumla Zuleika STRYDOM, Morné André

#### **College of Dentistry**

BEETGE, Mia-Michaela BOOKHAN, Vinesh JOHANNES, Keith THOKOANE, Meriting Gladys

#### **College of Otorhinolaryngologists**

MYATAZA, Charles-Lwanga Lwandile

#### **College of Pathologists**

POTGIETER, Joachim Johan Christoffel

#### **Honorary Fellowship**

Election to Honorary Fellowship is the highest honour the CMSA can bestow and the award is made:

- To recognise achievement of the highest order in fields of endeavour within the ambit of, and contributory to the objectives of the CMSA.
- To honour through the person of a Senior Office Bearer, a foreign Sister College or equivalent institution with which the CMSA has a mutually beneficial association.
- To acknowledge services to the CMSA of an exceptionally high order
- To recognise achievement of the highest order in their fields of endeavour by persons in South Africa or globally.

## Two Honorary Fellowships were awarded during the year under review.

Professor Arnold Coran was admitted to Honorary Fellowship of the College of Paediatric Surgeons at the graduation ceremony in October 2017.

Professor Anil Madaree was admitted to Honorary Fellowship of the Colleges of Medicine of South Africa at the graduation ceremony in May 2018.

#### Fellowship ad eundem

Fellowship *ad eundem* is intended as a rare honour to medically or dentally qualified persons who may or may not be Fellows of the CMSA, but who merit very special recognition for contributions different from those of an Honorary Fellow. The award is intended to recognise and acknowledge:

- Exceptional contributions to the CMSA and/or to one of the constituent Colleges.
- Exceptional attainments in the medical or dental professions especially in the discipline in which the Fellowship ad eundem is to be awarded.

Professor Edward Coetzee was admitted to Fellowship *ad eundem* of the College of Obstetricians and Gynaecologists at the graduation ceremony in October 2017.

# REPORTS ON INTERACTION BETWEEN THE CMSA AND OTHER EXTERNAL BODIES

#### **NATIONAL DEPARTMENT OF HEALTH (NDoH)**

Applications were submitted for the Vice Presidents and Professor Pitcher to represent the CMSA on three NHI Implementation  ${\sf NHI}$ 

#### Committees:

- The National Governing Body on Human Resources for Health Professor Johan Fagan.
- The South African National Health Commission Dr Flavia Senkubuge.
- The Ministerial Advisory Committee on Health Technology Assessment – Professor Richard Pitcher.

The Minister of Health was the guest speaker for the October 2017 Admission Ceremony.

#### **HEALTH PROFESSIONS COUNCIL OF SOUTH AFRICA (HPCSA)**

There was ongoing interaction between the CMSA and the HPCSA. Dr Kgosi Letlape was a speaker at the CMSA-hosted International Medical Education Leaders' Forum on 17 May 2018. Dr Letlape represented the HPCSA at the Senate meeting in October 2017.

# SOUTH AFRICAN COMMITTEE OF MEDICAL AND DENTAL DEANS (SACOMD)

The MoU between the CMSA and SACOMD was signed on 26 January 2018. The President attended a meeting with SACOMD on Friday, 9 March 2018 and SACOMD was invited to attend the BoD meeting on 12 April 2018, but a representative was not available to attend.

Professor M Veller was the guest speaker at the Admission Ceremony on 17 May 2018.

#### **SOUTH AFRICAN REGISTRARS' ASSOCIATION (SARA)**

Dr Ati attended the CMSA Senate meetings in October 2017 and May 2018. A SARA representative attended The CMSA hosted International Medical Education Leaders' Forum on 17 May 2018.

#### **Transactions**

It was agreed at the Senate meeting of 26 October 2017 that the Transactions Journal would only be offered electronically. The cost of production thus decreased from approximately R104 000.00 to under R30 000.00. A limited number of hard copies were available to members at R400.00 per copy.

# CMSA INVITATIONS AT MEETINGS OF SISTER COLLEGES AND ACADEMIES

The International Liaison of Pathology Presidents (ILPP), Canada, June 2017

Professor Dhiren Govender attended.

51st Singapore-Malaysia Congress of Medicine, Singapore: 21 – 23 July 2017

Professor Mike Sathekge attended.

Golden Jubilee Year Celebrations of the Ceylon College of Physicians, Sri Lanka: 7 – 9 September 2017

The Royal College of Physicians and Surgeons of Canada 2017 International Medical Education Leaders Forum (IMELF), Quebec City, Canada: 19 – 21 October 2017

Professor Mike Sathekge attended.

The American College of Surgeons 103rd Annual Clinical Surgeons, San Diego, California, 22 – 26 October 2017

## **FINANCE**

#### **Auditors**

C2M Inc. Chartered Accountants were re-appointed as Auditors.

#### **RISK COMMITTEE**

### Members elected to serve on this Committee for the 2017 - 2020 **Triennium are:**

Professor Patrick Semple Vice-Chairperson

(representing the Finance and General

Purposes Committee)

Professor M V Ngcelwane (representing the Examinations and

Credentials Committee)

Mr M Munasur (representing the Education Committee)

Professor Rob Dunn (Honorary Treasurer) Mrs Lize Hayes (Company Secretary)

Professor Matt Haus was appointed as the Board of Trustees' representative to the Risk Committee at the BoT meeting of 18 May 2018.

Meetings of the committee have been taking place biannually, with the aim of the committee being to ensure that adequate risk management prevailed in all the CMSA structures and to render assistance, where required, to achieve this goal.

#### **SOCIAL AND ETHICS COMMITTEE**

### Members elected to serve on this Committee for the 2017 - 2020 **Triennium are:**

Professor M V Ngcelwane Chairperson

(representin the Examinations and

Credentials Committee)

Professor P L Semple (representing the Finance and General

Purposes Committee)

Mr M Munasur (representing the Education Committee)

Professor Rob Dunn (Honorary Treasurer) Mrs Lize Hayes (Company Secretary)

#### **BOARD OF TRUSTEES**

#### Members elected to serve on this Board for the 2017 - 2020 Triennium are:

Professor M M Sathekge Deputy Chair (President of CMSA) Professor B G Lindeque Immediate Past President

Professor R N Dunn Honorary Treasurer

Mrs L Haves CE0

Mrs A L Vorster Academic Registrar **Medical Trustees** Professor A Madaree

Professor J N Mahlangu Professor S S Naidoo

Professor J L A Rantloane

Professor A Sherriff Professor Z van der Spuy

Non-medical Trustees

Dr W Clewlow Chairperson

Mr M Diliza Professor M Haus

Dr Victor Litlhakanyane was appointed as a non-medical Trustee at the BoT meeting on 16 May 2018.

#### **ACKNOWLEDGEMENTS**

With the upcoming elections of the President and Vice Presidents, I would like to thank Professor Mike Sathekge (President), Professor Johan Fagan and Dr Flavia Senkubuge (Vice Presidents), for their thoughtful and inspiring leadership in the face of multiple challenges, and their productive efforts in expanding the influence of the CMSA.

Thank you to the Examiners, Senators, the Board of Directors, Councillors, and Committee and Sub-Committee Members of the CMSA, who selflessly give of their time and expertise.

I would like to recognise all of our employees for their hard work throughout the year, in constant preparation for the next round of examinations and the various meetings and events.

Thank you to each of our Members for your support. We appreciate your trust and confidence, as we work each day to maintain the high standards of South African specialist medical qualification examinations.

#### **Lize Hayes**

Chief Executive Officer

"Educating the mind without educating the heart is no education at all." Aristotle

## Annual Reports of the Constituent Colleges

## COLLEGE OF ANAESTHETISTS 1 JUNE 2017 TO 31 MAY 2018

The new Council of the College of Anaesthetists, elected in November, has held two meetings to formulate a road map for this triennium. Profs Diedericks and Kluyts, as well as Drs Mrara and Mbeki were co-opted onto the Council.

The Diploma in Anaesthesia (DA) examination produced 142 new diplomates over the 2 examinations with pass rates of 77.1% and 74.9% respectively. The number of diplomates increased in comparison to the preceding year when 119 passed. The pass rates are in keeping with the norm. The FCA(SA) Part I remains a challenge for many candidates, with pass rates of 47% in second semester 2017 and a 55,6% in the first semester of 2018. In the last 12 months, 81 new Fellows completed the FCA(SA)

Part II, with examination pass rates of 53% in the - second semester 2017 and 78% in the first semester 2018.

The College of Anaesthetists continually strives to improve examination processes which necessitate that our regulations are constantly updated. Examination-setting meetings now routinely occur for each examination and regular examiner training workshops are held to ensure a high-quality examination. The Part II examination will see the implementation of an OSCE in the first semester of 2019. The viva voce will be incorporated into the OSCE format. An OSCE information document will be available to all Part II candidates during the course of this year.

A curriculum revision project within the College is underway and wide consultation from various stakeholders has been sought. The date of implementation is expected to be January end 2019.

Registrar representation on College Council has been useful as it fulfils a greater need for transparency and accessibility to the Colleges of Medicine of South Africa. Questions have been raised by candidate representatives regarding the perceived long interval between the written paper and the release of its results. The College of Anaesthetists are resolutely supportive of the quality assurance processes that dictate the time interval.

Training platforms across the country are still facing challenges and the Head of Departments' forum, a subcommittee of CASA Council, meet annually to address these issues. Despite these challenges, post-graduate training and credentialing is an ongoing process. The remarkable efforts of all our examiners, convenors, moderators and

examination assistants in ensuring the success of examinations must be acknowledged.

Dr Dean Gopalan Dr Usha Singh PRESIDENT SECRETARY

## COLLEGE OF CARDIOTHORACIC SURGEONS 1 JUNE 2017 TO 31 MAY 2018

In an era of continuing attrition within healthcare and education in South Africa, the College of Cardiothoracic Surgeons faces formidable challenges during this triennium. The following are some of the issues this Council has dealt with during the past year.

#### FC Cardio(SA) Final pass rate

The pass rate for this examination has been 18% and 10% for the second semester 2017 and first semester 2018 respectively. This compares with a historical average of 35% for the period first semester 2012 to first semester 2017. The reasons for the poor performance of candidates are multifactorial and may be the subject of much conjecture. However, there appears to be a direct correlation with the fact that in the most recent examination, only 10% of candidates satisfied the minimum logbook training requirements. It may be inferred that candidates who are inadequately trained are presenting for the examination.

#### Regulations

The FC Cardio(SA) final is an exit examination. By virtue of its design, this examination is a test of knowledge rather than skills. The surgical skillset competency of a candidate cannot be reliably determined in the current format. For this we rely totally on the portfolio of learning which includes the surgical logbook. However, there have been obstacles to the implementation of logbook criteria for eligibility to enter the examination with respect to candidates who commenced training before 1 January 2014.

Adherence to current logbook regulations implies that a candidate who enters this examination fulfils the minimum requirements considered necessary for autonomous practice. It is also a fact that our currently stipulated requirements fall below international benchmarks. It is therefore imperative that we are able to enforce minimum logbook requirements as set out in the regulations; further deliberation in this regard is ongoing.

#### **Simulation training**

The subject of a simulation training programme in South Africa was

discussed at the Council meeting in Cape Town in January 2018. It was agreed that current training programmes are compromised by diminishing case volumes, therefore simulation training merits consideration as an alternative means to acquire technical proficiency in the discipline.

However, the form that this endeavour will manifest remains to be decided, therefore a simulation component has not become a mandatory requirement for eligibility to enter the exit examination. The introduction to this technology at the Registrars' Symposium later this year is eagerly anticipated and should provide a suitable stimulus for further discussion.

#### MCQ examination

In order to maximize the objectivity of the examination process, it will become necessary to standardize the examination format. There has already been a move towards multiple choice questions (MCQ) for the written examinations in several constituent colleges and the consensus of this Council is that we should investigate the feasibility of adopting this modality for future examinations.

#### Thoracic logbook criteria

It is essential that logbook requirements for thoracic surgery be implemented in our examination regulations without further delay. There have been several attempts in the past to introduce logbook requirements for thoracic surgery without success. It is therefore incumbent on this Council to establish definitive examination eligibility criteria in order to emphasize training objectives in this sub-discipline.

### Development of a blueprint for the FC Cardio(SA) Final examination

Blueprinting of examinations is a mandatory requirement for all constituent Colleges. The College of Cardiothoracic Surgeons has developed a blueprint (available on the CMSA website) and we will now be expected to comply with blueprinting requirements for forthcoming examinations.

Mr Mandhir Munasur Dr Atulkumar Patel **PRESIDENT SECRETARY** 

## **COLLEGE OF CLINICAL PHARMACOLOGISTS** 1 JUNE 2017 - 31 MAY 2018

The College of Clinical Pharmacologists serves an important role as advocate for the promotion of clinical pharmacology in the health care system, both public and private.

A new Council of the College of Clinical Pharmacologists was elected for the triennium 2017 - 2020. The new Council members are:

President: Prof A Walubo Secretary: Dr M Irhuma

**Representative on CMSA Senate** 

Prof A Walubo Prof E Osuch

#### Other members

Dr K Cohen Dr A Hernandez Dr A Marais

#### **Exams**

There were no candidates for the period under report. Dr E Decloedt (Stellenbosch University) was appointed as convener for the Fellowship exam in January 2018. This was remarkable achievement to college because he is the first fellow of the college to take charge of the exams and this saw many fellows' involvement as examiners.

#### **Associates**

The College welcomed the following as new Associate members: Dr P Sinxadi and Dr M Strydom.

#### **Awards**

Dr Irhuma (Secretary) was appointed as 'Honorary Senator' on the American Board of Clinical Pharmacology (ABCP). This achievement will establish further collaboration with the international clinical pharmacology societies.

Dr Irhuma (Secretary) was also nominated by the Gulf Institution of Health to receive the "2018 Champions of Healthcare", a North Africa and Middle East award for his contributions to clinical pharmacology and therapeutics in the region.

#### **Relevant Conferences**

The 2017 South Africa Annual Pharmacology Conference (SAPHARM-2017) was held at the Faculty of Health Sciences, University of the Free State, Bloemfontein on 2nd - 4th October 2017, and was hosted by Prof A Walubo (President).

The following members of the College participated in the conference as plenary speakers in clinical pharmacology sessions: Prof G Maartens, Prof B Rosenkranz, Prof H Reuter, Prof C Karen, Dr PM van Zyl and Prof A Walubo.

The 2017 Annual General Meeting was held during the Pharmacology Conference at the Faculty of Health Sciences, University of the Free State on 3rd October 2017.

Prof Andrew Walubo Prof Mohamed Irhuma **PRESIDENT SECRETARY** 

### **COLLEGE OF DENTISTRY** 1 JUNE 2017 - 31 MAY 2018

The new committee of the College of Dentistry was elected and duly took office in September 2017.

The members of this committee are as follows:

President: Prof A Harris Secretary: Dr M Wertheimer Representatives on Senate:

Prof A Harris Prof L Sykes

### Other members of Council:

Prof H Dullabh Dr E Gabriel Prof P Owen Prof N Wood

Professor Corne Postma was co-opted onto the Council of the College of Dentistry.

The following issues are under consideration by the Council of the College of Dentistry, which has had meetings as well as significant amounts of communication via electronic media.

- 1. The concept of setting Primary examinations specific for the various dental disciplines, for those writing their primaries through the College, is currently being given significant attention. There is still much work to be done in this regard in order to address the various challenges before this can become a reality. New examiners who are discipline specific are being identified.
- 2. The concept of unitary exit exams for the various dental specialities being run via the College for specialists from all the universities in SA is also being discussed. Again, there are various challenges to be addressed before this may become a reality.
- 3. We are currently working on blueprinting for the various specialties and have set a deadline of 31st July for submissions of blueprints from the various specialities.

The following exams have been written and the results are reflected in the tables below.

#### **SECOND SEMESTER 2017**

Fellowship Part I Examinations

EXAMINATION	WROTE	PASSED	% PASS
FCD(SA) Orthod Part I	11	6	55%
Anatomy	8	5	63%
Physiology	8	5	63%
Pathology	10	6	60%
FCD(SA) Pros Part I	3	1	33%
Anatomy	3	2	67%
Physiology	3	3	100%
Pathology	3	1	33%

### FIRST SEMESTER 2018

Fellowship Part I Examinations

EXAMINATION	WROTE	PASSED	% PASS
FCD(SA) Orthod Part I	2	0	0%
Anatomy	2	2	100%
Physiology	2	1	50%
Pathology	2	0	0%
FCD(SA) Pros Part I	1	1	100%
Anatomy	1	1	100%
Physiology	1	1	100%
Pathology	1	1	100%

#### Fellowship Part II Examinations

EXAMINATION	WROTE	ORAL	PASSED	% PASS
FCD(SA) Pros Part II	1	1	0	0%
FCD (SA) Ortho Part II (HPCSA Candidate)	1	0	0	0%

There are currently 72 active members of the College of Dentistry of which 18 have Fellowships. The remaining 54 are Associate members.

Of the 18 Fellows, 5 have attained their Fellowship by peer review whilst the remaining 13 have taken the examinations.

The College is continuing it attempts to increase the numbers of members in each of the four disciplines.

### Fellows by discipline

Orthodontics	13
Prosthodontics	3
Periodontics	1
Dentistry	1

#### Associates by discipline

Orthodontics	18
Periodontics	18
Prosthodontics	16
Community Dentistry	1
Dentistry	1

The Committee and examination panels wish to thank Mrs Ann Vorster, Mrs Lize Hayes and their staff for their continued support and assistance with our work.

Prof Angela Harris Dr Mark Wertheimer **PRESIDENT SECRETARY** 

## **COLLEGE OF DERMATOLOGISTS** 1 JUNE 2017 TO 31 MAY 2018

The College of Dermatologists had FC Derm(SA) Part II exams hosted by the Department of Dermatology at Sefako Makgatho Health Sciences University from 24th to 25th October 2017. 9 candidates wrote the examination and they all passed.

The second semester examination was hosted by University of Stellenbosch on 15th to 16th May 2018. 9 candidates wrote, 5 were invited for the clinical exams and they all passed.

Prof Hendrick Motswaledi Dr Mahlatse Kgokolo PRESIDENT **SECRETARY** 

### **COLLEGE OF EMERGENCY MEDICINE** 1 JUNE 2017 TO 31 MAY 2018

It is a great privilege to present the Annual Report of the College of Emergency Medicine of South Africa. The discipline of Emergency Medicine continues to grow from strength to strength, as reflected in the following activities and achievements.

#### **Elected Councilors**

- Dr Heike Geduld (President and Senate Representative)
- Dr David Fredericks (Secretary and Senate Representative)
- Dr Sameer Carim
- Dr Sa'ad Lahri
- Dr Kamil Vallabh
- Dr Tamara Stephens (Diplomate Representative)
- Dr Anita Groenewald (Diplomate Representative)
- · Prof Roger Dickerson (Immediate Past President)

#### **University Representation**

Five South African Medical Universities offer post-graduate Registrar training in Emergency Medicine. Representatives of all Universities have been co-opted onto the Council of the College of Emergency Medicine:

- Prof Lee Wallis University of Cape Town and Stellenbosch University
- Dr Feroza Motara University of the Witwatersrand
- Prof Andreas Engelbrecht University of Pretoria
- Dr Sharadh Garach University of KwaZulu-Natal

The University of Botswana was represented on Council by Dr Megan Cox in an observer capacity until October 2017. We thank Dr Cox for her work on behalf of the College of Emergency Medicine and Emergency Medicine training in Botswana.

#### **Examinations**

At present the College of Emergency Medicine offers 3 examinations:

- 1. Diploma in Primary Emergency Care DipPEC(SA)
- 2. Higher Diploma in Emergency Medicine HDip Emerg Med(SA)
- 3. Fellowship of the College of Emergency Medicine FCEM(SA)

The College is proud of the growth of the Diploma in Primary Emergency Care which has become one of the largest Diplomas in the CMSA. On behalf of the College we wish our diplomats well in their professional careers.

In the last year, we graduated 11 Emergency Medicine Specialists including doctors from South Africa, Botswana and Zambia. Congratulations to our new Emergency Physicians.

The College of Emergency Medicine remains committed to improving the quality of Emergency Care training and assessment in South Africa. The College has its own FCEM II Exam preparation course which runs twice a year.

We are continuously working to quality assure exam processes and maintain fair, equitable and appropriate examinations.

#### **Global Emergency Care**

The College of Emergency Medicine continues to play an important role in the development and promotion of Emergency Care in South Africa, Africa and the rest of the world. The College has strong links to the Emergency Medicine Society of South Africa (EMSSA), and the African Federation for Emergency Medicine (AFEM); and is a critical partner in the development of strategies and policies on Emergency Care in LMICs.

#### **Sincerest Thanks**

The Council of the College of Emergency Medicine would like to formally thank our outgoing President, Prof Roger Dickerson, for his tireless work and outstanding leadership in the last 2 triennia. We are grateful to retain his support and guidance on our council for the next 3 years.

We would like to extend our sincerest appreciation to the council members, moderators, convenors and examiners of the College of Emergency Medicine for their selfless dedication to the betterment of Academic Emergency Medicine in South Africa, and to the Officers and staff of the CMSA for their hard work and support.

Dr Heike Geduld Dr David Fredericks
PRESIDENT SECRETARY

## COLLEGE OF FAMILY PHYSICIANS 1 JUNE 2017 TO 31 MAY 2018

### Council of Family Physicians of South Africa - CFP(SA)

The elected Council for the 2017-2020 triennium took over the business of the CFP (SA) in October 2017 comprising of the following Councillors:

President: Professor DA Hellenberg (UCT)
Secretary: Professor WJ Steinberg (UFS)

Other Councillors: Dr S S Avramenko (D)

Professor L E Baldwin-Ragaven

Professor I Govender
Professor J F M Hugo
Professor L H Mabuza
Professor R J Mash
Professor M Naidoo
Professor O Ogunbanjo
Professor O B Omole
Professor S Smith
Professor P Yogeswaran

Representatives on Senate:

Professor DA Hellenberg and Professor G Ogunbanjo

Within the reporting period, the Council has had two council meetings on the October 2017 and the 13th May 2018 in which various matters related to the CFP (SA) examinations, performance of candidates, collaborations with sister colleges and examiner training took place. Some of the activities were as follows:

Flowing from May 2017 meeting Council decided that Proff Smith and Blitz could go ahead with the research project.

### Preparation for the fellowship exams:

Fellowship examinations - CFP(SA) Final Part A:

- a. For 2018 exams the following preparations were made:
  - i. Semester 1 of 2018: UCT Convener: Dr T Ras.
  - ii. Semester 2 of 2018: SMU Convener: Professor Honey Mabuza

Moderator for the FCFP: Professor S Smith

- b. For 2019 exams the following preparations were made:
  - iii. Semester 1 of 2019: SU Convener: Dr Zelra Malan.
  - Semester 2 of 2019: WITS Convener: The convenor from WITS still needs to be identified at this stage.

Moderator for the FCFP: Professor S Smith

#### **Writing groups:**

MCQ Group: The person allocated by college to chair the MCQ group was changed and that delayed the communication.

During this term of reporting, it was established that candidates who have failed the clinical session may be invited for the next clinical session without rewriting the papers.

OCSE group: Professor I Couper has handed over the chairmanship of the writing group to Dr T Ras. Dr J Morgen replaced Dr T Ras as UCT representative. Request each training unit to propose a secundus for the writing groups (depending on available capacity). Members of the writing groups to sign the confidentiality agreement.

SAQ Group: Professor B Mash is the liaison to the council from this group. The SAQ writing group has changed in the last year. Difficulty is experienced with closing of the feedback loop. The group does not receive feedback of the marked questions. Example questions are made available through the "mastering your fellowship" section in the SAFPJ and CFP's would not support making the Papers available on the CMSA webpage.

FCFP Part B: Timeous submission of the research report to the CMSA. There is a practical problem that arises from the submission 60 day prior to the period. Candidates are delayed in their registration as a specialist with the HPCSA for a period of about 6 months that cut off point is missed. IA request needs to be made to the CMSA to see whether it cannot give candidates a letter to state when they have completed the requirements for both part A and B of the FCFP (SA) examinations.

As the specialty develops, the number of candidates sitting for the exit exams has slowly increased. Success rates ranged between 25% and 45% for the entire exams sittings for this period. However, for the clinical components, it ranged from 65% to 71%. The latter is slightly higher than previous.

The CFP(SA) continued to review its exam processes to make sure that they are fair, valid, and reliable. In addition, strategies are sought to improve exam success rates, namely support for candidates by their host university departments and through update programmes nationally as well as dedicated sessions for registrars at the annual SA Academy of Family Physicians conferences.

The dedication of a section of the SAFP journal on the "mastering of the fellowship" has received positive feedback from registrars and has helped with preparation for the exams.

Collaboration - Royal College of General Practitioners (RCGP), UK: The CFP(SA) continued with its co-operation with the Royal College of General Practitioners (RCGP), UK for the period under review. This collaboration, funded by Europe-Aid, aimed at developing and improving the examination skills of College members and trainers. The 3-year project has been greatly beneficial in improving the quality of the CFP(SA) exit exam, and

has led to various positive changes.

Continuous feedback received by some RCGP colleagues on the quality of the exams offered by CFP(SA) has resulted in the following changes planned by the CFP(SA):

- Format, design and timing of the different components of the assessments - re structuring has been implemented
- Clear and transparent blueprinting of the different components of the assessments - has been implemented and assessed to be functional.
- Introduction of writing groups for separate sections of the exam - established and functional for the fellowship exam, but for the diploma exam, this is still in progress.
- Revision and use of reliable assessment instruments for examiners - in progress, but more examiner training on the assessment instruments has taken place.
- Structuring feedback to candidates after an exam after the results have been released by the CMSA- different formats are being attempted, but no specific one has been adopted.

It is hoped that with the RCGP inputs, the CFP(SA) exams have developed to be more fair, objective, valid and reliable for the South African setting.

## **Collaboration - West African College of Physicians:** Ongoing

#### **Higher diploma in Family Medicine:**

Although recently introduced, the higher Diploma exam has not attracted many candidates yet. It is hoped that the numbers of applicants will improve over time.

This exam provides an opportunity for those who do not have the possibility of a full time registrar programme to be trained by family physicians, and still obtain a diploma qualification in Family Medicine. The minimum requirement is a 2-year in-service training in Family Medicine.

A proposed document with the changes put forward for the College diploma was tabled. This document aligns itself with the planning on the national diploma and the necessary changes, should the College higher diploma exam become the exit exam for the diploma in Family Medicine. This could boost the numbers.

The majority of Councillors support the proposal that the College exam may become the exit exam for all Family Medicine diplomas offered in various universities in South Africa. Further discussions on the possible structure of such a national outlet exam are in progress, while certain universities are planning to introduce diploma programs as well.

#### Diploma:

OSCE group seems to be functional now after much prodding and the deadline this round has been met.

The MCQ group is now headed by Professor S Moosa. Those college exams with less than 10 candidates per year could be presented only once a year. The CFP council recommendation that exams for the HDipFM only be held once a year will be implemented in 2019. The qualification still needs to be registered with the HPCSA. This is to be addressed in a letter to the CMSA

## Re-evaluation - Family Medicine Training program in Rotswana:

The CFP has received an invitation to evaluate the new post-graduate Family Medicine Training Programme offered by the College of Medicine, University of Botswana. It is envisaged that this visit will be completed in the second half of 2018.

Professor Derek Professor Wilhelm Johannes

Hellenberg Steinberg
PRESIDENT SECRETARY

## COLLEGE OF FORENSIC PATHOLOGISTS 1 JUNE 2017 TO 31 MAY 2018

#### **Examinations**

Our examinations were convened and hosted by Sefako Makgatho Health Sciences University (Second Semester, 2017) and the University of Stellenbosch (First Semester, 2018). The successful candidates included a total of fourteen graduates (eleven Diplomates and three Fellows) who were subsequently welcomed as members of the CMSA.

#### Council

The College of Forensic Pathologists entered the 2017-2020 triennium with thirteen newly-elected and two co-opted Council members representing all the post-graduate academic training Departments of Forensic Medicine and Pathology in South Africa.

#### **Annual General Meeting**

The Annual General Meeting of our Council was held on 24th October 2017 at Sefako Makgatho Health Sciences University and attended by both the outgoing as well as newly-elected Council members.

#### **Ongoing Activities**

Revision and updating of syllabi, curricula, guidelines and regulations are ongoing. The blueprinting of our various Diploma and Fellowship examinations has been prioritized and is currently in the process of being finalized. The recognition and accreditation of training sites which are not affiliated to HPCSA-accredited University departments was previously proposed for Diploma candidates and is now being appraised with renewed interest and effort.

## **New Initiatives**

We recently embarked on several novel initiatives including a Welcome Booklet for new members of our College. Strategies to support examination panels and help candidates prepare for examinations are underway. The utility of the LogBox application is being assessed for the compilation and submission of our prescribed Logbooks and Portfolios of Learning. In addition, the feasibility of using innovative software platforms for selected practical components of our examinations is presently under consideration and evaluation.

### Collaboration

Establishing formal alliances with international counterparts is an exciting endeavour which will promote and strengthen professional engagement as well as ensure that our assessment processes are progressively robust and in keeping with global norms. The aim of such academic collaboration is to ultimately improve and optimize teaching, training, research and standards of practice in Forensic Medicine and Pathology in South Africa.

#### Acknowledgement

We hereby express our sincere gratitude to all Council members, examiners, convenors and moderators for their hard work, commitment and selfless contribution to our College. Furthermore, we thank the dedicated staff of the CMSA offices in Cape Town, Durban and Johannesburg who remain tireless in their efforts to advise, assist and support our College in all our activities.

Dr Threnesan Naidoo Dr Chantelle Liebenberg

PRESIDENT SECRETARY

## COLLEGE OF MAXILLO-FACIAL AND ORAL SURGEONS 1 JUNE 2017 TO 31 MAY 2018

Participation in the most recent Council election was disappointing with only three fellows making themselves available for nomination to serve as Councilors.

I am pleased to report, however, that the numbers could be strengthened subsequently by a further five colleagues who made the commitment to serve as Councilors and were co-opted for the next triennium.

The Council now comprise of the following Councilors who will be responsible for the business of the CMFOS for the 2017-2020 triennium:

#### **Elected members:**

Dr AJ van der Westhuijzen (UWC) (President and Senator)

Professor JA Morkel (UWC) (Secretary)
Dr G Boyes-Varley (Wits) (Senator)

Professor F Jacobs (UP) (Immediate Past President)

#### **Co-opted members:**

Professor I Munzhelele (SMU) Dr E Rikhotso (Wits) Dr S Singh (UWC) Dr W van der Linden (Wits)

During the year under review one Council meeting was held in September 2017 before the new Council took office while the first meeting of the newly constituted Council followed in May with another scheduled for August 2018 to coincide with the SASMFOS annual congress in Durban.

Blueprinting of the assessments for the FCMFOS(SA) Primaries, Intermediate and Final was completed, but remains under review for future refinement. The blueprinting of the assessments for Dip Oral Surg(SA) is nearing completion and should be finalised shortly.

The Dip Oral Surg(SA) offered by the CMFOS for the past six years was finally approved as an additional qualification by the Medical and Dental Professions Board of the HPCSA in December 2017.

HPCSA's discussions with stakeholders aimed at establishing unitary exit examinations for dental specialties appear to be ongoing. To this end the CMFOS will continue co-operating with all academic institutions involved in the training of MFOS registrars.

I would like to extend the sincere appreciation of Council to the

small pool of examiners, conveners and moderators for their selfless dedication in pursuing a high standard of academic excellence.

Pass rates in the Primary examinations remain low, probably due to the fact that many Part I candidates sit this examination prior to entering a formal training programme.

The migration of the assessments of the primary subjects, Physiology and Principles of General Pathology to MCQ format, is proceeding well with the aim of completing the transition of all primary examinations to MCQ format within the next year to eighteen months. The invaluable support and development of the databanks by Dr Priscilla Soma and Dr Melanie Louw respectively are acknowledged with sincere appreciation.

We would like to congratulate and welcome Dr C Smit and Dr M Machaka as the newest fellows of the College of Maxillo-Facial and Oral Surgeons on successful completion of the FCMFOS(SA) final examinations in Cape Town, where they were admitted as fellows at the admission ceremony on 17 May 2018.

Dr Albertus van der Westhuijzen PRESIDENT

Professor Jean Morkel SECRETARY

## COLLEGE OF MEDICAL GENETICISTS 1 JUNE 2017 TO 31 MAY 2018

The College of Medical Geneticists continues to grow, slowly but consistently. Our challenges remain largely unchanged, but as our numbers are increasing the opportunities for training and post creation should continue to improve.

The Council met twice during the period under review, with a focus on the structure of our examinations and aligning this with best practice and with other Colleges, given our resource limitations. Regulatory changes have been implemented to remove essay questions from our Part II examinations. The two remaining papers consist of short and medium length questions. With regards to standard setting in examinations we are challenged by our extremely small candidate numbers, but look forward to working with the College of Medicine to ensure that we apply appropriate measures. We continue to look at a Curriculum review and plan to reconvene to address this in the second half of 2018.

We have had two successful Part I candidates in the reporting period, and three Part II candidates. The exam processes were incident free and audio-recording of examiner candidate interactions was implemented in the first semester of 2017.

As a specialty we continue to remain far off the global recommendation of three Medical Geneticists per million population recommendation, but again end this reporting period on a positive note.

Professor Amanda Krause Dr Lindsay Lambie
PRESIDENT SECRETARY

## COLLEGE OF NEUROLOGISTS 1 JUNE 2017 TO 31 MAY 2018

During the year under review, (1 June 2017-31 May 2018), no changes were made to the members of the Council of the College of Neurologists of South Africa (CNSA), which remained constituted as follows.

#### **Elected members:**

- Dr L Tucker (President & Senator)
- Professor D Magazi (Secretary and Senator)
- Professor J Carr
- Dr A Moodley

### **Co-opted members:**

- Professor C Schutte
- Professor M Kakaza
- Professor G Modi (Emeritus President)
- Professor R Eastman (Emeritus President)
- Professor A Bhigjee
- Professor A Mochan

Councilors remained in regular direct, telephonic and email contact during the year under review, and an Annual General Meeting is scheduled for November 2018.

Our College continues to make changes to the protocols of our examinations in order to strengthen fairness of assessment, transparency and accountability, whilst ensuring that academic standards are not only maintained but improved. Throughout this process, our Council has consulted with the NASA Registrar Committee, an elected body representing South African career neurology registrars. A period of transition is always challenging, and it is not unexpected that some disagreements have arisen from time to time.

Our College is making progress towards changing the format of our examinations from the essay and short answer format to multiple choice questions (MCQ). In recent Part I and II examinations, MCQs have constituted 50% of the questions; with the remaining 50% have been in the "short answer" format.

In general, our Council regards the pass rates in our College's Part I and II examinations during the past year as acceptable. Pass rates in the Part I examination remain low, likely due to the fact that many Part I candidates sit this examination before entering a formal neurology training program.

During the period under review, a serious dispute arose between the moderator and convener of our College's 2018 1st Semester, Part II examinations, and this was referred to the CMSA Examinations and Credentials Committee (ECC) for consideration. The ECC held a special meeting, which reviewed written submissions and heard verbal contributions from the moderator, the independent observer, and the convener of that examination. The CMSA Academic Registrar was in attendance. The ECC concluded that CMSA examination regulations and protocols were not strictly followed and, consequently, that the examination in question could be regarded as procedurally

compromised. The ECC referred the matter back to the Council of our College for resolution. To this end, our Council unanimously agreed: (a) It is accepted that the 2018, 1st Semester Part II Examination was procedurally compromised and that this might have negatively affected both the assessment of candidates in the clinical/oral component of that examination, and the ability of the Council of the College of Neurologists to form an independent assessment of the fairness of the examination. (b) The results of the written component of the 2018, 1st Semester Part II Examination should stand. (c) With respect to the clinical/oral component of the 1st Semester Part II Examination, four candidates sat this component of whom two passed and two failed. (d) The results of the two candidates who passed the clinical/oral component of the 1st Semester Part II Examination should stand.

In early August of 2017, our council held a special 2-day meeting in Cape Town with the primary aim of generating questions for our College's MCQ bank. Also, at this meeting, the blueprint for our college was discussed. A similar Council meeting is scheduled for November of this year to coincide with our College's AGM. At this meeting our Council will review our College's regulations for examiners, conveners and moderators.

We await the CMSA Senate's final approval of recent revisions made to the regulations of our College's Diploma in Sleep Medicine (DSM).

The annual neurology registrar teaching weekend, which is organised by the Divisions of Neurology at Cape Town and Stellenbosch Universities in collaboration with the Neurological Association of South Africa (NASA), continues to be very successful. Furthermore, our College is collaborating with NASA and the Universities of Cape Town to run an annual, six-month, basic but comprehensive online-EEG (electroencephalography) distance learning program, which is aimed at registrars in South Africa and beyond its borders. In excess of one hundred and twenty career neurology registrars and specialist neurologists from South Africa, Kenya, Namibia, Malawi, Senegal, Madagascar, Egypt, Guinea, Nigeria the UK and the USA have enrolled for the course over the past two years. Indications are this this interactive, web-based course will be very successful.

The financial health of our College is good, with an accumulated levy fund in excess of R100 000.00, which will be utilised in the year ahead to hold national workshops aimed at developing new examination formats, curriculum blue prints and update regulations for moderators, conveners and examiners involved in our College's examinations.

Dr Lawrence Tucker Professor Dali Magazi PRESIDENT SECRETARY

## COLLEGE OF NEUROSURGEONS 1 JUNE 2017 TO 31 MAY 2018

The 2014-2017 College Council term expired, and all the Councilors are to be thanked for the work they have put in for the College. The new Council of the College of Neurosurgeons of South Africa was elected and all HOD's were included on the council, whether they were elected or co-opted to ensure representation of all the training centers on the Council. Professor Semple remains as the President and the new secretary is Professor Vlok. The other College Council

members are Dr S Nadvi (UKZN Private), Dr J Ouma (Wits), Dr J Basson (UFS), Dr B Enicker (UKZN), Professor G Fieggen (UCT), Dr R Harrichanprasad (UKZN), Professor P Lekgwara (SMU), Professor M Mokgokong (UP) and Dr S Rothemeyer (UCT).

The Final exams had pass rate of 33% in the second semester 2017 and 55% in first semester 2018. Of note is in the first semester 2018 there were the highest number of candidates ever, namely sixteen, who wrote the exam and twelve candidates attended the clinical / oral part of the examination. The new CMSA regulation that candidates who pass the written part of the examination and fail the clinical / oral examination has been implemented and this meant that two additional candidates attended the clinical / oral examination in the first semester of 2018. The Primary Neurosurgery examination and Intermediate Neurosurgery examination has been Single Best Answer (MCQ) for a number of years with each exam being set up by an Examination Board which is relatively permanent. This system has been functioning well and the pass rate is generally above 60%.

The College of Neurosurgeons of South Africa had the annual meeting on 26 January 2018. The main subject of discussion was the Final examination, where a number of important decisions were made. It was resolved that from 2019 the Final written examination would consist of a Single Best Answer (SBA) paper of one hundred questions and two papers of three questions each. The candidates will have to pass the written question papers collectively with average of 50% and subminimum of four of six questions passed, as well as passing the SBA paper with 50% to be invited to the clinical / oral examinations. The Examination Board for the SBA paper will be relatively permanent while the Examiners for the written question papers and clinical / oral examinations will change for each examination as usual. The Examination Board for The SBA paper will by convened by Professor Vlok and consists of Dr Nadvi, Dr Ouma, Dr Rothemeyer and Dr Basson. The aim is to convert all the written examination papers to SBA in the future. In addition, it was decided that all the candidates must bring their Logbooks the Final clinical / oral examinations from 2019. The Logbooks will not be marked but the candidates may be asked questions related to their cases.

Professor Patrick Semple Dr Adriaan Vlok
PRESIDENT SECRETARY

## COLLEGE OF NUCLEAR PHYSICIANS 1 JUNE 2017 TO 31 MAY 2018

#### **CNP Council**

The Council for this triennium consists of the following members: Professor James Warwick (President), Professor Mariza Vorster (Secretary), Dr Rachelle Steyn, Dr Nozipho Nyakale. The rest of the Council is made up of the co-opted HOD's of the various academic departments: Professor Trevor Mdaka, Professor Willy Vangu, Dr Gert Engelbrecht, Professor Annare Ellmann, Dr Anita Brink and Dr Tessa Kotze.

Our next council meeting has been scheduled for October 2018.

#### **CME** activities

The CNP will again facilitate a series of CME lectures as an additional item to the program of the Biennial Congress of the South African Society of Nuclear Medicine, which is to take place during 9-12

August 2018 at the CSIR in Pretoria. An annual nuclear medicine update seminar was initiated at the IALCH and Professor John Buscombe will present a workshop on Advanced Nuclear Medicine in preparation for the FCNP(SA) Part II in Pretoria in August 2018.

#### **Examinations**

#### **New regulations:**

- Carry-over of successfully passed written exams to the following exam in cases of a failed OSCE or oral examination has now been implemented successfully and audio recording of the OSCE and oral examinations are now standard practice.
- 2. Newly implemented FCNP(SA) Part I regulations allow students to write primary examinations as separate modules. Applied Anatomy and Physiology may be written six months after the start of registrar training and Radiation Instrumentation and Statistics may be written only after twelve months of registrar training have passed. A recent amendment has been made requiring only a pass in order to carry over individual modules.
- Various software platforms are still being evaluated for use during the final exams. This is intended to improve standardisation of the display and evaluation of clinical exam cases.

#### **Logbox Pilot**

The CNP has officially been included in the pilot of this application.

#### Official Documentation

The FCNP Blueprint and Portfolio of Learning has been updated recently.

Finally, we would like to congratulate and welcome all successful candidates for FCNP(SA) Part II examinations in the past year.

Professor James Warwick Professor Mariza Vorster PRESIDENT SECRETARY

## COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS 1 JUNE 2017 TO 31 MAY 2018

#### 1. Introduction

It is a privilege to submit this report reflecting on the activities from 1 June 2017 to 31 May 2018. This has been a challenging period for the College of Obstetricians & Gynaecologists (COG) with some ongoing and unresolved issues that will hopefully be resolved in the not too distant future.

### 2. Council meetings

Council meetings were held on 13 June 2017 and on 28 November 2017 at the CMSA building in Rondebosch, Cape Town. At both these meetings the usual COG business matters were discussed and all examinations presented by the COG were discussed in detail.

The meeting of 28 November 2017 was the first meeting of the new Council for the triennium 2017 - 2020. At this meeting Dr Tumi Mosehle (SMU), Dr Etienne Henn (Part I committee chair and UFS) and Professor Mana Mdaka (WSU) were co-opted on the COG Council to ensure all training platforms were represented on the COG Council.

#### 3. Special Council meetings

In addition to the regular six-monthly scheduled Council meetings, two additional special meetings were convened in 2018. A possible compromise in the integrity of the written FCOG(SA) Part II examination papers was identified in February 2018. The EXCO of the COG subsequently decided to withdraw the original papers and replaced them with new ones.

A special Council meeting was held on 11 April 2018 in Cape Town to discuss the Part II examination process following the withdrawal and replacement of the first semester FCOG(SA) Part II examination papers due to a possible compromise in the confidentiality of these papers. At this meeting the examination process and setting of the written papers were refined and several additional measures to protect the integrity of the examination process were accepted and implemented during the first semester 2018 clinical examinations.

This incident led to a CMSA enquiry into this matter as well as alleged racism in the COG. The findings of this report were discussed with the COG Council at a meeting on 2 May 2018 in Johannesburg.

This incident has created a significant amount of tension within the COG and has unfortunately also led to negative publicity in the lay press affecting the image of the COG and the CMSA.

#### 4. Committee Meetings

The COG has three standing committees. All relevant training platforms have representation on the respective standing committees.

### 4.1 Part I Committee

The Part I committee meets twice a year. At both these meetings the Part I examination and curriculum are discussed and the Part IA and IB written examination papers are set. This committee appoints examiner panels for the two respective Part I examinations. Dr Etienne Henn is the Chair of this committee.

#### 4.2 Part II Committee

The Part II committee consists of the different Heads of academic departments or their representatives and is chaired by the President of the COG. This committee is responsible for the Part II examination, logbook and portfolio requirements of candidates entering the Part II examination. This committee met 26 May 2017 at the OR Tambo International Airport for an annual business meeting and on 16 November 2017 for a standard setting workshop.

#### 4.3 Subspecialist Committee

The subspecialist committee met on 25 January 2018 for a business meeting and setting of examiner panels. This committee is chaired by Professor Greta Drever.

#### 5. Workshops

A standard setting workshop for the COG was presented by Professor Scarpa Schoeman on 26 September in Johannesburg. The meeting was well attended and robust discussion and debate around this issue took place.

The COG has decided for the immediate short term to remain with the current format of the different examinations it is responsible for.

#### 6. Examinations

The COG conducted the following examinations during the second semester of 2017:

EXAMINATION	NUMBER OF CANDIDATES	PASSED	PASS RATE OF THOSE WHO WROTE
Part IA	93	58	62%
Part IB	73	47	64%
Part II	51	36	71%
Dip Obst (SA)	32	21	66%
Cert Gyn One	2	2	100%
Cert Mat Fetal	4	3	75%
Cert Reprod Med	1	1	100%

The COG conducted the following examinations during the first semester of 2018:

EXAMINATION	NUMBER OF CANDIDATES	PASSED	PASS RATE OF THOSE WHO WROTE
Part IA	76	25	33%
Part IB	63	20	32%
Part II	35	25	71%
Dip Obst (SA)	25	14	58%
Cert Gyn One	2	2	100%
Cert Mat Fetal	1	0	0
Cert Reprod Med	4	3	75%

Except for the challenge encountered around the potential breach of the written papers for the FCOG(SA) Part II examination during the first semester of 2018, all these examinations were presented very successfully without any additional major challenges or disputed outcomes.

### 7. JC Coetzee Fund

The Obstetrics and Gynaecology departments of UCT and UP both continue to be the departments with active outreach programmes supported by the JC Coetzee fund.

Through this fund there is also outreach to assist the newly qualified gynaecologic oncologist working at Dora Nginza Hospital in Port Elizabeth. Gynaecologic oncology outreach is also now done in Pietermaritzburg.

### 8. Concluding remarks

I would like to take this opportunity to once again thank the different convenors, examiners and moderators who are willing to fulfil this important and on-going task for all the different examinations of the COG.

I would also like to express my sincere gratitude towards the COG Council members for their willingness to serve and work as COG Council members, their continuous contribution and support towards the success of the COG, and I am looking forward to everyone's contribution and co-operation during the next triennium.

It is an honour and privilege to be re-elected as President of the COG

and I want to thank the current Council for the confidence in me and for their continuous support and tremendous co-operation to ensure smooth running of the COG matters.

Professor Leon Snyman Professor Priya Soma-Pillay

PRESIDENT SECRETARY

## COLLEGE OF OPHTHALMOLOGISTS 1 JUNE 2017 TO 31 MAY 2018

The AGM of the Council of Ophthalmologists was held during the OSSA Congress at Sandton Convention Centre in Johannesburg on the 1st of February 2018. The following important decisions were made:

#### 1. Format of Part Ib Examination

- The number of refractions performed should be included in the Portfolio of candidates.
- The OSCE examination will be held over two days with Pathology on day one and Optics on day two.

#### 2. Format of Part II Examination

 The format will change from having two long cases and twelve short/OSCE cases to having fifteen short/OSCE cases only with predetermined standardized questions.

#### 3. MCOs

- The number of MCQs per paper needs to be increased this will initially focus on the Primary (IA) and Part II MCQs.
- A MCQ validation workshop needs to be held later during the year.

#### 4. Portfolios

The registrars' portfolios need updating. A portfolio review subcommittee was formed to discuss threshold numbers below which a candidate will not be signed off.

## 5. Aligning the curriculum of African Colleges and Subspecialty training

The meeting discussed the importance of aligning our curriculum with that of other African Colleges of Ophthalmologists. The meeting asked Professor David Meyer to further investigate the issue.

All Fellowship and Diploma examination regulations and curricula have been revised and are available on our website.

We are grateful to report that the finances of the College of Ophthalmologists, as reflected in our Levy Account, still remains healthy and this allows Council to conduct its business without material restraints.

Dr Linda Visser Dr Aubrey Makgotloe

PRESIDENT SECRETARY

## COLLEGE OF ORTHOPAEDIC SURGEONS 1 JUNE 2017 TO 31 MAY 2018

The Orthopaedic College Council met twice in this period as well as the AGM at the annual South African Orthopaedic Association congress held in Port Elizabeth, September 2017.

The exams were well run by the respective conveners. Single best answer written examinations were successfully employed in the Intermediate and Final exam. An OSCE with standard setting and standardized orals were successfully used in the Finals with great success.

A consolidated logbook continues to be required which allows assessment of training experience and potential deficits in our state training platform.

The Edelstein medal for the best candidate in 2017 was awarded to Dr Mark Roussot from UCT.

The Francois P Fouché lecture for 2017 was delivered at SAOA meeting in Port Elizabeth by Regis J. O'Keefe on "Diversity in Orthopaedics: Does it Make us Better? A USA Perspective".

The Orthopaedic Surgery College Council wishes to thank Mrs Lize Hayes, the CEO and Mrs Ann Vorster, the Academic registrar and their respective teams for the efficient and hard work during the past year.

Professor Robert Dunn Professor Theodorus Le Roux

PRESIDENT SECRETARY

## COLLEGE OF OTORHINOLARYNGOLOGISTS 1 JUNE 2017 TO 31 MAY 2018

The format of the FCORL(SA) Final clinical examination was modified in May 2018 with the introduction of SBAs to replace one of the questions of the examination. It is planned for the SBA component to increase in future.

The College of Otorhinolaryngologists continues to apply the minimum logbook requirements for operations seen/done in order to ensure that new ENT surgeons have been exposed to an adequate range of surgical procedures.

The annual registrars' teaching weekend was held in Durban in March 2018; it was well attended and supported by a number of academic staff from around the country.

The academic teaching departments continue to be supported with grants from the South African Society of Otorhinolaryngology Head and Neck Surgery.

We would like to thank the CMSA for maintaining training standards in Otorhinolaryngology.

Professor Johan Fagan Professor Riaz Seedat

PRESIDENT SECRETARY

### COLLEGE OF PAEDIATRIC SURGEONS 1 JUNE 2017 TO 31 MAY 2018

### 1. Elections of 2017:

The elections for the triennium 2017 – 2020 took place last year and the results were ratified at the CMSA Senate meeting of 27 October 2017.

#### The following people were elected:

President: Professor AS Shaik Secretary: Dr SM le Grange

#### Representatives on Senate:

Professor AS Shaik Professor A Numanoglu

#### Other members of Council:

Professor RA Brown Professor MR Chitnis Professor JA Loveland Dr MH Sheik-Gafoor

#### 2. Examination of the second semester 2017:

- Six candidates entered the examination.
- Six candidates wrote the written examination.
- Six candidates were invited to the clinical examination.
- One candidate withdrew due to illness and was deferred to the clinical examination of the first semester of 2018.
- Four candidates passed the examination.
- One candidate failed the examination.

#### Panel of examiners:

Convener: Professor JA Loveland

Examiners: Dr EW Müller

Professor A Numanoglu Professor AS Shaik Moderator: Professor C Lazarus

#### 3. College Council meeting:

The meeting was held on 7 February 2018 from 10:00 until 14:00 in the CMSA building, Parktown, Johannesburg.

Attendance: Professor AS Shaik

Dr SM le Grange Professor A Numanoglu Professor RA Brown Professor MR Chitnis Professor J Loveland Dr MH Sheik-Gafoor

The meeting co-opted the following members to order to have representation from all the training centres:

Dr B Banieghbal

Dr EW Müller

Dr L Marcisz

These three members immediately joined the meeting.

Apologies: None

The following matters were discussed:

a. The upcoming meeting of the South African Paediatric Surgeons Training Association (SAPSTA) that will be held in August 2018 in Pretoria. The SAPSTA representative, Dr Yoli Hawu, addressed the meeting in this regard.

- b. The previous year's examinations were discussed.
- There was no recommendation for the winner of the medal for 2017.
- d. The upcoming examination of May 2018 in Cape Town was discussed. The meeting learned that the papers and model answers were sent in and ready. The portfolios of the candidates were accepted. The oral will be on Tuesday, 8 May 2018.
- e. The examination of the second semester 2018 is supposed to be hosted by SMU, but they refused it. A volunteer for the exam was looked for. The UFS volunteered, but this was later declined by central office and the examination was referred to UW.
- Examiners were set for the examinations until second semester of 2019.
- g. Examiner credentialing was discussed, and the meeting was in favour its own rules as opposed to general CMSA rules.
- h. External observers (for example from COSECSA) are welcome.
- i. The meeting voted in favour of Single Best Answer Questions, which will be introduced over the next two to three years.
- The Learning Portfolio was discussed in depth and minimum standards set.
- Fellowship by peer-review: CV of Professor A Numanoglu outstanding.
- Honorary fellowships: Citation for Professor M Davenport outstanding.
- m. Next meeting: Day before the SAPSTA/SAAPS-meeting in August in Pretoria.

#### 4. Examination of the first semester 2018:

- Two candidates entered the examination.
- Two candidates wrote the written examination.
- Four candidates were invited to the clinical examination (two rolled over from previous exam).
- Two candidates passed the examination.
- Two candidates failed the examination.

Convener: Professor A Numanoglu Examiners: Professor MR Chitnis Professor S Cox

Professor S Cox
Dr SM le Grange
Moderator: Professor C Lazarus

Professor Samad Shaik Dr Susanna Le Grange

PRESIDENT SECRETARY

## COLLEGE OF PAEDIATRICIANS 1 JUNE 2017 TO 31 MAY 2018

The College of Paediatricians of SA has had a busy year. A new Council was elected for the triennium 2017 - 2020.

#### That Council is as follows:

President: Professor A Davidson UCT (serves on the Senate) Secretary: Professor R Masekela UKZN (serves on the Senate)

Members: Professor SC Brown UFS

Dr AH Coovadia Wits Professor VA Davies Wits Professor S Kling US Dr AP Ndondo UCT Professor L Pepeta NMMU Professor H Saloojee Wits

## The following members of the College were co-opted to assist the Council:

- 1. Dr Jeane Cloete DC H and FC Paed exams UP
- 2. Professor Sanjay Lala FC Paed MCQ exams Wits
- Dr Mary Morgan DCH UKZN
- 4. Dr Gary Reubenson FCPaed exams Wits
- 5. Dr Simon Strachan Private Practice

The year saw the inception of MCQ papers for the part II written exams, so that both written components of the qualification are now examined by the MCQ format. The first Part II MCQ in the first semester of 2018 produced an acceptable pass mark using the Cohen method of standard setting, and we will now use the Cohen method to derive the pass mark for the FC Paed(SA) Part I and II MCQ examinations. The specific application of this method used is the Cohen65 with correction for guessing. This has been published on our website.

#### The council is currently responsible for the following exams:

- Fellowship of the College of Paediatricians of SA
- Diploma in Child Health of the College of Paediatricians of South Africa
- Certificate in Allergology of the College of Paediatricians of South Africa
- Certificate in Cardiology of the College of Paediatricians of South Africa
- Certificate in Clinical Haematology of the College of Paediatricians of South Africa
- Certificate in Critical Care of the College of Paediatricians of South Africa
- Certificate in Developmental Paediatrics of the College of Paediatricians of SA
- Certificate in Endocrinology and Metabolism of the College of Paediatricians of SA
- Certificate in Gastroenterology of the College of Paediatricians of South Africa
- Certificate in Infectious Diseases of the College of Paediatricians of South Africa
- Certificate in Medical Oncology of the College of Paediatricians of South Africa
- Certificate in Neonatology of the College of Paediatricians of South Africa
- Certificate in Nephrology of the College of Paediatricians of South Africa
- Certificate in Paediatric Neurology of the College of Paediatricians of South Africa
- Certificate in Pulmonology of the College of Paediatricians of South Africa
- Certificate in Rheumatology of the College of Paediatricians of South Africa

The exams are all blueprinted. The process of codifying and publishing these blueprints on the website is under way and should be completed in the 2018 - 2019 year.

The new Council met in February 2018 and tried to set a strong

transformational agenda. We believe that it is important for all campuses to be represented and the heads (or a representative) of UL, SMU and WSU were invited to attend future meetings. Professors D Mawela (SMU), N Shipilana (UL) and K Ghaire (WSU) have all accepted this invitation. Robust registrar representation in the form of SARA and SAPRA will continue, and we are focusing on transforming our cadre of examiners by bringing in observers from under-represented campuses.

In terms of outcomes there were one hundred and sixty two graduates in SS 2017 and FS 2018 made up of ninety diplomates in the DCH, and one hundred and sixty two paediatric fellows.

In May 2018, Senate approved the awarding of Fellowships Ad Eundum to Professor Beyers Hoek and Professor Robbie Gie, and Honorary Fellowship to Professor Alan Rothberg.

Professor Alan Davidson Professor Refiloe Masekela

PRESIDENT SECRETARY

## COLLEGE OF PATHOLOGISTS 1 JUNE 2017 TO 31 MAY 2018

#### **New council members:**

The following pathologists were elected to the College of Pathologists Council for the triennium 2017 to 2020:

- Professor Johnny Mahlangu President (Haematology)
- Dr Elizabeth Mayne (Haematology)
- Professor Jaya George (Chemical Pathology)
- Professor Tahir Pillay (Chemical Pathology)
- Dr Jocelyn Naicker (Chemical Pathology)
- Dr Michael Locketz (Anatomical Pathology)
- Dr Hue-Tsi Wu (Anatomical Pathology)
- Dr Nazir Ishmail (Microbiology)
- Dr Zinhle Makatini: Secretary: (Virology)
- Dr Sonja Boy (Oral Pathology)

#### Activities During the period under review:

One College of Pathologist Council meeting was held at which Professor Andrew White was co-opted as an additional Councillor representing the discipline of Microbiology. Professor Sonja Boy has subsequently resigned from Council to pursue private interest and the Council is in the process of finding an Oral Pathology representative in the Council.

The Council considered and approved Associate membership of three Pathologists who met the requisite criteria for joining the CMSA. These associate members will be inducted and included in the examinations panel pools for the various disciplines.

Examinations in the College of Pathologist continue to be conducted successfully in seven disciplines including six fellowships and one certificate. The Council has recognized the impending retirements of a number of examiners and given priority the need to expand he examination pool in the various disciplines. Consequently, all examinations in the next few semesters will include qualifying observers who are trained to be examiners.

The single most important challenge facing the council is the

suboptimal pass rate in the various disciplines of Pathology. A number of stakeholders including the CMSA Senate have requested an audit of the reasons for the poor pass rate. This audit is currently underway, and the results should be shared with the various stakeholders once complete.

The Council would like to acknowledge the great dedication and contributions made by previous College of Pathologists Council in maintaining the high quality and integrity of Pathology specialist examinations. We would like to thank the CMSA registrar's office for the support in collating and administering the multiple and often logistically complex examinations in our College

Professor Johnny Mahlangu Dr Zinhle Makatini PRESIDENT SECRETARY

## COLLEGE OF PHYSICIANS 1 JUNE 2017 TO 31 MAY 2018

The College of Physicians continues to attract a large number of candidates for Fellowship of the College of Physicians (FCP), with smaller numbers for the Subspecialty Certificate and Diploma examinations. Modernization of the examinations is ongoing with the revision of curricula, the development of blueprints and the implementation of robust moderation processes.

Professor Bilkish Cassim Dr Peter Raubenheimer

PRESIDENT SECRETARY

## COLLEGE OF PLASTIC SURGEONS 1 JUNE 2017 TO 31 MAY 2018

The College of Plastic, Reconstructive and Aesthetic Surgeons of South Africa (CPRASSA) had an eventful year from July 2017 until June 2018. A new President and a new Secretary was elected to serve from 2017-2020.

The newly-elected inaugural meeting was held at our AGM in Mid September 2017 in Johannesburg. Prior to this meeting, the President and the Secretary attended a CMSA national initiative in August 2017 on how to make College exit exams more defensible. In recent years, the CMSA has been crippled economically by a spate of lawsuits by disgruntled registrars from all disciplines of medicine who have been unsuccessful at their exit exams. Various statistical techniques of setting exams were discussed and the CPRASSA (College of Plastic, Reconstructive and Aesthetic Surgeons of Southern Africa) decided to adopt the Ebel method. With immediate effect, we decided to scrap long questions in the written exams and to slowly exclude long cases from our clinical examinations, the latter in favour of more short cases and OSCE - type stations. The written exams for now will only comprise of short essay-type questions. This was implemented to a large degree in FC Plast Surg(SA) 2nd semester 2017 (Johannesburg) and 1st semester 2018 (Cape Town). We have achieved reasonable pass rates in the above examinations - details of which will be in the exam reports.

The collaboration of the Council and the Education Sub-committee since last year has been our biggest feat. Meetings are now held every two to three months since March 2018 via Skype which have proven to be highly successful and cost effective. All meetings have

minutes that are circulated to the various members. Previously meetings were held twice/year. The meeting is currently chaired by a member who is represented at both the education sub-committee and represents Council at the Senate.

#### We deal with:

- resources and strengths of the different units
- · registrar portfolios, research, training and logbooks
- syllabus and curriculum, academic programmes, text books and journals
- registrar symposia and APRASSA congresses
- exam format, results, failure rates and remark procedures and,
- requirements for appointing registrars

We welcomed several new colleagues to our College. Once a candidate passes he automatically becomes a member. The next AGM will be held at the APRASSA (Association of Plastic Reconstructive and Aesthetic Surgeons of SA) conference in Cape Town at the Arabella Spa and resort (14-16 Sept 2018).

We look forward to seeing all our members and encourage their active participation.

Dr Wayne Kleintjes Dr Saleigh Adams PRESIDENT SECRETARY

## COLLEGE OF PSYCHIATRISTS 1 JUNE 2017 TO 31 MAY 2018

### **College of Psychiatrists Annual Report**

Following successful elections, the Council of the College of Psychiatrists held an extraordinary meeting via teleconference to vote on the co-option of additional members to the Council to ensure adequate geographic representation. Subsequent to this, five co-opted members (Dr Puleng Mokoena-Molepo from the University of Limpopo, Dr Belinda McIntosh from Mpumulanga (Diplomate representative), Professor Zuki Zingela from Walter Sisulu University, Dr Carla Kotze from the University of Pretoria, and Professor Richard Nichol from the University of the Orange Free State) were welcomed onto the College Council. Over the past year, the College of Psychiatrists has hosted two successful rounds of examinations (hosted by the University of Pretoria in 2017 and by the Universities of Stellenbosch and Cape Town in 2018). The Certificate in Forensic Psychiatry examination was also hosted for the first time in the 2017.

	SS 2017		
EXAMINATION	WROTE	PASSED	% PASS
FC Psych(SA) Part I	19		
Clinical Neuroscience	10	8	80%
Behavioural Sciences	11	7	64%
Introduction to Psychiatry	12	6	50%
FC Psych(SA) Part II	32	15	47%
DMH(SA)	17	13	76%
Cert Child and Adolescent Psychiatry(SA)	No candidates		
Cert Forensic Psychiatry(SA)	1	1	100%
Cert Neuropsychiatry	1	1	100%

	FS 2018		
EXAMINATION	WROTE	PASSED	% PASS
FC Psych(SA) Part I	28		
Clinical Neuroscience	9	6	67%
Behavioural Sciences	15	8	53%
Introduction to Psychiatry	24	18	75%
FC Psych(SA) Part II	39	28	72%
DMH(SA)	12	7	58%
Cert Child and Adolescent Psychiatry(SA)	1	1	100%
Cert Forensic Psychiatry(SA)	2	0	0
Cert Neuropsychiatry	1	1	100%

In an endeavour to transition to a Single Best Answer (SBA) format for the written examinations, the College of Psychiatrists hosted two SBA workshops. The 1st workshop was hosted in Pretoria on 1st February 2018, to coincide with the annual registrar workshop (see below) and was well-attended by examiners and representatives from all Departments of Psychiatry. Professor T Luvhengo, Clinical Head of the Department of Surgery at Charlotte Maxeke-Johannesburg Academic Hospital, was the workshop facilitator and conducted sessions on the principles of setting SBA questions and on Standard Setting. A demonstration of the Speedwell electronic examination administration system was done by Dr N Sunderlall. Breakaway groups brainstormed on the way forward regarding the implementation process of the new examination format. Attendees found the forum very useful in navigating the challenging road ahead as the College of Psychiatrists makes this transition. Three parallel processes were identified as requiring urgent attention: (i) The development of Part II blue print matrix, (ii) Training of examiners and generation of SBA banks and (iii) Training and establishment of expert panel for standard setting. The 2nd workshop was hosted on the 13th of May 2018 at the Southern Sun Newlands to discuss the planned migration to (SBA) format examinations. Nineteen participants representing all departments attended the workshop. Three core examinations have been earmarked for the migration with an expected rollout in 2019/2020. Most Departments of Psychiatry have also conducted their own internal SBA training workshops. Each university has identified an SBA champion who has constituted an SBA working team at departmental level.

Once again, the annual registrar training workshop, sponsored by Servier, was held on the 2nd and 3rd February 2018 at The Capital, Pretoria. There were seventy nine participants at the workshop (thirty five examiners from the College of psychiatrists, thirty five registrars and nine speakers).

The College of Psychiatrists face-to-face Council meeting preceded the registrar workshop on the Friday. Registrars were guided through the final examination requirements and briefed on expected standards, with presentations from senior examiners. The afternoon included practical sessions on answering technique and mock OSCEs. The Saturday morning was dedicated to updates from a variety of experts from around the country covering a range of topics, including Psychotherapy, Cannabinoids and Psychiatry, Psychopharmacology, and Depression and Suicide. In general, the registrar and examiner feedback was positive. Registrars found the academic guidance,

engagement with future examiners, and networking and socializing with colleagues (peers and specialists) from other departments stimulating and beneficial.

The promulgation of two subspecialties, Addiction Psychiatry and Consultation-Liaison Psychiatry, is still pending.

Six Psychiatrists (Profs. Koen (SU) and Subramaney (Wits), and Drs Botha (SU), Paruk (UKZN), Milligan (UCT), Brummerhoff (Wits) received sponsorship from CMSA and successfully completed the AMEE (Association for Medical Education in Europe) Essential Skills in Medical Education Assessment on-line short course from 15 January to 6 April 2018.

The RWS Cheetham Award for 2017 was won by Dr Thebe Madigoe who is the Clinical Head at Tara Hospital in Johannesburg for his cross-cultural paper titled: "Towards a Culturally Appropriate Trauma Assessment in a South African Zulu Community" which was published in 2017 in Psychological Trauma: Theory, Research, Practice, and Policy. The Cheetham award is given to an author who has penned the best cross-cultural paper in South African psychiatry in a local or international journal in a given year.

The Council took a decision at its face-to-face meeting in February this year to co-sponsor examiner observers from the University of the Free State and Walter Sisulu University SU to examinations, as these centres do not host exams. A decision was taken that departments would co-fund 50% of the total cost of observers to allow them to actively participate as examiners in future exams.

The Portfolio of Learning subcommittee of Council undertook its annual audit of portfolios in October 2017. Nineteen portfolios, selected from all departments, were audited for completeness, consistency and quality, and feedback was provided to all HoDs. The web-based Portfolio of Learning (Logbox) has also been implemented. Both psychiatrists and registrars from departments around the country participated in a demonstration, via teleconference, in October 2017. Feedback from participants, and registrars in particular, has allowed us to address 'bugs' in the system. All registrars who commence training as of 1 January 2018 have been advised to use the Logbox platform.

The revision of the Portfolio of Learning to include workplace-based assessments is currently being finalised with implementation for all new registrars planned for 2019.

The 2017 National Public Mental Health Forum for registrars was held on the 14th of September 2018, just prior to the Biological Psychiatry Congress, at the Lord Charles Somerset Hotel (Cape Town). The workshop was co-hosted by the Division of Public Mental Health at UCT and co-sponsored by SASOP, the College of Psychiatrists and Sanofi. Twenty-eight senior registrars from all eight departments were sponsored to attend the workshop. The workshop covered public mental health topics focusing on prevention, recovery, stigma, and mental health economics, among others, and was very well received. The 3rd Public Mental Health forum will be held on the 21st of September 2018, just prior to the official opening of the SASOP Congress at the CSIR in Pretoria.

Finally, the College of Psychiatrists in partnership with the South

African Society of Psychiatrists will be conducting a research project, commencing in late 2018, titled "A situational analysis of training requirements for psychiatrists in South Africa". The study will comprise analysis of secondary data in the public-domain data as well as consist of national surveys of Heads of Departments of Psychiatry and registrars. A post-doctoral researcher at Stellenbosch University with an interest in medical education, Dr Karis Moxley, will lead the study.

Professor Soraya Seedat Dr Suvira Ramlall PRESIDENT SECRETARY

## THE COLLEGE OF PUBLIC HEALTH MEDICINE 1 JUNE 2017 TO 31 MAY 2018

The period has been very productive for the College of Public Health Medicine (CPHM). New office bearers for the triennium 2018-2020 were elected with

Professor Leslie London as President of the College of Public Health Medicine (CPHM), Dr Flavia Senkubuge as secretary and Dr Shahieda Adams as the chair of the Occupational Medicine Division (OMD).

The work on the Higher Diploma in Medical Management continues with the division currently developing a curriculum. A subcommittee has also been put together to finalise work on the diploma. An issue of concern for the CPHM is the lack of training in clinical governance. To this end the CPHM submitted intention to host a CMSA wide workshop on clinical governance in 2019. The council recommended that the diploma in Travel medicine be suspended as there was no current demand nor capacity to run this exam.

Updates to the regulations for Public Health Medicine and Occupational Medicine were completed and approved by the Council. The updates amongst others gave clarity to the difference between the long and short report. Both divisions have also established and are continuously updating the bank of single best answer multiple choice questions in the question mark database for use in future examinations.

In the 2016 and 2017 examinations three candidates passed in Public Health Medicine and five candidates in Occupational Medicine. Dr Keneilwe Elsa Letebele-Hartell was admitted as an associate member in the CPHM in 2017.

During this period the grandfathering process for Occupational medicine that had been closed by the HPCSA for a number of years was reopened. After an initial lack of clarity about the criteria to be used by the HPCSA and the duration of the reopening, the CPHM held discussions with the HPCSA. The CPHM made a submission to the HPCSA for use of the same criteria as originally used in the period 2004-2009. The CPHM (specifically the OMD) has subsequently been sent all applications by the HPCSA and has been reviewing applications for grandfathering, providing criterion-based recommendations to the HPCSA for final decision. It has also been established that the grandfathering will remain open in perpetuity rather than close at any point. However, the grandfathering window remains fixed, using the same cut-off of experience acquired prior to 2004.

The CPHM held successful national workshops to discuss reviewing

the curriculum and appropriate clinical skills for public health. The workshops have included key stakeholders from the government and private sector. The workshops will be concluded at the end of 2018 and a report will be submitted for consideration by the Council.

Following the successful signing of a Memorandum of Understanding (MOU) with the West African College of Community Medicine (WACCM), Dr Flavia Senkubuge attended the WACCM exams as an observer from 6-10 October 2017. Further, the CPHM has successfully developed an MOU with the Faculty of Public Health England, United Kingdom and Professor Leslie London will be attending their exams as an observer in June 2018. The CPHM continues to make input into the formation of the East Central and Southern African College of Public Health (ECSAPH).

The Council noted that there was a need to have regular communication with the CPHM members. The CPHM is in the process of developing a CPHM newsletter that will be a mechanism of keeping the members informed about the CPHM activities. The first newsletter will be launched in October 2018 and will be biannual.

Professor Leslie London Dr Flavia Senkubuge **PRESIDENT SECRETARY** 

### **COLLEGE OF RADIATION ONCOLOGISTS** 1 JUNE 2017 TO 31 MAY 2018

The October 2017 OSCE and orals were successfully hosted by Pretoria University Oncology Department. We were pleased to welcome a private sector examiner as an observer.

We had our annual OSCE workshop in December 2017 for the 2018 exams. The workshop also serves as a training opportunity for new examiners regarding the blueprints and guidelines. The workshop is supported financially by SASCRO (SA Society of Clinical and Radiation Oncologists).

The May 2018 OSCE and oral exams were hosted by Stellenbosch University Oncology Department. Both Wits university and Pretoria university indicated that they would not be able to host further examinations at this time, and until further notice, because of staff shortages. Stellenbosch, Cape Town and Free State university all indicated willingness to host exams, but flights are cheaper and more convenient to Cape Town, Stellenbosch and Cape Town will therefore host the next sets of examinations.

All HoD's expressed their extreme concern at the lack of staff willing to apply for positions at Durban, Johannesburg and Pretoria because of extreme frustration at the lack of a functioning system. The national DoH is currently looking into this situation.

Professor A Sherriff and Professor J Parkes as well as Professor D van der Merwe visited Pietermaritzburg Grey's hospital to assess suitability of the department for training. A report was submitted to the CMSA in December 2017.

Professor Alicia Sherriff Professor Jeanette Parkes PRESIDENT **SECRETARY** 

### **COLLEGE OF RADIOLOGISTS** 1 JUNE 2017 TO 31 MAY 2018

The Council of the College of Radiologists for the 2017-2020 triennium is as follows:

#### **Executive**

President: Professor Richard Pitcher (SU) Secretary: Dr Linda Tebogo Hlabangana (Wits) Senator: Professor Victor Mngomezulu (Wits)

#### **Elected Councillors**

- Dr Christelle Ackermann (SU)
- Professor Stephen Beningfield (UCT)
- Dr Denevs Reitz (UKZN)
- Professor Zarina Lockhat (UP)
- Dr Sally Candy (UCT)
- Professor Coert de Vries (Private Practice)

#### Co-opted Councillors:

- Professor Margaret Kisansa (SMU)
- Dr Sandile Mdunge (WSU)

#### **Co-opted Conveners/Co-conveners**

- Dr Wilhelm Groenewald (SU, Part I Physics)
- Dr Tanyia Pillay (Wits, Part I Anatomy)
- Dr Betsie van der Walt (UP, Part II Orals)
- Dr Cornelia Minne (MSU, Part II Orals)
- Professor Farhana Suleman (UP, Part II Written)

Dr Richard Tuft (RSSA)

#### Examinations - FC Rad Diag(SA)

#### Part I

The stability of the Part I examination platform has been enhanced by the appointment of long-term Convenors for the Physics (Dr Wilhelm Groenewald, SU) and Anatomy (Dr Tanyia Pillay, Wits) components. Drs Groenewald and Pillay have undertaken to serve for the full duration of the 2017-2020 triennium.

The IT Consultant, Mr Clive Daniell, introduced stringent quality assurance measures for the Part I Anatomy Spot Test, to ensure that the display characteristics of workstations were uniform for all candidates. All images used in the exam were thoroughly checked on individual candidate workstations prior to the examination.

In view of the challenges encountered in securing appropriate nation-wide venues for examinations requiring a digital platform, the February 2018 Council meeting resolved that only two regions will be utilized for future Part I Anatomy Spot Test examinations, these being the Western Cape Province and Gauteng. The resolution was ratified by the March 2018 meeting of the Finance and General Purposes Committee of the CMSA Senate and will be effective from the second semester in 2018.

## Part II

The Part II examination has become a very labour-intensive operation, currently involving up to thirty five professionals (excluding full-time CMSA staff), who voluntarily give of their time and expertise.

From the second semester of 2017, Dr Charles Sanyika (Donald Gordon Medical Centre/Wits) was co-opted as an additional Moderator for all components of the Part II examination.

Further progress was made with respect to standardizing and stabilizing the Long Case Reporting and Oral components of the examination.

Dr Cornelia Minne (SMU) was appointed as a second, Oral Coconvener for 2017- 2020 triennium, assisting Dr Betsie van der Walt (UP) in this capacity. The format of the Oral component was further standardized in the first semester 2018, such that all candidates in a particular session are shown precisely the same set of twelve films per thirty-minute oral examination. The assessment and mark allocation criteria for Oral cases are constantly being refined to ensure uniformity, fairness and reliability of the examination. The same stringent image quality assurance measures introduced for the Part I Anatomy Spot Test were invoked for the Oral examination.

Double-marking of the Long Case Reporting component is now well established and typically involves five markers over two full days. An innovation from the first semester of 2018 was the appointment of Professor Farhana Suleman (UP) as a dedicated Moderator for the Long Case Reporting component, assisting the Long Case Coconvener, Dr Christelle Ackermann.

The College continued to work closely with our IT Consultant, Mr Clive Daniell, to expand the digital databases for the Long Case Reporting and Oral components. Additionally, a digital database for the Rapid Reporting component was introduced in the first semester in 2018. An innovation in the first semester of 2018 was the utilization of the Dropbox Paper platform to facilitate encrypted communication between examiners, IT Consultant, Co-conveners, Conveners and Moderators in the configuration of the Rapid Reporting and Oral components

Post-hoc analyses of the Long Case Reporting and Oral Components were further refined and expanded in the review period, and are now well entrenched. From the first semester of 2018, post hoc analysis has been conducted for the Rapid Reporting component.

The College collaborated further with the Radiological Society of South Africa to facilitate the long-term incorporation of colleagues from the private sector into the examination process. Three private-sector radiologists contributed as written component examiners in the first semester of 2018.

Council has resolved to convert the Written component to a singlebest answer (SBA) format from the first semester of 2019. Professor Farhana Suleman (UP) has undertaken to oversee this transition and to serve as Co-convenor of the Written component for the remainder of the triennium.

In view of the challenges encountered in securing appropriate venues to conduct examinations on a uniform digital platform around the country, the February 2018 Council meeting resolved that only two regions will be utilized for future Rapid Reporting examinations, these

being the Western Cape Province and Gauteng. This CR resolution was ratified by the March 2018 meeting of the Finance and General Purposes Committee of the CMSA Senate and will be effective from the second semester in 2018.

The above changes contributed to ensuring the sustainability of the examination effort going forward.

#### **Maurice Weinbren Award**

The Maurice Weinbren Award for 2017, for the best publication in a peer-reviewed journal by a Registrar or Junior Consultant in the preceding year, was awarded to Dr Chandana Murthy of Stellenbosch University, who was first-author of the manuscript "The impact of an electronic clinical decision support for pulmonary embolism imaging on the efficiency of computed tomography pulmonary angiography utilisation in a resource-limited setting", published in the South African Medical Journal.

#### JN and WLS Jacobson Lecture

Dr Linda Tebogo Hlabangana of Wits University has been nominated as the JN and WLS Jacobson Lecturer for 2018. Dr Hlabangana will present aspects of her doctoral research in a lecture entitled: "The use of social media platforms in implementing quality assurance initiatives for paediatric chest radiographs in radiology departments with varying radiographer expertise" The Lecture will be delivered at the RSSA International Neuroimaging Symposium on 13 October 2018, at the Spier Conference Centre.

Professor Richard Pitcher Dr Linda Hlabangana
PRESIDENT SECRETARY

## COLLEGE OF SURGEONS 1 JUNE 2017 TO 31 MAY 2018

This year saw a new Council enter the College of Surgeons (CoS). With the presence of experienced hands a few young novice members have entered into service and the future of the CoS looks positive.

New initiatives include investigation into the examiner's appointment process as well as modernizing existing examination techniques. In this regard the Secretary attended the Royal College of Surgeon's JCIE Examiner Induction Course as well as meeting with the Chairs of the Quality Assurance Committee and Examiner's Board. A relationship was developed in which we will implement a process of acquiring some of their examination techniques in our Fellowship as well as Diploma examinations.

Furthermore, the Council is redesigning the format of the Final Fellowship examination into an MCQ examination and are reviewing the format of the clinical component of the examination.

The Higher Diploma in Surgery has been rejuvenated with a new MCQ format for the final examination. A drive is being established to encourage medical officers interested in surgery but not able to undertake a formal registrarship to enter into the Diploma.

Lastly, we are in the process of registering new subspecialties. The Minimally Invasive Surgery fellowship was approved by the Council and has been presented to the College Senate. Further subspecialties

that are in the application process include Breast and Endocrine Surgery and Transplant Surgery.

Professor Zach Koto Dr Martin Brand PRESIDENT SECRETARY

COLLEGE OF UROLOGISTS
1 JUNE 2017 TO 31 MAY 2018

Since taking office in October 2018, the new Council has had one teleconference.

The next meeting is scheduled in September during the biennial South African Urology Association meeting in Cape Town.

The new council members are: Professor JM Lazarus (president), Dr L Kaestner (secretary), Professor SBA Mutambirwa, Dr KM Mathabe, Dr H Patel, Dr RB Friedman, Dr FM Claassen, Dr SW Doherty.

During this period, eleven new Fellows passed their final exams and became Fellows of the College of Urologists. The pass rate was the 86% in the second semester of 2017 and 36% in the first semester of 2018. The low pass rate during the second semester is noted with concern. It is, however, noted that a significant number of candidates were residents during the former training crisis in parts of KwaZulu Natal.

The College of Urologist would like to express their gratitude to Mrs Ann Vorster and CMSA staff for their support and hard work during the past year.

The new Council would like to commend the former Council members on the excellent work during their term.

Professor John Lazarus Dr Lisa-Ann Kaestner
PRESIDENT SECRETARY

"Whether you think you can or you think you can't, you're right."

Henry Ford

### K M BROWSE RESEARCH SCHOLARSHIP

The Scholarship is offered primarily as a Research Scholarship at **neurology registrar**, **senior neurology registrar** or **junior neurology consultant** level. It is the understanding that the research will be undertaken in a Neurology Department in South Africa.

The scholarship is offered annually whereby funding will be made in four equal instalments and payments must be made into a cost centre of the institution in which the recipient is working.

Successful candidates will be required to submit annual progress and/or final reports on the research compiled, supported by copies of any papers resulting from the Scholarship.

The closing date is 15 January 2019

The guidelines pertaining to this Research Scholarship can be requested from: Mrs Evelyn Chetty Tel +27 31 261 8213

Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

## The Colleges of Medicine of South Africa (CMSA) **Retention of Doctors Survey** "Strengthening Academic Medicine and Specialist Training"

<sup>1</sup>CMSA Project Committee: Professor Zephne M van der Spuy<sup>1</sup>, Professor Tuviah Zabow<sup>1</sup>, <sup>2</sup>Lifechoice: Dr Andrew Good<sup>2</sup>

#### Introduction

The original College Project "Strengthening Academic Medicine and Specialist Training" identified the need for increasing specialist and subspecialist training if we were to keep abreast of specialist needs within South Africa.1 It is recognized that as primary healthcare facilities improve and more patients have access to good healthcare, the needs for specialist and subspecialist services increases. It is therefore essential that in designing a healthcare system which particularly embraces primary healthcare, this must also include the recognition and need for good secondary and eventually tertiary health provision.

There is a considerable literature describing the need for more doctors in South Africa. This recognizes the shortage of doctors both in the private and public healthcare and the fact that many doctors in the public healthcare system are unhappy with the conditions under which they work. 2,3 We are all aware that there are a number of many previously very effective teaching facilities which have ceased to function optimally. Sometimes, because of budgetary constraints, facilities have not been adequately maintained and equipment and services have fallen into disrepair. Some facilities now have trainers but inadequate registrar appointments but more often the case is that there are registrars who wish to be trained but the infrastructure and staff for training has unfortunately deteriorated and is sometimes not adequate.

This has led to a variety of reports in the popular media and beyond and has caused considerable concern in South Africa. 4,5,6,7 Many qualifying specialists would wish to stay within the public service but there are no posts available or suitable equipment and infrastructure have not been maintained. As a consequence they move into the private sector thus leaving the public sector poorer in terms of human resources. Once established in the private sector it is difficult to consider a return to the academic and State services although part time input can be invaluable.

Because of the concerns, which are repeatedly expressed within the media, the CMSA undertook a survey of doctors within South Africa, which addressed the issue of moving from the public to private sector or out of the country and why this decision is taken. It also interrogated work satisfaction and concerns about conditions within the work environment.

The detailed results of this survey are presented in this presentation.

It is hoped that this may provide some insights into how we can move forward and perhaps develop the environment which will retain doctors in our public health system. With the development of the NHI, this is now of particular importance.

A summary presentation of this survey was published in the SAMJ in 2017 with the understanding that detailed results would be made available in the Transactions of the Colleges of Medicine of South Africa. 8 The detailed outline of the development of the surveyand the results obtained are included in this presentation.

#### 1. Executive summary

The Colleges of Medicine of South Africa (CMSA) commissioned a survey to understand CMSA members' views on key matters such as:

- why they move from the state sector to private practice.
- why they may choose to emigrate, and
- the degree to which their working environments are conducive to delivering quality care.

This survey was approved by the Human Research Ethics Committee of the Faculty of Health Sciences at the University of Cape Town (HREC/ REF: 707/2014). Over 2200 doctors completed the survey and the results have been analysed, interrogated and documented.

The following are the key findings from the survey:

- Most South African doctors find their work satisfying and rewarding with only a slight difference in private sector doctors being more positive in this regard.
- Doctors reported having good working relationships with their colleagues and reasonable senior support.
- Participants views on the availability of medicine and supplies, as well as appropriate equipment, infrastructure and facilities being of a good general standard, differed significantly between public sector and private sector participants.
- Given this view, it is not surprising that the main reason given for leaving the public sector was to ensure a better working environment.
- Both the public and private sector participants reported finding that nursing and other support staff were inadequate. Public sector doctors in particular expressed this view. (p-value = 0.0000)
- Both private sector and public sector doctors were unconvinced

that the implementation of National Healthcare Insurance (NHI) or the introduction of the Certificate of Need would improve the delivery of healthcare in South Africa.

- The view that a better working environment is important was supported by input provided as to why colleagues left public service. Better remuneration was considered the most important secondary consideration for leaving public service. Views from respondents strongly suggested that focusing on providing a better working environment is the most important factor which needs to be addressed to keep doctors in the public sector. Workplace security, remuneration and personal security are other important considerations.
- The main reason cited for doctors leaving South Africa is for better personal and family security. A better working environment was the second most important consideration with personal and domestic factors and workplace security also important.
- Interestingly, better financial remuneration was considered a less important reason for why doctors thought colleagues chose to work outside South Africa.
- Also worth noting is that 593 participants who are working in South Africa (and who qualified in South Africa) reported working internationally at some stage. The main reasons given for working outside of South Africa in this group were travel (international experience) and financial (income generation). This suggests that many South Africa doctors work internationally for a limited period and then return to provide clinical services in South Africa.

#### 2. Background

Members of the medical profession founded the Colleges of Medicine of South Africa (CMSA) in 1954. Part of the mission of the CMSA is to play a continuing role in providing guidance on issues affecting medical standards and the structure and function of health care services. The CMSA commissioned an independent company to conduct this survey.

Participants completed the survey anonymously. The South African Medical Association (SAMA) assisted in circulating the survey to a broader audience including junior doctors. The Human Research Ethics Committee of the Faculty of Health Sciences at the University of Cape Town approved this study (HREC/ REF: 707/2014).

The goal of the survey was to understand members' views on key matters such as:

- why they move from the State to private practice
- why they may choose to emigrate
- the degree to which their working environments are conducive to delivering quality care

### 3. Survey Objectives

The CMSA survey had several clear objectives. These included:

- 1. Providing guidance on issues affecting medical standards, structure and function.
- 2. Understanding reasons for members moving from state (public) to private practice.

- 3. Understanding reasons for members choosing to emigrate and work internationally.
- 4. Understanding the degree to which working environments are conducive to delivering quality care.

#### 4. Development of Survey approval

The CMSA team working with Lifechoice, an independent consulting company, developed a survey which was completed electronically by participants.

The CMSA Project Team developed survey questions. While the objective of keeping the survey simple was kept in mind, the team elected to capture a high level of detail in an endeavour to achieve detailed results that would be useful for the CMSA and stakeholders to understand challenges facing doctors practicing in South Africa. The survey contained 46 questions and focused on a number of research areas, which included:

- general demographics of participants
- academic background
- employment history
- working environment
- career considerations
- reasons for leaving public service (and considering leaving public
- reasons for leaving South Africa (and considering leaving South Africa)

### 4.1 Survey Phases

The project had several key phases as follows:

#### 4.1.1 Phase 1

Draft Survey. This phase included determining the survey objectives, areas of focus and questions to be answered. The questions were then formatted in a survey tool (Survey Monkey®) and circulated to key CMSA stake holders for review and input. Ethics approval was sought and obtained and the survey was then finalised.

## 4.1.2 Phase 2

Circulation of survey for completion. The survey was circulated in 2015. Initially only CMSA members were mailed using the CMSA database. To improve the survey reach and sample size the South African Medical Association (SAMA) was also engaged. SAMA agreed to circulate the survey to their database of members. The survey was circulated to 10 419 CMSA contact e-mail addresses. Additionally SAMA circulated the survey to 15 459 contact e-mail addresses which included junior doctors who would not yet have engaged with the CMSA. We recognized there may be a considerable overlap of the contacts between both organisations but requested participants only to respond once to survey for both organisations contact e-mails were expected to have a material number of inactive addresses. This proved to be the case. (See Annexure A, for overview of survey).

#### 4.1.3 Phase 3

Analysis of result. At the date of cut off, 2229 usable, completed

surveys were available for analysis. These completed surveys were analysed and the results are included in this report. In designing the survey and especially when deciding to collect a high level of detail especially with regards to where participants qualified, did their internship, community services and now work, it was hoped to receive a sufficient number of replies in the research to be able to use this information in a meaningful way. However, given the number of replies, analysis was limited to the key question areas.

#### 4.1.4 Phase 4

Presentation of results and engagement with stakeholders was undertaken and an initial summary presentation in the SAMJ was published. <sup>8</sup>

#### 5. Summary of Findings

#### 5.1 Demographics

Two thousand, two hundred and twenty-nine (2229) participants completed the survey. Of these participants, the majority were male (1447). The main ethnic group was White (1333). The bulk of the participants were married (1707) and had dependent children (1327). The educational status of dependent children was evenly spread. A summary of the demographic of survey participants is available in Annexure B.

#### 5.2 Academic Background

The majority of survey participants studied at South African universities (1955). The main universities being the University of Witwatersrand (444), the University of Cape Town (UCT) (400) and the University of Pretoria (384). Most participants completed their MBChB between 1980 and 2010 (1705). There was evenly spread of participation between years of qualification. The largest number of participants completed their internship in Gauteng (675).

A summary of the academic background of survey participants is available in Annexure C.

#### 5.3 Employment History

Survey participation was fairly evenly spread between doctors working in the public (1108) and private (959) sectors.

Most participants were working in South Africa (1840). Two hundred and twenty-three (223) responses were received from doctors working outside South Africa. The majority of participants were working in Gauteng (500), the Western Cape (407) and KwaZulu-Natal (271). Five hundred and ninety-three (593) doctors working in South Africa (and who qualified in South Africa) reported working internationally at some stage. The main reasons given for working out of South Africa in this group were travel (international experience) and financial (income generation).

The main current roles reported by participants were specialists in private healthcare (675) and specialists in public service (627). This was expected given the nature of CMSA membership. This is also reflected in the institutions where participants report working. Tertiary training institutions (643) and private sector specialist institutions

(562) were reported as the main institutions where participants work.

#### 5.4 Work Environment

Most doctors reported finding their work satisfying and rewarding with only 8.3% reporting disaffection with their work. In the public sector, 11.73% of doctors did not find their work satisfying and rewarding. Survey participants reported having good relationships with their colleagues (90.78%). Only 16.9% reported having inadequate senior support.

Participants' views on the availability of medicine and supplies being adequate, differed significantly between public sector and private sector participants with 60.73% of public sector doctors being dissatisfied with the adequacy of supplies versus 10.15% of private sector doctors. This finding was significant (p-value = 0.0000).

## 5.4.1 To test this finding statistically, the following hypotheses were tested:

 ${\rm H_{0}}$ : The view on availability of medicine and supplies being adequate is the same in public and private sector.

 $H_{a^{\star}}$ . The view on availability of medicine and supplies being adequate differs between public and private sector.

The Pearson's chi-square test for association can be used to test this hypothesis. The chisquare test value was 553.77, which is a probability of 0.0000. Therefore using a 5% level of significance, the hypothesis cannot be accepted. The view on the availability of medicine and supplies being adequate definitely differs between public and private sector.

A similar view was found with regard to there being a lack of appropriate equipment / infrastructure with 66.37% of public sector doctors indicating a lack of equipment and infrastructure vs. only 20.41% of private sector doctors having this view. This finding was significant (p-value = 0.0000).

## 5.4.2 To test this finding statistically, the following hypothesis was tested:

H<sub>o</sub>: The view on lack of appropriate equipment/infrastructure is the same in public and private sector.

H<sub>a</sub>: The view on lack of appropriate equipment/infrastructure differs between public and private sector.

The Pearson's chi-square test for association can be used to test this hypothesis. The chisquare test value = 387.42, which is a probability of 0.0000. Therefore using a 5% level of significance the hypothesis cannot be accepted. The view on lack of appropriate equipment/infrastructure definitely differs between public and private sector.

The same held true for views on facilities being of a good general standard e.g. hygiene and management of services. In the public sector, 38.78% of employees were dissatisfied with the general facility standards vs. only 5.37% of private sector doctors. This finding was significant. (p-value = 0.0000)

## 5.4.3 To test this finding statistically, the following hypothesis was tested:

 ${\rm H_0^{\cdot}}$  The view on facilities being of a good general standard e.g. hygiene and management of services is the same in public and private sector.

 ${\rm H_{a}}$ : The view on facilities being of a good general standard e.g. hygiene and management of services differs between public and private sector.

The Pearson's chi-square test for association can be used to test this hypothesis. The chisquare test value = 314.26, which is a probability of 0.0000. Therefore using a 5% level of significance the hypothesis cannot be accepted. The view on facilities being of a good general standard definitely differs between public and private sector.

In both the public and private sector, participants reported finding that nursing and other support staff were inadequate. In the private sector, 21.5 % of doctors are dissatisfied with supporting staff vs. 47.55% of public sector doctors. This finding was significant. (p-value = 0.0000)

## 5.4.4 To test this finding statistically, the following hypothesis was tested:

 ${\rm H_{0}}$ : The view on nursing and support staff being adequate is the same in public and private sector.

H<sub>a</sub>: The view on nursing and support staff being adequate differs between public and private sector.

The Pearson's chi-square test for association can be used to test this hypothesis. The chisquare test value = 119.98, which is a probability of 0.0000. Therefore using a 5% level of significance the hypothesis cannot be accepted. The view on nursing and support staff being adequate definitely differs between public and private sector.

Both private sector and public sector doctors were unconvinced that the implementation of National Healthcare Insurance (NHI) is key to improving the delivery of healthcare in South Africa. They were also unconvinced that the introduction of the Certificate of Need would improve the delivery of healthcare in South Africa with only 9.09% believing it would improve the delivery of health care.

### 5.5 Career

Most participants agreed that financial remuneration is important. Public sector doctors considered promotional opportunities as more important. Opportunities for spouse and family were also considered important in determining where doctors work. Survey participants agreed that equal opportunities for both genders and all races are important.

Opportunities for further study and research were also viewed as important, especially by public sector doctors.

### 5.6 Reasons for leaving - considering leaving public sector

Participants who have left or were considering leaving public service cited their main consideration as being the need for a better work environment. This is consistent with the different views on adequacy of supplies, equipment, infrastructure and general factors between

the public and private sector. Figure 1 reflects the responses given for each reason for leaving or considering leaving the public sector. Respondents were asked to score the importance of reasons for leaving the public sector (1 less important – 10 very important).

From the graph it is very clear that the need for a better working environment is the main consideration for over half of the respondents (across both the public and private sector).

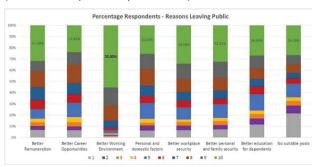


Figure 1: Reasons for leaving the Public Health Service

All considerations (better remuneration, better career opportunities, better working environment, personal and domestic factors, better workplace security, better personal and family security, better educational opportunities for dependants and no suitable posts available) were considered important by doctors.

The view that a better working environment is important was supported by information provided as to why colleagues left public service, although better remuneration was also considered the most important secondary consideration for leaving public service.

Views provided by doctors strongly suggest that focusing on providing a better working environment is the most important factor to keep doctors in the public sector. Workplace security, remuneration and personal security are other important considerations.

To test if the considerations were significantly different between the public and private asector, multiple correlation tests were performed. Table 1 shows the results per question:

Table 1: Correlation between Public and Private health sector

Reasons for Leaving	Chi-square Value	Degrees of Freedom	Probability
Better Remuneration	6.38	9	0.701
Better Career Opportunities	6.77	9	0.661
Better Working Environment	7.94	9	0.541
Personal and domestic factors	24.66	9	0.003
Better workplace security	19.53	9	0.021
Better personal and family security	13.95	9	0.124
Better education for dependents	18.30	9	0.032
No suitable posts	17.91	9	0.036

At a 5% significance level the hypothesis for better remuneration, better career opportunities, better working environment and better

personal and family security cannot be rejected (highlighted in red above) and thus we can conclude that for these factors the results for public and private sector respondents are very similar for these questions. The other four factors differ significantly between private and public respondents.

#### 5.7 Reasons for leaving or considering leaving South Africa

Participants who have left or considered leaving South Africa cite their main consideration as better personal and family security. The need for a better working environment was cited as the second most important consideration with personal and domestic factors as well as workplace security also being stressed as important. Figure 2 reflects the responses given for each reason for leaving or considering leaving South Africa. Respondents were asked to score the importance of reasons for leaving South Africa (1 less important – 10 very important) From the graph it is very clear that better personal and family security is the main consideration for over 60% of the respondents (across both the public and private sector).

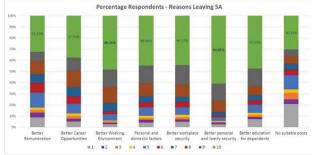


Figure 2: Reasons for leaving South Africa

The view that personal and family security, a better working environment and personal and domestic factors are more important was also supported by the views cited as to why colleagues choose to work outside South Africa. Interestingly, better financial remunerationwas considered a less important reason for why doctors thought colleagues chose to work outside South Africa.

To test if the considerations were significantly different between the public and private sector, multiple correlation tests were performed. The results of these tests per question are reflected in Table 2:

Table 2: Correlation between Public and Private Health sector

Reasons for Leaving South Africa	Chi-square Value	Degrees of Freedom	Probability
Better Remuneration	9.14	9	0.425
Better Career Opportunities	8.33	9	0.501
Better Working Environment	17.11	9	0.047
Personal and domestic factors	11.44	9	0.246
Better workplace security	5.82	9	0.758
Better personal and family security	4.84	9	0.848
Better education for dependents	5.74	9	0.765
No suitable posts	7.89	9	0.545

At a 5% significance level the hypothesis for all the considerations

except the need for a better working environment cannot be rejected (marked in red in the table) and thus we can conclude that for these factors the results for public and private sector respondents are very similar. The results for better working environment differ significantly between private and public respondents (with just under 50% of public respondents stating this as a deciding factor for considering leaving South Africa compared to 28% of private respondents).

The view that personal and family security, a better working environment and personal and domestic factors are more important was also supported by the views cited as to why colleagues choose to work outside South Africa. Interestingly, better financial remuneration was considered a less important reason for why doctors thought colleagues chose to work outside South Africa.

#### **Discussion**

The results from this survey were thought provoking. They indicated that doctors' reasons for leaving the public service are usually not related to remuneration but rather to their work environment, their safety and the support they gain from all of our related professions. This has been identified as a major problem in numerous publications.

In particular, in 2011 the Lancet reported that a review of medical schools in Sub-Saharan Africa indicated that there was poor tracking of graduates and there were numerous reasons for disaffection with employment within the Health Science Faculties. These included a heavy teaching load and poor research opportunities. It was recognized that creative strategies are needed to retain faculty staff. Sadly, in Sub-Saharan Africa where the world's burden of disease is 24% but only 3% of the world health force is concentrated, the mainreason for leaving the facilities in which they are trained was emigration. There have been numerous discussions on how to address this particular problem and this includes developing private medical schools and international partnerships. 9.10,11

In South Africa we are not sure whether these are practical options. We have excellent Faculties of Health Sciences, but we are not producing the number of graduates we require and most importantly, we are not retaining them in our public health service. The Provincial health authorities do not provide adequate posts for specialist trainees and at present most of the sub-specialist trainees in the newer disciplines are dependent on private funding. This invariably leads to them having to move into the private healthcare system on completion of their training. Even the laudable attempts by Discovery Foundation and Life Healthcare have not managed to move this forward or increase the number of subspecialist posts in the public sector because of the apparent inability of the Provincial authorities to create appropriate career paths and to recognize the importance of these skills in the provision of healthcare.

It is concerning that career plans of final year students often do not include public service careers or working in rural areas. Once again, as in our survey, safety issues and opportunities for their children and spouse are important in their career decisions and future plans.<sup>12</sup>

The challenges facing clinicians are clearly identified and need to be addressed.<sup>13</sup> In addition the concerns of the public must be recognized and serviced. <sup>14,15</sup> Our survey identifies many areas which are difficult and challenging but unless we address these as a matter of urgency it is likely we will continue to 'bleed' our graduates into

health services abroad.

We all want the public health services to provide excellent care to our country but the authorities need to understand the urgency of maintaining the infrastructure, retaining our graduates at every level and developing realistic career paths for any graduate who chose to work within the public sector. We cannot afford to lose graduates to international recruitment because of our inability to address their very real concerns.

### **Acknowledgements**

This study was undertaken with unrestricted funding provided by Life Healthcare. We are particularly grateful to Steve Taylor, Peter Scott and Mike Flemming for their support of this project. The support received from Dr Mzukisi Grootboom (Chairman of SAMA) and his Board of Directors in distributing the questionnaire to SAMA members is appreciated.

#### References

- 1. Strachan B, Zabow T, van der Spuy ZM (2011). More Doctors and dentists are needed in South Africa S Afr Med J (2011) 101:523-528
- 2. We're sick of poor working conditions, say public sector doctors https:// www.timeslive.co.za/news/Southafrica/2017-07-3-were-sick-of-poorworkingconditions-say-public-sector-doctors/ (Accessed 31.05.2017)
- Econex (2010). Updated GP and specialist numbers for SA (Accessed 09.02.2017) Medical Brief (2016). SA's shortage of medical doctors – a bleak picture https://www.medicalbrief.co.za
- 5. News 24 (Elsabé Brits. City Press). SA health sector faces a crisis (Accessed 02.09.2017)
- Eyewitness News (EWN). Will SA experience shortage of newly qualified doctors in 2017? www.Ewn.co.za/2016/10/4/will-SA-experience-shortage-of-newlyqualified-docsin-2017
- 7. Timeslive (2015). Marshall Plan needed to address shortage of doctors in SA http://www.timeslive.co.za/..../South-Africa/2015-09-22-marshall-plan-neededtoaddress- shortage-of-doctors-in-SA (Accessed 31.08.2017)
- 8. Van der Spuy ZM, Zabow T, Good A (2017). Money isn't everything CMSA doctor survey shows some noteworthy results. S Afr Med J 2017; 107(7): 550-551.
- Mullan F, Frehywot S, Omaswa F, Buch E, Chen C, Grevsen S Ryan, et al. (2011) Medical schools in Sub-Saharan Africa. Lancet 2011; 377:1113-1121
- 10. Collins FS. Glass Rl. Whitescarver J, Wakefield M, Goosby EP (2010). Developing Health Workforce Capacity in Africa. Science 2010; 330: 1324-1325
- 11. Ayo-Yusuf L (2015). South Africa needs a new way to address the doctor shortages The Conversation 2015. (Accessed 31.08.2017)
- 12. De Vries E, Irlam J, Couper I, Kornik S and members of the Collaboration for Health Equity through Education and Research (CHEER) (2010). Career plans for final-year medical students in South Africa. S Afr Med J 2010; 100(4): 227-228.
- 13. Medical Economics Health Law and Policy 2016. Top 10 Challenges facing physicians in 2016. (Accessed 02.09.2017)
- 14. HSRC (2016). Doctors in the public service TOO FEW FOR TOO MANY (Accessed 31.08.2017)
- 15. PPS (2017). Doctors Shortage and training levels biggest concerns to SA Medical Field-Survey. https://www.pps.co.za/.../Doctors (Accessed 02.09.2017)

#### Annexure A – Survey Question Overview

### **Demographics**

- Age
- Gender
- Race / Ethnicity
- Marital status
- Number of dependent children
- Citizenship, if not South African
- Current educational activity of the majority of dependent children

#### **Academic Background**

- University where MBChB was obtained
- Year obtained
- Internship: Province / country
- Internship: Hospital
- Community service: Province
- Community service: Hospital
- Community service: Main focus of placement
- Community service: Service status of community placement

### **Employment History**

- Experience prior to current employment (community service, medical officer, general practice, registrar, specialist public, specials private, sub specialist public, subspecialist private, other)
- Current employment
- If employed by public service do you do RWOPS?
- If employed in private do you do public sessions?
- Are you still working in South Africa?
- If you have worked overseas, for how long did you work overseas?
- Main reason for working overseas.
- In which geographic area are you employed: Province / Country
- In which geographic area are you employed: City town
- What type of institution are you employed at?
- What is / was your discipline?

#### Work environment

- I find my work satisfying and rewarding (strongly agree, agree, neutral, disagree, strongly disagree).
- I have good relationships with my colleagues (strongly agree, agree, neutral, disagree, strongly disagree).
- I have good senior support (strongly agree, agree, neutral, disagree, strongly disagree).
- I find the availability of medicine and supplies adequate (strongly agree, agree, neutral, disagree, strongly disagree).
- I find that there is a lack of appropriate equipment / infrastructure (strongly agree, agree, neutral, disagree, strongly disagree).
- I find the facility generally of a good general standard e.g. Hygiene, management of services (strongly agree, agree, neutral, disagree, strongly disagree).
- I find that nursing and other support staff are adequate (strongly agree, agree, neutral, disagree, strongly disagree).
- The implementation of National Healthcare Insurance (NHI) is key to improving the delivery of healthcare in South Africa (strongly agree, agree, neutral, disagree, strongly disagree).
- The introduction of the certificate of need will improve the delivery of healthcare in South Africa (strongly agree, agree, neutral, disagree, strongly disagree).

#### Career

- Financial remuneration is important to me (strongly agree, agree, neutral, disagree, strongly disagree).
- Promotional opportunity within my career structure are important to me (strongly agree, agree, neutral, disagree, strongly disagree).
- Opportunities for my spouse and family are important in determining where I work (strongly agree, agree, neutral, disagree, strongly disagree).
- Equal opportunities for both genders are important to me (strongly agree, agree, neutral, disagree, strongly disagree).

- Equal opportunities for all races are important to me (strongly agree, agree, neutral, disagree, strongly disagree).
- Career opportunities need to favour previously disadvantaged colleagues (strongly agree, agree, neutral, disagree, strongly disagree).
- Opportunities for further study and research are important to me (strongly agree, agree, neutral, disagree, strongly disagree).

#### Public services reasons for leaving - considering leaving

- Have you left or are you considering leaving public service?
- If you have left or are you considering leaving public service main considerations (Better remuneration, better career opportunities, better working environment, personal and domestic factors, better work place security, better personal and family security, better educational opportunities for dependants, no suitable posts available)
- If you have colleagues who have left or considered leaving public what where their considerations (Better remuneration, better career opportunities, better working environment, personal and domestic factors, better work place security, better personal and family security, better educational opportunities for dependants, no suitable posts available)

#### Public services reasons for leaving - considering leaving

- Have you left of considered leaving South Africa?
- If you have left or considering considered leaving South Africa - main considerations (Better remuneration, better career opportunities, better working environment, personal and domestic factors, better work place security, better personal and family security, better educational opportunities for dependants, no suitable posts available)
- If you have colleagues who have left or considered leaving South Africa what where their considerations (Better remuneration, better career opportunities, better working environment, personal and domestic factors, better work place security, better personal and family security, better educational opportunities for dependants, no suitable posts available)

### Annexure B - Demographics of Survey Participants Age of respondents

AGE BAND	NUMBER
0-25 yrs	17
26-35 yrs	439
36- 45 yrs	602
46-55 yrs	514
56- 65 yrs	405
66-75 yrs	194
75 + yrs	58
Grand Total	2229

### Gender of reenondents

delider of respondents	
GENDER	NUMBER
Female	782
Male	1447
Total	2229

#### **Ethnicity / Race**

ETHNICITY	NUMBER
Asian	266
Black	378
Coloured	57
No thanks	130
Not completed	65
White	1333
Total	2229

#### **Marital Status**

MARITAL STATUS	NUMBER
Divorced	102
Married	1707
Not completed	32
Single	356
Widowed	32
Total	2229

#### Dependent children - number

NUMBER OF CHILDREN	NUMBER
0	867
1	352
2	609
3	255
4	86
5	16
>5	9
Not completed	35
Total	2229

### **Educational status of dependent children**

EDUCATION STATUS	NUMBER
Not Applicable	916
Tertiary	332
Primary school	326
Pre-school	305
Secondary school	216
Education complete	82
Not completed	52
Grand Total	2229

## Annexure C - Academic background

## University where degree obtained

UNIVERSITY	NUMBER
University of Witwatersrand	444
University of Cape Town (UCT)	400
University of Pretoria	384
Other	266
University of Stellenbosch	239
University of Natal	194
University of Orange Free State	146
Medical University of Southern Africa (MEDUNSA)	104
University of Transkei (UNITRA)	44
Total	2229

#### Year obtained

YEAR BAND	NUMBER
1960 before	31
1960 -1970	105
1970-1980	287
1980-1990	550
1990-2000	502
2000-2010	653
2010+	101
Total	2229

## Internship: Province

PROVINCE	NUMBER
Gauteng	675
Kwazulu-Natal	395
Western Cape	379
Outside SA	235
Eastern Cape	165
Free State	130
Limpopo	66
Mpumalanga	61
North West	55
Northern Cape	32
Left blank	30
Other	6
Total	2229

## Annexure D – Employment

### Still working in South Africa

STILL WORKING IN RSA	NUMBER
Yes	1840
No	223
Left blank	84
Not practicing	82
Total	2229

## Time spent working overseas by doctors still working in SA who qualified in SA $\,$

YEARS	NUMBER
< 1 year	245
1 - 3 years	263
4 - 6 years	53
7 - 9 years	19
>12 years	7
10- 12 years	6
Total	593

## Reason for time spent working overseas by doctors still working in SA who qualified in SA $\,$

REASON	NUMBER
Travel - overseas experience	273
Financial - income generation	147
Other	86
Fellowship	64
Specialist training	57
Emigration	16
Total	643

## **Current employment: Province**

PROVINCE	NUMBER
Gauteng	500
Not provided	461
Western Cape	407
Kwazulu-Natal	271
Outside SA	230
Free State	92
Eastern Cape	90
Not practicing	82
Mpumalanga	32
Limpopo	26
North West	26
Northern Cape	12
Total	2229

## Public - private

SECTOR	NUMBER
Public	1108
Private	959
Not practicing	93
Not provided	69
Total	2229

## Current employment: Institution type

INSTITUTION	NUMBER
Tertiary training institution	643
Private sector specialist	562
Private sector general	317
Regional hospital	213
District hospital	152
Not practicing	93
Private Sector sub specialist	80
Not provided	69
Public sector sub specialist	54
Community health centre	46
Total	2229

#### **Current employment: role**

ROLE	NUMBER
Specialist private healthcare	675
Specialist (public service)	627
General Practitioner	287
Medical Officer	205
Registrar	145
Not provided	69
Clinical manager - adviser	47
Academic	46
Not practicing	46
Retired	45
Community Service	24
Internship	13
Total	2229

### **Annexure E – Working Environment**

#### I find my work satisfying and rewarding

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	83.92%	73.28%	78.17%
Disagree	4.27%	11.73%	8.30%
Neutral	11.82%	14.99%	13.53%

## I have good relationships with my colleagues

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	93.12%	88.76%	90.78%
Disagree	0.66%	2.34%	1.56%
Neutral	6.22%	8.90%	7.66%

## I have good senior support

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	54.62%	60.79%	57.96%
Disagree	13.90%	19.42%	16.90%
Neutral	31.48%	19.79%	25.14%

## I find the availability of medicine and supplies adequate

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	76.43%	23.28%	46.81%
Disagree	10.15%	60.73%	38.33%
Neutral	13.42%	15.99%	14.86%

# I find the availability of medicine and supplies adequate public sector (Provincial variation – some sample are too small for meaningful interpretation)

ANSWER	E. CAPE	FREE STATE	GAUTENG	KZN	LIMPOPO
Agree	18.18%	10.00%	10.17%	18.13%	11.76%
Disagree	68.18%	81.67%	75.00%	66.25%	76.47%
Neutral	13.64%	8.33%	14.83%	15.63%	11.76%

ANSWER	MPUMA- LANGA	NORTH WEST	N. CAPE	W. CAPE
Agree	6.25%	33.33%	40.00%	47.03%
Disagree	81.25%	58.33%	60.00%	31.51%
Neutral	12.50%	8.33%	0.00%	21.46%

### I find that there is a lack of appropriate equipment / infrastructure

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	20.41%	66.37%	45.83%
Disagree	60.28%	18.93%	37.41%
Neutral	17.25%	12.79%	14.78%

## I find the facility generally of a good general standard e.g. hygiene, management of services

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	82.25%	43.06%	60.43%
Disagree	5.37%	38.78%	23.97%
Neutral	12.38%	18.16%	15.60%

### I find that nursing and other support staff are adequate

ANSWER	PRIVATE	PUBLIC	TOTAL
Agree	54.56%	32.56%	42.29%
Disagree	21.50%	47.55%	36.02%
Neutral	23.94%	19.90%	21.69%

## The implementation of National Healthcare Insurance (NHI) is key to improving the delivery of healthcare in South Africa

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	16.84%	29.11%	23.37%
Disagree	57.59%	35.11%	45.62%
Neutral	25.57%	35.78%	31.01%

## The introduction of the certificate of need will improve the delivery of healthcare in South Africa

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	5.39%	12.37%	9.09%
Disagree	84.71%	64.10%	73.81%
Neutral	9.90%	23.52%	17.11%

## **Annexure E – Career Considerations**

## Financial remuneration is important to me

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	88.33%	85.56%	86.86%
Disagree	1.13%	3.22%	2.24%
Neutral	10.54%	11.22%	10.90%

## Promotional opportunity within my career structure are important to me

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	55.63%	87.65%	72.66%
Disagree	8.47%	2.11%	5.09%
Neutral	35.90%	10.23%	22.25%

## Opportunities for my spouse and family are important in determining where I work

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	83.71%	84.03%	83.88%
Disagree	2.90%	2.25%	2.56%
Neutral	13.38%	13.72%	13.56%

### Equal opportunities for both genders are important to me

ANSWER	FEMALE	MALE	COMBINED
Agree	93.65%	81.93%	86.31%
Disagree	0.48%	2.55%	1.78%
Neutral	5.87%	15.52%	11.91%

#### Equal opportunities for all races are important to me

			•		
ANSWER	ASIAN	BLACK	COLOURED	WHITE	COMBINED
Agree	95.43%	93.97%	100.00%	91.00%	92.43%
Disagree	0.46%	2.13%	0.00%	1.09%	1.15%
Neutral	4.11%	3.90%	0.00%	7.91%	6.41%

## Opportunities for further study and research are important to me

ANSWER	PRIVATE	PUBLIC	COMBINED
Agree	79.75%	94.32%	87.48%
Disagree	4.03%	0.45%	2.13%
Neutral	16.23%	5.23%	10.40%

### Annexure F – Reasons for Leaving Public Sector

## If you have left or are you considering leaving public service what are your main considerations.

CONSIDERATION	PRIVATE	PUBLIC	COMBINED
Better working environment	8.9	8.8	8.8
Better workplace security	7.4	7.0	7.2
Better remuneration	7.1	7.3	7.2
Better personal and family security	7.2	7.0	7.1
Personal and domestic factors	7.3	6.7	7.0
Better career opportunities	6.9	6.8	6.9
Better educational opportunities for dependents	6.6	6.3	6.5
No suitable posts available	5.6	6.1	5.8

## If you have colleagues who have left or considered leaving public what where their considerations.

CONSIDERATION	PRIVATE	PUBLIC	COMBINED
Better working environment	9.0	9.0	9.0
Better remuneration	8.1	8.6	8.4
Better workplace security	8.1	7.3	7.7
Better career opportunities	7.7	7.6	7.7
Personal and domestic factors	7.8	7.5	7.6
Better personal and family security	7.9	7.4	7.6
No suitable posts available	7.0	7.2	7.1
Better educational opportunities for dependents	7.5	6.8	7.1

## **Annexure G – Reasons for Leaving South Africa**

## If you have left or considering considered leaving South Africa - main considerations

CONSIDERATION	WORKING ABROAD	WORKING IN SA	COMBINED	
Better personal and family security	8.91	8.86	8.87	
Better working environment	8.12	8.56	8.46	
Personal and domestic factors	8.49	7.96	8.08	
Better workplace security	8.02	8.07	8.06	
Better educational opportunities for dependents	7.77	8.03	7.97	
Better career opportunities	7.67	7.67	7.67	
Better remuneration	6.82	7.05	6.99	
No suitable posts available	5.74	6.08	6.01	

## If you have colleagues who have left or considered leaving South Africa what where their considerations

CONSIDERATION	WORKING ABROAD	WORKING IN SA	COMBINED
Better personal and family security	9.34	9.06	9.09
Better working environment	9.06	8.99	9.00
Personal and domestic factors	8.96	8.47	8.52
Better educational opportunities for dependents	8.89	8.39	8.44
Better workplace security	8.87	8.54	8.58
Better career opportunities	8.71	8.43	8.46
Better remuneration	8.45	8.19	8.22
No suitable posts available	6.35	6.73	6.69

# The KM Seedat Memorial Lectureship The Devastating Effects of Alcohol on Child Health

Professor AB (Sebastian) van As, MBChB, MMed, MBA, FCS(SA), PhD Head: Trauma Unit Red Cross War Memorial Children's Hospital, Cape Town

Chair: Childsafe South Africa

#### Introduction

In the past there have been numerous attempts to compare legislation on alcohol advertising with the legislation on nicotine usage, but there can be absolutely no doubt that nicotine and alcohol are very different drugs, and, that at a population level the effects of alcohol are considerably worse. A comparison of the devastating effects major recreational drugs on the human body, mind and social circumstances, that was published, already almost a decade ago, in the Lancet (One of the world's leading medical journals) found alcohol to be the worst of all drugs at a population level, i.e. worse than heroin, crack, methylamphetamine (tik) and cocaine, due to its deleterious effects on individuals and society more broadly.1 Alcohol has been associated with more than 60 disease conditions and in South Africa it is the strong association with violence and injuries, major infectious diseases such as HIV and TB and adverse mental health outcomes that drive most of the alcohol atributed disease burden.

#### **Child Injuries**

Injury is a major killer of children and adolescents throughout the world and is responsible for almost 1 million deaths amongst children and young people under the age of 18. Tens of millions of youngsters require hospital care for non-accidental injuries, of which many lead to disability with life-long consequences. The burden of childhood injuries is unequally divided and more than 95% of all injuries in children occur in lower- and middle-income countries.2 Globally more children die from road traffic injuries than for instance from malnutrition or tuberculosis. South Africa is comparing very poor compared to most other countries and has a childhood mortality of more than 30 per 100 000 children. Contrary to common belief so-called "accidental" injuries often can be prevented and are not inevitable. In fact, in a large number of countries, remarkable reductions in child adolescent injury death rates have been achieved in some cases by more than 50% due to the implementation of various strategies to counteract injuries. Preventative measures can be conveniently categorised as either primary (aimed at the prevention of an injury from happening in the first place) or secondary (aimed at the reduction of the severity of the injury for instance cooling of a burn). Injury prevention strategies can be by legislation,

product modification, environmental changes, creating a safe home and education and skills development. Presently the World Health Organisation has embarked on a plan of action to reduce child and adolescent injuries globally.<sup>2</sup>

#### The role of alcohol in Trauma

Alcohol can be looked at in many different ways. It has often been described as a social lubricant, a sophisticated dining companion, a cardiovascular health benefactor (although the latest reported research does disqualify this statement)3, but certainly also an agent of destruction. Contrary to the image portrayed in advertisements, the effects of alcohol are detrimental to many members of society and in particular to our young children. The negative effects of alcohol usually take place through intoxication, dependence and other biochemical effects. Besides a number of current health and social problems, alcohol intoxication is the major mediator for acute outcomes such as motor vehicle accident and interpersonal violence. There is increasing evidence to suggest that it is not only the absolute amount of alcohol that is hazardous but also the pattern of drinking. South Africa suffers heavily from the negative effects associated with the use of alcohol. The majority of motor vehicle accidents as well as homicides are alcohol related. From a large South African Multi-Centre Study, it was concluded that between 36 and 79% of all people presenting to hospital with an injury tested positive for alcohol.4 The effects of alcohol on the South African society are enormous and exceed the effects of alcohol in many other countries in more than one way. Although the total amount of alcohol consumed in South Africa is not extremely high if this is, for instance, compared to Russia and France, the most dangerous type of drinking, the so-called binge drinking is common. Various reports indicate that approximately one in three alcohol consumers indicate that they drink to the level of alcohol intoxication. Especially during the festive season, a large number of drivers are intoxicated with alcohol while taking part in exceptionally busy traffic conditions. This is aggravated by the fact that South Africa has a very poor public transport system, particularly over weekends; providing an excuse to many alcohol consumers to drive home in their own car. It is interesting that many of these people use the excuse it is too dangerous to go home by public transport, while if they are alcoholintoxicated, they themselves are actually causing the greatest risks. Unfortunately, it seems socially acceptable in the South African society to drink and drive. According to the National Injury Mortality and Morbidity Surveillance system 52% of all people dying in traffic accidents had alcohol in their blood, of which 91% more than the

legal limit of 0.5mg/100ml. The majority of people dying are traffic road pedestrian and car drivers.

#### Violence and alcohol

Alcohol is closely related to violent crimes in the South African context. The majority of people assaulting intimate partners or spouses are intoxicated with alcohol (approximately 70%). Often children are the victims. A recent study at the Red Cross Children's Hospital indicated that from all children presenting with a nonaccidental head injury, approximately 50% of them were injured while two adults were fighting. During the festive season, alcohol can affect the life of children predominantly in two different ways. First of all, during the festive season parents and/or caretakers may consume alcohol and become progressively neglectful and careless with the rising level of alcohol, forgetting the fate of their children. Children are often neglected and left by themselves while adults are having a good time and partying. This will increase accidental injuries in children and injuries as a result of neglect. Additionally, in cases of child abuse and violence against children, perpetrators who are intoxicated are likely to have a lower threshold to harm children. Especially small children and babies are very vulnerable for assaults by intoxicated caretakers.

#### The Valencia Declaration

In 2002 a conference was held in Valencia, where over 20 countries were represented.<sup>5</sup> Alcohol marketing and promotion of alcohol to young people were analysed and it was firmly concluded that the alcohol beverage industry presents a very one-sided view of alcohol and actively masks the contribution of alcohol to injuries, mortality and social ills. It was therefore recommended that legislation regarding alcohol needed to be strongly improved in order to protect young people from false promotional messages. Young children respond different to advertising than adults and often react at an emotional level and change their belief system and expectations about alcohol. The alcohol beverage industry is extremely sophisticated in the development of their marketing. Exposure of alcohol advertising and alcohol enjoyment in the media predicts more frequent and heavier drinking amongst young people. Adverting for instance promotes the ideas that:

- 1. Heavy alcohol drinking is quite normal.
- Alcohol is used by attractive, successful and healthy people who are sexy, popular, charming, independent and strong.
- 3. Drinking alcohol is safe.
- 4. Drinking is relaxing.

However, it is common knowledge that a great percentage of children who start drinking at a young age will end up as alcoholics especially when they start drinking before the age of 14 years old. Alcohol related accidents are the main killers of young people and up to 70% of all interpersonal and domestic violence is under the influence of alcohol. Therefore, it is recommended that legislation and regulations requiring alcohol be improved and strengthened in order to protect young people from promotional messages. This is necessary to create more awareness amongst young people about the great level of sophistication of the marketing from the alcohol beverage industry. Young people themselves should be involved and activated to protect their own health.

#### Conclusion

Nelson Mandela, in his foreword to the World Health Organisation World Report on violence and health in 2002 stated that the 20th century will be remembered as a century marked by violence striving in the absence of democracy, respect for human life and good governance. Many people live in our present society day in day out and assume that injuries and violence are an intrinsic part of the human condition, however, this is not so! Violence can be prevented. Violent cultures can be prevented and can be turned around. Governance, communities and individuals should make the difference. In his first ever address to Parliament in 1994 President Mandela also specifically singled out alcohol and drug abuse as a major cause of crime, poverty, reduced productivity, unemployment, dysfunctional family life, political instability, the escalation of chronic diseases such as HIV, AIDS and TB, injury in premature death. Its sphere of influence reaches across social, racial, cultural, language, religious and gender barriers and directly or indirectly affects all of us. Unfortunately, the South African society has been very tardy to pick up this useful advice and has not been doing enough to curb the absolute devastating effects on our society. No single person will be able to accomplish such a huge task. What will be required is a massive campaign by all possible role players such as communities, mass media, non-governmental organisations, research institutes, governmental departments, the alcohol beverage industry, health institutions in insurance and alcohol consumers themselves. A large number of internationally proven effective strategies are price increases and taxation 6, random breath testing with associated public awareness, changes in alcohol outlet densities, zero tolerance of all graduated driving licences for youth, a responsible beverage service strategy, increase minimum drinking age, enforcement of sale of alcohol to underage persons and restrictions on days and hours of alcohol sale. If we do not as a community take this effort seriously, our children will be the main victims.

#### References:

- Nutt DJ, King LA, Phillips LD on behalf of the Independent Scientific Committee on Drugs. Drug harms in the UK: a multicriteria decision analysis. The Lancet 2010; 376:1559-1565.
- Peden MM, Oyebite K, Ozanne-Smith J, et al. World report on child injury prevention. Geneva. Switzerland: World Health Organization: 2008.
- GDB 2016 Alcohol Collaborators. Alcohol use and burden for 195 countries and territories, 1990-2016: a systematic analysis for the Global Burden of Disease Study 2016. The Lancet 23 August 2018.
- 4) Matzopoulos R, Bowman B, Donson H, et al. A Profile of Fatal Injuries in South Africa: Third Annual Report of the National Injury Mortality Surveillance System. Parow: MRC, 2002.
- Casswell S, Maxwell A. Regulation of Alcohol Marketing: A Global View. Journal of Health Policy 2005;26(3):343-358.
- Parry CDH, Myers B, Thiede M. The case for an increased excise tax on alcohol in South Africa. South African Journal of Economics 2003, 71: 265-281.

## The Phyllis Knocker Bradlow Award "Psychiatric and Other Contributing Factors in Homicide - Suicide Cases from Northern Gauteng, South Africa, Over a Six Year Period"

Published by: Dr Carla Kotzé Forensic Psychiatrist / Head of Geriatric Psychiatry, Weskoppies Hospital / Faculty of Health Sciences

#### **ABSTRACT**

Homicide committed by a person who subsequently commits suicide within one week of the homicide, is a relatively rare event. The current study used an explanatory sequential design, including psychological autopsies, to identify psychiatric and other contributing factors in 35 homicide-suicide cases in northern Gauteng Province, South Africa.

This research highlighted the complex multifactorial nature of these events. Identification of high-risk individuals and delineation of contributing factors is important.

Early recognition and effective treatment of psychiatric illness, particularly depression and substance use problems, in people experiencing relationship issues (with pending/recent separations) and financial stressors, is an essential component in the prevention of homicide-suicide incidents. Evaluations should always include direct questioning about suicidal and homicidal ideations.

Mental health practitioners have a definite role to play in offering comfort, support and treatment to all those who remain behind after these devastating events.

Urgent attention needs to be given to the availability of support and treatment for investigating police officers and surviving family and friends

Keywords: Homicide-suicide; psychiatric factors; contributing factors

## PSYCHIATRIC AND OTHER CONTRIBUTING FACTORS IN HOMICIDE-SUICIDE CASES, FROM NORTHERN GAUTENG, SOUTH AFRICA, OVER A SIX-YEAR PERIOD

## Introduction

"Death, of course, is a refuge. It's where you go when a new name, or a mask or cape, can no longer hide you from yourself. It's where you run to when none of the principalities of your conscience will grant you asylum." (Cleave, 2008, p. 22)

Homicide-suicide (HS) is a relatively rare event that has a farreaching impact, affecting surviving family, friends, colleagues, witnesses and investigators, and which constitutes an emerging public health problem. HS has been defined as homicide committed by a person who subsequently commits suicide within one week of the homicide (Marzuk, Tardif & Hirsch, 1992). In most cases the subsequent suicide occurs within a 24-hour period (Knoll, 2016).

The incidence of HS varies around the world, but some studies have shown a relatively consistent global incidence averaging 0.2 - 0.3 per 100,000 persons (Coid, 1983; Eliason, 2009; Marzuk et al., 1992). Rates in the United States range from 0.134 to 0.55 per 100,000 (Bossarte, Simon & Barker, 2006). Research in two different regions of South Africa reflects a higher incidence than the international average. The annual incidence of HS in the Pretoria region of South Africa's Gauteng Province from January 1997 to October 2001 averaged one per 100,000 (Jena, Mountany & Muller, 2009). This is from the same region as the present study. In Durban, in South Africa's KwaZulu-Natal Province, the incidence was 0.89 per 100,000 for the years 2000 to 2001 (Roberts, Wassenaar, Canetto & Pillay, 2009).

Most research suggests that perpetrators of HS differ from those of typical perpetrators of murder or those who commit suicide in terms of socio-demographic characteristics, and that they are usually older and more likely to be married or recently separated. HS has unique characteristics that distinguish it from homicide only or suicide only and seems to be more likely to be precipitated by interpersonal crises than suicide only (Knoll, 2016).

Apart from those pertaining to incidence, findings in the South African studies are generally similar to those found globally in that the majority of HS cases are committed by middle-aged men, with most victims being female and the perpetrator's younger intimate partner of the same race. The most frequent apparent reason for murder is the breakdown of an intimate relationship. Shooting is the commonest method used (Eliason, 2009). Alcohol use is associated with perpetrators and victims at the time of the HS, with a preponderance in the former (Chan, Beh & Broadhurst, 2003; Felthous & Hempel, 1995; Lecomte & Fornes, 1998; Milroy, Dratsas & Ranson, 1997; Shiferaw, Burkhardt, Lardi, Mangin & La Harpe, 2010).

The available literature often focuses on the epidemiology and socio-demographics of HS with a relative paucity of information related to psychiatric factors. A review on mental illness in HS found that depression was the most frequent psychiatric disorder reported (in about 39% of the offenders in the 20 studies that assessed depressive disorders), followed by substance abuse (about 20% of the offenders in 10 studies) and psychosis (about 17% of the offenders in 11 studies) (Roma et al., 2012). Rosenbaum and

Bennett (1986) strongly suggest that depressed patients most at risk for homicide-suicide are those suffering from one of the following: a personality disorder or traits of a personality disorder; a history of child abuse; a history of alcohol and substance abuse; suicidal behaviour; or depression precipitated by sexual infidelity (real or imagined). While depression appears to be one of the most common psychiatric disorders associated with HS, previous studies typically lack detailed information on the dynamics underlying the event, the motives involved and the role of other precipitating factors (Roma et al., 2012). For this reason, several researchers have called for further studies, including studies that evaluate survivors of these acts and/ or that make use of psychological autopsy methods (Cohen, Llorente & Eisdorfer, 1998; Liem, 2010; Roos & Bodemer, 1989).

To date, in only two other studies were family members interviewed following the psychological autopsy approach (Knoll & Hatters-Friedman, 2015; Rosenbaum, 1990). Shneidman (1969) coined the term 'psychological autopsy' to describe a thorough retrospective investigation to obtain information about the intention of the deceased. Individuals who know the deceased's actions, behavior and character well enough to report on them are interviewed to obtain the relevant information (Shneidman, 1981).

Using the psychological autopsy method, the data from HS cases became more complete, making conclusions more accurate. Psychological autopsies are superior to mere record review because they are more comprehensive and more likely to capture psychological and contextual circumstances preceding the HS (Conner et al., 2011). Data are synthesized from multiple sources, resulting in an in-depth understanding of personality, behaviour and motives.

Unique and critical individual information may not be present in police or coroner records, which do not typically focus on such data (Knoll & Hatters-Friedman, 2015).

From the available literature, it is clear that individual variables are not sufficient to explain the HS phenomenon; psychopathology, interpersonal dynamics, stressors and other community factors are implicated. Social support; help from health-care professionals, family and friends; support in seeking domestic violence protection; and assistance with conflict management and resolution are essential (Malphurs, Eisdorder & Cohen, 2001). If prevention and intervention strategies are not sensitive to the understanding and worldview of the patients, then these strategies may not be effective, or may even fail completely (Bell, Dominica & McBride, 2010). Socioeconomic data, medical and psychiatric evaluations, information about cultural variables, information about the possession of firearms, and data on previous episodes of violence, have been shown to aid the understanding and prevention of this phenomenon. (Goranson, Boehnlein & Drummond, 2012).

Although most forensic psychiatrists do not routinely perform psychological autopsies, there is a growing need for such professional involvement, which includes cooperation and interaction with other forensic scientists. Moreover, some of the basic principles of forensic psychiatry can easily be applied to psychological autopsy evaluations (Botello, Weinberger & Gross, 2003). A pilot study done at Weskoppies Hospital / University of Pretoria evaluated nine cases where perpetrators of homicide survived a subsequent suicide attempt. It was found that psychosocial stressors and failure of coping mechanisms during periods of strife within an intimate relationship

were prominent and should be a focus of future research. It also suggested that separation should possibly be investigated as an independent factor that promotes interpersonal difficulty associated with HS (Sussman & Kotze, 2013). The current study took previous recommendations into account and aims to identify psychiatric and other factors contributing to HS.

#### Methods

The Head of Forensic Medicine, University of Pretoria, approached the Department of Psychiatry at the university to research the driving force behind HS incidents. The impact on survivors and staff members investigating these cases sparked this research.

#### **Ethical considerations**

As this study is of an extremely sensitive nature, permission was obtained initially from the Chief Executive Officer: Forensic Pathology Services and the Provincial Commissioner, South African Police Service (SAPS) Gauteng, with final ethical approval from the Faculty of Health Sciences Research Ethics Committee, University of Pretoria. Prerequisites to obtain permission were that the SAPS had to be the first point of contact and that all participants in the psychological autopsy, including investigating officers and family members or friends of the deceased, should be offered psychiatric treatment or counselling.

#### Sampling

Purposeful sampling was used and all cases of HS (evidence of self-inflicted death after committing a homicide) identified by the Department of Forensic Medicine, University of Pretoria, from 1 January 2009 until 31 December 2014 (6-year period) were included. This department is responsible for the routine medico-legal investigation of unnatural deaths in the greater Tshwane metropolitan area and approximately 3,000 such deaths are investigated annually. There is no unique coding system for HS cases and a designated forensic pathologist had to personally identify specific cases. This is a time-consuming process and contact information in older files was not always reliable, because people had moved, or telephone numbers had changed. For these reasons, it was decided not to include cases from before 1 January 2009. A total of 35 cases were identified for inclusion.

#### **Procedures**

This was an explanatory sequential-design study where the collection of quantitative data was followed by the collection of qualitative data to investigate psychiatric and other contributing factors in HS cases in northern Gauteng Province, South Africa. After identification of the HS cases by the Department of Forensic Medicine, the principal investigator captured the following quantitative data from the Forensic Medicine files: SAPS details (including investigating officer name, contact number and case numbers); socio-demographic information about the HS perpetrators and victims (age, gender, home address. marital status, occupation and the nature of the relationship between victim and perpetrator); post-mortem and laboratory details (date of death, place of death, method / cause of death, other injuries noted, toxicology results e.g. alcohol levels); suicide and other relevant affidavit notes (e.g. witness statements); next of kin name and contact numbers.

The research team consisted of nine psychiatrists from the Department of Psychiatry at the University of Pretoria who were

prepared to participate in this study. All the psychiatrists were involved in forensic psychiatric practice at Weskoppies Tertiary Psychiatric Hospital with experience in this field ranging from five years to 34 years. The researchers were grouped into teams of two and HS cases for further qualitative investigation were allocated in a sequential manner with the purpose of exploring the findings in more depth. Interviews were conducted with all SAPS investigating officers and family or friends of the HS victims who could be contacted with the available information, were older than 18-years of age, were able to give informed consent and were willing to participate in the research. In 26 of the total of 35 cases further qualitative data was obtained. The SAPS provided valuable additional information in eight cases, and in the other 18 cases, information was obtained from interviews with the perpetrator or victim's next of kin. In 9 cases both the perpetrator and the victim's next of kin were interviewed, in 5 cases only the perpetrators' next of kin were interviewed and in 4 cases only the victim's next of kin. In the qualitative data-collection phase the researchers established research pathways after lengthy discussions and deliberations. The qualitative research guidelines included: Contacting the SAPS investigating officer to obtain statements, contact numbers of next of kin and other informants; Identifying a place of interview and obtaining informed consent; The use of audio recordings and transcriptions; The use of field notes (researchers' own written notes and summaries); and Referral of informants with mental health problems for evaluation and treatment. For each case, the SAPS investigating officer involved, or another designated officer, was the first point of contact for the researchers. The SAPS contact person was informed about the research and asked to contact family members of the deceased to discuss the research proposal and request their permission for the researchers to contact them. The contact details used were those obtained from the Forensic Medicine files or available in the police docket and were mostly for family members who identified the deceased or were interviewed by the police following the HS. The researchers then contacted people willing to participate to explain the nature of the research, as described in the informed consent, and arrange appointments to meet. The most suitable venue for the interview was discussed with the interviewee. It was preferable that the interview be done in an environment that was familiar to the interviewee. After taking these measures into account, the interview could also be scheduled at Weskoppies Psychiatric Hospital. Telephone interviews were done with participants who resided too far away for a face-toface interview to be feasible. After these interviews psychiatric care and treatment was offered and arranged for research participants with psychiatric, social or other emotional problems. The methods employed in this study were semi-structured interviews and additional sources of information included news reports, suicide notes and letters written to family members. The two psychiatrists allocated to each case were responsible for the qualitative data collection for that case. In the qualitative methodological account, the aim was to elucidate the significance and meaning people attach to social situations. (Schurink, De Jongh van Arkel & Roos, 1992). The researchers followed semi-structured guidelines for the interviews as set out in the Shneidman (1969) criteria for the performance of psychological autopsies and this includes: basic identifying information; specific details of the death; outline of the perpetrator and victim's previous history (e.g. suicide attempts / intent, psychiatric treatment, personality characteristics, recent stressors, alcohol / drug use, changes in routine before death); family psychiatric history; quality of the perpetrator-victim relationship

and other interpersonal relationships; reaction of informants to the death. (Scott, Swartz & Warburton, 2006). This methodology involves a qualitative approach that provides loose guidelines for the researcher to follow, described as a "mixture of conversation, interview, emotional support, general questions, and a good deal of listening" (Scott, Swartz & Warburton, 2006, p813). As part of the psychological autopsy, the researcher attempts to reconstruct the lifestyle of the victim, paying particular attention to the period of time immediately preceding the death. It has also been stressed that these criteria should not serve as a rigid structure, but rather as a set of general guidelines (Knoll & Hatters-Friedman, 2015). The guidelines for the interviews were followed, but the nature of the semi-structured interviews varied considerably according to the nature of the relationship between the interviewee and the deceased. The nature of this relationship greatly influenced the sensitivity of the interview and the information that could be provided by the informant. It is apparent from the natural history that the following decisions and actions were relatively typical: After informed consent was given and the informant was assured of the confidentiality of the information, special attention was devoted to placing subjects at ease; For practical reasons, it was not possible to conduct more than one interview with each of the subjects; The length of the interviews varied, but were seldom less than 20 minutes in duration; An attempt was made throughout to make audio-recordings of the interviews, to have two psychiatrists present per interview and to keep field notes; In cases where language barriers existed, family members and/or the second research psychiatrist acted as interpreters; In light of the sensitive nature of the research phenomenon, a decision was made that the team members, in addition to their assigned role as researchers, would also have to fulfil a supportive role. It is important to note that during the psychological autopsy evaluation, the forensic psychiatric/psychological examiner may contact people who are still in the grieving process. The primary purpose of the psychological autopsy is not therapeutic, but it is to gather information, in a sensitive manner, to determine the deceased's mental capacity to form the intent to commit suicide. It is common policy to suggest to the family members / significant others that they seek outside counselling to help them deal with the grieving process. However, the survivors often state spontaneously that the psychological autopsy was of therapeutic value to them as it allowed them to vent their feelings about the decedent's death and talk about the decedent's life (Botello et al., 2003).

### Data analysis

It is necessary to note that analysis of such data cannot really be separated from the steps/decisions taken during the process of the qualitative research. Although analysis and interpretation of the data (transcriptions of interviews, field notes, diaries, official SAPS documents, newspaper articles, etc.) were mainly done at the end of the investigation, provisional analysis and interpretation occurred throughout the research process. The data collection and analysis was an ongoing, recursive and dynamic process that occurred throughout the research investigation. Triangulation, using multiple sources of data with observations at different times and different places, as well as interview data collected from people with different perspectives was used to ensure validity of the data. Investigator triangulation was also used, with multiple investigators collecting and analysing the data. After the two research psychiatrists submitted their collected data on a specific HS case, the case study was discussed at a meeting with the other researchers. In addition, the

principal investigator and another research psychiatrist then reread the data. During this process, psychiatric diagnosis was verified, classifications were assigned, emerging themes were identified, and insights were highlighted. The HS cases were classified into the major patterns proposed by Knoll (2016). This classification involves a 2-part label. The first part is based on perpetrator's relationship to the victim and the second part specifies the motive of the perpetrator. When psychological autopsies are used to investigate HS cases, a more accurate determination of motive can be made improving the reliability of these classifications (Knoll, 2016). In our study multiple investigators checked the classification independently. A total of 18 meetings were arranged during the research period. The data were interpreted inductively, and a hypothesis was formulated from the data obtained. We examined the data for general themes, concepts or patterns of interaction that occur fairly commonly, or that can serve as behavioural norms. We tried to determine why such generalities occurred. We were also alert to deviations from these generalities/ norms and to possible reasons for these. There are no fixed rules for identifying themes and norms. To obtain these objectives the following guidelines were used: Read and reread the data; Remain on the trail of themes, speculations, interpretations and ideas; Watch for developing themes; Construct typologies (typologies or classification schemes can be useful aids in identifying the theories and concepts and eventually developing a theory); Develop concepts and theoretical propositions; Read the literature. Once everything is ready, it is essential to take cognizance of the existing literature and of those theoretical frameworks that are pertinent to the investigation (Schurink et al, 1992). While not all steps mentioned above were used in the present investigation, these guidelines were used as a broad framework for analysing the data. This process was followed until the emerging findings were saturated.

### **Results**

There were a total of 35 cases identified by the Department of Forensic Medicine during the specified time period. The total number of victims in these 35 HS cases amounted to 43 homicides. Additional qualitative information could be obtained for 26 of the 35 cases. Both quantitative and qualitative findings are given below.

### Homicide-suicide details

The mean age of the perpetrators was 38.6 years (ranging from 24 to 73). In eight of the cases, the perpetrators' employment required them to carry firearms (e.g., SAPS/ security services) and seven of the perpetrators were unemployed. The most common method of homicide was shooting, used in 25 of the 43 homicide cases (58.1%). Other homicide methods used included stabbing in seven cases (16.3%), blunt force trauma in five cases (11.6%), strangulation in four cases (9.3%), and poisoning in two cases (4.7%). Shooting was also the most common method of committing suicide and was used in 20 cases (57.1%). Other suicide methods included 10 cases of hanging (28.6%), two cases of poisoning (5.7%), and one case each (2.9%) of stabbing, gassing and jumping in front of a train. The HS classifications that we found in our study are summarized in Table 1 and included: Intimate-possessive, Filicide-suicide, Familicidesuicide, Extrafamilial homicide-suicide, and Familial-psychotic (Knoll, 2016). In our study, there were only three female perpetrators, and in all three cases, they killed their children. The one extrafamilial case in our study, where the victim was not a partner or family member, followed the pattern that has been described as adversarial HS and involved a disgruntled individual (Large, Smith & Nielssen, 2009). In

five cases, there were multiple victims. The mean age for the victims was 26.0 years, with an age range of five months to 72 years. Of the total number of victims, nine were male and 34 female.

#### **Psychiatric factors**

A psychiatric diagnosis was made in 15 (42.9%) of the total 35 cases, or 58% of the 26 cases where psychological autopsies were performed. A mood disorder-related diagnosis was made in nine (34.6%) of the perpetrators. The specific mood disorder diagnoses included major depressive disorder and adjustment disorder with depressed mood. In three of the cases of adjustment disorder with depressed mood, the diagnosis was related to a diagnosis of HIV. According to the available information, only two of the perpetrators were receiving antidepressant treatment at the time of the incident. Co-morbid diagnoses were common with the mood disorders and included alcohol and substance use disorders, and personality disorders/traits. We identified six individuals with traits suggestive of different types of personality disorders (23.1%). Seven (26.9%) of the perpetrators had a substance- or alcohol-related disorder diagnosis. In the present study, only one perpetrator was diagnosed with a psychotic disorder, specifically Othello Syndrome or delusional jealously. Refer to Table 2 for a summary of the psychiatric diagnoses made.

#### **Psychosocial and other factors**

In the available literature, it has been suggested that the identification of other variables associated with violence should be included in future research. Other aspects enquired about in the current study included relationship problems, infidelity, recent or pending separation, domestic violence, financial/work-related stressors, and physical illness, and are summarized in Table 3. Evidence of planning was also enquired about and was found to be present in 12 (46.1%) cases. These included acts such as the purchase of a firearm/ poison, leaving letters/notes, doing internet searches for methods of killing, and telling people about intentions or making threats. Of the 43 victims five (11.6%) were in possession of protection orders prior to the HS incident (Domestic Violence Act 116, 1998). Of all the family members interviewed, only four reported that they received some form of professional support, counselling or treatment after the HS. All the people that were interviewed were offered psychiatric/ psychological treatment as indicated. Most people declined the offer, but referrals were arranged in four cases. SAPS members indicated that counselling services are made available to them, but that they seldom make use of the facility. None of the SAPS investigators accepted offers for referrals for psychiatric assessment and treatment.

### Discussion

The motivation for suicide is determined by a set of complex dynamics, and HS is even more bewildering (Bell et al., 2010). These events are multifactorial in nature and motivations are very complex. In a recent editorial, it was stated that perhaps it is finally time to acknowledge that rare events such as suicide, as much as we may wish to prevent them, are impossible to predict with a degree of accuracy that is clinically meaningful (Mulder, Newton-Howes & Coid, 2016). The same may apply to HS incidents, although it may be possible to identify risk factors associated with HS incidents. As was shown in the present study and in previous research, precipitating factors can be delineated that might assist in the reduction of the number of incidents (Flynn, Gask, Appleby & Shaw, 2016). Another

study has shown that about three out of ten HS cases might have been prevented if intervention had taken place for suicide or homicide-suicide threats, or if the perpetrator had received treatment for alcohol use problems (Saleva, Putkonen, Kiviruusu & Lönnqvist, 2006). In the present study, personality disorder or traits of personality disorders and substance use disorders in depressed patients played a prominent role. In five of the nine perpetrators diagnosed with a mood disorder, sexual infidelity was implicated. We also found that the breakdown of an intimate relationship, with a recent or pending separation, was the most common apparent contributing factor to HS (Felthous & Hempel, 1995; Flynn et al., 2016). The personality traits identified were varied and, as was the case in a previous study, we could not identify a specific personality trait as a risk factor (Knoll & Hatter-Friedman, 2015). The one perpetrator who was diagnosed with Othello Syndrome had comorbid psychiatric diagnoses, including a depressive disorder, post-traumatic stress disorder, and opioid use disorder. Othello Syndrome is a psychiatric condition in which the degree of jealousy and/or belief of infidelity of one's spouse reach delusional intensity (Enoch and Trethowan, 1979). Othello syndrome can be in part subsumed in the diagnostic nomenclature set forth by DSM-5 under the diagnosis of delusional disorder, jealous type (American Psychiatric Association, 2013). The DSM-5 category of delusional disorder, jealous type covers only a portion of individuals suffering from Othello syndrome. The Othello syndrome may also be found as part of the symptom complex of other functional psychoses, such as schizophrenia or mood disorders with psychotic features (Enoch et al., 1979, Shepherd, 1961). Organic factors have been implicated as the casual agent that the more accurate diagnosis is organic delusional disorder (Cummings, 1985). From the aforementioned Othello syndrome is not seen as a distinct nosological entity. In the present study, the perpetrator's psychotic disorder may have been linked to his opioid use disorder. The frequently observed co-occurrence of alcohol use disorders in Othello Syndrome patients has suggested a possible link between the two conditions. (Todd & Dewhurst, 1955; Shrestha, Rees, Rix, Hore & Faragher, 1985). Othello syndrome patients often harbour hostility towards others, secondary to the delusional jealousy (Leong et al, 1994). Such hostility may escalate to serious physical violence, including homicide, as in the case of the perpetrator with Othello Syndrome (Shepherd, 1961). The Domestic Violence Act (1998) in South Africa includes the regulation of protection orders as a means to control domestic violence and if a protection order is in place it could reflect on the seriousness of the threats of violence. In 2015 Govender made the conclusions that the SAPS response to allegations of domestic violence is unprofessional and ineffective. It was reported that this often results in under reporting of domestic violence crimes. Patriarchal norms still dominate family relationships, giving rise to domestic violence and recidivists commit many of the domestic violence crimes. The SAPS should act more decisively and consistently to move towards dealing with the perpetrators of domestic violence (Govender, 2015). It was reported that in 2009 approximately one in 20 of the women killed by their intimate partners in South Africa were in possession of a protection order (Vetten, 2017). In the present study five of the victims had protection orders against the perpetrators. It was also found that despite the presence of relationship problems and even protection orders, family and friends usually find the HS completely unexpected, as reflected in these statements made by participants: "I saw her almost every day and never imagined that something like this could happen," and, "We can't accept this. We were not expecting such a thing. "The effects of HS were also evident in family and

friends who struggled to make sense of the driving forces behind such an act. The statements they made included: "It was pure evil, pure selfishness. We are so confused."; "I don't accept that being depressed is sufficient cause to do what he did. I think a lot of it was jealousy."; "The way he did it, that says to me that there was some kind of hatred there."; "It is so unreal that he died in this way. It is very difficult for us."; "He wanted her to be in his sight all the time. He was very jealous and possessive. He was obsessed with her." These cases also adversely affected some of the members of the SAPS who were investigating them. In some instances, they knew the people involved from the community, or as colleagues, making it even more traumatic for them. Some statements by them were: "I went through hell and do not want to be reminded of it. I do not want to talk about this," and, "It is one of those cases that sticks with you. It kept on coming back". A study done on family murders in South Africa concluded that mood disorders with suicide ideations constitute an important psychiatric factor in the aetiology of family murder. (Roos, Beyers & Visser, 1992). This psychiatric factor in interplay with certain personality traits and stressors sets the scene for a family murder to take place. The results of the family murder study indicated that it is very important for a psychiatrist treating a depressed patient to enquire not only about suicidal thoughts, but also to explore homicidal thoughts and intentions directed towards close relatives, particularly if there are vulnerable potential victims, such as young children (Olivier et al., 1991; Roos, Beyers & Visser, 1992). It must also be kept in mind that, as reflected in our findings and the available literature, men are consistently shown as the most frequent perpetrators, who mostly kill their female partners, or in a few cases their whole family, before killing themselves. Young children are the second most frequent homicide victims (Eliason, 2009; Flynn et al., 2016, Lecomte & Fornes, 1998). The most common methods used to commit homicide in this study, as well as the finding that the perpetrators mostly use the same method to commit suicide, were consistent with the available literature (Large et al., 2009; Saint-Martin, Bouyssy & O'Byrne, 2006). Shooting is the most frequently used method of both homicide and suicide in most Western countries (almost 90% of all cases in the United States) (Eliason, 2009). In China and Japan, the most frequent methods used are strangulation/hanging and stabbing (Chan et al., 2003; Satoh & Osawa, 2016). Cross-national differences in the availability of firearms may explain international variations of homicide-suicide rates and patterns, and restricted access to guns may be one of the most potent ways to prevent HS and other lethal intentional violence (Liem, Barber, Markwalder, Killias & Nieuwbeerta, 2011; Malphurs et al., 2001). Qualitative research is an intricate and complex process during which several decisions and steps are typically taken simultaneously. A full account of this multifaceted enterprise was not possible in the method section. While many factors have obviously threatened the results of the current study, the researchers feel sure that at least the major observer effects were sufficiently covered, and that the data collected did in fact have a high degree of validity. While the present study cannot offer an exhaustive description of the phenomenon of homicide-suicide as it manifests in the Gauteng region of South Africa, it does represent a relatively extensive study of 35 authentic cases of homicide-suicide.

#### **Clinical implications**

In the management of patients with mood disorders, primary care physicians, psychiatrists and psychologists must not only enquire about suicidal ideation, they must also explore homicidal thoughts and intentions directed towards close relatives, particularly if there are vulnerable potential victims, such as young children. Physicians cannot be expected to prevent homicide-suicide directly, but they can reduce risk generally if they treat depression and recognize the risks associated with domestic violence (Flynn et al., 2016). Psychotic disorders did not feature prominently among psychiatric diagnostic entities. Physicians must be aware that delusional jealousy (Othello Syndrome), often raises significant forensic issues, particularly dangerousness. In cases of Othello Syndrome in which organic factors (including substance use disorders) played a significant role, physicians must be even more aware of dangerousness directed towards the person involved in the delusional jealousy (Leong et al., 1994). According to the Domestic Violence Act, No 116 of 1998, victims of domestic violence have the right to apply for a protection order from the SA courts. Physicians should be aware that in certain cases where protection orders have been granted, it may create a false sense of security. The present study showed that the perpetrators committed suicide-homicide in spite of protection orders being in place. While the Act emphasizes the importance of affording victims of domestic violence maximum protection, it fails to safeguard the state against litigation resulting from the unlawful conduct of the police. This lacuna can be avoided if police are properly trained in such matters, particularly when to detain. It is, therefore, doubtful whether the Act is the solution to domestic violence in South Africa (Sibisi, 2016). We will never be able to prevent all cases of homicide-suicide. There will always be family, friends and other contacts of the perpetrators who may be traumatized after these events. All members of the multi-professional psychiatric team have a role to play in the initial management and rehabilitation of these people. Members of police services and emergency personnel must also be kept in mind. The psychiatric management of members of the SAPS does not seem to be working, and other measures should be put in place.

#### Limitations

The study was conducted on a small, regional sample that limits the extension of the results to other areas. That being said, most of the findings, including the perpetrator and victim profiles and HS methods were in keeping with those of other studies that included national data and used other research methods. (Chan, Beh & Broadhurst, 2003; Felthous & Hempel, 1995; Lecomte & Fornes, 1998; Milroy, Dratsas & Ranson, 1997; Shiferaw, Burkhardt, Lardi, Mangin & La Harpe, 2010). Retrospectively, post-mortem analysis can introduce bias, but because the parties involved with the HS are deceased, information is limited and difficult to obtain. Triangulation was used to limit the introduction of bias and to ensure the validity of the data. Only psychiatrists with at least five years' experience in forensic psychiatric assessments made the psychiatric diagnoses in this study, but independent reviews of the cases and additional independent interviews that could have ensured better reliability were not done. Psychological autopsies could not be performed in all the HS cases and the number of psychiatric diagnoses made may have been higher if collateral information could have been obtained in all cases. Some reasons why psychological autopsies could not be performed in all the cases were difficulties in contacting the SAPS investigating officers involved with certain cases (because of transfers, etc.) and emotional difficulties in survivors and investigating officers that made them reluctant to participate in the research. Even in cases where additional information was obtained through interviews, it remained difficult to determine a perpetrator's

mental state at the time of the HS incident. For these reasons, no causal relationship could be established and at most we could identify risk factors and other contributing/precipitating factors that play roles in HS. As the accuracy of determination of motive in the Knoll (2016) classification of HS may remain problematic in certain cases, this may be seen as a limitation in the study.

#### **Conclusions**

Although it is unrealistic to expect mental health and general health care practitioners to prevent HS, the identification of precipitating factors and high-risk individuals can assist in reducing the number of incidents. Our study found that early recognition and effective treatment of psychiatric illness, particularly depression and substance use problems, in people experiencing relationship issues (with pending/recent separations) and financial stressors, should be an essential component in the prevention of HS incidents. Improvements in service delivery will have to focus on direct questioning about these issues, as well as suicidal and homicidal ideations. The establishment of a nation-wide system to collect data, with a special register of such cases, will assist future research into this phenomenon. The other area that needs urgent attention and where service delivery will have to be improved on a national basis is the availability of support and treatment for SAPS investigators and surviving family and friends. Their overall well-being should be addressed through meaningful social support and effective medical care. It will never be possible to prevent all HS cases, but medical, mental health and social service professionals have a definite role to play in offering comfort, support and treatment to all those who remain behind after these events.

#### References

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing. Bell, C. C., Dominica, F., & McBride, F. (2010). Commentary: Homicide-suicide in older adults — cultural and contextual perspectives. Journal of the American Academy of Psychiatry and the Law, 38, 312-317. Retrieved from http://jaapl.org/content/38/3/312.long.

Bossarte, R., Simon T., & Barker L. (2006). Characteristics of homicide followed by suicide incidents in multiple states, 2003-2004. Injury Prevention, 12, 330-8. Botello, T. E., Weinberger, L. A., & Gross, B. H. (2003). Psychological autopsy. In R. Rosner (2nd ed.), Principles and Practice of Forensic Psychiatry (pp. 89-94). Boca Raton FL. CRC Press. Chan, C., Beh, S., & Broadhurst, R. (2003). Homicide-suicide in Hong Kong, 1989- 1998. Forensic Science International, 137(2-3), 165-171. doi:10.1016/s0379 0738(03)00350-5. Cleave, C. (2008). The Other Hand. London, England: Hodder & Soughton. Cohen, D., Llorente, M., & Eisdorfer, C. (1998). Homicide-suicide in older persons. The American Journal of Psychiatry, 155, 390-396. doi: 10.1176/ajp.155.3.390. Coid, J. (1983). The epidemiology of abnormal homicide and murder followed by suicide. Psychological Medicine, 13, 855-860. doi: 10.1017/S0033291700051576. Conner, K. R., Beautrais, A. L., Brent D. A., Conwell, Y., Phillips, M. R., & Schneider, B. (2011). The next generation of psychological autopsy studies. Part I Interview consent. Suicide and Life-Threatening Behavior, 41(6), 594-613. Cummings, J. L. (1985). Organic delusions: Phenomenology, anatomical correlations and review. British Journal of Psychiatry, 146, 184-197.

Domestic Violence Act 116 of 1998. Government Gazette Vol. 402. No. 19537. Cape Town. Retrieved from https://www.gov.za/sites/www.gov.za/files/a116-98\_0.pdf. Eliason, S. (2009). Murder-suicide: A review of the recent literature. Journal of the American Academy of Psychiatry and the Law, 37, 371-376, Retrieved from http://jaapl.org/content/37/3/371.long. Enoch, M. D., & Trethowan, W. H. (1979). Uncommon Psychiatric Syndromes (2nd ed.). Bristol, England: John Wright and Sons. Felthous, A. R., & Hempel, A. (1995). Combined homicide-suicides: a review. Journal of Forensic Sciences, 40, 846-57, doi: 10,1520/JFS15396J, Flynn, S., Gask, L., Appleby, L., & Shaw, J. (2016). Homicide-suicide and the role of mental disorder: a national consecutive case series. Social Psychiatry and Psychiatric Epidemiology, 51, 877-884. doi: 10/1007/s00127-016-1209-4. Goranson, A., Boehnlein, J., & Drummond, D. (2012). Commentary: A homicide-suicide assessment model. Journal of the American Academy of Psychiatry and the Law, 40, 472-475. Retrived from http://jaapl.org/content/40/4/472.long. Govender, D. (2015). Is domestic violence being policed in South Africa?. Acta Crim: SAJ of Criminology. 28(2), 32-46. Retrieved from https://hdl.handle.net/10520/EJC185959, Jena, S., Mountany, L., &

Muller, A. (2009). A demographic study of homicide-suicide in the Pretoria region over a 5 year period. Journal of Forensic and Legal Medicine, 16, 261-265. doi: 10.1016/i.iflm.2008.12.009. Knoll, J. L. (2016). Understanding homicide-suicide. Psychiatric Clinics of North America, 39(4), 633-647. doi:

http://dx.doi.org/10.1016?j.psc.2016.07.009. Knoll, J. L., & Hatters-Friedman, S. (2015). The homicide-suicide phenomenon: Findings of psychological autopsies Journal of Forensic Science, 60, 1253-1257. doi: 10.1111/1556-4029.12819. Large, M., Smith, G., & Nielsen, O. (2009). The epidemiology of homicide followed by suicide: A systematic and quantitative review. Suicide and Life-Threatening Behavior, 39, 294-306. Lecomte, D., & Fornes, P. (1998). Homicide followed by suicide: Paris and its suburbs, 1991-1996. Journal of Forensic Science, 43, 760-4. doi: 10.1177/1088767907306993. Leong, G. B., Silva, J. A., Garza-Trevi o, E. S., Olivia, D., Ferrari, M. M., Komanduri, R. V., & Cadwell J. C. B. (1994). The dangerousness of persons with Othello Syndrome. Journal of Forensic Sciences, 39(6), 1445-1454. Liem, M. (2010). Homicide followed by suicide: A review. Aggression and Violent Behavior, 15, 153-161. doi: 10.1016/j.avb.2009.10.001. Liem, M., Barder, C., Markwalder, N., Killias, M., & Nieuwbeerta, P. (2011), Homicide-suicide and other violent deaths: An international comparison. Forensic Science International, 207, 70-76. doi: 10.1016/j. forsciint.2010.09.003. Malphurs, J. E., Eisdorfer, C., & Cohen, D. (2001). A comparison of antecedents of homicide-suicide and suicide in older married men. The American Journal of Geriatric Psychiatry, 9, 49-57. doi: 10.1097/00019442-200102000-00008. Marzuk, P. M., Tardif, K., & Hirsch, C. S. (1992). The epidemiology of murder-suicide, JAMA, 267, 3179-3183. doi: 10.1001/jama.1992.03480230071031. Milroy, C. M., Dratsas, M., & Ranson, D. L. (1997). Homicide-suicide in Victoria, Australia. The American Journal of Forensic Medicine and Pathology, 18, 369-373. doi: 10.1097/00000433-199712000-00011. Mulder, R., Newton-Howes, G., & Coid, J. W. (2016). The futility of risk prediction in psychiatry. The British Journal of Psychiatry, 209, 271-272, doi: 10.1192/bjp.bp.116.184960, Olivier, L., De Jongh van Arkel, J. T., Marchetti M. C., Roos, J. L., Schurink, E. M., Schurink, W. L., & Visser, M. J. (1991). The phenomenon of family murder in South Africa: An exploratory study. (1st ed). Pretoria SA. HSRC Press. Roberts, K., Wassenaar, D., Canetto, S. S., & Pillay, A. (2009). Homicide-suicide in Durban, South Africa. Journal of Interpersonal Violence, 25(5), 877-899. doi: 10.1177/0886260509336964. Roma. P., Pazzelli, F., Pompili, M., Lester, D., Girardi, P., & Ferracuti, S. (2012). Mental illness in homicide-suicide: A review. Journal of the American Academy of Psychiatry and the Law, 40, 462-468. http://jaapl.org/content/40/4/462.long. Roos, J. L., Beyers, D., & Visser, M. J. (1992). Family murder: Psychiatric and psychological causes. Geneeskunde, 34, 25-30. Roos, J. L., & Bodemer, W. (1989). Psychiatric aspects of family murder. South African Medical Journal, 75, 121-123. Rosenbaum, M. (1990).

The role of depression in couples involved in murder-suicide and homicide. The American Journal of Psychiatry, 147, 1036-1039. doi: doi.org/10.1176/ajp.147.8.1036. Rosenbaum, M., & Bennett, B. (1986). Homicide and depression. The American Journal of Psychiatry. 143, 367-370. doi: http://dx.doi.org/10.1176/ajp.143.3.367. Saint-Martin, P., Bouyssy, M., & O'Byrne, P. (2008). Homicide-suicide in Tours, France 2000-2005) - description of 10 cases and a review of the literature. Journal of Forensic and Legal Medicine, 15, 104-109. doi: 10.1016/j.jflm.2007.03.006. Saleva, O., Putkonen, H., Kiviruusu, O., & Lönngvist, J. (2006). Homicide-suicide: An event hard to prevent and separate from homicide or suicide. Forensic Science International, 166, 204-208. doi: 10.1016/j.forsciint.2006.05.032. Satoh, F., & Osawa, M. (2016). Trend of homicide-suicide in Kanagawa Prefecture (Japan): Comparison with western countries. Medicine, Science and the Law, 56, 258-263. doi: 10.1177/0025802416668769.

Schurink, W. J., De Jongh van Arkel, J. T., & Roos, J. L. (1992). Methodological account of the execution of qualitative methods in the family murder study. Geneeskunde, 34(8), 13-24. Scott, C. L., Swartz, E., & Warburton, D. O. (2006). The psychological autopsy: Solving the mysteries of death. Psychiatric Clinics of North America, 29, 805-822. doi: 10.1016/j.psc.2006.04.003. Shepherd, M. (1961). Morbid iealousy: Some clinical and social aspects of a psychiatric symptom. Journal of Mental Science, 107, 687-704. Shiferaw, K., Burkhardt, S., Lardi, C., Mangin, P., & La Harpe, R. (2010). A half-century retrospective study of homicide-suicide in Geneva - Switzerland: 1956 - 2005. Journal of Forensic and Legal Medicine, 17, 62-66. doi: 10/1016/i.ifml.2009.09.003. Shneidman, E. S. (1969). Suicide, lethality and the psychological autopsy. International Psychiatric Clinics, 6, 225-250. Shneidman, E. S. (1981). The psychological autopsy. Suicide and Life-Threatening Behavior, 11, 325-340. Shrestha, K., Rees, D. W., Rix, K. J. B., Hore, B. D., & Faragher, E. G. (1985). Sexual jealousy in alcoholics. Acta Psychiatrica Scandinavica, 72, 283-290, Sibisi, S. (2016), Understanding certain provisions of the Domestic Violence Act: A practitioner's perspective. De Rebus. 563. Retrieved from http://www.derebus.org.za/wp-content/uploads/2016/04/DR\_May\_2016.pdf. Sussman, P., & Kotzé, C. (2013). Psychiatric features in perpetrators of homicide unsuccessful-suicide at Weskoppies Hospital in a 5-year period. South African Journal of Psvchiatrv. 19, 15-18, doi: 10,7196/SAJP.384, Todd, J., & Dewhurst, K. (1955), The Othello Syndrome: A study in the psychopathology of sexual jealousy. Journal of Nervous and Mental Disease, 122(4), 367-374. Vetten, L. (2017). Police accountability and the Comestic Violence Act 1998. SA Crime Quarterly. 59. 7-18. doi:10.17159/2413-3108/2017/v0n59a1690.



#### TRANSFER OF COPYRIGHT AGREEMENT

The transfer of copyright from author to publisher must be clearly stated in writing to enable the publisher to assure maxim dissemination of the author's work. Therefore, the following agreement, executed and signed by the author, is required we each manuscript submission. (If the article is a "work made for hire" it must be signed by the employer.)

ne article entitled <u>Perental Religional Control Control South Religion</u> Son Normal Society Control Son Normal Control Control

is berewith submitted for publication in
It has not been published before, and it is not under consideration for publication in any other journals. It contains no matter
that is scandalous, obscene, libelous, or otherwise contrary to law. When the article is accepted for publication, It as
the author (U.S. Government employees: see bottom of page), hereby agree to transfer to Taylor & Francis all rights, including
those pertaining to electronic forms and transmissions, under existing copyright laws, except for the following, which the
author(s) specifically retain(s):

1.The right to make further copies of all or part of the published article for my use in classroom teaching or for any 2.The right to reuse all or part of this material in a compilation of my own works or in a textbook of which I am the 3.The right to make copies of the published work for internal distribution within the institution that employs me.

I agree that copies made under these circumstances will continue to carry the copyright notice that appeared in the original published work. I agree to inform my co-authors, if any, of the above terms. I certify that I have obtained written permission for the use of text, tables, and/or illustrations from any copyrighted source(s), and I agree to supply such written permission(s) to Taylor & Francisation request.

(2) Signature and date

(2) Signature and date

(2) Copyright notice that appeared in the original published work. I agree to supply such written permission(s) to Taylor & Francisation request.

(2) Signature and date

(2) Copyright notice that appeared in the original published work. I agree to supply such written permission(s) to Taylor & Francisation request.

(1)Institution or company (if appropriate)

(2)Signature and date Profit I. 1205
(2)Name and title Psychial Ly Univ of Preform (2)Institutionfor company of appropriate)

Government Copyright

Tecrify that the above article has been written in the course of the author's employment by the United States Government, so that it is not subject to U.S. copyright laws, or that it has been written in the course of the author's employment by the United Kingdom Government (Crown Copyright).

Signature

#### Note to U.S. Government Employees:

- If the above article was not prepared as part of the employee's duties, it is not a U.S. Government work.

  If the above article was prepared jointly, and any co-author is not a U.S. Government employee, it is not a U.S. Government employee, it is not a U.S. Government employee.
- ment work.

## Obituary Professor Bongani Mayosi



Professor Bongani Mayosi, a towering giant of medicine and one of the foremost physicians of the 21st century who was a winner of several prestigious awards. Professor Mayosi made significant contributions to health care and medical research globally. Yet, what sets him apart is his humanity, humility, selflessness and the passion to help the most vulnerable of society and this is certainly one of his most far reaching legacy.

Professor Mayosi, has been a key figure in the Colleges of Medicine of South Africa (CMSA) and played a central role in ensuring that we have fair, high quality, peer reviewed assessments. In addition, his multiple key roles(UCT, HPCSA, NRF, ASSAF,etc) saw him pioneering several grants and programs that advanced scholarship and equity. His commitment to excellence for all gave birth to the national professional exam(single exit exam). Recently, when he delivered an oration titled 'Make your mark on health care' at the CMSA Admission Ceremony on the 27th of October 2016, Professor Bongani Mayosi said;

"I have had the pleasure to serve the College in various capacities between 2002 and 2014, first as an Honorary Registrar and President of the College of Physicians — and for the privilege to convene the Golden Jubilee celebrations in 2005. We can all be proud of the College as an institution that is world renown that plays a central role in maintaining the high standard of specialist medicine in South Africa. I encourage all graduands and diplomates not only to pay their annual membership fees for the rest of your life, but also to take up roles as examiners and committee members in your College. The future of the institution depends on you."

He went to say: "It is not enough to take the consultant post and continue where your predecessor left off. Each one of us were created to make a special contribution to the world. The next hill to climb is how this can be realised in your own life so that you can transform the lives of others."

The CMSA is proud to be part of his legacy and we as a fraternity have been robbed of the best embodiment of black excellence. We grieve with the Mayosi family, friends and colleagues.

The Mayosi legacy is profound and enduring his name will always stand and invoke inspiration of medicine, excellence and scholarship. Professor Mayosi was one of the the few who had the greatness to bend the history of our generation.

Lala ngoxolo qhawe!

Professor Mike Sathekge (CMSA President), Professor Johan Fagan (CMSA Senior Vice President), Professor Flavia Senkubuge (CMSA Junior Vice President), Professor B Gerhard Lindeque (CMSA Immediate Past President).

#### **MAURICE WEINBREN AWARD IN RADIOLOGY**

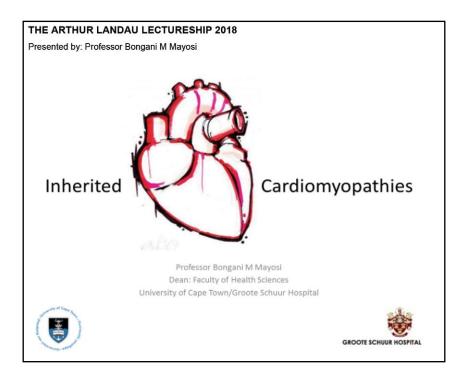
The award, which consists of a Medal and Certificate, is offered annually (in respect of a calendar year) by the Senate of The Colleges of Medicine of South Africa for a paper of sufficient merit dealing either with radiodiagnosis, radiotherapy, nuclear medicine or diagnostic ultrasound.

The closing date is 15 January 2019

The guidelines
pertaining to the award
can be requested from:
Mrs Evelyn Chetty
Tel +27 31 261 8213
Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

# The Arthur Landau Lectureship "Recent Advances on the Genetics of Cardiomyopathy" Presented by the late: Professor Bongani Mayosi



#### **HCM**

Hypertrophic cardiomyopathy is the most common inherited cardiac disease, autosomal dominant inheritance

- Echocardiographic population studies disease prevalence 1:500
- Genetic population studies estimated gene carrier prevalence 1:200

HCM is characterized by <u>inappropriate myocardial hypertrophy</u> (thickening), which develops in the <u>absence of pressure overload or infiltration</u>

- classically affects the interventricular septum causing LV outflow tract obstruction
- may be apical, segmental or concentric

MUST EXCLUDE LOADING CONDITIONS SUCH AS HYPERTENSION AND AORTIC STENOSIS

Cahill et al. Circ Res. 2013;113:660-675 Semsarian, C. Maron, BJ. JACC 2015;65:1249-54 Images: Hershberger et al. Nat.Rev.Cardiol. 2013. 10,531-547

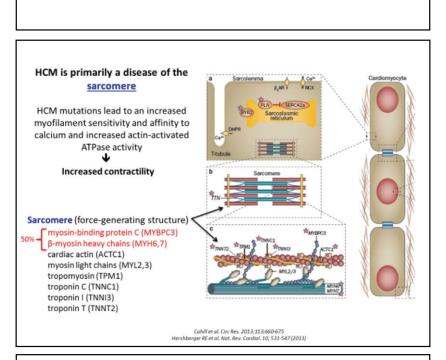


#### HCM - clinical

- Asymptomatic (majority)
- Sudden cardiac death (SCD)
- Arrhythmias
  - Ventricular tachycardia → palpitations, dizziness, syncope (black-out), SCD

Scar tissue

- Atrial fibrillation → palpitations, worsening heart failure, stroke
- Heart failure (20%)



#### **HCM**

In South Africa:

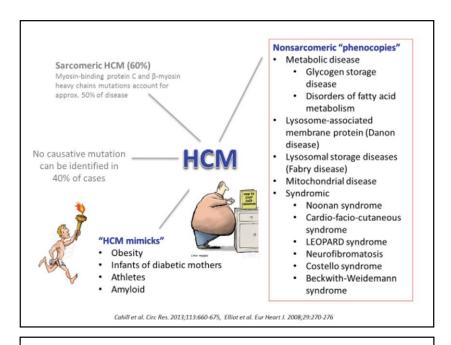
Three founder mutations have been found in 45% of genotyped patients of European and mixed ancestry

Am. J. Hum. Genet. 65:1308-1320, 1999

The Origins of Hypertrophic Cardiomyopathy-Causing Mutations in Two South African Subpopulations: A Unique Profile of Both Independent and Founder Events

Johanna C. Moolman-Smook, Willem J. De Lange, Eduard C. D. Bruwer, Paul A. Brink, and Valerie A. Corfield  $^{\rm I}$ 

The genetic, epigenetic and environmental modifiers of the HCM phenotype are still not well understood



#### Prognosis in HCM

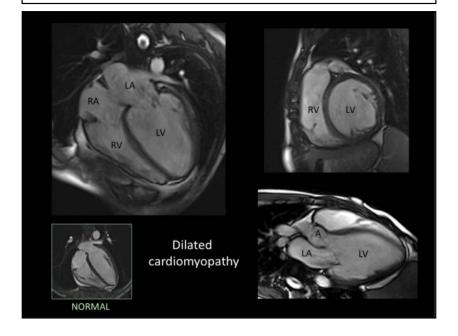
- Early tertiary referral cohorts reported mortality at 3-6% per year (biased data due to skewed patient referral patterns)
- Pre-ICD era mortality estimated at 1.5% per year
- "This disease has evolved from a grim and largely untreatable condition to a treatable disorder associated with a normal or nearly normal life expectancy in most patients" Paulo Spirito (JACC 2015:65;1929)

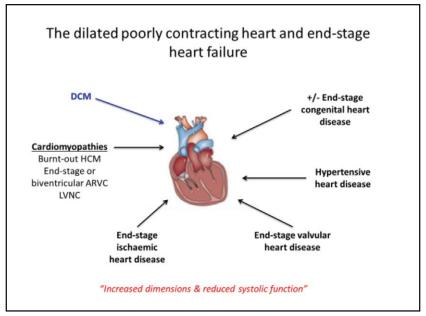


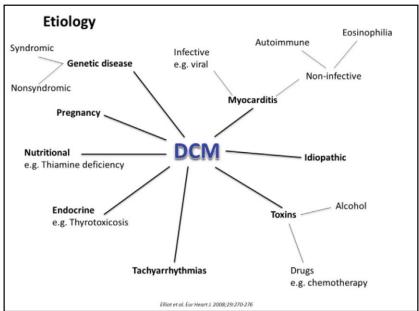


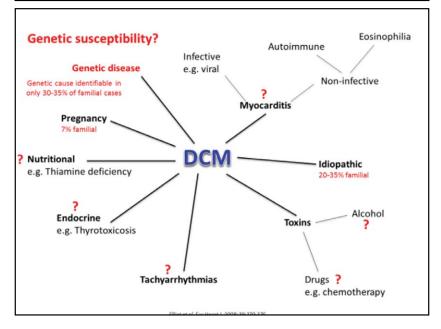
Mortality 0.5% per year

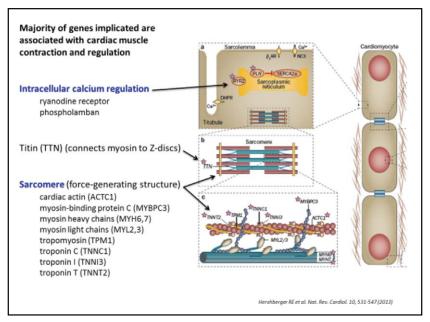
Barry J. Maron, MD, \* Ethan J. Rowin, MD,† Susan A. Casey, RN,\* Mark S. Link, MD,† John R. Lesser, MD,\* Raymond H.M. Chan, MD, MPH,† Ross F. Garberich, MS,\* James E. Udelson, MD,† Martin S. Maron, MD†

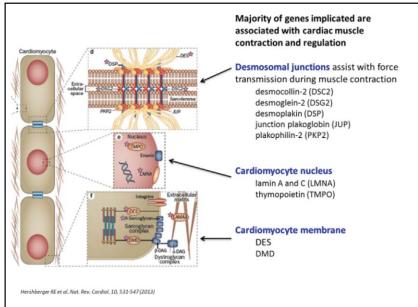


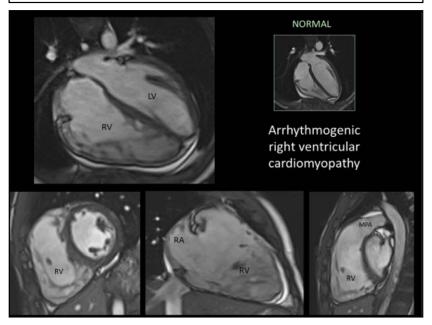












#### **ARVC**

Arrhythmogenic right ventricular cardiomyopathy is characterized by progressive fibrofatty replacement of the ventricular myocardium, leading to:

- Arrhythmia
- Sudden cardiac death
- Heart failure (10-20%)



It is classically described as a disease of the right ventricle, but left ventricular involvement is increasingly recognized

Familial in > 50% of cases

- Autosomal-dominantly inherited in majority of cases
- Two autosomal recessive forms cardiocutaneous disorders (Naxos disease and Carvajal syndrome)

Prevalence estimated 1/1000 - 1/5000

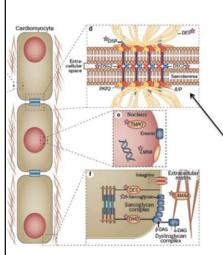


Cahill et al. Circ Res. 2013;113:660-675, Elliot et al. Eur Heart J. 2008;29:270-276

#### ARVC - diagnostic difficulties

- Definitive identification of the diseased phenotype is difficult
- Low penetrance
- A "concealed" phase, with arrhythmogenic features, typically precedes overt cardiomyopathy
- A malignant arrhythmia leading to sudden cardiac death, may be the first manifestation of disease
- Diagnosis relies on fulfillment of Task Force Criteria
- A disease-causing mutation found in approximately 50% (variation between
- Sport can result in progression of disease

Cabill et al. Circ Res. 2013:113:660-675



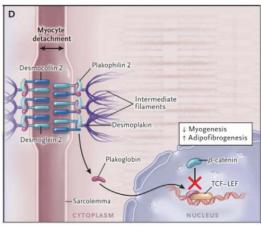
ARVC has emerged genetically as the "disease of the desmosome"

Mutations in PKP2 are the most common genetic cause of ARVC (9-43% of cases across series)

Desmosomal junctions assist with force transmission during muscle contraction desmocollin-2 (DSC2) desmoglein-2 (DSG2) desmoplakin (DSP) junction plakoglobin (JUP) plakophilin-2 (PKP2)

ershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

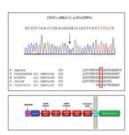
#### "Disease of the desmosome"

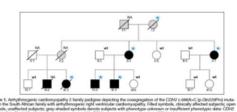


#### **Original Article**

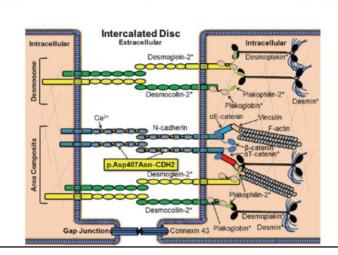
#### Identification of Cadherin 2 (CDH2) Mutations in Arrhythmogenic Right Ventricular Cardiomyopathy

Bongani M. Mayosi, MB, ChB, DPhil; Maryam Fish, PhD; Gasnat Shaboodien, PhD; Elisa Mastantuono, MD; Sarah Kraus, MB, ChB; Thomas Wieland, MSe; Maria-Christina Kotta, PhD; Ashley Chin, MPhil; Nakita Laing, MSc; Ntobeko B.A. Ntusi, DPhil; Michael Chong, MSe; Christopher Horsfall, MB, ChB; Simon N. Pimstone, MB, ChB, PhD; Davide Gentilini, PhD; Gianfranco Parati, MD; Tim-Matthias Strom, MD; Thomas Meitinger, MD; Guillaume Pare, MD; Peter J. Schwartz, MD, PhD; Lia Crotti, MD, PhD





Post CDH2: ARVC is a disease of the area composita



#### Clinical features, survival experience, and profile of plakophylin-2 gene mutations in participants of the Arrhythmogenic Right Ventricular Cardiomyopathy Registry of South Africa

David A. Watkins, BSc,\*<sup>†</sup> Neil Hendricks, MBChB,<sup>†</sup> Gasnat Shaboodien, PhD,\* Mzwandile Mbele, Msc,\* Michelle Parker, Msc,\* Brian Z. Vezi, MBChB,<sup>†</sup> Azeem Latib, MBBCh,<sup>†</sup> Ashley Chin, MBChB,<sup>†</sup> Francesca Little, PhD,<sup>‡</sup> Motasim Badri, PhD,<sup>†</sup> Johanna C. Moolman-Smook, PhD,\*<sup>¶</sup> Andrzej Okreglicki, MBChB, MMed,<sup>†</sup> Bongani M. Mayosi, MBChB, DPhil,\*<sup>†</sup> for the ARVC Registry of the Cardiac Arrhythmia Society of Southern Africa (CASSA)

From the "Cardiovascular Genetics Laboratory, Hatter Institute for Cardiovascular Research, Department of Medicine, Groote Schuur Hospital and University of Cape Town, Cape Town, South Africa, 'The Cardiac Clinic, Department of Medicine, Groote Schuur Hospital and University of Cape Town, Cape Town, South Africa, 'Department of Statistical Sciences, University of Cape Town, Cape Town, South Africa, and 'MRC/US Centre for Molecular and Cellular Biology, University of Stellenbosch Health Sciences Faculty, Tygerberg, South Africa.

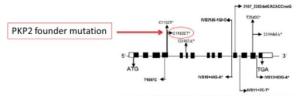
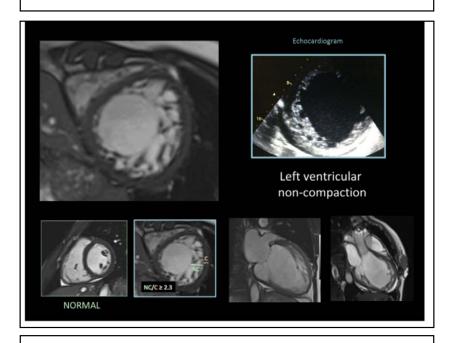


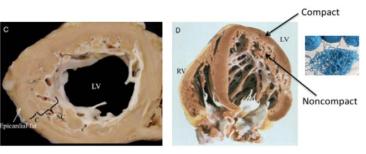
Figure 2 Schematic representation of the PKP2 mutations found is study. Black boxes indicate the 14 exons of the PKP2 gene. Dis-causing mutations are shown above the exons and polymorphism shown below. \*Mutations have not been previously reported.

Watkins et al. Heart Rhythm 2009;6:S10 -S17



#### LVNC

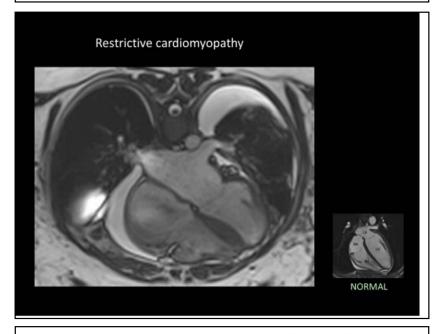
Isolated left ventricular noncompaction (LVNC) is a genetically heterogenous disease characterised by prominent myocardial trabeculations and deep intertrabecular recesses believed to be due to abnormal arrest in endomyocardial embryogenesis



#### LVNC

- Genetically heterogeneous disorder
  - Sporadic
  - Familial
- Classical clinical triad:
  - Heart failure (>50%)
  - Ventricular arrhythmias (20%)
  - Systemic embolic events (0-21%) e.g. stroke
  - Increased risk of SCD
- · Linked to mutations in mitochondial, cytoskeletal, Z-line and sarcomeric proteins
- The understanding of the genotype-phenotype correlation is poor and there is considerable genetic overlap with other phenotypes

Oechslin E, et al. EHJ 2011 Cahill et al. Circ Res. 2013;113:660-675,



#### Restrictive cardiomyopathy



- Restrictive cardiomyopathy is a rare
- RCM is characterized by impaired ventricular filling and diastolic dysfunction with relatively normal wall thickness and systolic function
- Broad etiology: genetic, infiltration, EMF, CTD, glycogen storage disease, drugs, radiation
- · Endomyocardial fibrosis (EMF) endemic in certain regions in Africa
- RCM has been recognized as another protean manifestation of sarcomeric mutations but restrictive physiology can also be a feature of other cardiomyopthies

Cahill et al. Circ Res. 2013:113:660-675. Image:Bron.

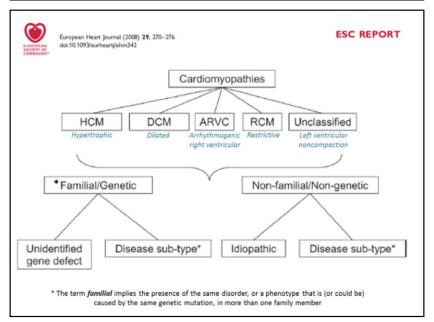


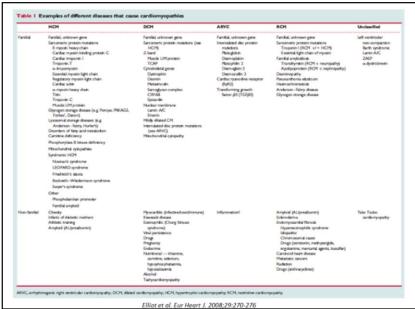
**ESC REPORT** 

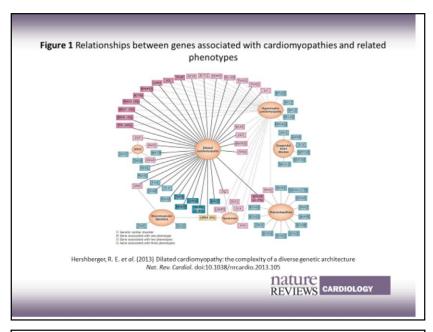
#### Classification of the cardiomyopathies: a position statement from the european society of cardiology working group on myocardial and pericardial diseases

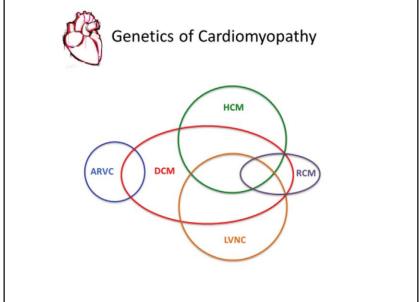
Perry Elliott, Bert Andersson, Eloisa Arbustini, Zofia Bilinska, Franco Cecchi, Philippe Charron, Olivier Dubourg, Uwe Kühl, Bernhard Maisch, William J. McKenna, Lorenzo Monserrat, Sabine Pankuweit, Claudio Rapezzi, Petar Seferovic, Luigi Tavazzi, and Andre Keren\*

Cardiomyopathy is defined as a myocardial disorder in which the heart muscle is structurally and functionally abnormal, in the absence of coronary artery disease, hypertension, valvular disease and congenital heart disease sufficient to cause the observed myocardial abnormality









#### Genetic landscape

- Unexpectedly complex, particularly in DCM
- Limited understanding of genotype-phenotype relationships has tempered some aspects of application of genetics to the clinical setting
- Substantial genetic and phenomic overlap between DCM, HCM, LVNC and ARVC
- Most DCM-associated mutations are very rare or unique to a family or individual ("private")
- Some variants within genes known be associated with cardiomyopathy are benign

Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Common features of genetic cardiomyopathy

#### Phenotypic heterogenicity

- Different variants within an individual gene can produce contrasting phenotypes
- Specific mutation consistently will produce the same qualitative phenotype

#### · Genetic heterogenicity

- Each of the CMO phenotypes can be caused by numerous mutations in different genes
- Locus heterogenicity
- Allelic heterogenicity



Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Common features of genetic cardiomyopathy

#### Variable penetrance

- The proportion of individuals carrying a pathogenic mutation who display a phenotype
- The penetrance of an <u>age-dependent</u> phenotype cannot be fully accessed until an individual reaches informative age (for DCM, individuals age >60y)

#### Variable expressivity

 The severity of the phenotype that develops in a patient with a pathogenic mutation

Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Common features of genetic cardiomyopathy

#### Variable penetrance

- The proportion of individuals carrying a pathogenic mutation who display a phenotype
- The penetrance of an <u>age-dependent</u> phenotype cannot be fully accessed until an individual reaches informative age (for DCM, individuals age >60y)

MODERN MEDICINE INTERFERES WITH THE NATURAL HISTORY OF DISEASE

#### Variable expressivity

 The severity of the phenotype that develops in a patient with a pathogenic mutation

Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Next generation sequencing (NGS)

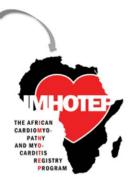
- Likely to advance cardiomyopathy genetics in the future, but in the short term proposes a substantial challenge
- Increased detection of rare polymorphisms with NGS
- Differentiating rare but benign sequence variants from disease-causing mutations is difficult
- Doubt has been cast on some findings from candidate gene sequencing, in which unclassified variants were prematurely ascribed pathogenicity on the basis of their absence in a small number of control populations
- · Multiple locus interactions complex traits



Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Additional limitations in knowledge

- · Role of genetic-environmental factors
- · Limited data of families of African ancestry
- Sex
  - Male preponderance in some studies



Cahill et al. Circ Res. 2013;113:660-675, Hershberger RE et al. Nat. Rev. Cardiol. 10, 531-547 (2013)

#### Clinical implications of detecting familial disease

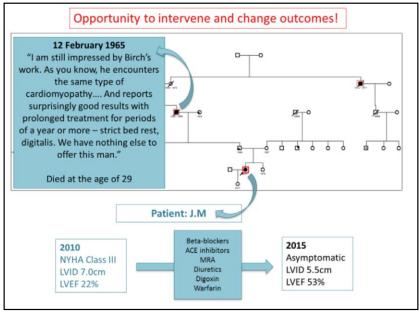
- Clinical screening of family members early detection of disease
- Counseling
  - Individually
  - Family
- Consideration of genetic testing
  - Clearly defining the role of genetic studies within individual families
    - Research
    - Diagnostic gold standard diagnostic marker
- · Addressing the implications for future generations
- · Addressing the fear factor
- Patient empowerment
- · Treatment implications

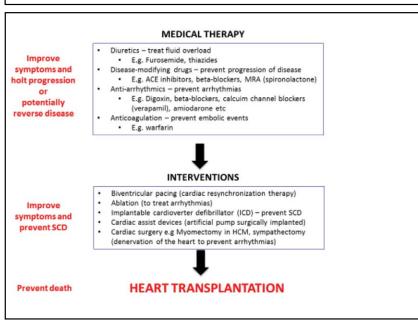
Cohillet al. Circ Res. 2013:113:660-6

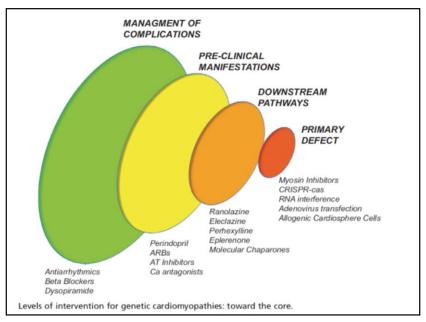
#### **TREATMENT**

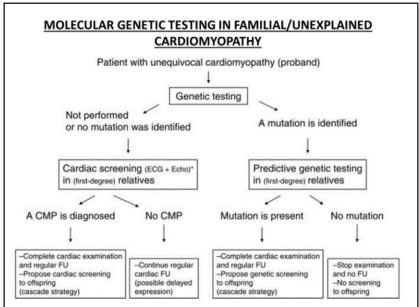
- Unique opportunity to offer early diagnosis, risk stratification and intervention preventatively or early on in disease
- Management of established and/or advanced disease

Opportunity to intervene and change outcomes!









Long live Professor Bongani Mayosi...Long Live!

# Donation to The Colleges of Medicine of South Africa(CMSA) Library "Vidi Vidii, Florentini De Anatomme"

DONATION OF 'VIDI VIDII, FLORENTINI DE ANATOMME' TO THE CMSA LIBRARY

We hereby acknowledge receipt of the 400-year-old anatomy book, 'Vidi Vidii, Florentini De Anatomme' for the Lionel B Goldschmidt Library of The Colleges of Medicine of South Africa in Rondebosch, Cape Town. Also received was the copy of the Hippocratic Oath in Greek engraved on copper.

Our deepest gratitude to you and the family of Prof JC de Villiers for this donation to the library. We will establish a secure display for the rare book, along with the plaque, and will feature a credit to Prof de Villiers.

The donation will be featured in the next edition of our Transactions journal, and we will send you a printed copy of the journal in November, upon receipt of your postal address. (Electronic issues of Transactions are available on www.cmsa. co.za.)

Again, thank you for entrusting the CMSA with these rare items, which we will preserve and display in tribute to your father's memory.

Yours faithfully
Mrs Lize Hayes
CHIEF EXECUTIVE OFFICER



# Congratulations SAMA Annual Doctors Awards 2018

Congratulations Professor B. Gerhard Lindeque on winning this prestigious award in the Medal of Fellowship in Art and Science of Medicine Award category for 2018.

In order to qualify for this award, the recipient must have attained (amongst others) the following:

- Iconic International Footprint
- International acclaim of Excellence in the Practice of Medicine both as an Art and a Science
- An exclusive group of members who have been endowed with the special privilege of being elected onto it for break through contribution to medicine, for moving the frontiers of medicine forward or widening the horizon in the greater understanding of medicine both as an Art and a Science fully acknowledging the philosophy and the Ethical constraints of the profession as a whole
- · Championing the cause of Healthcare despite obstacles
- Equal in prestige and status to:
  - Heroes in Medicine Award (CANADA)
  - Member of the Institute of Medicine (USA)



Professor Gerhard Lindeque Winner of the SAMA award



Professor Robert Dunn, The CMSA Treasurer and Constituent College President was invited as a keynote speaker at the recent SAMA Congress at Sun City. Professor Dunn addressed the delegates on the use of information technology in their day to day practice.

# Report Back Eponymous July to December 2018

#### **UPDATE ON OBSTETRICS AND GYNAECOLOGY**

Date: Wednesday 22 August to Friday 24 August 2018

Speakers: Prof J Moodley

Dr S Mandondo Prof Mdaka Dr Mphantsi Dr Mpumlwana Dr Mbongozi Dr Giyose Dr Ninise Dr Nibe

Venue: Mthatha Health Resource Centre Auditorium

#### **AWARDS 2018**

#### **MAURICE WEINBREN AWARD IN RADIOLOGY 2018**

Submission received is as follows:

Dr R Ramlakhan

#### **RWS CHEETAM AWARD IN PSYCHIATRY 2018**

The recipient of the award is as follows:

Dr T Madigoe

#### **MS BELL AWARD IN PSYCHIATRY 2018**

Will take place in September 2018 at the  $19^{\text{th}}$  National Congress of the Society of Psychiatrists.

(The recipient/s will be selected at the Congress)

#### **LECTURESHIPS 2018**

#### **ARTHUR LANDAU LECTURESHIP 2018**

**The Late - Prof B Mayosi** presented his lecture entitled "Recent advances on the genetics of cardiomyopathy" on 15 April 2018 at the 37<sup>th</sup> Medicine update in Durban.

#### **JC COETZEE LECTURESHIP 2018**

**Prof L Denny** presented her lecture entitled "Update on cervical cancer and HPV vaccinations" at the 21<sup>st</sup> National Family Practioners Congress on 25 August 2018 in Cape Town.

#### **KM SEEDAT LECTURSHIP 2018**

**Prof S Van As** presented his lecture entitled "The devastating influence of alcohol on child health" at the 21st National Family Practioners Congress on 25 August 2018 in Cape Town.

#### FP FOUCHÉ LECTURESHIP 2018

**Dr MW Solomons** presented his lecture entitled "However far a stream flows it never forgets its source" – African Proverb at the 64<sup>th</sup> South African Orthopaedic Association Annual Congress on 3 September 2018 in Pretoria.

#### **JN AND WLS JACOBSON LECTURESHIP 2018**

**Dr LT Hlabangana** will present her lecture at the RSSA International Neuro-Imaging Symposium on 13 October 2018 in Stellenbosch.

# EDUCATIONAL ROBERT MC DONALD RURAL PAEDIATRIC PROGRAMME 2018

No applications were received.

#### MAURICE WEINBREN AWARD IN RADIOLOGY

The award, which consists of a Medal and Certificate, is offered annually (in respect of a calendar year) by the Senate of The Colleges of Medicine of South Africa for a paper of sufficient merit dealing either with radiodiagnosis, radiotherapy, nuclear medicine or diagnostic ultrasound.

The closing date is 15 January 2019

The guidelines pertaining to the award can be requested from:

Mrs Evelyn Chetty

Tel +27 31 261 8213 Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

### **Active Honorary Fellows** (as at 28 August 2018)

Acquave Joseph Kpakpo (CP) (2004) Accra, Ghana

Adamson Fryhofer Sandra (CP) (2003) Atlanta, USA

Akande Ebenezer Oluwole (COG) (2002) Ibadan, Nigeria

Alberti Kurt George MM (CP) (1998) London, UK

Arulkumaran Sabaratnam (COG) (2005) London,UK

Asuzu Michael Chiemeli (CPHM) (2012) Ibadan, Nigeria

Azubuike Jonathan C (C PAED) (2005) Enugu, Nigeria

**Bailey** Susan Mary (C PSYCH) (2012) Manchester, UK

**Baird** David (COG) (2009) Edinburgh, UK

**Baltzan** Richard (CP) (2001) Saskatoon, Canada

Becklake Margaret R (CP) (1994) Montreal, Canada

Benatar Solomon Robert (CP) (2001) Cape Town, SA

**Bird** Alan Charles (C OPHTH) (2006) London, UK

Boix-Ochoa Josè (CS) (2006) Barcelona, Spain

**Breen** James Langhorne (COG) (1984) South Carolina, USA

**Britt** LD (CS) (2012) Virginia, USA

**Brobby** George Wireko (C ORL) (2012) Kumasi, Ghana

Brown Thomas C K (Kester) (CA) (2002) Victoria, Australia

**Browse** Norman (CS) (1996) London, UK

**Burger** Henry (CP) (1984) Victoria, Australia

Burgess John H (CP) (1991) Westmount, Canada

Calder Andrew (COG) (2005) Edinburgh, UK

**Cameron** Donald Patrick (CP) (1998) Queensland, Australia

**Caruso** Vincent (C PATH) (2005) NSW, Australia

**Chalmers** lain Geoffrey (COG) (2001) Oxford, UK

Chang Keng Wee (CS) (2012) Kuala Lumpur, Malaysia

**Chaudhry** Zafar Ullah (CS) (2012) Karachi, Pakistan

**Clewlow** Warren (CMSA) (2006) Sandton, SA

Collin John Richard Olaf (C OPHTH) (2007) London, UK

Conti Charles Richard (CP) (1991) Florida, USA

Coran Arnold Gerald (C PAED SURG) (2017) Michigan, USA

Courtemanche Albert Douglas (CS) (1992) British Columbia, Canada

Cox John (C PSYCH) (2000) London, UK

Crowe John Patrick (CP) (2012) Dublin, Ireland

**Cunningham** Anthony Andrew (CA) (2004) Dublin, Ireland

Cywes Sidney (CS) (1998) Cape Town, SA

De Klerk Frederick Willem (CMSA) (1994) Cape Town, SA

De Laey Jean-Jacques (C OPHTH) (2000) Gent, Belgium

De Swiet Michael (COG) (2004) London, UK

Deschênes Luc (CS) (1998) Quebec, Canada

**Deutman** August (C OPHTH) (2000) Nijmegen, Netherlands

Dinsdale Henry B (CP) (1996) Ontario, Canada

**Douglas** Neil James (CP) (2005) Edinburgh, UK

Drife James Owen (COG) (2002) Leeds, UK

English Terence Alexander H (CS) (1991) London, UK

Falconer Anthony Dale (COG) (2012) London, UK

Foëx Pierre (CA) (2007) Oxford, UK

Foulds Wallace Stewart (C OPHTH) (1992) Glasgow, UK

Francescutti Louis Hugo CP) (2012) Alberta, Canada

Fritz Vivian Una (C NEUROL) (1972) Johannesburg, SA

Galasko Charles S B (C ORTH) (2003) Cheshire, UK

**Genest** Jacques (CP) (1970) Montreal, Canada

**Gill** Geoffrey Victor (CP) (2007) Wirral, UK

**Gilmore** Ian Thomas (CP) (2007) London, UK

**Giwa-Osagie** Osato O F (COG) (2005) Lagos, Nigeria

**Greenberger** Norton J (CP) (1991) Massachusetts, USA

**Grosfeld** Jay Lazar (CPS) (2014) Indiana, USA

**Hamilton** Stewart (CS) (2005) Alberta, Canada

**Hanrahan** John Chadwick (CS) (1992) Peppermint Gr. WA

**Hennessy** Thomas Patrick J (CS) (1997) Dublin, Ireland

**Hollins** Sheila (C PSYCH) (2005) London, UK

**Hudson** Alan Roy (C NEUROSURG) (1992) Ontario, Canada

**Hume** Robert (CS) (1992) Glasgow, UK

**Huskisson** Ian Douglas (CMSA) (1997) Cape Town, SA

**Hutton** Peter (CA) (2003) Birmingham, UK

**Joubert** Peter Gowar (CMSA) (1999) Johannesburg, SA

**Kaaya** Ephata Elikana (C PATH) (2012) Dar-Es-Salaam, Tanzania

**Keogh** Joseph Anthony Brian (CP) (1998) Dublin, Ireland

**Keys** Derek Lyle (CMSA) (1993) Johannesburg, SA

**Kuku** Sonny F (CP) (2001) Lagos, Nigeria **Langer** Bernard (CS) (2001) Ontario, Canada

Laws Edward R (C NEUROSURG) (2015) Massachusetts, USA

**Leffall** LaSalle D (CS) (1996) Washington, USA

**Lekamwasam** L K L S (CP) (2012) Galle, Sri Lanka

**Lemmer** Johan (CMSA) (2006) Sandton, SA

**Levett** Michael John (CMSA) (1999) Cape Town, SA

**Levin** Lawrence Scott (C PLAST) (2006) North Carolina, USA

**Looi** Lai Meng (C PATH) (2005) Kuala Lumpur, Malaysia

**Lorimer** Andrew Ross (CP) (2004) Glasgow, UK

**Luntz** Maurice Harold (C OPHTH) (1999) New York, USA

**MacKay** Colin (CS) (1998) Glasgow, UK

Madaree Anil (CMSA) (2018) Durban, SA

Maryon-Davis Alan (CPHM) (2010) London, UK

**Mazwai** Ebden Lizo (CMSA) (2011) Mthatha, SA

**McDonald** John W David (CP) (2004) Ontario, Canada

**McKenna** Terence Joseph (CP) (2005) Dun Laoghaire, Dublin

**Meakins** Jonathan Larmonth (CS) (2004) Quebec, Canada **Mensah** George A (CP) (2005) Georgia, USA

**Meursing** Anneke Elina Elvira (CA) (2003) Blantyre, Malawi

**Mieny** Carel Johannes (CMSA) (1996) Pretoria, SA

**Mokgokong** Ephraim T (COG) (2006) Medunsa, SA

Molteno Anthony C B (C OPHTH) (2001) Otago, New Zealand

Morrell David Francis (CMSA) (2004) Kenton on Sea, SA

Mortimer Robin Hampton (CP) (2004) NSW, Australia

**Mutyaba** Frederick A (C ORTH) (2012) Kampala, Uganda

**Myers** Eugene Nicholas (C ORL) (1989) Pennsylvania, USA

**Norman** Geoffrey Ross (CMSA) (2003) Ontario, Canada

**O'Donnell** Barry (CS) (2001) Dublin, Ireland

**Ogedengbe** Olasurubomi K (COG) (2012) Lagos, Nigeria

**Ogilvie Thompson** Julian (CMSA) (2009) Johannesburg, SA

**Oh** Teik Ewe (CA) (2003) Perth. West Australia

**O'Higgins** Niall (CS) (2005) Dublin, Ireland

**Opie** Lionel Henry (CP) (2008) Cape Town, SA

**Pasnau** Robert 0 (C PSYCH) (1988) California, USA **Pettifor** John Morley (C PAED) (2016) Johannesburg, SA

**Prentice** Archie G (C PATH) (2012) London, UK

**Prys-Roberts** Cedric (CA) (1996) Bristol, UK

**Puri** Prem (CPS) (2013) Dublin, Ireland

**Ramphele** Mamphela Aletta (CMSA) (2005) Cape Town, SA

**Reeve** Thomas Smith (CS) (1991) NSW, Australia

**Rosholt** Aanon Michael (CMSA) (1980) Johanneburg, SA

**Salyer** K Everett (C PLAST) (2007) Texas, USA

**Samkange** Christopher A (C UROL) (2012) Harare, Zimbabwe

**Santucci** Richard Anthony (C UROL) (2013) Michigan, USA

**Saunders** Stuart John (CMSA) (1989) Cape Town, SA

**Schulz** Eleonora Joy (C DERM) (2006) Pretoria, SA

Seedat Yackoob Kassim (CMSA) (1998) Durban, SA

**Segal** Anthony Walter (CP) (2008) London, UK

**Sewell** Jill (CP) (2005) Victoria, Australia

**Sherwood** Rupert (COG) (2012) Victoria, Australia

Sims Andrew C Peter (C PSYCH) (1997) Leeds, UK Smith Edward Durham (CS) (1990)

Victoria, Australia

Smith John Allan Raymond (CS) (2005) Sheffield, UK

**Soothill** Peter William (COG) (2004) Bristol, UK

Sparks Bruce Louis W (CFP) (2006) Parktown, SA

**Spitz** Lewis (CS) (2005) London, UK

Steer Phillip James (COG) (2004) London, UK

Strunin Leo (CA) (2000) London, UK

Stulting, Andries Andriessen (CMSA) (2011) Bloemfontein, SA

Sykes Malcolm Keith (CA) (1989) Oxford, UK

Tan Kok Chai (C PLAST) (2012) Singapore

Tan Ser-Kiat (CS) (1998) Singapore

Tan Walter Tiang Lee (CP) (2001) Singapore

Terblanche John (CMSA) (1995) Cape Town, SA

**Thomas** William Ernest Ghinn (CS) (2006) Sheffield, UK

**Thomson** Gerald Edmund (CP) (1996) New York, USA

Trunkey Donald Dean (CS) (1990) Oregon, USA

Turnberg Leslie Arnold (CP) (1995) Cheshire, UK

**Turner-Warwick** Margaret (CP) (1991) London, UK

Underwood James C E (C PATH) (2006) Sheffield, UK

Van der Spuy Zephne Margaret (CMSA) (2015) Cape Town, SA

Van Heerden Jonathan A (CS) (1989) S Carolina, USA

Vaughan Ralph S (CA) (2003) Cardiff, UK

Visser Gerard (COG) (1999) Utrecht, Netherlands

Wakwe Victor C (C PATH) (2012) Delta State, Nigeria Wijesiriwardena Bandula C (CP) (2005) Kalubowila, Sri Lanka

Yeoh Poh-Hong (CS) (1998) Kuala Lumpur, Malaysia

Yip Cheng-Har (CS) (2012) Kuala Lumpur, Malaysia

**Zuker** Ronald Melvin (C PLAST) (2013) Ontario, Canada

Deceased members not listed but on record)

## CMSA Active Fellows ad Eundem (as at 28 August 2018)

Adhikari Miriam (C PAED) (2015) Congella

**Bowie** Malcolm David (C PAED) (2007) Knysna

Cleaton-Jones Peter Eiddon (CD) (2005) Johannesburg

Coetzee Edward John (COG) (2017) Cape Town

Corder Robert Franklin (CEM) (2007) Maryland, USA

**Davey** Dennis Albert (COG) (2008) Cape Town

**Davies** John Carol Anthony (CPHM) (2005) Johannesburg

Gear John Spencer Sutherland (CPHM) (2005) Still Bay

**Gevers** Wieland (CP) (2001) Cape Town

**Hewlett** Richard Holway (CR) (2014) Cape Town

Keet Marie Paulowna (C PAED) (2007) Cape Town

Kent Athol Parks (COG) (2013) Cape Town

Levin Solomon Elias (C PAED) (2007) Johannesburg

Makqoba Malegapuru W (CP) (2003) Durban

Moodley Jagidesa (COG) (2010) Durban

Munjanja Stephen Peter (COG) (2014) Harare, Zimbabwe

Ncayiyana Daniel JM (CMSA) (2002) Durban

**Odendaal** Hendrik Johannes (COG) (2009) Cape Town

Padayachee Gopolan N (CPHM) (2004) Cape Town

**Philpott** Hugh Robert (COG) (2008) Durban

Price Max Rodney (CPHM) (2004) Cape Town

Saffer Seelig David (C NEUROL) (2004) Johannesburg

Sonnendecker Ernst W W (COG) (2014) Hermanus

**Sutcliffe** Thomas James (C PSYCH) (2008) Cape Town

Welsh Neville Hepburn (C OPHTH) (2006) Johannesburg

(Deceased members not listed but on record)

Abdulla Jamal

# CMSA Active Life Members (as at 27 August 2018)

**Abdulla Mohamed Abdul Latif** Abell David Alan Aboo Nazimuddin Aboobaker Jamilabibi **Abrahams** Cyril Abramowitz Israel **Abratt Raymond Pierre** Adams Ganief Adhikari Mariam Ahmed Sheikh Nisar **Ahmed** Yusuf Aitken Robert James **Alderton** Norman Alison Andrew Roy Allen Peter John Allerton Kerry Edwin Glen Allie Abduraghiem Allison Hugo Frederick **Allwood** Clifford William **Allwright** George Tunley **Ananth** Swamiii **Anderton** Edward Townsend Andre Nellie Mary Andrew William Kelvin **Anstey** Leonard **Appleberg** Michael **Archer** Graham Geoffrey Archer John Christopher **Armstrong** Robert John **Asmal** Aboobaker **Asmall** Aboo Baker Aucamp Carel **Badenhorst** Frans Hendrik **Baigel** Martin **Baillie** Peter **Baines** Richard E Mackinnon **Baise** Gershan **Baker** Peter Michael **Ballaram** Rabendranath Serepath **Bane** Roy Errol Barbezat Gilbert Olivier **Barday** Abdul Wahab **Barnard** Philip Grant **Barnes** Richard David **Barnetson** Bruce James **Bass** David Hyman **Batchelder** Charles Simon **Bax** Geoffrey Charles Bean Eric Beaton Sva **Beatty** David William **Becker** Herbert Becker Jan Hendrik Reynor **Bell** George Murray **Bell** Peter Stewart Hastings **Benatar** Abraham

**Benatar** Solly Robert

**Benatar** Victor

**Benjamin** Ephraim Sheftel Benjamin John David **Bennett** Michael Julian **Bérard** Raymond Michael Francis Berg Astrid Martha Bergman Jack Wilfred Berlyn Peter-John Berkowitz Leslie Bethlehem Brian Hillel James **Beukes** Hendrik Johannes Stefanus Beyer Elke Johanna Inge Bezwoda Werner Robert Bhagwan Bhupendra **Biddulph** Sydney Lionel Biebuyck Julien Francois **Bird** Arthur Richard **Birkett** Michael Ross **Blaine** Edward Mark Blair Ronald Mc Allister Bleloch John Andrew **Bloch** Cecil Emanuel **Bloch** Harold Michael **Bloch** Hymen Joshua **Blumberg** Lucille Hellen **Bocchiola** Fulvia Carmen **Bock** Ortwin Answald Alwin **Bodemer** Wilhelm **Boezaart** Andrè Pierre **Bok** Arnold Pierre Louis **Bolton** Keith Duncan **Bonellie** Gordon David **Booker** Henry Thomas **Boon** Gerald Peter George **Booth** William Richard Calvert **Borchers** Trevor Michael **Bornman** Philippus Christoffel Botha Andries Petrus Jakobus Botha Jan Barend Christiaan Botha Jean René **Botha** Johan Frederik **Boulle** Trevor Paul **Bowen** Robert Mitford **Bowie** Malcolm David **Braude** Basil Bredenkamp Johannes Hendrik **Bremner** Cedric Gordon Briedé Wilhelmus Maria Hendrik **Briers** Johannes Albertus Myburah **Brink** Garth Kuvs Brink Johan Givan **Brink** Stefanie **Brits** Jacobus Johannes Brock-Utne John Gerhard **Broude** Abraham Mendel **Brower** Steven **Brown** Basil Geoffrey

**Brown** Robyn Alexander **Brueckner** Roberta Mildred **Bruk** Morris Isaac **Bruwer** André Daniel **Bruwer** Ignatius Marthinus Stephanus **Buchel** Elwin Herbert **Bulbulia** Bashir Ahmed **Burger** Marius Sydney **Burger** Nicolaas Francois **Burger** Thomas Francois **Burgess** John Digby Burgin Solomon **Burnard** Friedrich Wilhelm **Burns** Derrick Graham **Butler** George Parker **Butt Anthony Dan Byrne** James Peter Caldwell Robert lan Calver Alistair Duncan Cameron Neil Andrew Cameron Robert Peter Carim Abdool Samad Carim Suliman Carman Hilary Alison **Carmichael** Trevor Robin Carter Gary Frederick Charles Cassel Graham Anthony Cassim Reezwana Cavvadas Aikaterine **Chaimowitz** Meyer Alexander Chapman Peter John Charles David Michael **Charles** Lionel Robert Chin Wu Wai Nin Chothia Khatija Cilliers Pieter Hendrik Krynauw **Cilliers** Pieter Lafras Cinman Arnold Clive Claassens Hermanus Johannes Hendrik Clarke Simon Domara Clausen I avinia Cleaton-Jones Peter Eiddon Cloete Bruce Cochrane Raymond Ivan Coetzee Andreas Retief Coetzee Daniël Coetzee Johannes Cornelius Coetzer Hendrik Martin Cohen Brian Michael Cohen Colin Koppel Cohen Eric Cohen Leon Allan Cohen Michael Cohen Morris Michael Cohen Philip Lester Colinese Philippa Anne Coller Julian Somerset Combrink Johanna Elizabeth

Combrink Johanna Ida Lilly Conlan Andrew Alan **Conradie** Hofmeyr Haarhoff Conradie Pieter Jacobus **Comfort** Peter Thomas Conway Sean Stephen Cooke Paul Anthony Cooke Richard Dale Cooper Cedric Kenneth Norman Cooper Peter Allan Coote Nigel Penley Coovadia Hoosen Mahomed Coovadia Mohamed Abdool Hak Cowie Robert Lawrence Coxon John Duncan Craig Denham David Cretikos Michael Dionisios **Emmanuel Perandonikis** Crewe-Brown Heather Helen Crichton Eric Derk **Croft** Charles Henry Croniè Hendrik Stefanus **Crosier** James Herbert **Crosley** Anthony lan **Croucamp** Petrus Charles Hendrik **Crutchley** Anthony Caius Christopher **Cullis** Sydney Neville Raynor **Cumes** David Michael **Curwen** Christopher Henry Massy Cvwes Sidney **Dalby** Anthony John Dalgleish Christopher Ian Philip **Dalmeyer** Johannes Paulus Franciscus Dalrymple Rhidian Blake **Dalziel** Grant James William **Danchin** Jack Errol **Daneel** Alexander Bertin **Daniel** Clive Herbert Daniels Abraham Jacobus Daniels Andrè Riad Dansky Raymond **Darlison** Michael Tatlow **Daubenton** François **Daubenton** John David **Davey** Dennis Albert Davey Helen Elizabeth **Davey** Michael Roy Davidge-Pitts Keith James **Davidson** Aaron **Davies** David Davies Michael Ross Quail **Davies** Victor Alan **Davis** Charles Pierre **Davis** Martin David **Dawes Marion Elizabeth** 

Dawood Aysha Amod

**Brown** Raymond Solomon

**Dean Michael Peter Geoffrey** 

De Beer Hardie Alfred De Beer Johan Alexander **Anthonie** De Haan Jacques Willem De Jager Lourens Christiaan De Klerk Abraham Jakobus De Klerk Daniel Johannes Janse De Swardt Stephanus Ravnier **De Villiers** Francois Pierre Rosseau De Villiers Jacques Charl De Villiers Marthinus Johannes Pieter **De Villiers** Pieter Ackerman De Villiers Stefanus Johannes De Wit Edward Wheeler De Zeeuw Paul **Dennehy** Patrick Joseph Pearce **Dent** David Marshall **Derman** Henry Jack **Desai** Farid Mahomed Desai Farieda Deseta Juan Carlos Horacio **Dewar** Grant Alexander **Dhansay** Jalaluddin **Dhansay** Yumna **Diedericks** Bart Johannes Stephanus **Diers** Garth Ruben **Digby** Rodney Mark **Distiller** Lawrence Allen **Docrat** Rookayia **Donald Peter Roderick Dornfest Franklyn David** Douglas William Hugh Gavin **Douglas-Henry** Dorothea **Dove** Ephraim **Dowdeswell** Robert Joseph **Dower** Peter Rory **Dreosti** Lydia Mary **Dreyer** Wynand Pieter **Drummond Robert Angus Du Plessis** Dionisius Johann Du Plessis Hendrik Pienaar Du Plessis Hennie Lodewia Du Plessis Hermanus Jacobus Christoffel Du Plessis Jan Ehlers Du Preez Leon **Du Toit** Donald Francois **Du Toit** Johan Loots **Du Toit** Pierre François Mulvihal **Du Toit** Roelof Stephanus **Duncan** Gordon Alexander **Dunning Richard Edwin Frank Duys** Pieter Jan **Dyer** Robert Anthony **Dymond** Ian Walter Dryden Eathorne Allan James **Ebrahim** Allie **Edge** Kenneth Roger **Ehlers** Marianne Gloudina Ehrlich Hyman **Ekermans** Pieter Francois **Eksteen** Jacobus Johannes Elferink Jean Charles Hugo Elk Errol Ivan

Elsenbroek Frederik

**Emby** Donald Jan **Enslin** Ronald **Epstein** Brian Martin Erasmus Frederick Rudolph Erasmus Philip Daniel Christoffel Essack Maimona Esterhuysen Stephen Philip **Etellin** Pierre Anthony **Evans** Herbert Campbell Barrow **Evans** Warwick Llewellyn Evans William Greig Falanga Franca Maria Falls-Grumieaux Ebba Helga **Dorle Sophie** Fanarof Gerald Farhangpour Sirous **Farrant** Peter John Fehler Boris Michael Feldman Charles Fernandes Carlos Manuel Coelho Ferreira Anton Leopold Findlay Cornelius Delfos Fine Leon Arthur Fine Stuart Hamilton Fisher-Jeffes Donald Leonard Fletcher John Somerville Ford Brenda May Forman Allan Forman Robert Förtsch Hagen Ernst Armin Fotheringham Geoffrey Henderson Fouchè Willem Jakobus Fourie Pierre Jacques Henri Louis Franco Mardochee Marc Frank Joachim Roelof Frankel Freddy Harold Freedman Jeffrey Freiman Ida Friedlander Geoffrey Mervyn Friedman Raymond Leslie Friedmann Allan Isodore Fritz Vivian Una Froese Steven Philip Funa Gilbert Furman Saville Nathan Gagiano Carllo Andrias Gajjar Pravinchandra Dhirajlal **Galatis** Chrisostomos Gane Gerald Adrian Carleton Gani Akbar **Garb** Minnie **Gardiner** Victor Burberow **Gardner** Jacqueline Elizabeth **Garisch** James Archibald MacKenzie **Garrett** Hyde William Gaziel Yoel **Gerard** Clifford Leslie **Germon** Lawrence Gernetzky Kevin Desmond Gersh Bernard John **Geyser** Pieter Georg Giesteira Manuel Vicente Knobel **Gilbertson** lan Thomas

Gillis Lynn Sinclair **Glazer** Harry **Glyn Thomas** Raymond Goeller Errol Andrew Goldberg Barbara Sheila Goldin Martin **Goldman** Anthony Paul **Goldstein** Bertie Golele Robert **Goodley** Robert Henry Goodman Hillel Tuvia **Goosen** Felicity Goosen Jacques **Gordon** Peter Crichton **Gordon** Robert John Gorven Allan Michael **Govender** Perisamy Neelapithambaran **Govind** Suryakant Kasan **Govind** Uttam **Graham** Kathleen Mary **Graser** Hans Werner **Grave** Christopher John Hadley **Greeff** Michael Cornelius Greeff Oppel Bernhardt Wilhelm **Greenblatt** Michael **Greyling** Jacobus Arnoldus Grevling Marina **Greyvenstein** Gloria Dorothy **Grimbeek** Johannes Fredericus Gritzman Marcus Charles David Grizic Anthony Martin **Grobbelaar** Nicolaas Johannes **Grobler** Gregory Martinus **Grobler** Johannes Lodewikus **Grobler** Marthinus **Groenewald** Lukas Johannes **Groenewald** Marcelle **Grotepass** Frans Willem **Guttenberg** Graham Roy **Haagensen** Mark Haffejee Ismail Ebrahim Hall Leslie-Ann **Hamed** Zubeida Hammer Alan John Hammond-Tooke Graeme David Hangelbroek Peter Hansen Jonathan Nathan **Harpur** Peter James Harris Ian Michael **Harrison** Anthony Carleton **Harrison** Neville Alan Hart George Allan Desmond Hartdegen Richard Gerhardus **Hartley** Patricia Staunton Hartman Ella **Hattingh** Pieter Wilhelm **Haus** Matthias **Hawthorne** Henry Francis **Haynes** Ian Anthony Hayse-Gregson Paul Bernard **Havward** Frederick **Head** Mark Stephen Hefer Adam Gottlieb Helman Isaac **Henderson** Linda Grantham **Henderson** Rex Scott **Hendricks** Mark Lawrence

**Hewitt** Helen Sheila **Heymann** Pieter Wouter Heyns Anthon du Plessis Heyns Philip Daniël Stephanus **Hill** Paul Villiers Hillock Andrew John Hirschowitz Jack Sydney Hitchcock Peter John **Hockly** Jacqueline Douglas I awton **Hockman** Maurice Harold Hoffman Eduard Bernard Hoffmann Vivian Jack **Hofmeyr** Nicholas Gall **Hold** Allan Richard **Holden** Timothy Jon Holdsworth Louis David **Holland Victor Bernard Holloway** Alison Mary Horak Adrian Rousseau Horak Lindley Rousseau Horrowitz Stephen Dan Horsley Hilton Richard **Hougaard** Melodie Househam Keith Craig **Hovis** Arthur Jehiel **Howell** Alan Melville Howell Michael E Oram **Howes** Geoffrey Ross **Howes** Neville Edward **Huber** Geoffrey Richard **Huddle** Kenneth Robert Lind Hugo André Paul **Hugo** Johannes Matthys **Hundleby** Christopher John Bretherton **Hurwitz** Charles Hillel **Hurwitz** Mervyn Bernard **Hurwitz** Solomon Simon **Huskisson** lan Douglas **Huysamen** George Henry Ichim Camelia Vasilica Ichim Liviu Isaacs Barry Alan Ismail Khalid Hajee Israelstam Dennis Manfred Jackpersad Ramesh **Jacobs** Daniel Pieter Sydney **Jacobs** Miguel Adrian Jacobson Merwyn Jack **Jammy** Joel Tobias Jan Farida Janse van Rensburg Johan Helgard Jansen van Rensburg Martinus Jansen van Vuuren Jurgens Abraham **Jardine** Ronald Manuel Jardine William Ivor Jassat Essop Essak Jedeikin Leon Victor Jeena Hansa Jersky Jechiel Jessop Susan Jane Dorothy Jhetam Dilshad Jinabhai Champaklal Chhaganlal Jöckel Wolfgang Heinrich Joffe Leonard

Gildenhuys Jacobus Johannes

Gill John Morton

**Hesseling** Peter Bernard

Joffe Stephen Neal Johnson Peter Dennis Wilison Johnson Sylvia Johnston John Irving Jones Sheldon Victor Jonker Edmund Jonker Michael Angelo Theodore Jooste Edmund Jordaan James Charles Jordaan Johann Petrus Jordaan Robert Joseph Elaine Joubert James Rattray Joynt Gavin Matthew Kahn Delawir Kaiser Gerhard Hans Robert Kaiser Walter Kala Udai Keshav Kalla Asgar Ali Kalla Feizal Sakoor Kalla Ismail Sikander Kalombo Augustin Ngalamulume Kamdar Mahomed Cassim Kane-Berman Jocelyne Denise Lambie Kaplan Hilton Kaplan Neville Lewis Kapp John Karlsson Eric Lennart Karusseit Victor Otho Ludwig Kassner Grant William Katz Ian Ariel Katzke Dieter Katzeff Stanley Norman Keet Marie Paulowna **Keeton** Godfrey Roy Kelly Anthony Cope Garnett Kelly John Christopher Kemp Donald Harold Maxwell Kemp Trevor Newton Kenyon Michael Robert Kessler Edmund Kettles Alfred Norman **Kew** Michael Charles **Key** Jillian Jane Aston Khamissa Haroon Khan Mohamed **Kieck** Charles Frederick Kimberg Matti King Jeffrey King John Frederick Kinsley Robin Howard Kirsten Gerhardus François Klein Hymie Ronald Klevansky Hyman Kling Kenneth George Klompje Jan Klugman Leon Hyam Knobel John Kobe Mabu Rahab Grace Koch Johann Augustinus Koch Madeleine Kocks Daniel Jacobus Könia Harold Leith Edward Kotton Bernard

Koz Gabriel

Kramer Brian David

Krengel Biniomin

Kranold Dorothea Helene

Kriel Jacques Ryno Krige Louis Patrick Kritzinger Pieter Hendrik Kruger Abraham Jacobus **Kruger** Machiel Andries **Kruger** Theunis Frans Kunene Veli Wisdom Fortune Kussel Jack Josiah Kussman Barry David **Kuyl** Johannes Marinus **Lachman** Anthony Simon **Lachman** Peter Irwin La Grange Jacobus Johannes Christiaan Laing John Gordon Dacomb Lake Walter Thomas Lalla Chhimenlal Lalloo Maneklal Lamont Alastair **Lampert** Jack Arthur Lantermans Elizabeth Cornelia Large Robert George Larsen Charles John Lasich Angelo John Latif Ahmed Suliman Laubscher Willem Marthinus Lötter Laurence John Egerton Lautenbach Earle Eugene Gerard Lawson Hugh Hill Leader Leo Robin **Leary** Peter Michael Leary William Peregrine Pepperrell **Leaver** Roy Lecuona Karin Alfrida Leeb Julius Lejuste Michel Jozef Leonie Remi Lemmer Johan **Lemmer** Lourens Badenhorst **Lennox** Gordon Stuart Le Roux Deon Le Roux Petrus Andries Jacobus Levin Jonathan Levin Solomon Elias **Levinson** Ivan Philip **Levy** Ernest Ronald Levy Gary Raymond Lewin Jack Roy **Lewis** Dorothy Levland John Richard L'Heureux Renton Liebetrau Carl Roux Liebowitz Lynne Dianne **Linton** David Michael **Lipschitz** Shirley Lloyd David Allden **Lloyd** Elwyn Allden Lochner Jan de Villiers Locketz Maxwell Ivan **Lockhat** Ahmed Suliman Loening Walter Edgar Karl **Loest** Hellmut Claudius

**Loots** Petrus Beaufort Losken Hans Wolfgang Losman Elma Lotz Jan Willem **Lotzof** Samuel Loubser Johannes Samuel Lownie Madeline Ann Lundgren Aina Christina Lurie David Mever Lurie Russel **Macdonald** Angus Peter MacEwan Ian Campbell MacKenzie Basil Louis **Mackenzie** Thomas Murray MacLeod Ian Nevis MacPhail Andrew Patrick Madiba Thandinkosi Enos **Maduray** Govinden Maelane Kgadi Petrus Maharaj Breminand Maharaj Ishwarlall Chiranjilall Maharai Udeeth Maharajh Jaynund Mahlangu Amos Mahomed Abdullah Eshaak **Mahomed** Ebrahim Mair Michael John Hayes **Maitin** Charles Thabo **Makein** Michael Charles Cavendish Malakou Bryan Desmond Malan Atties Fourie Malan Christina Malan Daniel Francois Maliza Andile Mangera Ismail Mankowitz Emmanuel Mann Julian Harold Mann Solly Manning Anthony John Manning Basil John Mansvelt William Mauritz Marais Ian Philip Marais Johannes Stephanus Margolis Frank Mariba Thanyani Jonas Marinopoulos George Constantin Marivate Martin Marivate Russell Marks Richard Kearns Marus Gianluca Marx Johan Hendrik Maske Richard Mason Rosemary Maureen Matisonn Rodney Earl Mauff Alfred Carl Maxwell William Graeme Mayet Fatima Goolam Hoosen Mayet Zubeida Maytham Dermine Mbete Jamangile Mncedi McCosh Christopher John McCutcheon John Peter **McDonald** Michael Charles Edward **McDonald** Robert McGibbon lan Colguhoun

McIntosh William Andrew McKibbin Joseph Kerr McLaren Grant Drummond Mears Jasper William Walter Meer Faroog Moosa Meiring Johannes Cornelius Engelbrecht Mellett William Andrew Melvill Roger Laidman Mendelsohn Huntley Jonathan Mennen Ulrich Mervis Benjamin Mervitz Michael David Meyer Anthonie Christoffel Mever Bernhardt Heinrich Meyer David Meyer De Bruto Laporta Cavalier **Meyers** Anthony Molyneux Meversohn Sidney Jacob **Meyerson** Louis Michael Maxwell Stephen Michaels Maureen Jeanne Michalowsky Aubrey Michael Michell William Lancelot Middlewick Glynn Charles Midgley Franklin John Mieny Carel Johannes Miles Anthony Ernest Millar Robert Norman Scott Milne Anthony Tracey Milne Frank John Milner Selwyn Misnuner Zelik Mistry Jayantilal Daya Mitchell Peter John Mitchell Ronald William Mitha Abdul Sater Mitha Ahmed Mji Diliza **Modi** Pradip Chhaganlal Mody Girish Mahasukhlal Mogale Saxon Cholohelo Mokgokong Mochichi Samuel Martin Mokhobo Kubeni Patrick Molapo Jonathan Lepoqa Molteno Christopher David Mollentze Willem Frederik **Montanus** Morris Samuel **Moodley** Dhanapalan Patchay Moodley Jagidesa Moodley Sivalingam Cunnavadee Moodlev Thirugnanasumburanam **Moodley** Visalatchee Moola Ismail Moola Yousoof Mahomed Moore Hazel Ann Moosa Abdool-Sattar Moosa Hanief Moosa Laeeka Moosa Muhammed-Ameen Moosa Nisa Ahamed Moosa Yaaseen Morar Champaklal Morrell David Francis Morris Edel Morris Warwick Montague

Lombaert Alfons Robert Leonie

**Lombard** Hermanus Egbertus

**Loot** Sayyed Mahmood Hosain

Longano Biagio Antonio

McGiven Andrew John

Molteno Morrison Gavin Morrison Stephen Christopher **Morton** Patrick Christopher George Morule Ramoroa Andrew Mosese Matsa Ephraim Moti Abdool Razack Movsowitz Leon **Mudely** Devandran Mudely Selvanathan Mullan Bertram Strancham Muller Edward Julius **Muller** Frederick Eybers Müller Daniël Marthinus Mulligan Terence P Simpson Mullineux John David Murray Anthony David Neil Murray Jill Murray Robert Ian Murray Willie Bosseau Musk Michael Anthony Mwelase Lancelot Halifax Zwelibanzi Myers Leonard Naidoo Balagaru Narsimaloo Naidoo Datshana Prakesh Naidoo Javbalan Naidoo Neetheananthan Naidoo Premilla Devi Naidu Pithambram Nadamuni Nair Gonasegrie Puckree Nanabhay Sayed Suliman Naude Johannes Hendrik Nauhaus Carl Norman **Naylor** Graeme Aubrey Neifeld Hyman Nel Elias Albertus **Nel** Hendrik **Nel** Jacques Bernadus Anton Nel Jan Gideon **Nel** Johan Theron **Nel** Julien Robert **Nel** Philippus Jacobus Nel Wilhelm Stephanus **Newbury** Claude Edward Ngakane Herbert Nicholson Melanie Eugene Niemann Albertus Stephanus Nieuwoudt Andries Johan Nieuwveld Robert Wijnand **Noble** Clive Allister **Noll** Brian Julian Noormohamed Abdul Majid **Novis** Bernard **Novitzky** Nicholas **Nussbaum** Clive Joel **Obel** Israel Woolf Promund **Odendaal** Hendrik Johannes **Odes** Harold Selwyn Olinsky Anthony Olivier Henri Omar Yunoos **Omardien** Yusuf **Omarjee** Suleiman Oosthuizen Frederick Pollard

Oosthuizen Undine

**Orford** Alastair Leask

**Orelowitz** Manney Sidney

**Ospovat** Norman Theodore Ossip Mervyn Seymour Ostrofsky Michael Kenneth Otto Theunis Stoffberg Padayatchi Perumal Palweni Chapman Wycliffe Pantanowitz Desmond **Papert** Brian Lewis Papert Errol Jonathan Parag Kantilal Bhagoo Parbhoo Hasmukh Bhagoo Parker Geoffrey Keith Parr Guy Wyndham **Parsons** Arthur Charles Parsoo Ishwarlall Pascoe Michael Danby Patel Prabhakant Lalloo Patel Ramesh Dhiru Pather Runganavagum **Pattinson** Robert Clive Peer Dawood Goolam Hoosen Pelser Frank Blignaut Pemba Elijah Ntsikelela Persson Alf Lars-Olof Peters Ralph Leslie **Pettifor** John Morley **Philcox** Derek Vincent Phillips Gerald Isaac Phillips Keith Radburn **Phillips** Louisa Marilyn **Pienaar** Anthony Clement Pienaar Daniël Pienaar Gideon Roos Pillay George Permall Pillay Govindasamy Sokalingum Pillay Prebanathan **Pillay** Rathinasabapathy Arumugam Pillay Thiagarajan Sundragasen Pillay Veerasamy Kista Govinda Pio Phillipus Stephanus Pitcher James Sydney **Planer** Mever Plit Michael **Polakow** Everard Stanley Politzky Nathan Pollak Ottilie **Polley** Neville Alfred Pompe van Meerdervoort Hjalmar Frans **Porteous** Paul Henry **Porter** Christopher Michael Postma Jacob Ferdinand Potgieter Hermanus Jacobus

Potgieter lan

Schalk

Jacobus

Prins Marius

**Prinsloo** Frances

Power David John

**Power** Harold Michael

**Prentice Bernard Ross** 

**Pretorius** David Hermanus

Pretorius Hendrik Petrus

Pretorius Johannes Adam

**Price** Stephen Kennedy

Pretorius Johannes Jacobus

Pretorius Johannes Lodewikus

Potocnik Felix Claude Victor

Prinsloo Simon Frederik Prinsloo Simon Lodewyk **Promnitz** Gregory Paul Prosser Geoffrey Leslie **Prowse** Clive Morley Purbhoo Pramod Quan Tim Quantock Owen Peter Quirke Peter Dathy Grace Rabe Hans-Heinrich Burghardt Rabie Johannes Rabinowitz Clive **Radford** Geoffrey Raftopulos Paris Raga Jairai Raghavjee Indira Vaghjee Raine Edgar Raymond Rajput Mangoo Chhaggan Randles Graham William Meverick Rankin Anthony Mottram Ransome Olliver James Rapiti Ellappen Venketsami Rasool Mahomed Noor Ratanjee Hansa Rawat Farouk Rawlings James Read Geoffrey Oliver Reardon Colin Michael Rebstein Stephen Eric Redfern Michael John Reichart Bruno Adolf Reichman Percy **Reidy** Jeremy Charles **Reif** Simon **Reinach** Werner Retief Francois Jacobus Retief Francois Pieter Reyneke Philippus Johannes **Rhodes** Anthony Harold Rice Gordon Clarke Richard David Alan Richards Alan Trevor Ritz Louella Robbs John Vivian **Roberts** Michael Andrew Roberts William A Brooksbank Robins-Browne Roy Michael Robinson Brian Stanley Robinson Joy Rachael Rodda John Leonard Rode Heinz Roediger Wolf Ernst Wilhelm Roelofse Hendrik Johannes Rogaly Elgar Rogan Ian MacKenzie Rogers Raymond Alan Roman Horatio Eustace Hereward Roman Trevor Errol Rome Paul Roodt Andrè Roose Patricia Garfield Rosenberg Basil Rosman Kevin David Rosman Mark Selwyn Rossouw Dennis Pieter Rothberg Alan Dan Rousseau Theodore Emile

Rozwadowski Marek Antoni **Rush Peter Sidney** Ryan Raymond Sacho Howard Sacks William Saffer Seelig David Safro Ivor Lawrence Sagor Jason Solomon Salant David John Samson lan David Sanders Hannah-Reeve Sapire David Warren Saunders Stuart John Saunders William Christopher Saxe Norma Phyllis Scallan Michael John Herbert Schaetzing Albrecht Eberhard **Schepers** Anton Scher Alan Theodore Schneider Cecil Max Schneider Herbert Rodney Schneier Felix Theodore Schoeman Adam Barnard Schoeman Johannes Feuth Schultz Claude Bernhard **Schutte** Philippus Johannes Schwartz Gary David Schwarz Kurt Schwär Theodor Gottfried Schwersenski Jeffrev Schwyzer Rosemarie Scott Bruce William Haigh Scott Neil Petrie Scott Quentin John **Seaward** Percival Douglas Sedgwick Jerome Seebaran Anoob Ramdayal Seedat Suleman Mahomed Seedat Yackoob Kassim Seggie Robert McKillop Seidel Wilhelm Friedrich Selemani Salumu Sellars Sean Liam Sender Mervyn David Serfontein Jacobus Hendrik Sevitz Hylton Sher Gerald **Sher** Geoffrey **Sher** Mary Ann **Sher** Rickard Charles Shété Charudutt Dattatraya **Shimange** Oscar Christopher Shuttleworth Richard Dalton Shweni Phila Michael Siebert Peter Robin de Vos Siew Shirley Sifris Dennis Silber Michael Harold Silbert Maurice Vivian Simjee Ahmed Essop Simons George Arthur Simonsz Charles Anthony Simson lan Wark Singer Norman Singh Yudisthir Thrishunku Siroka Sarka Anna Skudowitz Reuben Benjamin Slazus Joseph Johannes **Sluiter** Emil Hinricus

Smit John Nicholas Smit Michael Robert Smit Wilhelm Michiel Smit Willem Lucas Rudolph Smith Alan Nathaniel Smith Andrè Johann **Smith** Eric Harvey Smith Ferdinand Carl Albertus Smith Hendrik Lategan Smith James Leslie Smith Lionel Ralph **Smith** Timothy Michael Smith Willem Frederick **Sneider** Paul **Snyman** Adam Johannes Snyman Hendrick G Abraham Snyman Martin Wietsche Solarsh Stanley Monash **Sommerville** Thomas Edward Song Ernest Soni Jalaluddin Sonnendecker Ernest W Walter Sparks Bruce Louis Walsh **Sparrow** Owen Charles Spies Sarel Jacob **Stanbury** James Stewart **Stander** Dudley Stannard Clare Elizabeth Stanton Jacobus Johannes Stavrides Stavros Steenkamp Lucas Petrus Stein Aaron (Archie) Stein Abraham Steingo Leonard Steinmann Christiaan Frederick Stern David Michael Steyn Izak Stefanus **Steynberg** Fans Hendrik Stidworthy Allen John Rive Stones David Kenneth Storm Daleen **Stride** Philip Jonathan Handley Strimling Michael Osher Stronkhorst Johannes Hendrikus Struthers Peter John Styger Viktor Subrayen Kamlanathan Thandraven Suliman Abdoorahaman Ebrahim Sur Monalisa Sur Ranjan Kumar **Svensson** Lars Georg Swanepoel André Swanepoel Wilhelm Adolph **Swart** Andries Petrus Swart Jacob Jacobus Swart Johannes Gerhardus Swartz Jack **Swiegers** Wotan Reynier Sieafried Swift Peter John Tang Kenneth

**Tarboton** Peter Vaughan

**Taylor** Robert Kay Nixon

Taylor Ian Maxwell

**Taylor-Smith** Archibald Tayob Ismail Suleman Te Groen Frans Wilhelmus Terblanche John Terespolsky Percy Samuel **Thaning Niels-Otto Thatcher** Charles John **Theron** Charles **Theron** Eduard Stanley Theron Gerhardus Barnard Theron Jakobus Lodewikus Luttig Theron Willem **Thompson** Michael Wilson Balfour **Thompson** Roderick Mark McGregor Thomson Alan James George **Thomson** Morley Peter **Thomson** Peter Drummond **Thorburn** Jonathan Rodney Thorburn Kentigern **Thornington** Roger Edgar Toker Eugene Treisman Oswald Selwyn **Tribe** Robert Denton **Trichard** Louis Charles Gordon Lennox **Turner** Peter James Tweedie Ian Wentworth **Tyrrell** Joseph Clonard Harcourt **Ueckermann** Edward Heinrich Uiis Ronald Rousseau Jan **Underwood** Ronald Arthur **Ungerer** Matthys Johannes Vahed Abdul Khalek Ahmed Valjee Ashwin Vallabh Satish Van Bergen Colyn Olivier Van Bever Donker Sophie Carla Van Coeverden de Groot Herman Adriaan Van Dellen James Rikus Van den Bergh Cornelius Jacob Van den Ende Jan Van der Linden Robert Huguenot Van der Merwe Christiaan Van der Merwe Gideon Daniel Van der Merwe Hendrik Johannes Van der Merwe Jacobus Petrus Van der Merwe Johannes Amos Van der Merwe Schalk Willem Petrus Van der Meyden Cornelis Hendrikus Van der Veen Binno Watze Van der Walt Andrè Van der Walt Estelle Van der Walt Heine Van der Wat Izak Johannes Van der Wat Jacobus JH Botha Van der Westhuizen Johann Van Drimmelen Bertha Van Drimmelen Pieter

Van Gelderen Cyril Jack Van Graan Nico Jacobus Van Greunen Andries Edward Van Hasselt Charles Andrew Van Heerden Carle Stevyn Van Heerden Izak Johannes Van Heerden Schalk Petrus Van Helsdingen Jacobus Ockert Tertius Van Heyningen Cecil Francois Van Leenhoff Johannes Willem Vanmali Hasmykhlal Pranjivan Van Marle Jacobus Van Niekerk Christopher Van Niekerk Christoffel Hendrik Van Niekerk Gilbert André Van Niekerk Johannes Philippus de Villiers Van Niekerk William Stephen Van Rensburg Nicholaas Albertus Jansen Van Rooven Gert Ignatius Van Schalkwyk Derrick Van Schalkwyk Herman Eben Van Schouwenburg Johan Andries Michiel Heyns Van Selm Christopher Denys Van Staden Matheus Cornelius Van Wijk Adriaan Leon Van Wyk Chris Van Wyk Frederick Arthur Kelly Van ZvI-Smit Roal Veldman Michael Hendrik Velzeboer Sally Jane Venter Jacobus Frederik Venter Louis Andrè Venter Pieter Ferdinand Ventress Christine Elizabeth Vermaak Etienne Johan **Vermeulen** Jan Hendrik Viljoen Denis Lowe Visser Daniel Vlok Gert Jacobus Von Varendorff Edeltraud Mathilde Vosloo Johan Christian Wade Harry Wagenfeld Derrick John Henry Wahl Jacobus Johannes Wainwright Helen Cecilia Wainwright Rosalind Dorothy Walele Abdul Aziz Walker David Anthony Walker Kathleen Gwen Wallace lan David Walls Ronald Stewart Walshe Kenneth Campion Walton Russell John Wannenburgh Frederick John Warren Brian Leigh Warren Peter George Robert Watt Keith Alexander Webber Bruce Leonard Weehuizen John Peter Albert Weich Dirk Jacobus Visser Weinberg Eugene Godfrey

Weiss Elisabeth Anna Wellsted Michael Dennis Welsh lan Bransby Welsh Neville Hepburn Wessels Andre Wessels Wessel Hendrik Westaway Joan Lorraine Westerman David Elliot Weston Neville Anthony White Ronald Gilchrist Whitelaw David Allan Whiting David Ashby Whiting Kenneth Rowland Whittaker David Ernest Whittaker Stuart Wickens Johannes Tromp Wienand Adolf Johann Wiggelinkhuizen Jan Wilkinson Lynton Dallas Willemse Pieter Williams Margaret Ethel Williams Robert Edward Wilson Peter James Wilson Timothy Dover Wilson William Wilton Thomas Derrick Wing Jeffrey Wingreen Basil Wise Roy Oliver Wittenberg Dankwart Friedrich Wolfsdorf Jack Woods John Tennant Woods Peter Tennant Wootton John Barry Leif Wranz Peter Anthony Bernhard Wright lan James Spencer Wright Michael Wunsh Louis Yeats John Raymond Yudaken Israel Reuwen Yudelowitz Avie Mendel Zaacks Philip Louis Zaaiiman John du Toit Zabow Tuviah Zeijlstra Irene Elizabeth Zent Clive Steven Zent Roy Ziady Noël Robin **Zieff** Sollv Ziervogel Carel Frederick Zion Monty Mordecai Zwonnikoff George Alexander

(Deceased members not listed but on record)

Van Eeden Stephanus Frederick

Weinbrenn Clifford

# The Colleges of Medicine of South Africa (CMSA) Membership Privileges

#### LIFE MEMBERSHIP

Members who have remained in good standing with the CMSA for thirty years since registration and who have reached the age of sixty-five years, qualify for life membership, but must apply to the CMSA office in Rondebosch.

They can also become life members by paying a sum equal to twenty annual subscriptions at the rate applicable at the date of such payment, less an amount equal to five annual subscriptions if they have already paid for five years or longer.

#### **RETIREMENT OPTIONS**

The names of members who have retired from active practice will, upon receipt of notification by the CMSA office in Rondebosch, be transferred to the list of "retired members".

#### The CMSA offers two options in this category:

#### **First Option**

The payment of a small subscription which will entitle the member to all privileges, including voting rights at Senate or constituent College

elections. If they continue to pay this small subscription they will, most importantly, qualify for life membership when this is due.

#### **Second Option**

No further financial obligations to the CMSA, no voting rights and unfortunately no life membership in years to come.

Members in either of the "retired membership" categories continue to have electronic access to the Journal Transactions and other important Collegiate matter.

#### **WAIVING OF ANNUAL SUBSCRIPTIONS**

Payment of annual subscriptions are waived in respect of those who have attained the age of seventy years and members in this category retain their voting rights.

Those who have reached the age of seventy years must advise the CMSA office in Rondebosch accordingly as subscriptions are not waived automatically.



#### **Cape Town Office**

17 Milner Road, Rondebosch, 7700

Tel: +27 21 689 9533



#### **Gauteng Office**

27 Rhodes Avenue, Parktown West, 2193

Tel: +27 11 726 7091



#### Kwa Zulu Natal Office

5 Claribel Road, Windermere, Durban, 4001

Tel: +27 31 261 8213

## Continuous Professional Development Fee Structure 01 June 2018 to 31 May 2019

LEVEL 1	FEES INCLUSIVE OF VAT
SMALL GROUPS: Once-off activities (1 CEU/hr with a maximum of 8 hours per day)	R825.00 per application
SMALL GROUPS	R1650.00 per day Maximum R4145.00 per activity
INDIVIDUAL APPLICATIONS  Activities that are managed within rules of an accredited structure (HEI and/or Professional Organisations)	R621.50 per application NO CHARGE (to CMSA members in good standing for personal applications)
JOURNAL CLUBS WITH OUTCOME/EVALUATION	R1375.00

LEVEL 2	FEES INCLUSIVE OF VAT
Comprises structured learning, i.e. formal programme that is planned and offered by an accredited training institution, evaluated by an accredited assessor and has a measurable outcome	R1650.00 per day Maximum R4145.00 per activity

#### SOUTH AFRICAN SIMS FELLOWSHIP SUB-SAHARAN AFRICA

Nominations are invited from Presidents of eligible Colleges for the above Fellowship. The objective of the Fellowship is to establish and maintain educational development programmes in sub-Saharan Africa.

The disciplines of medicine eligible for the South African Sims Fellowship are the same as those eligible for the Sir Arthur Sims Commonwealth Professorship, ie Anaesthesia; Cardio-thoracic Surgery; Medicine; Neurology; Neurosurgery; Ophthalmology; Orthopaedics; Otorhinolaryngology; Paediatrics; Plastic Surgery; Surgery (General) and Urology.

The nomination must be submitted with the CV of the nominee, a motivation from the President of the College (as above) and an outline of the proposed visit.

The closing date is May 2019

Further information regarding the fellowship can also be obtained from: Mrs Evelyn Chetty Tel +27 31 261 8213 Tel +27 31 261 8518

E-mail: evelyn.chetty@cmsa.co.za

## **Continuous Professional Development** Checklist

#### **DOCUMENTS REQUIRED BY SERVICE PROVIDERS** RETROSPECTIVE ACCREDITATION IS NO LONGER ALLOWED 1 Fully completed 2A CPD Application Form 2 Copy of detailed programme reflecting: a) Start and End times b) Tea, Lunch and Dinner breaks 3 Presenters CV 4 **Dedicated Ethics presentations:** a) CV of speaker should include ethics proficiency 5 Advertisement / Invite must feature: a) The Accreditor b) Accreditation number c) Level of the activity d) Number of CEU's 6 Journal Clubs: a) Accreditation subject to retrospective provision of attendance registers and journals. b) Presenter roster and topics (if allocated) should be sent prospectively with the application 7 CPD Certificate, upon completion of the activity reflecting: a) The Accreditor b) Accreditation number c) Level of the activity e) Number of CEU's f) Number of Ethics CEU's 8 CPD 7 form on the HPCSA website must be completed by the attendees

All applications with the relevant documentation as stated above can be sent to:

**Evelyn Chetty** 

Email: evelyn.chetty@cmsa.co.za

Tel: +27 31 261 8213 +27 31 261 8518

CPD correspondence and guidelines is also easily accessible on the CMSA website:

www.cmsa.co.za under Education

## Continuous Professional Development Standard Operating Procedure

# Role and Responsibility CMSA EDUCATION OFFICE (ACCREDITOR) Check that the CPD 2A application form is completed and all supporting documentation required as per the checklist on the website has been received Application is submitted to the CMSA CPD sub-committee for review On approval of accreditation, the invoice is sent to the provider / applicant On receipt of payment the service provider / applicant will receive the accreditation number and the approved CEU's

THE ACCREDITOR:

<u>REVIEWS</u> AND <u>APPROVES</u> APPLICATIONS FOR THE PROVISION

<u>Of CPD Accreditation</u>

"Medicine is a science of uncertainty and an art of probability"

William Osler

# Role and Responsibility <u>APPLICANT (SERVICE PROVIDER)</u>

- Submit a completed CPD 2A application form together with the supporting documentation as per the checklist on the website in line with HPCSA guidelines including the proposed advert and CPD certificate for the activity
- Application for accreditation of a CPD activity must be made PRIOR TO ADVERTISING/ISSUING INVITATIONS as the accreditation number and number of CEUs accredited must appear on the advert/invitation.

Allow 10 working days for accreditation.

# RETROSPECTIVE ACCREDITATION IS <u>NO</u> <u>LONGER ALLOWED</u>

3 Service provider/applicant must present certificates of attendance to attendees at the end of the activity or send to attendees within one month.

# ATTENDANCE CERTIFICATES MUST CONTAIN THE FOLLOWING:

- a) The <u>ACCREDITATION AND ACTIVITY NUMBER</u> (a board specific identification) (e.g. MDB001/12/09/2008)
- b) The <u>TOPIC</u> of the activity (ethics, human rights and health law must be specified separately)
- c) The **LEVEL** of the activity
- d) The **NUMBER OF CEUS** for that activity
- e) The **ATTENDANCE/COMPLETION DATE**
- f) The <u>NAME AND HPCSA REGISTRATION NUMBER</u> of the attendee
- 4 A <u>COPY OF THE SIGNED ATTENDANCE REGISTER</u> must be submitted to the accreditor and the original retained for a minimum of three years

#### **SERVICE PROVIDERS ARE:**

INDIVIDUALS / INSTITUTIONS / ORGANISATIONS THAT SUBMIT LEARNING ACTIVITIES TO AN ACCREDITOR FOR REVIEW AND ACCREDITATION PRIOR TO PRESENTING THE CPD ACTIVITY

## **CMSA** Database **Information Update**

It is the sole responsibility of members of the CMSA to ensure that their address details, Email addresses and personal particulars are updated with the CMSA at all times.

The CMSA cannot be held responsible for the non-delivery of any legal or statutory documentation to any member whose information has not been updated.

Email updated details to: Bianca van der Westhuizen

Email: bianca.vdwesthuizen@cmsa.co.za

Name						
(State whether Prof or I	Or)					
Email Address						
Telephone (Work)						
Telephone (Home)						
Mobile						
Identity Number						
New Address (If Ap	plicable)					
					Postal Code	
Information, require	ed strictly for	statistical and t	fundraising pu	rposes:		
Gender:	□Male	☐ Female				
Race:	☐ Asian	□ Black	$\Box$ Coloured	□White		
Marital Status:	☐ Single	□ Divorced	☐ Married	☐ Widowed		
Abstained:						

The Colleges of Medicine of South Africa (CMSA) Insignia For Sale - Members

W

1. TIES		Excl. VAT	15% VAT	Incl. VAT
1.1 Polyester:				
1.1.1. Crest in colour as single under-knot design in navy	R	130.43	19.57	150.00
1.1.2. Rows of shields separated by silver-grey stripes in navy or maroon	R	139.13	20.87	160.00
1.1.3. Wildlife	R	104.35	15.65	120.00
1.1.4. Golden Jubilee Fellow Tie in navy, in design 1.1.2.	R	139.13	20.87	160.00
1.2. Silk material: Fellow Tie in navy, in design 1.1.2.	R	378.26	56.74	435.00
1.3. Satin material: Golden Jubilee Wildlife Tie in navy	R	173.91	26.09	200.00
2. SCARVES (LONG)				
The Big 5 (small animals) attractive design on soft navy fabric	R	243.48	36.52	280.00
3. BLAZER BADGES				
Black or navy, with crest embroidered in colour	R	104.35	15.65	120.00
4. CUFF-LINKS				
4.1. Sterling silver crested - please enquire about price				
4.2. Baked enamel with crest in colour on cream, gold or navy background	R	43.48	6.52	50.00
5. LAPEL BADGES/BROOCHES				
Crest in colour, baked enamel on cream, gold or navy background	R	21.74	3.26	25.00
6. KEY RINGS (black/brown leather)				
Crest in colour, baked enamel on cream, gold or navy background	R	43.48	6.52	50.00
7. PAPER-WEIGHTS				
Please enquire about price				
8. PAPER-KNIVES				
Silver plated, with gold-plated crest - please enquire about price		/ //		
9. WALL PLAQUE				
Crest in colour, on imbuia	R	782.61	117.39	900.00
10. PURSE		'		
In leather, with wildlife material inlay	R	313.04	46.96	360.00
11. HISTORY OF THE CMSA				
Written by Dr lan Huskisson	R	139.13	20.87	160.00
12. DIAMOND JUBILEE INSIGNIA (depicting the dates 1955-2015 )				
12.1. Maroon tie	R	156.52	23.48	180.00
12.2. Maroon/Navy stripe tie	R	156.52	23.48	180.00
12.3. Pen Set	R	139.13	20.87	160.00
12.4. Maroon ladies' scarf in soft fabric	R	260.87	39.13	300.00
13. REPLACEMENT CERTIFICATE	R	263.16	36.84	300.00
13. HEL ENGENIENT GENTIFICATE	1			



